

# Newsletter

“Fighting poverty and hunger is no simple task and it takes a brave soul to commit and fight the war. Be brave and join the fight so together we can a day at a time vanquish the war.”

## July - August 2020

Dear friends, sponsors, partners and colleagues

Thank you to all our partners who continually trust in us and support our projects. We cannot do it alone and together we can make a small difference in someone's life. Since 13 August 2020, President Hage Geingob declared the country to fall back to Stage 3 for 16 days.

The Lockdown has brought distress to many families finding themselves without job, income and any basic resources to provide for their children, their family, their elders...

The Gondwana Care Trustees have been monitoring the situation and have coordinated actions with our still “active” recipients in the MealForTwo program, which are allowed to operate and continue with their feeding programs. We want to thank you for your commitment and your endless passion and love to continue and care for others in this difficult time.

Many additional organizations have been added to the MealForTwo since March 2020 and the need for assistance is increasing as more and more families find themselves in desperate situations. Please join us and support the MealForTwo program if you are able to. Any contribution makes a difference – you can donate via our bank account or contact us by email if you can contribute with food items to [caretrust@gcnam.com](mailto:caretrust@gcnam.com) Thank you.

**PLEASE IF YOU CAN ASSIST US WITH ANY FOOD/HYGIENIC ITEMS OR CASH DONATION INTO THE GONDWANA CARE TRUST ACCOUNT (Ref: Food relief Covid19) SO WE CAN CONTINUE DELIVERING TO THOSE IN NEED, please contact us at [caretrust@gcnam.com](mailto:caretrust@gcnam.com)**

**Bank Windhoek Limited**  
**Gondwana Care Trust**  
**Maerua Mall Branch 483 872**  
**Chk – 800 818 44 91**

This newsletter focuses on the MealForTwo Lockdown emergency plan and any assistance you can extend, will be greatly appreciated.

Thank you to the following sponsors for their contribution in goods, cash and services.

Your contributions made such a difference in enabling us to help so many children and families. We cannot THANK YOU ENOUGH!

Cash donation since the Lockdown, from Sponsors who have asked to remain anonymous & anonymous sponsors: N\$48 250.00 – Thank you for your kind contribution!

Additional Sponsors since our last newsletter: **Melanie vd Merwe and the Woman Unleashed Team** (N\$2500.00) – we still received donations anonymously – THANK YOU!

We have also received some cash donations for the Twaloloka Fire victims – we thank you and we keep track of the donations so that purchases are made separately.

Dreyer Family (N\$1000.00) – Anonymous cash donation N\$3 150.00 – THANK YOU so very much – 150 masks for children made locally have been purchased so the children can collect their food – we mainly use TASK as a soup kitchen provider and we thank **Ms Toya Louw** and her team for their unrestrained commitment towards the community of Twaloloka and the children – THANK YOU!

We are so grateful for your trust and support! Please note that all invoices are available for your viewing should you wish to do so.

**THANK YOU** to our partners for our MealForTwo program! We cannot do it alone and together we can provide so much more!



---

We thank **Bank Windhoek, Capricorn Asset Management & Global United FC** for your

continuous support & trust and enabling us to continue assisting our community and its sustainable development. We cannot do it alone and without support from partners such as Capricorn Asset management, we are limited in our action. We cannot thank you enough!

Thank you to **KALEIDOSCOPE MARKETING**, Mr **Teddy Kausch** for another amazing contribution of hygiene goods to assist so many families and children in need of just the basic hygienic items. Thank you!



These are difficult times for all businesses, and we are so grateful to our sponsors who still contribute and assist us in this life-saving program! **Any other sponsors willing to assist us with goods, food items or hygienic goods, please do not hesitate in contacting us at [caretrust@gcnam.com](mailto:caretrust@gcnam.com).**

Gondwana Care Trust MealForTwo lockdown emergency food supplies:

Following the devastating Fire at Twaloloka, the Gondwana Care Trust immediately looked into what can be done to also assist the community.

The Trust was collecting secondhand clothing and blankets for a few weeks and thanks to Alexander Private School, APS in Walvis Bay, we managed to hand out over 50 bags of clothing to the Round Table.



The learners of APS Rotary club managed to collect a lot of children's' clothing and the decision was immediately taken to donate everything to the Twaloloka community.



The Trust is in contact with one of the soup kitchens operating in the Twaloloka district, whereby in a combined effort with TASK, we deliver bread, butter, jam, peanut butter and fruits on demand so that they can hand out this to the children when they serve their meals.



One of the urgent needs was masks for children, as many kids do not have a mask, and some cannot queue to get a meal without wearing a mask. **The Gondwana Care Trust purchased 150 children's masks, made locally, so they could be handed out during meal time.**



We are so humbled to be able to assist on such a small scale. The Namibian community has been incredibly generous and has made huge donations to the Twaloloka fire victims. So many families were left with absolutely nothing. No home, nothing to cook on and nothing to store food!

This is one of the reasons, that the Trust will continue to assist TASK in order for the children to continue receiving a meal while their parents and families slowly rebuild their homes.

THANK YOU TO EVERYONE INVOLVED! The amazing work done by TASK, Ms Toya Louw and her team, the Round Table and so many other organizations and soup kitchens all over Walvis Bay as well as the church's soup kitchen, that have stood together through this time and have made it possible for so many families to start anew!

As we received funds for Twaloloka, we will be on stand-by for the soup kitchen and provide what they need when they serve a meal to the community members. THANK YOU to all who have paid the initiative forward through the Gondwana Care Trust: Dreyer Family (N\$1000.00) – Anonymous: N\$3 350.00

**Total spent for Twaloloka via TASK soup kitchen: N\$8 592.62**

## **ECO-HOMESTEAD NURSERY – Okafitu Kakamba Village Project**

Co-ordinator: Ms Agnes Shekupe Shivute

**[aggysshivute@gmail.com](mailto:aggysshivute@gmail.com)**

Cell: +264 81 416 4541

Agnes is a BSc Integrated Environmental Science graduate (UNAM) and has a certificate in SME Enterprise Development and Mentoring from Olafika. Agnes is running a nursery since August 2018 (Eco Homestead) from home in Okafitu Kakamba Village, Anamulenge Constituency, Omusati Region.

She is a environmental enthusiast, persevering to successfully establish a sustainable business for society, the environment and the economy.

The nursery has a variety of plants ranging from indigenous fruit trees such as marina, baobab and jackal berry to mango's papayas, ornamental plants and flowers. However due to lack of funds, progress is evidently very slow.

Agnes has secured 2 hectares of land and also some equipment for the garden, with a 100m shade net being the most valuable addition to grow the nursery and offer the following solutions below. She is also able to make certain internship opportunities for graduates

available in the Environmental field of study.

Agnes is really pro-active and hopes to be able to assist with environmental clean-up campaigns and educational training on how to be sustainable and even be able to make a living from this small-scale vegetable farming etc...

Despite a limited budget due to the Covid-19 pandemic, the Gondwana Care Trust still managed to assist Agnes in purchasing the needed fence and poles to secure the land. Total budget: N\$8 598

Agnes is a young entrepreneur and we would like to wish her the very best in growing the Eco-Homestead nursery successfully and at the same time improve the quality of life for many within the community and the well-being of the surrounding environment. Thank you Agnes, we need more young and avid entrepreneurs like you to make our planet a better place for the generation of tomorrow.

## **Grace Project – Khomasdal Project**

Co-ordinator: Ms Riana Maasdorp

**[Riana.Maasdorp@rmb.com.na](mailto:Riana.Maasdorp@rmb.com.na)**

+264 81 122 7880

Grace Project assists over 180 families. They operate in Khomasdal, Windhoek, and they distribute food parcels to vulnerable families, especially pensioners. Since the Lockdown, they have provided food parcel (maize, pasta, baked beans, fish, soup, meat bones and what is available) to all the families and together with a home cooked meal.





Due to the Covid-19 pandemic, Grace Project has cancelled all medical outreaches for 2020, but they have provided the elders of the rural towns with a little grocery package.

They traveled to Rietog and Schlip on 8 August 2020 to assist around 70 elders in each town with a grocery hamper of N\$400 each. They successfully distributed 200 blankets in and around Khomasdal in June 2020.

Gondwana Care Trust was able to sponsor 60 packages worth a total of N\$20 600 for the outreach program.







**THANK YOU TO GRACE PROJECT** for your wonderful team and commitment to the community and our elders, and for going the extra mile to deliver even in the most rural areas of Namibia. Thank you for your dedication and passion.





Anyone willing to support Agnes in her project, please do not hesitate to contact me or Agnes directly. Thank you for your interest and support.



## Huis Maerua – Windhoek

Project Co-ordinator: Liana Etsebeth

Administrative Assistant - Tel : +264 61 383 250 / 061 235 789

[huismaerua.kmr1@ecsos.org](mailto:huismaerua.kmr1@ecsos.org)

Huis Maerua accommodates 24 Children with troubled social backgrounds. They operate in Windhoek and they also receive support through the MealForTwo program. Huis Maerua has “House Parents” who look after the children and provide them with all the TLC they need on a 24 hour basis. Since the Covid-19 crisis started, the house parents have not been able to have a break and the **Gondwana Care Trust sponsored both couples with 2 vouchers for a 2-Nights stay at any Camping2Go site** in order for them to get a well-deserved break. Enjoy your stay and thank you for all your love and commitment to the Huis Maerua children over the years.



Other donations of goods were also handed out to Huis Maerua, cool drinks, hygiene products etc... To protect the children's privacy, we will not post the children's faces on our social media, but they are indeed very grateful for any assistance ensuring their welfare. THANK YOU

---

## HEAL THE LAND – Okahandja Project

Co-ordinator: Mr Willie Theron

Cell: +264 81 605 6615

[annie.t@iway.na](mailto:annie.t@iway.na)

Through Pastor Willie Theron, the Trust is able to extend a helping hand to the most vulnerable in some parts of the Okahandja district and most particularly through Khaibasen. Khaibasen remains active in order to continue their feeding program for the street children.

**Once again, any assistance that you can give us so we can continue supporting the community is indeed very much welcomed!!**



Since our last newsletter, we have continued delivering food to Heal the Land, Light of Hope, Khabaisen and Nau Aib old age home in Okahandja and we have been able to increase some of the delivery. The needs however increase every day.

---

## **Nau Aib Old age home: Okahandja**

Winter is here and we still need blankets and warm clothing for children and adults.

**Please would you be able to assist us by bringing your donation to the Gondwana Head Offices in Windhoek – clearly marked: ATTN Gondwana Care Trust along with your name so we thank you.**

Many elderlies and children will find themselves with very little this winter. Thank you for sparing a blanket and a jacket if you can.



## **ELSHADDAI Caring and Feeding – Keetmanshoop**

Project co-ordinator: Ms Rebekka Netshiozwi

+ 264 081 045 6835

Elshaddai is based in Keetmanshoop and looks after 120 Children and 30 Adults on a regular basis. Since the start of the Covid-19 crisis, the numbers have also increased and continue to increase.

Thank you to all our sponsors enabling us to extend our assistance as far as possible! We cannot do it alone and we are grateful for everyone's support and donations towards the MealForTwo program.





To celebrate Mandela 's Day, Rebekka organized a special day for the children, following all the necessary Covid-19 rules and regulations. She treated the children with some juices and some sweets together with their daily meal. **Gondwana Care Trust sponsored all the goods for the special celebration.**

---

## **DORCAS Soup Kitchen - Keetmanshoop**

Project co-ordinator: Ms Susanna Kruger  
+ 264 081 451 5711

Dorcas Soup Kitchen provides for a community of 100 children and 20 adults in Keetmanshoop.

They prepare nutritious meals daily for kids coming from disadvantaged backgrounds.



---

## **PROUD HIMBAS - Opuwo**

Project co-ordinator: Mr Dallas Shoovaleka

+ 264 081 225 3677

The Proud Himba Foundation was founded in 2007 with Dallas extending help to the school children of the area. Dallas started with two kids and now he is looking after 28 children on a regular basis. Proud Himba also assists the schools in the area and the orphan feeding program.

The foundation also overlooks the cleaning campaign and keeps in contact with the various needs of the schools in the area.





Ohajuua Primary school, which is also part of the Back to School Xmas bag project, is in urgent need of a solar panel to provide running water to the school. They are currently using the Omarunga lodge's generator until the solar panel can be replaced.

**If you are willing to assist us with the cost of the solar Panel, please contact Dallas or myself, directly. Thank you!!**

Proud Himba is part of the MealForTwo program and once again we cannot thank all of our sponsors enough, who have enables us to reach the very far corners of Namibia and assist numerous extra-ordinary organizations in providing meals to the vulnerable within their community.



Proud Himbas also received linen and other goods to donate to the local school hostels so the children can enjoy better sleeping conditions. **Donation: 180 flat sheets, 60 duvet covers, 60 pillow protectors thanks to Gondwana Collection Namibia.**



Proud Himba is currently working on a school project to re-use tyres for the school backyard to construct a playground for the children. We have already received some paint, and we will keep you updated on the completion of the project soon.

**Thank you for all your support and if you would like to assist in any of the above projects and/or in helping procure the solar panels for the school, please contact us: [caretrust@gcnam.com](mailto:caretrust@gcnam.com) – for any contribution please use the reference ‘Solar Panel school’. Thank you.**

### **KHOMAS HOMELESS SHELTER – Windhoek:**

Project co-ordinator: Mr Charles Sawyers

Cell: 081 360 51 52

Based in Khomasdal Community Hall, the shelter provides a daily meal for homeless and vulnerable individuals. The Shelter will usually also provide skill-training and HIV training in co-operation with the Men on the Street Foundation and Women at Work center.

The visitors also get assistance if suffering from addiction.

The Shelter is now feeding about 70 to 80 people per day with a meal, three times a week. People can bring a container to take food home as well.

Thank you again to all the sponsors for their generous assistance towards the MealForTwo food relief program.



Regular food delivery and enabling people to have a proper meal will contribute towards alleviating extreme poverty and starvation in some areas of Katutura. More and more families who have lost all sources of income are in need of food relief.

**THANK YOU** for your contributions towards these people. We cannot express how much it means to so many!

**MAD (Make a Difference Charity) – Tsumeb**

Project Co-ordinator: Ms Violet E Witbeen

Cell: +264 81 700 0117

[madnamibia@gmail.com](mailto:madnamibia@gmail.com)

Based in Tsumeb, MAD aims at assisting the youth of Tsumeb to develop skills and enable them to get employed in various industries. They look after 28 families on a regular basis which mostly consist of disabled youth and elderly, visually impaired or sickly elderly from the Kuvukiland settlement and four widows who live with more than six grandchildren whose parents are unemployed. They are facing constant hardships such as food insecurity, no access to education, basic sanitation, proper healthcare and decent housing.

We are so grateful for everyone involved and for their support and a special thank you to Miss Daniela Jentsch who raised funds and collected clothing, blankets and extra food parcels for the families and delivered all the goods to Tsumeb!



Gondwana Care Trust, through the MealForTwo – Covid-19 Food relief program, was able to

deliver once again certain staple goods as well as vegetables to MAD Tsumeb within the past month.

48 Families benefited from the food donation. Thank you to all our sponsors for your continuous support and trust.



**Follow up on Little Ruth** – Following our newsletter requesting some assistance for Ruth – We are very happy to announce that Little Ruth finally managed to get to Windhoek, see the specialist and receive a chair according to her specific needs! A special thank you to Ms Violet Witbeen from M.A.D for her constant support and perseverance in getting Ruth an appointment and making all the arrangements for Ruth and her mom to get to Windhoek.

Thank you to everyone who contacted us to support Ruth and in this case, we were so lucky to get Ruth all the help she needed and most of all to have the family now in contact with the therapist.



---

## **P.A.Y Centre : Physically Active Youth Namibia - Katutura**

Project coordinator: Ms Thubaelihle Sibanda (Senior Programme Manager)

**[thuba@paynamibia.org](mailto:thuba@paynamibia.org)**

Ms Rose Zhuwao - Programme Manager

**[roselyn.zhuwao@paynamibia.org](mailto:roselyn.zhuwao@paynamibia.org)**

**<http://www.paynamibia.org>**

Cell: +264 81 887 1616

The PAY center is situated in Katutura and welcomes children after school for lunch and homework support and sport activities such as cycling, swimming, soccer, chess etc. Activities are also organised over the weekends to keep the youth physically active and healthy and away from the streets...

PAY started preparing food parcels for the children who were unable to visit the center due to the Lockdown, and they have continued providing food parcels and meals to the children in the area. PAY is a MealForTwo beneficiary and regularly receives meat and staple goods to support the feeding program.

Thanks to Global United FC, we were also able to spoil the young soccer enthusiasts with some T-shirts.



At present PAY have 120 children coming to the center that are provided with a meal. PAY has also distributed food to 69 households in June 2020, reaching 365 people. After distribution 5, they have reached a total of 1777 people.

---

## **“Back to School XMAS BAG Project” 2020:**

Gondwana Care Trust

[caretrust@gcnam.com](mailto:caretrust@gcnam.com)

081 242 5900 for more information on how to assist the project

As every year, Gondwana Care Trust is sponsoring the “Back to School Xmas Bag project” to enable Namibian children to be prepared for their new year at school, encourage the children to stay at school and most of all to put a big smile on their face when they open the Xmas bag which is not only filled with a basic stationery school set but with a gift specially chosen for them!



About 3 years ago, we decided to have a material bag done which could be re-used by the child and be a bit more environmentally friendly.

Schools, hostels, orphanages, OVC Centres send us their list by September/October.

The list must include: Name of the child, gender, age, grade/year and any special needs so we can pack and personalize the bag and pack the right toy and stationery kit for the child.

Each bag has the child’s name written on and according to the age and gender, a toy is added to the bag. We have a basic stationery kit included which comprises of pens, pencils, crayons, a ruler, an eraser, a plastic folder, an exercise book, and for older grades we also include a calculator if we have these available.

For the younger kids, we include a colouring book and a reading book with a handwritten



message in the book ... For the older kids, we would include a roll on, body cream, toothpaste and toothbrush, soap and a small towel.

Last Xmas 2019, we were very blessed to receive food donations from our partners and we were able to add some maize, sugar and canned fish, so the child would be able to share a warm meal with the family.

**This year has so far been very challenging, yet we continue to hope that we are able to repeat the same donation and we would thank you for sharing this pledge and/or contact us if you are willing to assist us with the Xmas bag project!**



Due to the Covid-19 crisis, we were unable to sell the Xmas bags in order to raise funds towards the project.

To all the bags some sweets are added because Xmas is simply not the same without something sweet! Last year we prepared 3 000 Xmas bags and we hope to achieve the same amount this year!

**The Back to School Xmas Bags are for sale and for N\$200, you can support a child that will receive the bag on your behalf.**

Most schools are still closed but we have centers all over Namibia providing for many children and we will keep the bags for the learners until they return to school. We expect to hand out the bags late December or mid January 2021 and this will still allow the children to have the

necessary essentials when going back to school.



We cannot do it alone! **Please, if you are willing to assist us, contact me or drop off your donation at the Gondwana Collection head office... Please write on your donation your name and email address so we can add you to the Newsletter and XMAS BAG 2020.**

Would you want to contribute with a cash donation, please find our Bank Details below. Please add your name as a reference for your contribution.

**For any goods donation, please contact me – Dgini via [caretrust@gcnam.com](mailto:caretrust@gcnam.com) to discuss date of drop off for the goods.**

THANK YOU FOR ENABLING US TO PUT A SMILE ON THE CHILDREN'S FACES! LET US FILL THE EMPTY PLATES AND KEEP THE CHILDREN HEALTHY!

**Please contact Dgini: [caretrust@gcnam.com](mailto:caretrust@gcnam.com) if you want to assist, if you are a supplier or if you want to contribute with a cash donation, please use our bank details and ref Food relief COVID-19 or Xmas Bag with your name – THANK YOU!**

Please find below a list of our community partners who receive assistance during the Covid-19 crisis:

**Heal the Land,**

**Khaibasen,**

**Light of Hope - Okahandja: 160+ children, 44 Adults.**

These three organisations run in Okahandja, are connected to a local church whose pastor is the project co-ordinator and drive weekly to Windhoek to pick up all the goods to distribute thereafter to

the beneficiaries. They provide cooked meals to vulnerable and homeless kids in Okahandja.

They are also affiliated with the Nau Aib Old Age Home in Okahandja and provide cooked meals to the elderly in the old age home.

**Senior Park - Windhoek:**

160 residents.

Old Age home in Pioneerspark, Windhoek. MealForTwo donations go to the elderly that need food assistance and for the old age home kitchen.

**Lidar Foundation - Katutura:**

250 Children and 100 Adults.

Provides food and youth empowerment and educational activities for orphaned and vulnerable girls in Katutura- Central. Since the lockdown, Lidar has prepared meals and food parcels for over 200 kids.

**Hope Village:**

88 Children.

Provides a loving home and food to orphans and abandoned children living with HIV and other debilitating illnesses. Operate in Katutura, Windhoek

**PAY Center:**

120 Children.

Operates in Katutura, Windhoek. Provides nutritious meals and education and physical activity programmes daily to kids coming from disadvantaged backgrounds. Since the Lockdown, PAY has provided take-away food parcels for the kids. PAY CENTER in Katutura also benefits from the hygiene products as well as food items: During Covid-19 Stage 2, they expanded their reach to 69 households, 80 PAY learners and 365 people. 365 people being the figure based on the number of people per household where we have a minimum of 4 to a maximum of 17 people in each household benefiting from our support. **Over 1 777 people have benefited from the program in June 2020.**

**Huis Maerua:**

24 Children.

Operates in Windhoek. Houses and feeds children with social welfare troubled backgrounds.

**Grace Project:**

180 families.

Operates in Khomasdal, Windhoek. Distributes food parcels to vulnerable families, especially pensioners. Since the Lockdown, they have provided food parcel to almost all the families as well.

**Khomas Homeless Shelter - Windhoek:**

Since the Lockdown, the Gondwana Care Trust has added the shelter to the recipient list and they have received staple goods and meat to provide a meal on a daily basis to homeless individuals. They have over 70 people visiting the shelter on a regular basis.

**Bridge of Hope - Havana:**

Has also been added to the list since the beginning of the lockdown. They assist over 150 kids with meals. They still operate and provide take-aways and food parcels to the kids. Bridge of Hope is a beneficiary of MealForTwo and receives on a regular basis meat, fish tins and other fresh vegetables to feed the children on a daily basis.

**Elshaddai Caring and Feeding:**

120 Children and 30 Adults.

Operates in Keetmanshoop. Provides nutritious meals daily to kids and adults coming from disadvantaged backgrounds.

**Mammadu Trust - Katutura:**

60 Children.

Operates in Otjomuise, Windhoek and provides food and education to orphaned and vulnerable children in the community.

**Dorcas Soup Kitchen - Keetmanshoop:**

100 children and 20 adults.

Operates in Keetmanshoop. Provides nutritious meals daily to kids coming from disadvantaged backgrounds.

**Natascha Pre-Primary School & Day Care - Katutura:**

46 children.

Operates in Okuryangava, Windhoek, provide food and care to vulnerable children from the community.

**Part of the MealForTwo program – Associations / schools are closed at the moment:**

**Dagbreek Special School - Windhoek:**

26 Children, 7 Adults.

Operates in Windhoek provide education, food and shelter to kids with disabilities.

**Geduld Primary School and Immanuel Hostel - Grunau:**

200 children.

Operates in Grunau. Provides education, shelter and food to kids from the Grunau and surrounding area.

**Witkrans Primary School - Stampriet:**

162 children and 8 adults.

Provide nutritious meals for underprivileged children from the Witkrans area.

**Please contact Dgini for further information on how to donate – [caretrust@gcnam.com](mailto:caretrust@gcnam.com)**

Thank you to all the wonderful individuals for their contributions. Thank you! Should you still want to contribute with a cash donation, please find our Bank Details below.

Please add your name / food relief as a reference for your contribution or Winter clothing

**Bank Windhoek Limited**

**Gondwana Care Trust**

**Maerua Mall Branch /**

**483 872 Chk**

**800 818 44 91**

We have a few more projects lined up, please contact the Trust if you would like more information.

**We cannot thank you enough for your support!**

Gondwana Care Trust [caretrust\(at\)gcnam.com](mailto:caretrust(at)gcnam.com)

081 242 59 00