

**René Jovanie Stokes, M.D., M.P.H.**

**CREDENTIALS**

Board Certified Child and Adolescent Psychiatrist- *Certificate #8915*

Board Certified Adult Psychiatrist- *Certificate #67213*

Medical License, State of Maryland

Medical License, State of Virginia

Medical License, District of Columbia

**EDUCATION AND TRAINING**

7/2012-6/2014 Child & Adolescent Psychiatry Fellowship  
University of Maryland/Sheppard Pratt Training Program  
Baltimore, MD

7/2010-6/2012 Adult Psychiatry Training Program  
University of Maryland/Sheppard Pratt Training Program  
Baltimore, MD

7/2009-6/2010 Adult Psychiatry Training Program, PGY-1 Year  
Howard University  
Washington, DC

7/2004-5/2009 Doctor of Medicine  
University of North Carolina-Chapel Hill, School of Medicine  
Chapel Hill, NC

9/2007-5/2009 Master of Public Health, *Healthcare and Prevention Concentration*  
University of North Carolina-Chapel Hill, School of Public Health  
Chapel Hill, NC

7/1999-5/2003 Bachelor of Arts, BA, *Sociology, Minors: Chemistry and Spanish*  
Duke University  
Durham, North Carolina

**WORK EXPERIENCE**

2/2022-Present Potomac Psychiatry, Rockville, MD  
Position: Child/Adolescent and Adult Psychiatrist  
Duties: Diagnostic evaluations and subsequent ongoing psychiatric care for adults, children, and adolescents with emphasis on root-cause treatment planning in collaboration with multi-disciplinary treatment team. Services available in both English and Spanish.

- 2/2016-9/2021 Mid-Atlantic Permanente Medical Group, Largo, MD  
Position: Outpatient Adult/Child Psychiatrist  
Duties: Diagnostic evaluations and subsequent outpatient psychiatric care for adults, children, and adolescents in an integrated managed care setting using both in-person and video appointments. Services rendered in both English and Spanish.
- 5/2015-9/2015 MSA Child and Adolescent Center, Columbia, MD  
Position: Part Time Child Psychiatrist, Outpatient Mental Health Clinic  
Duties: Diagnostic evaluations and subsequent outpatient management in an outpatient mental health clinic. Services rendered in both English and Spanish.
- 8/2014-2/2016 The Children's Guild, Baltimore, MD  
Position: Full Time Psychiatrist, School-based mental health division  
Duties: Ambulatory psychiatric services, rendered in both English and Spanish in a co-location practice model in various school settings in Anne Arundel County and Prince George's County schools.
- 6/2014-8/2014 Carroll Hospital Center, Carroll County, MD  
Position: Temporary Staff Psychiatrist, locum tenens position  
Duties: Diagnostic evaluation and care management on adult inpatient care setting.
- 9/2013-6/2015 Baltimore Cares Incorporated, Baltimore, MD  
Position: Staff Psychiatrist- part time  
Duties: Intake evaluations and subsequent Suboxone initiation and continuation management for dual diagnosis patients participating in intensive outpatient substance treatment.
- 8/2013-8/2014 Sheppard Pratt Physicians P.A., Ellicott City, MD  
Position: Weekend Inpatient Unit Coverage  
Duties: Inpatient weekend rounding and overnight coverage on various Adult Psychiatric inpatient units
- 12/2012-8/2014 St Joseph's Medical Center, Towson, MD  
Position: Emergency Room Coverage for Psychiatric Evaluations  
Duties: Completion of diagnostic and safety evaluations with recommendations for disposition as needed and requested by Emergency Room Physicians during both evenings and some weekends. Occasional inpatient unit weekend coverage.

## **SPECIALTY CERTIFICATIONS AND EXPERIENCES**

- 7/2013-6/2014 Chief Resident of Child & Adolescent Psychiatry Outpatient  
Clinic University of Maryland Medical Center
- 7/2013-6/2014 Trauma-Focused Cognitive Behavioral Therapy Training Medical  
University of South Carolina Online Training and supervision
- 8/2013 Buprenorphine Physician Waiver  
Substance Abuse and Mental Health Services Administration
- 6/2012-6/2014 Child & Adolescent Psychiatry Review Lecture  
Medical Student Teaching Psychiatry Clerkship  
University of Maryland School of Medicine
- 2/2009 Emergency Medicine Elective  
Universitat de Barcelona  
Barcelona, Spain
- 7/2008 Honduran Health Alliance, Women's Health Medical Mission  
Trip The University of North Carolina at Chapel Hill  
Choluteca, Honduras

## **RESEARCH EXPERIENCE**

- 7/2007-1/2008 Vida Sana Public Health Research,  
Position: Intervention Coordinator and Data Collector  
Duties: Recruitment of Spanish-speaking clients at local Latino grocery  
stores to participate in a healthy-eating, healthy-living interventions.
- 6/2005-8/2005 National Institute of Health, Summer Research Fellow  
Program, Position: Summer Research Fellow, NIAMS  
Duties: To evaluate patient education methods for patients with rare  
autoimmune disorders and their families
- 5/2005-6/2005 University of North Carolina, Pediatrics Department  
Position: In-Clinic Data Collector  
Duties: Recruit participants to participate in a research project looking  
at attitudes toward healthcare interventions in Latino/a pediatrics  
patients in Spanish/English.
- 9/2003-6/2004 Medical College of Virginia, Richmond, Virginia  
Position: Laboratory Technician for Behavioral Studies  
Duties: To conduct various studies characterizing the function of  
the endogenous cannabinoid system and its exogenous agonists  
and antagonists in various animal models

9/2002-5/2003 Duke University Medical Center, Durham, NC  
Position: Clinical Research Assistant  
Duties: Conduct chart review to assess concordance of universal Guaiac stool test screening with gastrointestinal hemorrhage outcomes

### **PUBLICATIONS AND PRESENTATIONS**

8/2013 "Healthy Hair is Good Hair", Mother/Daughter Dyad Workshop 701 West Pratt Street Clinic, University of Maryland Baltimore, Maryland

2007 Niyuhire, Floride, Stephen Varvel, Andrew Thorpe, Rene Stokes, Jenny Wiley, Aron Lichtman. "The Disruptive Effects of the CB1 Receptor Antagonist Romonabant in Extinction Learning in Mice are Task Specific". *Psychopharmacology* (2007)191:223-231

### **HONORS AND AWARDS**

2/2012 Whitney Rose Cultural Diversity Day Outstanding Trainee Award

2019, 2020 Top Doc *Washingtonian Magazine*

### **LANGUAGE SKILLS**

Fluent in Spanish

### **INTERESTS**

Process Improvement, Healthcare Policy Development, Disparities in Healthcare Outcomes of Underserved Populations, Trauma-Informed Psychiatric Care, Microbiome-Informed Psychiatric Care, Dual Diagnosis Care, Complementary & Alternative Medicine, Wellness Coaching, Mentoring, Dance, Running, Yoga