

# *Curriculum Vitae*

(updated 6/30/2020)

## **Mark Anthony Novitsky Jr., MD**

### Certifications:

- American Board of Psychiatry and Neurology, Psychiatry
- American Board of Psychiatry and Neurology, Child and Adolescent Psychiatry

### Psychiatric Training:

- PGY-4 to PGY-5 years in Child and Adolescent Psychiatry Fellowship at Thomas Jefferson University Hospital. Philadelphia, PA. (July 2009 to June 2011).
  - o Served as *Chief Fellow* July 2010-June 2011.
- PGY-1 to PGY-3 years in General Psychiatry Residency at Temple University Hospital/ Temple University Hospital Episcopal Campus. Philadelphia, PA. (July 2006 to June 2009).
  - o Served as *Chief Resident* July 2008-June 2009.

### Prior Education:

- Medical School: Temple University School of Medicine, Graduated with Medical Doctorate degree (May 2006).
- Undergraduate: Wake Forest University, Winston-Salem, NC. Graduated with a Bachelor of Science in Health and Exercise Science (May 2002)

### Additional Professional Education:

- CME Compliance yearly in accordance with ABPN regulations, PA regulations, and MD regulations
- American Academy of Child and Adolescent Psychiatry Annual Meeting. Walt Disney World, FL (October 22-27, 2013).
- American Psychiatric Association Annual Meeting. Philadelphia, PA (May 5-9, 2012).
- The 17<sup>th</sup> Annual Herman Staples Memorial Lecture. Martin C. Drell, MD – “Rebuilding, Recession, Reductions, and Rascals: A Balance of Continuity, Change, and Chaos” (June 1, 2011).
- Pediatric Academic Societies Annual Meeting. Denver, CO. (April 29-May 3, 2011).
- Kaufman Clinical Neurology for Psychiatrists Course. New York, NY (March 18-20, 2011).

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- American Academy of Addiction Psychiatry “Half and Half” Buprenorphine Course, (completed training July 28, 2010).
- 60<sup>th</sup> Institute on Psychiatric Services. Chicago, Illinois (October 2-5, 2008).
- Chief Resident Executive Leadership Program. Chicago, Illinois (October 1-2, 2008).
- Beck Institute for Cognitive Therapy and Research. Philadelphia, PA (May 14, 2008).
- Pediatric Academic Societies Annual Meeting. Honolulu, Hawaii (May 3-6, 2008).

## Occupational History:

- *NOVITSKY MD boutique mind doctors*. Chadds Ford, PA
  - o Owner; Child and Adolescent Psychiatrist; Adult Psychiatrist (February 2019 to Present);

Duties include (but are not limited to):

- Providing Individual Therapy and/or Medication Management Treatment for a variety of conditions - including but not limited to:
  - o Attention Deficit Hyperactivity Disorder (ADHD)
  - o Depressive disorders
  - o Bipolar disorder and other mood disorders
  - o Anxiety Disorders and Obsessive-Compulsive Disorder (OCD)
  - o Oppositional Defiant Disorder/Conduct Disorder
  - o Autism Spectrum Disorder
  - o Learning Disorders
  - o Substance Use Disorders

- *Potomac Psychiatry*. Rockville, MD
  - o Child & Adolescent Psychiatrist, Adult Psychiatrist, Forensic Expert Witness (January 2016 to Present);

Duties include (but are not limited to):

- Providing Individual Therapy and/or Medication Management Treatment for a variety of conditions - including but not limited to:
  - o Childhood trauma/Post-traumatic stress disorder (PTSD)
  - o Attention Deficit Hyperactivity Disorder (ADHD)
  - o Depressive disorders
  - o Bipolar disorder and other mood disorders
  - o Anxiety Disorders and Obsessive-Compulsive Disorder (OCD)
  - o Oppositional Defiant Disorder
  - o Conduct Disorder

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- o Autism Spectrum Disorder
- o Learning Disorders
- o Substance Use Disorders
- o Intellectual Disability
- o Expert Witness/Forensic Work

- *The Malvern Institute.* Malvern, PA
  - o *Addiction Psychiatrist* (December 2012 to March 2020);

Duties include (but are not limited to):

- Psychiatric Consultation
- Medication Management
- Detox medication orders.
- Initiation of Medication Assisted treatment ((ie Suboxone, Naltrexone, Vivitrol).

- *Michael's Giving H.A.N.D.* Philadelphia, PA
  - o *Volunteer Lead Child and Adolescent Psychiatrist* (August 2016-2018; *Consultant as needed presently*)

Duties include (but are not limited to):

- Providing information about Depression, Anxiety, Bullying, and Substance Use to students, teachers, and parents of local schools.
- Facilitating discussion and answering/question answers.
- Oversight of 4 Temple Psychiatry Residents.

- *Kirkbride Center (formerly Institute of The Pennsylvania Hospital).* Philadelphia, PA
  - o *Moonlighting Psychiatrist* (March 2010-January 2017).

Duties include (but are not limited to):

- Psychiatric Consultation
- Writing inpatient notes on up to a 25 bed dual diagnosis, coverage of psychiatric consults on ~150 bed rehab/detox unit, as well as starting treatment on new detoxification/methadone maintenance patients.

- o *Inpatient Psychiatry Attending on a Dual diagnosis adult mental health unit and Consult & Liaison Psychiatrist* (July 1, 2011 – July 31, 2012)

Duties included (but were not limited to):

- Comprehensive behavioral health treatment of up to 25 inpatient adults.
- Performing psychiatric consults on ~150 bed rehab/detox units.

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- *Behavioral Wellness & Recovery (BWR). West Chester, PA*
  - o *Medical Director (January 2013-March 2017);*

Duties included (but were not limited to):

- Providing administrative oversight of all psychiatric and medical services provided by BWR/Rise Above PHP, ensuring that the services are integrated into the overall treatment
- Physical Examinations and Admission Evaluations
- Psychiatric Consultation
- Medication Management
- Anti-craving medication administration

- *Wordsworth Academy. Philadelphia, PA*
  - o *Consultant Psychiatrist (April 2016, August 2016-October 2016)*

Duties included (but were not limited to):

- Medication Management and treatment of residential children and adolescents, treatment of children placed in foster homes, and treatment of sexual perpetrators/victims.

- o *Corporate Medical Director (January 2013 –March 2016);*
- o *Interim Medical Director (July 2012- January 2013);*
- o *Consultant Child and Adolescent Psychiatrist (January 2011- July 2012)*

- *Temple University Hospital Episcopal Campus. Philadelphia, PA.*
  - o *Moonlighting Psychiatrist (June 2008-June 2009)*

Duties include (but are not limited to):

- Two to Three eight-hour shifts a month in the city's busiest Psychiatric Emergency Center.

#### Faculty Appointments:

- Temple University School of Medicine. Adjunct Faculty (2013-present)
  - Established Wordsworth Academy as the site for all 2nd year residents' core Child and Adolescent Psychiatry rotation (and chosen as an elective by many 4th year residents). Provided direct oversight, teaching, and supervision of residents. 2014 to 2016
  - Established Wordsworth Academy as a 4th year Medical Student Elective Rotation Site (2011 to October 2016)

#### State Licenses:

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## Current:

- Maryland (*Unrestricted*): #D81390
- Pennsylvania (*Unrestricted*): #MD436584

## Previous:

- Pennsylvania (*Training*): #MT189340
- Delaware (*Training*): #C7-0004712

## National Provider Identification Number (NPI):

- #1871759597

## Drug Enforcement Administration Number (DEA#):

- Available Upon Request
- Have additional Suboxone DEA and can prescribe for up to 100 patients

## Membership and Honorary/Professional Societies:

- American Academy of Child and Adolescent Psychiatry – *Member* (2011 to present).
- American Academy of Child and Adolescent Psychiatry – *Member-in-training*. (2009 to 2011).
- American Psychiatric Association. *Member* (2011 to present).
- American Psychiatric Association. *Member-in-training* (2006 to 2011).
- Pennsylvania Psychiatric Society – *Member*. (2011 to present).
- Pennsylvania Psychiatric Society – *Member-in-training*. (2006 to present).
- Regional Council of Child & Adolescent Psychiatry of Eastern Pennsylvania & Southern New Jersey - *Member* (2011 to present).
- Regional Council of Child & Adolescent Psychiatry of Eastern Pennsylvania & Southern New Jersey - *Member-in-training*. (2006 to 2011).
- Pi Kappa Alpha Fraternity. (1998 to 2002; Athletic Chair 1998 to 1999).

## Publications:

- Julius R, **Novitsky MA**, Dubin WR. Medication Adherence: A Review of the Literature and Implications for Clinical Practice. *J Psychiatr Pract* 2009;15:12-24.
- **Novitsky MA**, Julius R, Dubin WR. Non-Pharmacologic Management of Psychiatric Emergencies. *Primary Psychiatry*. 2009;16(9):49-53

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- Contributing author on Blog Series: DrBruceKehr.com (including DNA4KIDS).

**Presentations/Posters:**

- Symposium at American Academy of Child and Adolescent Psychiatry Meeting October 2013 (Lake Buena Vista, FL). *Adherence in Pediatric Psychopharmacology-A Multi-dimensional Perspective and Approach*. (Chosen as 2013 docent Selection)
- Poster Presentation at American Psychiatric Association Annual Meeting May 2012 (Philadelphia, PA). *Adolescents' Beliefs About Medication, Family Beliefs, and Therapeutic Alliance with Their Doctors: Predictors of Adherence to Prescribed Psychiatric Medications*.
- Guest Presenter at Terry Children's Psychiatric Center (New Castle, DE) on the topic: "*Medication Adherence: Thinking Outside of the Pill-box*." (June 10, 2011).
- Grand Rounds Presenter at Thomas Jefferson University Hospital Department of Psychiatry and Human Behavior: "*Medication Adherence: Thinking Outside of the Pill-box*." (June 8, 2011).
- Discussant at Thomas Jefferson University Hospital Department of Psychiatry and Human Behavior, Division of Child and Adolescent Psychiatry Journal Club on the Topic: *Expressional Expression in Attention Deficit Hyperactivity Disorder Children*. (December 15, 2010).
- Guest Lecturer at Temple University School of Medicine General Psychiatry Residency Didactics on the topic of *Child and Adolescent Psychiatric Emergencies*. (June 16, 2010).
- Discussant at Thomas Jefferson University Hospital Department of Psychiatry and Human Behavior, Division of Child and Adolescent Psychiatry Journal Club on the Topic: *Management of the Agitated Patient*. (July 14, 2010).
- Discussant at Thomas Jefferson University Hospital Department of Psychiatry and Human Behavior, Division of Child and Adolescent Psychiatry Journal Club on the topic: *Pediatric Obsessive-Compulsive Disorder and The Pediatric OCD Treatment Study (POTS)*. (April 7, 2010).
- Poster Presentation: *Medication Adherence*. Philadelphia Psychiatric Society's 7<sup>th</sup> Annual Colloquium of Scholars. (April 5, 2008).
- Discussant at Temple University Hospital Psychiatry Journal Club on *Treatment Interventions for Medication Non-Adherence in Schizophrenia*. (January 9, 2008).
- Guest Presenter at Philadelphia Community Behavioral Health (CBH) on the topic of *Psychiatric Medication Non-Adherence* (December 12, 2007).

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- Presenter at SUNY-Binghamton Nurses/Mental Health Appreciation Day on *Medical Care in Rural and Impoverished Areas* (June 6, 2005).

## Honors and Awards:

- Einstein Society Research Grant Awardee for: *Beliefs and Alliance: Predictors of Adolescent Psychiatric Medication Adherence?* - (\$34,999) - Co-Principal Investigator (July 2011 to July 2013).
- Chief Fellow of Thomas Jefferson University Department of Psychiatry and Human Behavior, Division of Child and Adolescent Psychiatry. (July 2010 to June 2011).
- Chief Resident of Temple University Hospital/Temple University School of Medicine Department of Psychiatry. July 2008-June 2009.
- O.Spurgeon English Chairman's Award for Outstanding Performance in Residency Training. (July 2009).
- Dr. Henry P. and M. Page Durkee Laughlin Foundation Merit Award for Recognition of Professional Achievement, Dedication, and Scholarship in Residency Training. (July 2009).
- Nominated for National Institute of Mental Health (NIMH) Outstanding Resident Award by Temple University Hospital Faculty. (2008).
- O. Spurgeon English Award, Temple University School of Medicine for Excellence in Psychiatry Clerkship. (May 2006).