



Paulo Jacomo Negro Jr, M.D. Ph.D.

5920 Hubbard Drive, Rockville MD 20852
 Phone (301) 984-9701
 Fax (301) 816-0907

Board Certified in Psychiatry and Addiction Medicine
Paulo.Negro@potomacpsychiatry.com
www.potomacpsychiatry.com

Education	
1983-1988	M.D. – University of São Paulo Medical School, Brazil
1991-1995	Master’s Degree in Sciences – University of São Paulo Medical School, Brazil
1997-1999	Ph.D. – University of São Paulo Medical School, Brazil

Psychiatric Training & Fellowship	
1989-1991	Resident in Psychiatry – Institute of Psychiatry, University of São Paulo Medical School, Brazil
1993-1996	Resident in Psychiatry – The University of Texas Health Science Center at San Antonio, Texas
1996-1999	Research Fellowship – Clinical Neuroendocrinology Branch, IRP NIMH NIH

Fellow	American Psychiatric Association
Fellow	American Society of Addiction Medicine
Assistant Clinical Professor	George Washington University & Howard University
School of Nursing Faculty Associate	University of Maryland
Medical Advisory Board	Maryland Department of Transportation Motor Vehicle Administration
Medical Review Committee Designee	Board of Physicians, Maryland Department of Health

Past Employment	
2003-2020	Private Practice www.begginersmindpsychiatry.com
2018-2019	Chief Medical Officer – Kolmac Outpatient Recovery Centers
2017-2018	Medical Director - Kolmac Outpatient Recovery Centers, Maryland & DC
2010-2016	Associate Medical Director - Kolmac Outpatient Recovery Centers, Maryland & DC
2006-2009	Clifton T. Perkins Hospital Center, Jessup, MD - Maximum and Minimum Forensic Security Unit
2003-2006	Medical Director Behavior Services & IRP NIMH collaboration - Suburban Hospital, Bethesda, MD
2002-2003	Assistant Professor - Department of Psychiatry, University of Maryland
1999-2002	Psychiatrist – Department of Mental Health, Washington DC
1991-1993	Science and Medicine Journalist – Folha de S.Paulo circulation: 1mil



Book

A Blueprint for the Hard Problem of Consciousness

Strange Loops, Potential States and the Realization of Information from Cells to Human Consciousness

<https://ebooks.benthamsience.com/book/9781681087665/>

Bentham Science Publishers ASIN: B07NQL82JZ

Honors and Awards

1999	Merck Award for Outstanding Research Habib KE, Weld K, Higley JD, Rice KC, Webster EL, Negro Jr PJ, Chrousos GP, Gold PW. Non-Peptide CRH-1 Receptor Antagonism by Antalarmin Suppresses Social Stress-Induced Fear and Anxiety Behaviors in Rhesus Monkeys. 1999 81st Endocrine Society Annual Meeting
1997-1998	Fellow of the American Psychoanalytic Association

Publications

Andrade AG, Bernik MA, Brunfentrinker P, Negro PJ. Reliability data on a semi-structured interview for assessment of the treatment of alcoholics: severity scale of alcoholism. Journal of Brazilian Psychiatric Association and Latin American Psychiatric Association ; 10:1-4, 1988.
Bernik MA, Andrade AG, Gondim M, Nicolela MT, Negro PJ. A six-month follow-up of alcoholics in two outpatient programs. Journal of Brazilian Psychiatric Association and Latin American Psychiatric Association ; 11:10-2, 1989.
Louzã MR, Negro PJ. Neuroanatomical abnormalities of schizophrenia: Neuropathological studies. Brazilian Journal of Psychiatry ; 42:75-82, 1993.
Negro PJ; Louzã, MR. Results of ECT for a case of depression in Wilson's disease (Letter). The Journal of Neuropsychiatry and Clinical Neurosciences ; 7(3):384, 1995.
Negro PJ. Possession, culture, and psychosis: Some transcultural psychiatry notes. Texas Society of Psychiatric Physicians ; August/September 1995.
Negro PJ, Faber R. Lewy body disease in a patient with REM sleep disorder (Letter). Neurology ; 46(5):1493, 1996.
Louzã MR, Negro PJ. Neuroanatomical abnormalities of schizophrenia: Studies with Magnetic Resonance Imaging. Brazilian Journal of Psychiatry ; 46(1):17-41, 1997.
Louzã MR, Negro PJ. Etiological and pathophysiological models in schizophrenia: The contribution of neuroanatomical research. Journal of Brazilian Psychiatric Association and Latin American Psychiatric Association ; 19(3):97-111, 1997
Faber RA, Negro PJ. Propantheline enhances tolerability of tacrine. American Journal of Psychiatry (Letter); 156(1):156, 1999.
Faber R, Negro PJ. Propantheline Enhances Tolerability of Tacrine. In: Iqbal K, Swaab DF, Winblad B, Wisniewski. Alzheimer's Disease and Related Disorders. John Wiley & Sons 1999 , pp.657-660.
Negro PJ, Louzã MR. Dissociation and Dissociative Disorders: Theoretical Models. Brazilian Journal of Psychiatry ; 21(4):239-248, 1999.



Negro PJ, Louzã MR. Freud's Project: Still a Justified Pessimism? **Brazilian Journal of Psychiatry**; 49: 97-103, 2000.

Mantzoros CS, Ozata M, Negrao AB, Suchard MA, Ziotopoulou M, Caglayan S, Elashoff RM, Cogswell RJ, Negro P, Liberty V, Wong ML, Veldhuis J, Ozdemir IC, Gold PW, Flier JS, Licinio J. Synchronicity of frequently sampled thyrotropin (TSH) and leptin concentrations in healthy adults and leptin-deficient subjects: evidence for possible partial TSH regulation by leptin in humans. **Journal of Clinical Endocrinology and Metabolism**; 86(7):3284-91, 2001.

Negro PJ, Palladino-Negro P, Louzã MR. Do religious mediumship dissociative experiences conform to the Sociocognitive Theory of Dissociation? **Journal of Trauma and Dissociation**; 3(1):51-73, 2002.

Contoreggi C, Herning RL, Na P, Gold PW, Chrousos G, Negro PJ, Cadet JL. Stress hormone responses to corticotropin-releasing hormone in substance abusers without severe comorbid psychiatric disease. **Biological Psychiatry**; 54(9):873-878, 2003.

Charmandari E, Merke DP, Negro PJ, Keil MF, Martinez PE, Haim A, Gold PW, Chrousos GP. Endocrinologic and psychologic evaluation of 21-hydroxylase deficiency carriers and matched normal subjects: evidence for physical and/or psychologic vulnerability to stress. **Journal of Clinical Endocrinology and Metabolism**; 89(5):2228-36, 2004.

Contoreggi C, Herning RI, Koepl B, Simpson PM, Negro PJ, Fortner-Burton C, Hess J. Treatment-seeking inpatient cocaine abusers show hypothalamic dysregulation of both basal prolactin and cortisol secretion. **Neuroendocrinology**; 78(3):154-62; 2003

Proffered Communications

Negro PJ, Palladino-Negro P. The concept of delusion and the relevance of Karl Jaspers' psychopathological approach. **Texas Medical Association Annual Session, Dallas -- Scientific Exhibit Award, Second Place 1995**

Louzã MR Negro PJ. ECT and Wilson's disease. **World Regional Congress of Biological Psychiatry, XII Simpósio Latino Americano de Psiquiatria Biológica, IV Congresso Brasileiro de Psiquiatria Biológica, São Paulo, Brazil, March 1995 (Poster)**

Negro PJ, Faber R. A case of probable Lewy body dementia. **American Neuropsychiatric Association Seventh Annual Meeting, Pittsburgh, October 12-15 1995 (Poster)**

Negro PJ, Dickson J, Dassori A, Neff J, Timmerman I, Huerta Y, Cuellar T. Demographic characteristics and utilization patterns of high utilizers of psychiatric services. **Fourteenth Annual Health Services research and Development (HSR&D) Service Meeting, Veterans Affairs Health Care System, Washington, D.C., February 29 1996 (Oral Presentation)**

Negro PJ, Faber R, Dassori AM. Psychotic exacerbation secondary to media exposure. **Texas Medical Association Annual Meeting, San Antonio, Texas, May 8-11, 1996 (Poster)**

Negro PJ, Louzã MR. Dissociative Experiences in the Religious Setting: A Transcultural Study. **American Psychiatric Association Annual Meeting, San Diego, California, May 17-22 1997 (Poster)**

Faber RA, Negro PJ. Propantheline enhances tolerability of tacrine. **6th International Conference on Alzheimer's Disease, Amsterdam, RAI, July 18-23 1998.**

Prolo P, Negrao AB, Mantzoros C, Wong M-L, Palladino-Negro P, Negro PJ, Vianello J, LoGiudice J, Spokes H, Gold PW, Licinio J. Psychological variables are associated with fluctuations in circulating plasma leptin in healthy men and women. **NIH Research Festival, October 5-9 1998 (Poster)**

Prolo P, Negrao AB, Mantzoros C, Negro PJ, Flier JS, Gold PW, Licinio J. Central Nervous System Correlates of Circulating Human Leptin Concentrations. **American Physiological Society Conference, San Antonio, December 5-9 1998 (Poster)**

Prolo P, Negrao AB, Mantzoros C, Wong M-L, Negro PJ, Vianello J, LoGiudice J, Spokes H, Flier J, Gold PW, Licinio J. Psychological variables are associated with fluctuations in circulating plasma leptin in healthy men and women. **Society for Neuroscience Meeting, November 7-12 1998 (Poster)**



Negro PJ, Abrams SA, Avery SL, Vieira N, Sciuillo D, Habib K, Palladino-Negro P, Collins M, Siebring N, Reynolds JC, Chrousos G, Gold PW. Calcium Absorption in Depressed Patients. American Psychiatric Association Annual Meeting , Washington, DC 1999 (Oral Presentation)
Negro PJ, Sciuillo D, Palladino-Negro P, Habib K, Ligier S, Cai J, Avery S, Negrao AB, Chrousos G, Gold PW. Thrombocytosis in Depression. American Psychiatric Association Annual Meeting , Washington, DC 1999 (Poster)
Habib K, Weld K, Higley JD, Negro PJ, Chrousos G, Gold PW. Suppression of the Non-Human Primate's Response to Social Stress by Antalarmin: A Non-Peptide CRH-1 Receptor Antagonist. American Psychiatric Association Annual Meeting , Washington, DC 1999 (Poster)
Merke D, Ryan M, Negro PJ, Chrousos G. 21-Hydroxylase Deficient Carriers Reset their Hypothalamic-Pituitary Axis to Normalize Cortisol Production: Potential Relation to Mood-Changes Leading to Selective Advantage. 81st Endocrine Society Annual Meeting , San Diego 1999 (Poster).
Negro PJ, Abrams S, Habib KA, Brahim J, Palladino-Negro P, Avery S, Sciuillo D, Vieira N, Collins M, Cai J, Reynolds J, Fitzpatrick L, Chrousos G, Gold PW. Calcium Absorption, Mineral Bone Density and Bone Biopsy in Depressed Patients. 81st Endocrine Society Annual Meeting , San Diego 1999 (Poster)
Habib KE, Weld K, Higley JD, Rice KC, Webster EL, Negro PJ, Chrousos GP, Gold PW. Non-Peptide CRH-1 Receptor Antagonism by Antalarmin Suppresses Social Stress-Induced Fear and Anxiety Behaviors in Rhesus Monkeys 81st Endocrine Society Annual Meeting , San Diego 1999 (Oral presentation)
Habib KE, Sciuillo D, Negro PJ, Gold PW. Remarkable Protection Against Stress Ulcer by Antioxidant Vitamins. Digestive Disease Week, American Gastroenterology Association 1999 (Poster)
Habib KE, Negro PJ, Dib Amel, Palladino-Negro P, Gold PW. Endogenous Opioids Contribute to Gastric Ulcerogenesis during Immobilization Stress Soraue-Dawley Rats: Recognition of a Beta-Endorphin Immunoreactivity in the Gastric Mucosa. Digestive Disease Week, American Gastroenterology Association 1999 (Poster)
Habib KE, Negro PJ, Sciuillo D, Dib A, Gold PW. Protective Role of the Sympathoadrenal System Against Stress-Induced Gastric Mucosal Injury in the Rat. Digestive Disease Week, American Gastroenterology Association 1999 (Poster)
Negro PJ, Palladino-Negro P, Sciuillo D, Habib KE, Kay A, Louzã MR. Do Religious Mediumship Dissociative Experiences Conform to the Sociocognitive Theory of Dissociation? International Society for the Study of Dissociation Fall Meeting 1999 (Oral Presentation)
Negro PJ, Palladino-Negro P, Sciuillo D, Habib KE, Kay A, Louzã MR. Do Religious Mediumship Dissociative Experiences Conform to the Sociocognitive Theory of Dissociation? World Psychiatric Association Annual Meeting, Hamburg , Germany 1999 (Poster).
Negro PJ, Drinkard B, Yanovsky S, Chrousos GP, Gold PW, Yanovsky J. Hypothalamic-Pituitary-Adrenal Axis Activity and Personality Assessment. Society of Biological Psychiatry Annual Meeting , Chicago 2000.
Negro PJ, Michelson D, Elliot EA, Palladino-Negro P, Sciuillo DA, Avery S, Negrao AB, Habib KE, Ayalla A, Cai J, Fitzpatrick L, Collins M, Reynolds JC, Chrousos GP, Gold PW. Body Composition, Bone Mineral Density, and Regional Fat Content in Patients with Major Depression. 82nd Endocrine Society Annual Meeting , Toronto 2000 (Poster)
Negro PJ, Bertolino A, Rosenstein D, Orban Z, Grant S, Rakow R, Weinberger D, Rubinow DR, Nieman L, Chrousos GP, Gold PW, Contoreggi C. Generalized Brain Volumetric Reductions in Cushing's Disease. 82nd Endocrine Society Annual Meeting , Toronto 2000 (Poster)
Negro PJ. On necessary and sufficient conditions for the first emergence of consciousness A Blueprint Towards a Solution to the Hard Problem of Consciousness. Society of Biological Psychiatry Annual Meeting , Toronto 2015 (Poster)