

10 Tips For Successful In Home Care

1. Express your needs/concerns openly, we are here to help.
2. Don't think of home care as punitive, instead, it's a collaboration with the client's goals, needs and wishes as the focus.
3. Stress to loved ones' that home care is here to enhance clients' independence and quality of life, not to take away their freedoms.
4. If your loved one is resistant, tell them that home care does not have to be a long term commitment. Encourage "trying it". Often parents will start home care if they feel they are doing it so that their children don't have to worry as much.
5. Set realistic expectations; a caregiver may be a good cook, but not a gourmet chef. Staffing issues arise such as illness; try to be understanding when fill in staff is needed.
6. Keep a schedule; the more regular the days and hours of care, the more likely you'll have consistent and quality help at home.
7. Notify the office of issues or problems right away, let us help solve them.
8. Expect polite behavior from us, and be polite to the care staff.
9. Be positive; think of the fun activities, companionship and new experiences that home care can bring into clients' daily lives.
10. Take a breath, give change some time and remember we are a team on this journey to helping loved ones live a better life at home.

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