



EHN CANADA

INCLUSION AND DIVERSITY: UNDERSTANDING MENTAL HEALTH AND SUBSTANCE ABUSE IN THE LGBTQ+ COMMUNITY

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in the post-webinar follow-up email



EHN Canada's Commitment to Inclusion and Diversity

We are dedicated to clinical and organizational excellence for ALL!

What we offer:

- The ALLIANCE Program at Edgewood is dedicated to creating a safe residential space for recovery for those in the LGBTQ+ community, with treatment for addiction and mental health led by clinicians who are either members of or allies of LGBTQ+
- Small peer groups allow individuals to share and explore the specific challenges that they face, and programming is based on the pioneering work of Project AFFIRM created by Dr. Shelley Craig



Dr. Shelley Craig - AFFIRM model

Get the right treatment the first time

Stigma and discrimination in society affects:

- The self
- Shame
- Negative core beliefs
- Connection with others
- Health seeking behaviours



Persistent exposure to discrimination and stigma create trauma for members of minorities, which can lead to addiction and mental health issues.

There is a definite need for more inclusive and affirming spaces to discuss and work through mental health and substance abuse issues!

Introducing Juiceboxx

Canada's Drag Race Season 1 Legend

Instagram: @JuiceBoxxOfficial

Tik Tok: @JuiceBoxxTickyTocky

Twitter: @JuiceBoxxQueen

Website: juiceboxx.info

