## One Small Step Inspirational Story

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Why we keep on Hosting!

When we began our PWS journey on the day we received Brooke's diagnosis we cried, we panicked, and we went through the whole range of emotions that you get when you receive any life-altering news. But through it all, we also made the firm decision that we would not succumb to hopelessness and that we would be strong for Brooke and her future.

We made the resolution that we would fight for successful days. We would fight for happy days and we would fight for hunger free days. We also would fight and never give up on helping the PWS community and PWS community partners to do what it takes to help our children live the best quality of life by eliminating PWS challenges. There and then we adopted the motto "Keep Moving Forward"



Since our first OSS Walk and Brooke's diagnosis over 6 years ago, The Foundation for Prader-Willi Research Canada has been extremely progressive and forward thinking in advancing research. It has been enjoyable to watch it grow and gain momentum, while becoming the leading-edge in research exploration within the Prader-Willi community.

Nothing has ever hindered our decision to help fundraise. Each and every year we know that every dollar that we raise goes indirectly to Brooke's future. Whether it's research that can help us right now, like how to avoid meltdowns through focused attention, or it's research that has the potential to someday completely eliminate challenges like the gene editing that FPWR has begun funding, we know that our raised funds go into grants towards life altering research.

It helps to keep us moving forward in Brooke's daily life and ultimately it is quite humbling to know that OUR fundraising dollars have helped or will help the ongoing research outcomes for Brooke's future!

All that aside, our OSS walks have always turned out to be such a great fun filled time for families! Rain or Shine! The vibe that gets generated is always powerful and inspirational.

Everyone is there for the same reason. They Believe in research and they Believe that every child should Live Life Full. Keep Moving Forward.