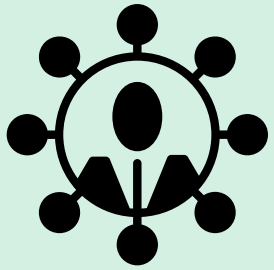


# 8 WORKPLACE SAFETY TIPS

Presented By: **eSafety**<sup>®</sup>

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1

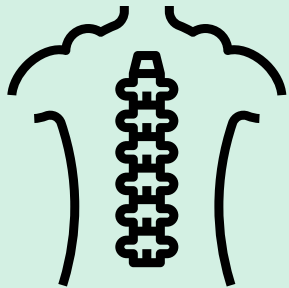
## BE AWARE OF YOUR SURROUNDINGS

The more familiar you are with your tasks and workplace, the more aware you'll be of the potential hazards.

5

## BE AWARE OF NEW SAFETY PROCEDURES

It's your responsibility to ensure you understand the new safety procedures and implement them properly before you perform the task.



2

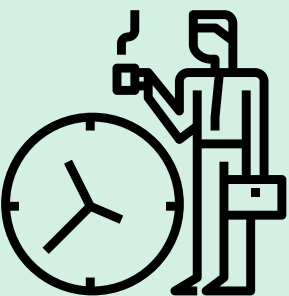
## KEEP CORRECT POSTURE

Make sure you have good posture to avoid back problems, neck pain, and even carpal tunnel. Your back is always worth those extra few seconds.

6

## KEEP EMERGENCY EXITS CLEAR

Never place anything in front of an emergency exit door, even if it's only for a few minutes. Ensure pathways to equipment emergency shutoffs are clear in case something needs to be powered down immediately.



3

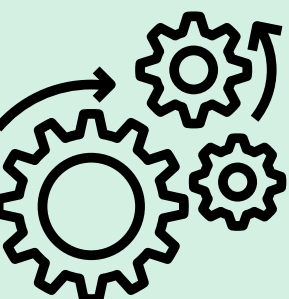
## TAKE REGULAR BREAKS

Take the breaks you're given on a regular schedule to keep yourself fresh, and try to schedule your more difficult tasks for the beginning of your shift when you're most alert.

7

## REPORT UNSAFE CONDITIONS

It's important to always report any hazardous situation or unsafe condition as soon as possible, to keep yourself and other employees safe.



4

## NEVER TAKE SHORTCUTS ON PROCEDURES

It's important to always use every tool and machine you're working with according to instruction. Be sure you're always using the right tool for the job, and using it correctly.

8

## ALWAYS WEAR PERSONAL PROTECTIVE EQUIPMENT

Make sure you're always wearing the personal protective equipment (PPE) provided to you by your employer.

