

Elmbridge's sustainability starter kit

Are you wondering how you begin your eco-friendly journey? We've put together a quick list of simple swaps you can make to reduce your waste at home and on the go!



Our 10 Tips

1

200 million plastic toothbrushes go to landfill every year. Buy an electric or bamboo one to reduce impact! Find them at nothingwasted.co



2

The average Brit uses 24 bottles of shower gel every year. Grab bar soap from lush.co.uk - save money and reduce your waste!

3

Plastic loofahs are problematic. Pop your soap bar in a pouch made from sustainable and biodegradable sisal from peacewiththewild.co.uk



4

Brits create 370,000 tonnes of teabag waste annually. Grab a strainer from whittard.co.uk and reduce your impact.



5

1 roll of paper towels uses 19,000 litres of water to create. Let alone the trees! Grab some reusable cloths from marleysmonsters.com



Our 10 Tips

6

The UK uses 38.5 million plastic bottles every day. Never be caught out again and grab yourself a reusable bottle from [chillys.com](https://www.chillys.com)



7

300 million difficult to recycle tubes of toothpaste are purchased every year. Why not try a zero-waste option from [truthpaste.co.uk](https://www.truthpaste.co.uk)



8

Plastic sponges for your dishes rely on finite resources. Opt for a sustainably sourced bamboo brush from [ecovibe.co.uk](https://www.ecovibe.co.uk)



9

Makeup wipes are huge culprits for increasing carbon footprints. Swap them out for reusable rounds from [lastobject.com](https://www.lastobject.com)



10

2 billion disposable razors are thrown away every year. Grab a metal one from [andkeep.com](https://www.andkeep.com) then just replace the blade!

