



## Telepresence for Seniors: 9 Tips to Get Started

**Experience  
the magic**

As your parents and grandparents age, you worry about them being on their own. A telepresence robot can help you check in to see that they are vital, healthy and keeping up with their nutritional and medical needs. It can also bridge the gap if you live far away giving you a sense of presence even when you can't physically be there.

To get you and your family started using a telepresence robot with a senior, we've put together this short list of tips based on feedback from our users. Follow them and no time, you'll feel like you're all in the same room together. That is the magic of telepresence.

# Prepare for Success

# 1

## Respect their privacy

Assure your loved one that the robot is there primarily for their safety and protection, not to spy on them. Similar to an in-person visit, respect their privacy by letting know the time(s) of day you will make your virtual visits. With a schedule in mind, they will be less likely to be surprised by your presence.

# 2

## Ensure there's enough space

For loved ones aging in place, space should not be an issue. But for family members in an assisted living facility, space may be limited. Make sure there is enough room to safely navigate your robot.

*"The OhmniLabs robot has given me the priceless ability to stay in touch with my family on a daily basis. It's convenient, easy to use and an exciting experience. Their team is also very responsive whenever I have a question or need assistance with my robot."*

**Thelma Ackley,**

Grandmother & Ohmni User

# 3

## Clear obstacles

Before you get going, clear any obstacles in the room and cover the corners of antique or special furniture. Make a clear path for yourself to easily move in and out of rooms and down corridors. If necessary, remove area rugs that might impede your movement. Also, until you become an expert driver, cover the corners of special furniture just in case you bump them by accident.

# 4

## Find a home for the dock

Ohmni has an autodock feature which enables it to find its own way back to the base. But if the dock is blocked or Ohmni can't reach it for some reason, you'll want to make sure the charging station is a convenient place so that your loved one can push it back to the dock easily.

# Prepare for Success

## 5 Pay attention to your space

To get the most from your experience, pay attention to the space around you and your relationship with it. You will be an active participant in personal space, not an obstacle like a chair to be stepped around gingerly.

If you're in the kitchen with your parents and they need to access a cabinet and you are too close, back up or move out of the way slightly to preserve their sense of personal space.

## 6 Turn up the sound

If your loved one is hard of hearing, speak louder, as you would if you were there. You can also tap the + button on Ohmni's speaker to amplify the sound.

## 7 Show Emotion

Keep in mind that you are not a screen facing in some general direction but a real "face" that looks at things in the world and conveys your focus. One of the best ways to show emotion is to use the mouse to look at whatever you're focusing on and move the neck to give the bot a sense of active attention. Nod in agreement! This brings a much warmer feeling to the interaction.

## 8 Connect in new ways

Use the robot as if you were there in person, free to move about your loved one's home. Use the robot to cook dinner together in the kitchen, eat together in the dining room, or watch a movie together in the family room.

## 9 Be patient & have fun!

Your loved one may have a lot of questions so be patient as they get used to this new friend. Have fun with Ohmni and give it a special name. "Buddy", "Bot", "Bob" -- anything that helps you connect.

# More than a video chat



## Capable

With Ohmni, families can visit virtually to provide companionship and care in a way that no existing tools can match.



## Affordable

Unlike expensive alternatives, Ohmni is designed from the ground up to be affordable for use with seniors and their families.



## Private, Secure, and Easy to Use

For family members, Ohmni is easy to drive using a laptop, computer or smartphone. For seniors, it's the perfect solution because they remain completely hands-free. No fussing with a smartphone or computer to chat or video conference. When not in use, Ohmni respects the privacy of the seniors. The robots docks facing the wall and clearly announces when someone dials in. Ohmni is also HIPAA compliant.

***“I’m absolutely an advocate for this technology. It has had a positive impact on my grandmother’s life, allowing her to interact with all of us grandchildren much more than usual since we are spread out across the country. The robot is fun and engaging. I often use it to join my grandmother for a meal in the kitchen or sit with her to watch a baseball game while she provides her usual witty commentary.”***

**Evan Gurnee**

Grandson & Ohmni user

# *You have questions, right?*

We get that you're going to have questions about how a telepresence robot can help you with senior care. That's what we're here for!

Please click the link below to learn more about Ohmni® for your family members and to schedule your free test drive to experience Ohmni in real time.

[ohmnilabs.com/solutions/seniorcare](https://ohmnilabs.com/solutions/seniorcare)

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