

the EQUIPMENT & CLOTHING GUIDE

Packing can be something you may want to put off until the last minute or it's something you're eager to do. Whether you're helping your child pack weeks in advance or you're packing a few days before camp, it's important to have a packing list so you don't forget the essentials. We have compiled a detailed list of the clothing and equipment for you to pack for Summer Camp 2022 based on our once a week laundry service.

Please remember to not over-pack! Campers do not need more than what's recommended, and storage space is limited. Campers are only allotted two large drawers, a dresser top to be shared with their bunkmate (Land O'Peaks only), some hanging space, and a cubby in the bathhouse. Campers may not use the space under their bunks for storage.



LET'S START WITH SOME PACKING TIPS & TRICKS

Print Out and Use this Packing List! This seems obvious, but it's fundamental to your packing success. We have specific requirements and have spent time carefully creating a list of appropriate and necessary items for your camper's comfort and our activities. Review this list early to see if there is anything you need to order ahead of time. You will get your camper off to a great start by making sure they have everything they need. The list also includes items NOT to bring to camp.

Pick Your Perfect Bag. Before you start packing, you'll need to identify which type of bag is best for your child. We recommend **big duffel bags**. They should be big enough to have some extra space after everything is inside because we all know dirty balled up clothes take more room than clean folded ones. Within the duffel bag, you can invent your own ways to organize things. Large zip lock bags work well for things like underwear, socks and toiletries. If you want to go the expensive route, you can buy nylon stuff sacks in lots of different colors and sizes from camping suppliers. We ask that campers **do not bring trunks** or **big plastic tubs** as they are hard to move and cannot be kept in cabins/wagons.

Have Your Camper Do Most of the Work. When your camper is away, you won't be there to help locate towels, socks, or flip flops. It's important for youth to feel empowered and responsible for their own belongings before they leave for camp. Learning to keep track of their stuff is one way they can grow from their camp experience. So, whether it's laying out items on the packing list, labeling things, or packing, let your camper lead the way. Even still, you should know what goes in their bags and what stays out.

Don't Bring the Best. Camp is a great place to wear older, yet durable clothing! Please do not send them off to camp with their best or most expensive clothes and brand new shoes. They may not come back in that same condition and often gear needs to be broken in before being used. **Don't own "old" clothes?** Try going to a used clothing store, a garage sale, or local thrift shop. It is NOT our intent to require parents to have to buy unnecessary or expensive equipment and clothing. If needed, good sources for camp clothing and gear include REI (Outlet)[®], Dick's Sporting Goods[®], LL Bean[™], Patagonia (Worn Wear)[®], Backcountry[®], Moosejaw[®], Eastern Mountain Sports[™], Sierra[®], Slim Pickins Outfitters, and other outdoor stores.

NAME TAPES & LABELS

All clothing and possessions, including gear, footwear, and toiletries, must be labeled with your **camper's first and last name**. In May, you will also receive yellow tags by mail, which you must use to label your bags.

Labeling clothes and personal items with initials or just first names is not sufficient as many campers share initials and have the same first name. Please remember, **campers will misplace clothing and equipment**. Labeling is vital to the success of returning items during laundry and when they are lost. You'd also be surprised how many campers bring identical items.

PACKING LIST: GEAR & CLOTHING

Being thorough while packing will only enhance your experience while at camp. You are not limited to what is on this list; however, there are a few items to leave at home that you will see at the bottom of this list. There are reasons for why we ask you to bring certain items and reasons to leave certain items at home. Remember, at the end of the day, **you are responsible for everything you bring to camp!**



REQUIRED EQUIPMENT

✓ LABELED?

HIKING BOOTS

A sturdy boot with good ankle support, not low fitting. We recommend leather or Gore-Tex® with a Vibram® sole. Campers who plan to hike extensively should invest in quality boots.

RIDING BOOTS

Either “cowboy boots” or a similar leather, smooth-soled (no-tread), heeled boot for Western horseback riding. Hiking boots or tennis shoes are not acceptable.

SLEEPING BAG*

We recommend a mummy-style, three season bag with a temperature rating of 20° or lower. While it’s a worthwhile investment to purchase a quality sleeping bag as it can last a lifetime, campers may rent sleeping bags (and pads) from our camp store for a rental free.

FOAM PAD or THERMAREST*

Closed-cell or inflatable. Used beneath a sleeping bag for warmth and insulation.

RAIN GEAR*

A good quality rain jacket and rain pants (preferably made of Gore-Tex® or equivalent) or a poncho for our mountain rain showers.

WATER BOTTLES*

Two or three 32oz Nalgene® style-bottles. Campers may bring a CamelBak® for use on designated activities (not horseback riding).

✓ LABELED?

DAY PACK*

A medium size durable pack with a waist belt and comfortable shoulder straps. The ideal size for a backpack is 22 to 30L (e.g. the Recon 18 Backpack by The North Face®, the Approach by Mountainsmith® or the Talon by Osprey®).

WARM BLANKETS*

We recommend two warm blankets or a comforter, which can be folded at the bottom of your bed on warmer nights. While we provide linens, a pillow, and a wool blanket, many campers bring their own pillow(s).

SUNGLASSES*

Designed for UV protection as the sun is very powerful at our high mountain elevation.

FLASHLIGHT or HEADLAMP*

Don’t forget batteries!

GAITERS

Not required. Used for protecting your boots/ lower legs when hiking in snow or brush. The appropriate gaiter height depends mostly on how much protection you want.

BLUE KERCHIEF

For returning campers only.

***AVAILABLE IN THE CAMP STORE**

RECOMMENDED CLOTHING & PERSONAL ITEMS

✓ QTY.

T-SHIRTS* 6-8 tees
At least two shirts should be non-cotton, synthetic athletic shirts (i.e., activewear for hiking).

LONG-SLEEVE SHIRTS 4 shirts
For GTE/BTE only, one should be a white oxford.

SHORTS* 6 pairs
At least two pairs should be athletic and suitable for hiking/backpacking or to be worn with a tech climbing harness.

BLUE JEANS 3 pairs
Two pairs should be appropriate for riding.

HIKING PANTS 2 pairs
Comfortable, lightweight, and loose fitting. Polyester or non-cotton fabric is best.

SWEATSHIRT* At least 2
Hoodie or crewneck.

SWEAT/FLEECE PANTS* 2 pairs

FLEECE JACKET or PULLOVER SWEATER

DURABLE WINDBREAKER JACKET
Not needed if you bring a rain jacket.

UNDERWEAR 12 pairs

SOCKS 10-14 pairs
At least four pairs should be hiking socks*.

BRAS At least 8
Sports and regular.

WARM SLEEPWEAR 2 pairs

SWIMSUIT

LONG UNDERWEAR
Top and bottom (non-cotton).

WOOL or FLEECE HAT*

GLOVES or MITTENS

BASEBALL CAP or SUN HAT*

BELT

ATHLETIC SHOES At least 1 pair
Sturdy tennis/running shoes for everyday use.

CHAPEL CLOTHES 2 sets
"Nicer" clothing for Chapel, but nothing too fancy!
Think "school picture day" or casual brunch attire.

✓ QTY.

TOILETRIES*
Toothbrush, toothpaste, dental floss, body wash, hair care products (shampoo, conditioner, comb, brush, natural oils, hair mask/creams, silk bonnet/wrap, styling products, etc.), deodorant, face cleanser/moisturizer/wipes, contact lenses and solution, nail file/clippers, period products, shaving supplies, etc.

SUNSCREEN and LIP BALM*

MEDICATIONS and EYEGLASSES

BATH TOWEL and WASHCLOTH 2 of each

SHOWER SHOES or SIMILAR RUBBER SANDALS
Flip flops, Crocs™, Chacos®, Tevas®, Keens®, etc. A back strap to secure sandal is required for rafting.

BATHROBE
For travel to and from the bathhouse (if wanted).

LAUNDRY BAGS* 2 bags

FACE MASKS At least 2
Required for 2022.

PERSONAL HAND SANITIZER
We will provide refills.

EXTRAS TO THINK ABOUT

✓ LABELED?

INEXPENSIVE OR DISPOSABLE CAMERA*

CHAMBRAY or DENIM SHIRT
For Riding Patch holders.

MUSICAL INSTRUMENT
Guitar, flute, trumpet, or other instruments.

STATIONARY* and ADDRESS LIST
With a pen and pre-addressed, stamped envelopes.

BOOKS, SKETCH PAD, or JOURNAL

STUFFED ANIMAL

PHOTOS FROM HOME

DECK OF CARDS* and BOARD GAMES

COSTUMES, WIGS, and BANDANAS

CAMPING MESS KIT

*AVAILABLE IN THE CAMP STORE

THINGS TO BE LEFT AT HOME

✓ QTY.

~~NONE~~ ELECTRONICS

Cell phones, iPods/iPads, Kindles, other tablet/music players, computers, TVs, gaming devices, smart watches, and waterpiks.

~~NONE~~ OTHER PROHIBITED ITEMS

Expensive watches and jewelry, expensive cameras, weapons, fireworks, hunting knives, one-of-a-kind items such as special t-shirts and family heirlooms, pets, tobacco/e-cigarettes, alcohol, drug paraphernalia, pornography.

~~NONE~~ FOOD ITEMS

Including candy, gum, beverage mixes and powders, protein bars, etc. Vitamins must be turned into the Health Center.

VALUABLES

We ask that every camper in all units turn in their valuables for safe-keeping during the term and surrender prohibited items upon arrival. We would love your help in sending your child with as few valuables as possible and recognize that you may want them to fly with their cell phone. **If they are flying to camp**, please limit the valuables they are bringing with them. Campers should not travel with more than \$30 to \$40 and cannot use cash while at camp. **If you are dropping your camper off at camp**, they should **not** turn in any valuables. Keep in mind, if campers do not turn in all of their valuables and surrender all prohibited items they will be disciplined.

Campers MUST turn in:

Cell Phones; Tablets (iPads, Surface, Kindles, Nintendo Switches); Wallets/Money; Apple Watches, other valuables.

While we encourage campers to bring disposable cameras, we do permit digital ones. As such, campers are responsible for their safety and whereabouts. For permitted electronics, there are limited outlets for charging.

LAUNDRY

Laundry is done once a week, so quantities of clothing listed are sufficient to last a week. Please only send labeled washable clothing that can be done in large commercial washers and dryers. Remember, **campers misplace clothing and equipment**. Be sure that everything is labeled (either sewn, iron-on, Sharpie®, stamp, or sticker) with camper's full name. Since stickers often fall off in our laundry, we prefer Sharpie® or sewn labels.



DRESS CODE PHILOSOPHY

During your summer at Cheley Colorado Camps, we want you to have the best experience possible! By planning ahead and packing appropriately, you will be contributing to a positive Cheley Experience; therefore, our dress code reflects **practicality** and **the values of camp**. It is written in a manner that does not reinforce or increase marginalization or oppression of any group based on race, sex, gender identity, gender expression, sexual orientation, ethnicity, religion, cultural observance, household income, or body type/size and shall be enforced consistently.

- All campers and staff should be able to dress comfortably for camp and engage in the camp environment without fear of or actual unnecessary discipline or body shaming
- All campers and staff should understand that they are responsible for managing their own appearance without regulating another individual's clothing/self-expression.
- All campers and staff should be able to use body-positive language.

We expect all campers, staff, *and visitors* will dress in a way that is appropriate for camp. Dress choices should respect Cheley's intent to sustain a community that is inclusive of a diverse range of identities. We are responsible for seeing that attire does not interfere with the health and wellbeing of any individual at Cheley nor contribute to a hostile or intimidating atmosphere for anyone.