

 **ER** NEAR
ME



Kids Activity Book

Brain Games to Challenge Your Kids' Mind

Word Search

What foods are good for your heart, brain, and tummy? See if you can find these healthy fruits and vegetables hidden below!

This worksheet is suitable for older children with help from a parent or educator. You can find the words by looking forward, up, and down. Circle them with a pencil or use a marker to highlight the letters.

Word List

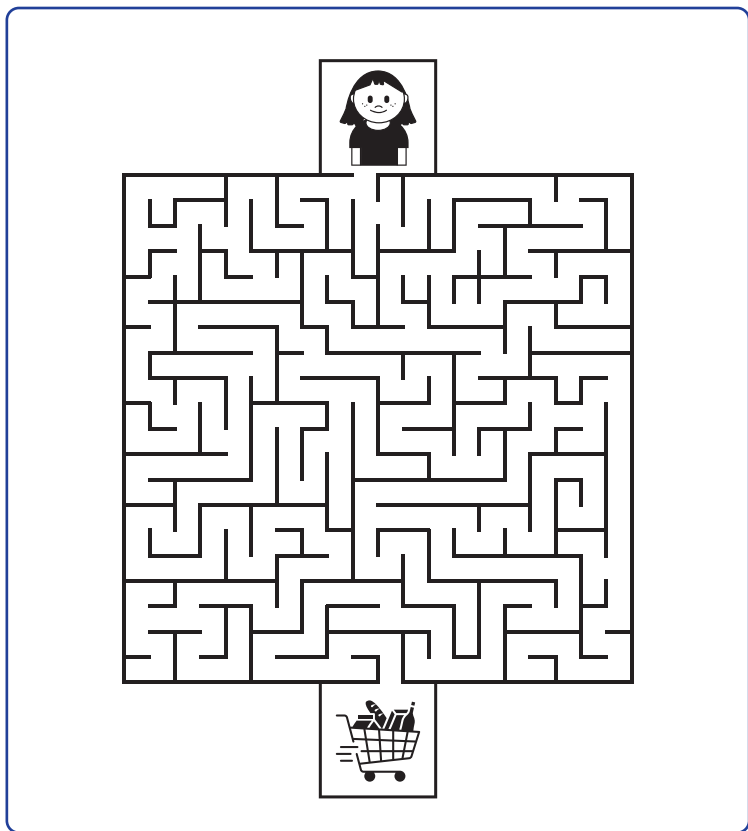
Cherry	Corn
Banana	Orange
Watermelon	Lemon
Pea	Celery
Apple	Squash
Carrot	Broccoli
Berries	Tomato
Avocado	

C H E R R Y W B G O E Z S D I K A
W A T E R M E L O N N B Q Y P T P
F L H H E G D Y A Z G A D Y E M P
H L T B E R R I E S I N I Y A O L
J A N A H D R R S O N A A B K K E
Y T O R A N G E I Y O N D O C T O
Y I M L E M O N J R C A N B N S Q
R T O M A T O I H C B E C X S Y C
M O N S B Q H T L A B C A C Q B E
E H E R A C C O R N E H R N U L L
D G B B R O C C O L I G R I A R E
I N S U Y Q O D L Y D H O B S V R
A V O C A D O Z L B Z P T L H E Y

Maze

Mary is hungry but she needs to purchase the right healthy ingredients to make dinner.

Can you help Mary find her grocery cart of fruits and vegetables so she can cook dinner?



Answer Key: See page 6 for the answer key

Word Scramble

Doctors offer a lot of great advice to patients to help them get well soon, but things are a little scrambled right now.

Can you help unscramble these common words used by your doctor?

N R S U E

D C O O T R

P I A T N E T

B I A D N A D

F V E R E

P S L U E

H R A E T

T S H O

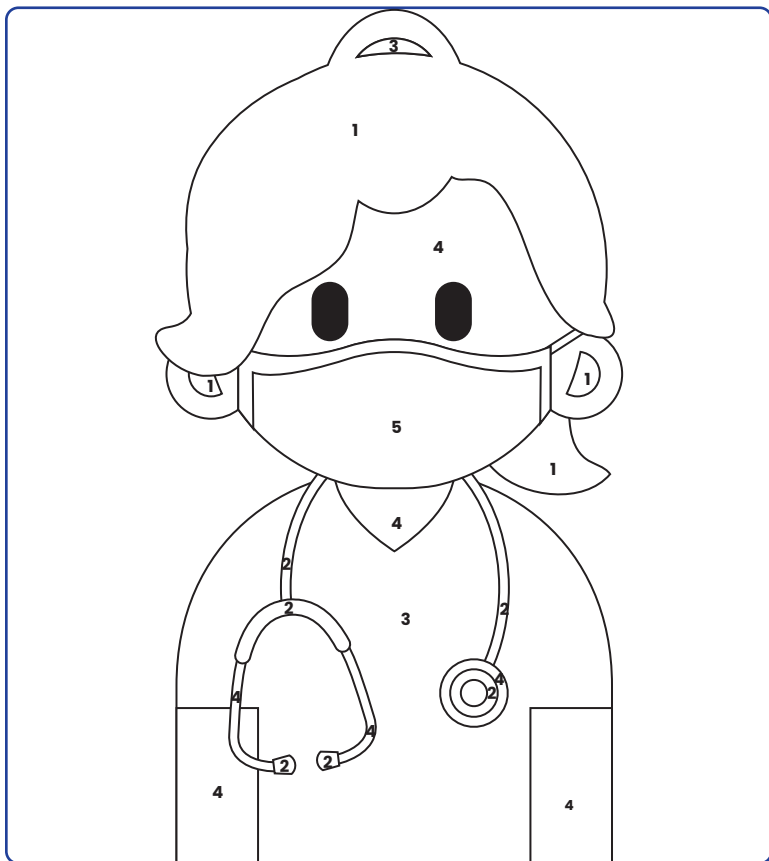
B O L D O

R X Y A

Color By the Numbers

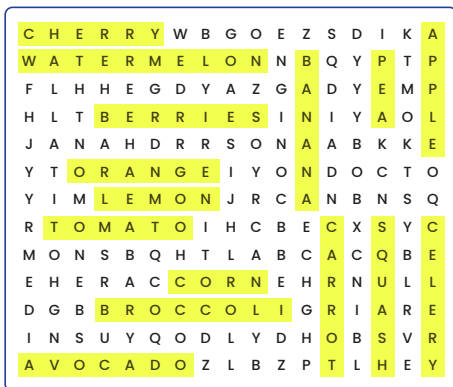
Reveal the picture by filling in the appropriate numbers with their associated colors listed below.

1 - Brown 2 - Red 3 - Blue 4 - Peach 5 - Light Blue 6 - Gray



Answer Keys

Word Search



Maze

