INTERNATIONAL JUNIOR GOLF ACADEMY

CAMP GUIDE 2022



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IJGA IS THE DRIVING FORCE BEHIND THE BEST JUNIOR GOLFERS.

Built around you, Summer Camp at International Junior Golf Academy provides junior golfers with a plan and strategy to get better. We believe that everyone has it within them to be the very best they can be. Which is why we have designed an innovative approach to golf development and the game-skills necessary to pursue individual excellence.

IJGA is proud to have built the **foremost golf coaching team** and **outstanding peer group** in junior golf, evidenced by the **extraordinary results** and **accomplishments of our students.**

The centralized, full-service campus and private golf facilities for IJGA students, together with the experience and quality of our golf program are unrivalled, evidenced by the rankings of the players and the prestigious colleges that they attend.





WELCOME!

There is so much you will do at summer camp. The memories will last for years to come.

There is also so much to learn about the great game of golf, and nowhere better to do it than at this world-class golf training facility. The coaching team makes practice fun by creating exciting games and activities on the range that will improve your skills and mental toughness. The best part of summer camp is taking what you have learned to the golf course, which will challenge juniors to think outside the box to be creative with their club and shot selection to get the most out of their game.

IJGA campers receive fitness, mental and technical training techniques they can take home with them to continue improving their individual game. Following an assessment day, campers will work closely with IJGA's highly skilled and experienced coaching team to develop the tools they need to follow their training plan. Summer camp is a great opportunity to nurture your love of the game and help you get better in all areas of golf development.

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REGISTER ARE YOU READY?

You will:

- Learn, grow and improve your golf game
- Be challenged in fitness to become more functional for golf
- Make friends from all over the world and create memories that will last a lifetime
- Have the opportunity to train on our world-class training facility
- Be educated in the art of scoring to get the most out of your game
- Get the mental tools and strategies to make good decisions and play with more freedom
- Participate in fun social activities every day of camp

Registration for IJGA is open throughout the year.

Three ways to register:

Registration is easy and fast online at www.IJGA.com/summer_camp. Complete the online registration.

- 1. \$1,000 deposit via credit card
- 2. Email us at info@ijga.com
- 3. Call us at 1.855.378.8177

Please be aware that space is not reserved until IJGA has received the registration deposit.

Space is limited. Secure your spot today!

Believing in yourself is the most important thing in golf.

CORE

PRICING PER WEEK Boarding \$2,350 Non-Boarding \$1,750, 1 week minimum

ELITE

PRICING PER WEEK Boarding \$2,850 Non-Boarding \$2,250, 2 week minimum

CAMP OPTIONS

CORE PROGRAM

Core camp is a fantastic option for golfers of any skill level. Campers will receive full days of instruction with a video swing analysis, mental and physical conditioning, and a take home plan to further their instruction. College planning and club fitting can be provided on an as-needed basis and campers may receive a golf bag if they attend for multiple weeks (3 or more).

ELITE PROGRAM

Elite camp offers a more intensive program aimed at higher level players. Campers will receive full days of instruction including Swing Catalyst video analysis, Trackman, CoachNow reporting, physical and mental conditioning, and a comprehensive take home plan. Club fitting and college planning are also included on an as-needed basis. This is a minimum two-week program and includes a golf bag.

+ ENGLISH

Pair your golf training at the Core or Elite level with an English language learning program. Daily schedule includes a half-day of golf training + half-day of classroom work.

	CORE	ELITE
Golf instruction Full-day	\checkmark	✓
Video Analysis	\checkmark	\checkmark
Swing Catalyst Assessment		\checkmark
Physical Conditioning	2x per week	2x per week
Mental Conditioning	1x per week	2x per week
Trackman	\checkmark	\checkmark
Golf Bag	3 weeks or more	\checkmark
College Planning	As-needed	1 seminar per student
CoachNow Reporting	\checkmark	\checkmark
Take Home Plan	Basic plan	More comprehensive plan including a "blueprint"
Club Fitting	As-needed	As-needed
Boarding weekly rate	\$2,350	\$2,850
Non Boarding weekly rate	\$1,750	\$2,250
Minimum # of weeks	1	2



FEATURES

- Boys/Girls: Ages 10 to 19
- Boarding and non-boarding students
- Learn correct fundamentals, solid swing mechanics and proper course management
- Improve balance, concentration, confidence, flexibility and strength with functional performance and strength training
- Analyze your swing with Trackman, Swing Catalyst, SAM Puttlab and more
- Receive consistent feedback from coaches in a comfortable learning environment
- Train with golfers from around the world and take supervised trips
- Post-camp performance evaluation with recommendations
- College Planning & Placement
 education available
- Interact with students from all over the world

Registering online is quick and easy!

Visit IJGA.com and reserve your spot today!

2022 SUMMER CAMP WEEKS

IJGA Campers receive fitness, mental and technical training techniques they can take home with them to continue improving their individual game.

There is so much to learn about the great game of golf, and nowhere better than at IJGA. The coaching team makes practice fun by creating exciting games and activities on the range that will improve your skills and mental toughness. The best part of summer camp is taking what you have learned to the golf course, which will challenge you to think outside the box, to be creative with your club and shot selection and to get the most out of your game.

Multiple week stays are recommended for optimal training benefits.

- Come for a week, multiple-weeks or the entire summer
- Camp options include Core and Elite
- You can also pair your golf training with English classes

Sunday arrival; Saturday departure

Week 1: June 5-11	Week 6: July 10-16
Week 2: June 12-18	Week 7: July 17-23
Week 3: June 19-25	Week 8: July 24-July 30
Week 4: June 26-July 2	Week 9: July 31-6
Week 5: July 3-9	Week 10: August 7-13



WEEKLY SCHEDULE

Campers arrive Sundays and depart Saturdays. Schedule Monday through Friday:

6:30 a.m.	Wake-Up
7:00-8:00 a.m.	Breakfast at Champs Hall
8:00-11:00 a.m.	Golf Training
11:30-12:30 p.m.	Lunch
12:30-3:30 p.m.	Golf Training (Tech)
4:00-5:00 p.m.	Fitness (Subject to Change)
6:00-7:00 p.m.	Dinner at Champs Hall
7:00-10:00 p.m.	Activities
10:30 p.m.	Lights Out



TRAINING

You are unique with your own goals and dreams and your own strengths and weaknesses. We don't want to make everyone swing the club the same way but rather we will get to know you and build a great plan for you that will help you get better when you are here and that you can work on when you leave.

IJGA uses CoachNow to track improvements and updates during summer camp so make sure mom and dad follow your progress and watch all the great moments while you are at camp!

New campers will go through an evaluation to see where you are in all areas of your game and to work on your plan for improvement.

- Summer camp is a great opportunity to nurture your love of the game and help you get better in all areas of golf development
- Elite Program student assessed with Swing Catalyst
- Short-game assessment
- Physical fitness basic functionality
- Mental tools assessment
- On-course evaluation



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IJGA's Coaching Staff boasts an unrivalled combination of experience and success. Not only do we have an outstanding track record in junior golf development, but our coaches have also achieved success with players at all levels of the game. We know what it takes to train Major Winners, USGA Champions, NCAA Champions and AJGA Players of the Year. Most importantly, the coaches at IJGA are passionate about sharing that same knowledge and experience to our students





Summer camp is fun, not just because of all the awesome people you will meet from around the world or the fun activity schedule that is nonstop. What makes IJGA summer camp special is that you will leave with a much better understanding of your game and a clear path to getting better.

Whether you are new to the game or aspire to play college golf, the summer camp training experience at IJGA will give you tools and strategies that you will use for years to come.

We start with the basics, and make sure that campers have the fundamentals of a solid, athletic golf swing. Analyzing the sequence of the swing and how your body moves throughout the process is a key part of the technical plan. Once the camper is aware of what their swing faults are, they are given tasks and drills to work on to make those changes.

Golf is a game played on a course, not on a range. IJGA has its own private course where juniors take priority. Campers are on the course daily to work through strategic performance elements of the game, while continuing to make swing and short game improvements.

CAMPUS

Located on beautiful Lake Harris in Florida's Lake County, just 45 minutes from Orlando International Airport, the IJGA training facility is second to none, where various challenging golf course conditions are replicated on the range, providing an environment that builds performance skills. The 17-acre training area, with nine holes of golf and multiple areas to work on long game and short game, has been carefully designed to challenge players. It can be played from multiple tee locations to multiple greens, making it possible to train for almost every shot imaginable.

Bishops Gate is a strategic golf course, like a game of chess, designed to challenge you on every hole.

This unique training environment allows you to train in golf course conditions every day. We have over 50,000 square feet of training tee space, 30,000 square feet of putting and short game greens, and 15,000 square feet of bunkers. There is no other training environment better equipped to prepare you and your game for competition.

THE IJGA TRAINING GROUND

- 8 specialized training locations
 50,000 square feet of training tee space
 30,000 square feet of putting & short game greens
 15,000 square feet of bunkers
 4 teeing areas resembling different holes
- Par-4 dogleg left
- Par-4 dogleg right
- A drivable Par-4
- Straight hole to multiple target greens

SHORT GAME MASTERY

"As a player this is where I want to train because the facility takes me to the right place mentally to be ready for competition. If I am working on my swing I can work on my mechanics one minute and on feel for competition the next. The facility gives me all the conditions and the ideal environment for all areas of my game."

There is a full-time crew working to keep the quality of our USGA-grade greens in pristine condition, and they run as fast and smooth as any you will find in any tournament.

There are two short game areas where you can work on unlimited situations ranging from green side bunkers to 180-yard approach shots. Each of these areas allows the athlete to master the art of scoring.



- 8 EDUCATION CENTER
- 9 POOL
- **10** FITNESS BUBBLE
- 1 BASKETBALL COURT
- 12 TENNIS COURTS
- **13 PRACTICE FACILITY**
- 14 HOUSING

PRACTICE FACILITY STATIONS

A STATION 1 - PUTTING GREEN
B STATION 2 - CHIPPING GREEN
C STATION 3 - RANGE
D STATION 4 - CHIPPING GREEN #2

E STATION 5 - BACK RANGE
F STATION 6 - BACK PUTTING GREEN
G STATION 7 - BACK RANGE #2
H STATION 8 - BACK RANGE #3

LAKE HARRIS

MISSION INN

PUBLIX

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CAMPUS LIFE

Welcome to life at the International Junior Golf Academy!

Campers make so many new friends in this safe, caring and structured environment.

Housing

Students live in a gated community where security is top priority. The campus has a 'home away from home' feeling with campers housed in modern, well-furnished, spacious homes where they room with either one or two others. Each home has a living room, dining room, fully appointed kitchen and laundry room, wireless Internet and satellite TV. Many of the luxury condos have an enclosed patio for relaxation and games.

Dining

Boarding campers eat at an exclusive on-campus dining facility. We utilize an in-house catering service led by our executive chef and catering team.





ON-SITE ACTIVITIES

IJGA campers have no shortage of activities. On-site amenities include a basketball court, tennis courts, a swimming pool and a game room complete with pool table, ping-pong, PlayStation 4, XBOX One, and satellite TV on a 60-inch HDTV.

WELCOME TO ORLANDO

JOIN THE FUN AT IJGA CAMP

With Orlando area attractions nearby IJGA summer camp is the best way to get better. Learn golf and have fun!

Orlando is one of the world's most visited family destinations, and while its illustrious themed attractions may steal the limelight, with a vibrant and well-kept city center and a climate that averages around 75° Fahrenheit (25° Celsius) for 365 days of golf, there is a surprising amount of things to experience here. Welcoming tensof-millions of visitors per year, both **Disney World** and **Universal Orlando** pack in an entire trip's worth of fun on their own. But it would be a mistake to overlook Orlando's other activities because the rest of 'The City Beautiful' is full of similar family-friendly attractions like waterparks, giant aquariums and zoos, exciting shows, airboat tours around the swamps

and plenty of golfing opportunities.

IJGA Summer Activities

- Area Parks
- Bowling
- Movies
- Game Nights
- Disney Springs
- Outlet Malls

* activities may be effected because of Covid 19









ADDITIONAL IJGA PROGRAMS

Full-Time Junior Program | GOLF + ACADEMICS

- Nine-month Boarding Program
- Montverde Academy
- Purpose Built Golf Training Facility
- Full Golf Training Program (3 hours per day)
- Golf Course Access
- Functional Strength and Conditioning
- Mental Training Program
- On-Course Strategy & Performance Coaching
- Tournament Scheduling
- College Preparation Program
- Academic Tutoring, Study Hall and College Test Prep
- Character and Leadership Development
- Club Fitting

Post-Graduate Program

- Half Day Golf Coaching (3 hours per day)
- Golf Course Access
- Functional Strength and Conditioning
- Mental Training Program
- On-Course Strategy & Performance Coaching
- Tournament Scheduling
- College Test Prep (SAT, TOEFL, ACT)
- College Preparation Program
- Character and Leadership Development
- Club Fitting

IJGA Camp

- Golf Training: Core, Elite
- Fun Camp Activities on and off Campus
- Fitness Training
- Introduction to the Mental Training Program
- On-Course Strategy & Performance Coaching
- Summer Camp Tournament Schedule
- ESL

Short-Time Program

- Half Day Golf Coaching (3 hours per day)
- Golf Course Access
- Functional Strength and Conditioning
- Mental Training Program
- On-Course Strategy & Performance Coaching
- Tournament Scheduling (if requested)
- Club Fitting

PROS WHO HAVE TRAINED AT IJGA

IJGA has established itself as a premier academy at one of the world's best training facilities. IJGA now has its own family of pros, and that list is growing all the time.

- Michael Campbell European Tour
- Na Yeon Choi LPGA Tour
- Li Haotong European Tour
- Charles Howell III PGA Tour
- Roope Kakko Men's European tour
- Sue Kim LPGA Tour
- Jee Young Lee LPGA Tour
- Ju Young Park LPGA Tour
- Andrea Pavan Men's European tour
- Sarah Jane Smith LPGA Tour
- Jennifer Song LPGA Tour
- Amy Yang LPGA Tour

IJGA has hosted multiple European teams including seven European junior and national teams hailing from six countries:

Scotland Germany Austria Denmark Finland Switzerland

IJGA has hosted over 10 college teams.

IJGA has become a winter home for many of these teams who are returning for their second or third visit.

Each team stays right on property and has IJGA's world-class facilities at their fingertips, just steps outside their backdoor. The unique training environment allows teams to train in golf course conditions every day. The facilities are second to none," said Marc Campos, coach of Elite Squad Central Switzerland. "Everything that we need, we have here. Telonhade

MICHAEL

CAMPBEL

LLA PADIERNA

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INTERNATIONAL JUNIOR GOLF ACADEMY

Please contact us with any questions you might have about our programs

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