



IJGA

INTERNATIONAL JUNIOR GOLF ACADEMY

2022

ADMISSIONS GUIDE



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IJGA is the world's leading golf boarding academy with a thriving international student population. It is the longest established independent junior golf academy in the US, dating back to 1995.

IJGA has produced many great junior golfers, with our students going on to attend many prestigious colleges with strong golf programs in the US. Our students also join the professional ranks, some winning majors and even Olympic medals.



## **The Foundation and Pillars of Our Success.** GOLF, ACADEMICS AND STUDENT LIFE

Success starts with a solid foundation. For us it's the exceptional quality of our facilities which are second to none and have raised the "entry bar" for junior golf boarding programs. The quality of the range and golf course are the "tool box" of our golf coaches. Our boarding houses and secure campuses create the "home away from home" environment where our students are able to access our training facilities by stepping outside their homes.

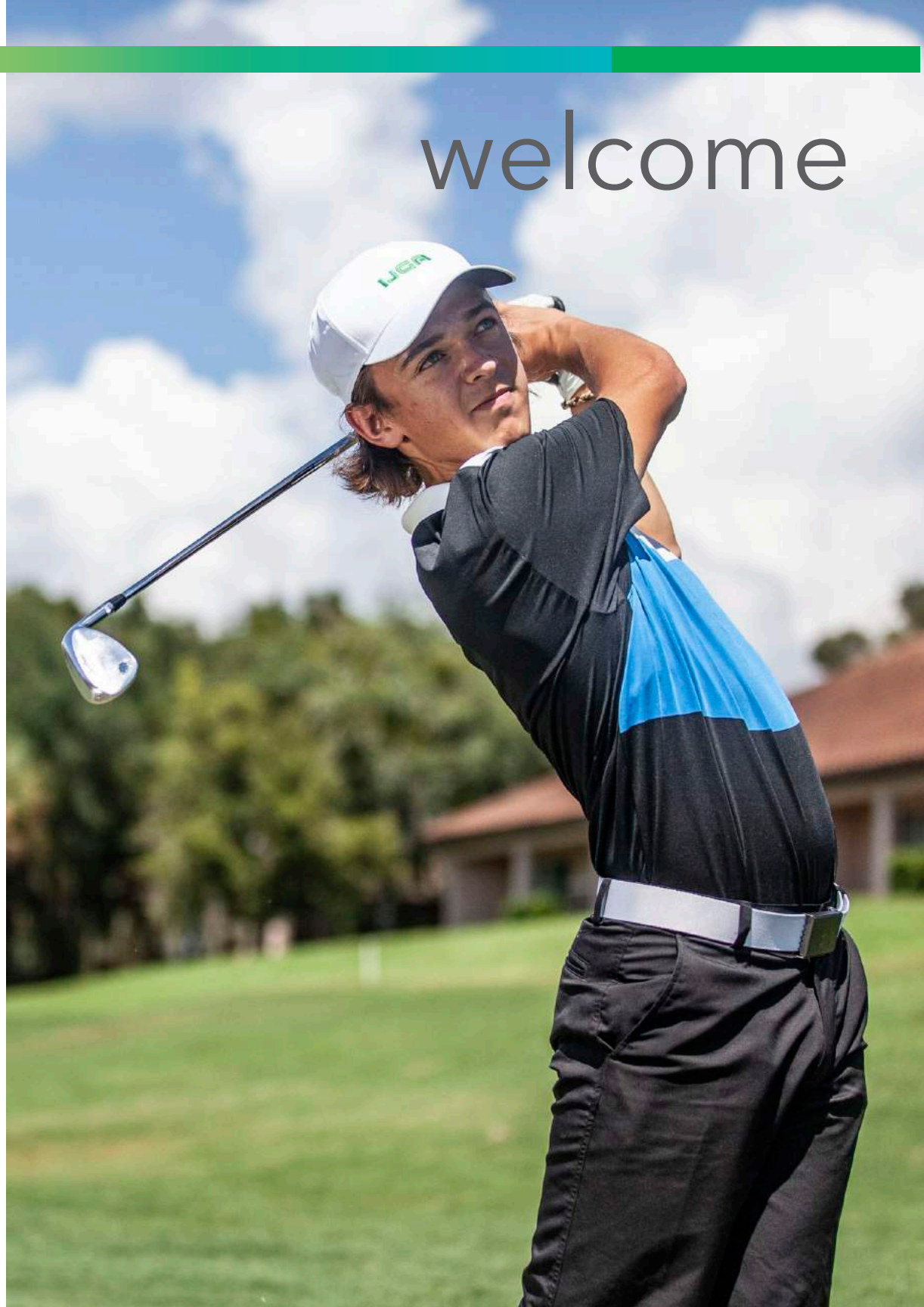
The pillars of our programs are Academics, Golf and Student Life.

“

Our facilities attract the best golf coaches and residential instructors who choose to work in a world class environment and provide the best experience for our students, supporting them to achieve their goals towards a great college golf and academic experience or professional golf, ultimately to a successful career.

-Andrew Summers, CEO IJGA

# welcome





# student success



“

We pride ourselves on our reputation of excellence in all we do, which is demonstrated through our students' successes in tournament wins and college placement.

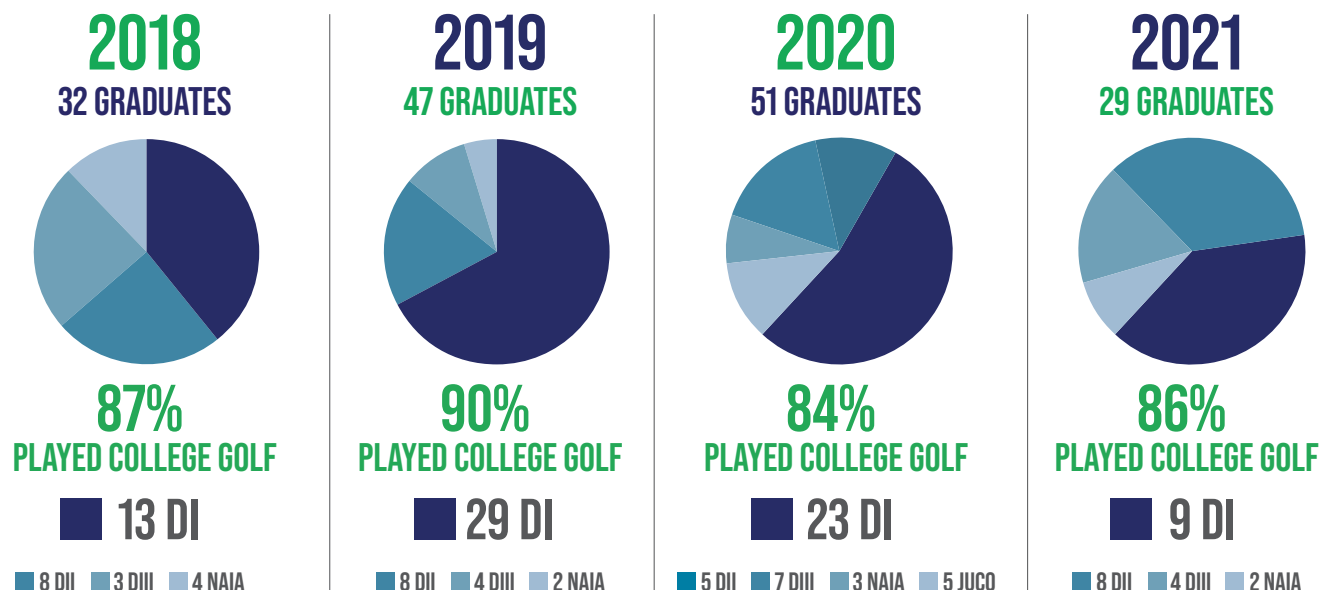


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Boasting a near 100% college placement rate, the IJGA approach to college has proven effective time and time again.

# college placement

IN THE LAST 5 YEARS WE HAVE PLACED **113 DI ATHLETES**



## College Planning and Placement

100% COLLEGE PLACEMENT RATE

Our students have received millions of dollars in scholarships and our alumni have gone on to attend schools with prestigious golf programs such as Princeton, Dartmouth, Yale, UPenn, Georgia Tech, Vanderbilt, UCLA, Oklahoma State University, Texas A&M, Boston College and more. Our students have successful careers in the PGA, LPGA and European Tour, with some alumni reaching the ranks of famous golfers.

For more information on our college placement process, visit [IJGA.COM](http://IJGA.COM)

# academics

**We have selected the best academic partner.**  
MONTVERDE ACADEMY

The majority of our students will be looking to continue their golf careers at the collegiate level. It is for this reason that the selection of the right academic partner is critical. Boasting a 100% college acceptance rate (85% college of first choice rating), Montverde Academy is the ideal place to help set IJGA students up for maximum success in their college pursuits.

Founded in 1912, Montverde Academy is a college preparatory, coeducational school that offers considerable advantages to IJGA student-athletes seeking the highest quality education. Discipline and rigor in our academic curriculum is a feature of life here. The majority of students will be here because they seek to play golf at a leading college. In order to do this, they will not only need to excel on the golf course, but also demonstrate a track record of academic achievement in their school work.

For more information visit [montverde.org](http://montverde.org).





### **Student Support**

IJGA Learning Centers offers tutoring supports on a range of subject matters and Study Time supervision for those who need assistance, and for those who simply want a quiet space to study.

### **Study Time**

- Study Time is monitored by a combination of staff and student captains.
- Students seeking additional help or needing additional support may utilize the tutoring resources during extended hours.
- Extended Study Time hours are required for students whose grades fall below 80% in any subject; or whose parents wish a stronger oversight of their child.

### **Tutoring Support**

- English Language and TOEFL preparation
- Math
- Sciences
- History
- Geography
- Social Sciences
- SAT/ACT preparation
- Time Management
- Study Skills





golf





## Overview of the Golf Program

A PROGRAM BUILT ON INDIVIDUAL NEEDS

“ Student-athletes at IJGA don’t just join a program or fit into a system.

1

**Philosophy:** We provide the tools and environment to help our students become the best they can be. We provide an individualized program blending a data and technology-driven approach with an artistic coaching style. This is based on proven research into the training protocols of elite athletes. We produce well rounded individuals who are capable of performing to the highest level their goals and

2

**Methodology:** The coaching approach is interdependent, innovative and individual. Using the POD system, a team of coaches work with a group of students to allow more individualization in practice and competition. This also exposes the students to more expertise and a variety of coaching skills and experiences. Technology plays a key role in accurate training blueprints.

3

**Assessments:** Without an accurate gauge of where a student-athlete is in all areas of athletic development - functional strength & conditioning, technical skill, mental strength, course strategy and personal growth – it is impossible to provide the right plan for their development. Utilizing the best technological diagnostic tools, combined with many years of experience, IJGA students are assessed in all areas throughout the year.

4

**Blueprints:** Using the assessment data, an individualized improvement plan or blueprint is created for each student with clear and measurable process goals in all areas of training. Outcomes and goals are easy to set, but the blueprint provides the roadmap or “the how” to achieve those goals. Blueprints are regularly monitored and adjusted on progress and development.



# golf

“ Our program is built uniquely for each individual based on their goals, aspirations, tournament schedule, strengths and identified areas of improvement.

5

Training Program: The training program includes physical training - functional strength and conditioning, mental performance training, technical skills training to build mechanics, performance into competition, on course strategy, training and tournament competition. The ongoing performance cycle is assess - train - compete - evaluate. A critical element to training at IJGA is accessing skill transfer, which is the ability for a player to transfer their skill training to competition.

6

Tournament Strategy: Tournaments provide the competitive environment to test students' skills. However, it is important to build the right schedule based on age, ability, goals and objectives. Having a mix of tournaments that provide different levels of difficulty is an excellent way to gain experience, be challenged and to build confidence. IJGT, Hurricane Junior Golf Tour and AJGA are the tours that players compete on.

7

Strength & Conditioning: A junior golfer's functional strength and conditioning is vital to their success on and off the course. For endurance, injury prevention and to promote peak performance, strength and conditioning is a core part of the golf program.

8

Mental Performance: IJGA places a strong emphasis on building mental skills. From creating clear and compelling process goals, learning to focus on the things they can control and developing on the course skills to promote grit and perseverance - the mental performance program will help each athlete manage their own tendencies and become stronger mentally.





# student life

## **IJGA is a specialized boarding school.**

NURTURING, EDUCATION, STUDENT SUPPORT, NUTRITION, PHYSICAL AND MENTAL PERFORMANCE, CHARACTER DEVELOPMENT AND GOLF TRAINING

IJGA is a specialized boarding school which offers a depth of care and training most students cannot get at home. At the core of a student's experience is a safe environment at all levels. Our students stay in a home away from home environment, generally in three bedroom houses, with between four to six housemates. Our residential advisors and tutors are at hand, with the highest level of expertise and education and of course IJGA students are able to step onto our training facilities, allowing them to determine the best use of their time. Our campus has its own professional catering team recognizing the importance of nutrition in our student-athletes. We have full-time housekeeping services to ensure excellent hygienic care of all living space. Student activities are organized, particularly during weekends, to give students opportunities for outings, shopping and fun with their friends.

Our students live in a centralized campus where they can develop good habits, sociability, independence and character and be their best in school, golf and most importantly in life.





# character + leadership



The Captains program is about leadership today for a better tomorrow.

## **THE IJGA CAPTAINS PROGRAM**

The IJGA Captains Program offers committed students an opportunity to positively influence Academy life. They lead a Student Council, engage with their peers and when necessary, create solutions to make IJGA even better than it already is.

Captains selflessly serve their community because giving back is innate to their character. Whilst the position is voluntary, the benefits last forever.

Captains not only gain memorable experiences but they also participate in a leadership development curriculum that helps each of them to critically examine and improve their leadership skills.

The Captains program is about leadership today for a better tomorrow.



## **IJGA has a student-life that is abundant in Diversity and Culture.**

### **OUR PEER GROUP**

Our students make great sacrifices by leaving their family, often coming from foreign countries to study in a different language, most with immense ambition to succeed on all fronts, in their studies, as golfers and as individuals.

IJGA has the most extraordinary "peer group". We see golf as the best activity for developing character. Based on the logic that if one challenges oneself to achieve excellence through perseverance, grit and determination, one develops character.

We are immensely proud of the character and success of our peer group.

Most of the character and leadership happens in the everyday activities of our students, inspired by our staff. We also follow the Habitudes Character Program for college athletes and have a Leadership Program built around our Captains.



# programs





# academy

## ACADEMY PROGRAM

FROM AUGUST - MAY

International Junior Golf Academy (IJGA) is a high- performance golf boarding academy that combines world-class golf training with exceptional college preparatory academics. IJGA's goal is to help its student-athletes achieve their full potential both on and off the course, and in and out of the classroom. The unique IJGA training system has been developed over a 20 + year period and is one of the most well-respected training systems in the world. Throughout its history, the elite IJGA coaching staff has sent hundreds of graduates on to leading college golf programs and has produced top PGA and LPGA professionals.

The school year program, which runs from August through May, includes all technical, tactical, physical and mental training, with the highest level of technology.

### Highlight:

- IJGA is successful because of the design and flexibility of the golf program and their unique facilities, allowing for students to have more autonomy in their training program.
- IJGA has a strong team of golf coaches with over 100 years of aggregate experience who encourage individualized swings, with extensive use of cutting-edge technology and performance games to enhance the coaching experience.
- The IJGA golf program is extensive in having a renowned sports psychology program, athletic and health development experts and experienced technical consultants who design approaches for success of our students.

### Tournament opportunities:

- Students also earn points in the IJGT Race to Scotland competition, where the leading point winners get a trip to Scotland to play on six links courses, typically ending on The Old Course at St Andrews.



# post-graduate

## **POST GRAD PROGRAM**

PREPARATION FOR THE  
PROFESSIONAL TOURS OR COLLEGE

The Post Graduate Program at IJGA is designed for individuals wishing to concentrate on their game in order to prepare for the professional tours or college. Post Grad includes intense golf training with IJGA's world-class coaches, performance training (physical and mental) and competition.

### **College Bound**

Many graduating seniors today are not ready physically, technically and/or competitively to excel at their desired level of college golf. Likewise, some student-athletes are searching for a year where they can live independently and better prepare for the rigors of college life. There may also be academic reasons why taking an extra year between high school and college is the best course of action (i.e., SAT/ACT issues, ESL or TOEFL issues, GPA problems, the chance to take college credits in advance, etc.).



# lifestyle



Golf is the closest game to the game we call life. You get bad breaks from good shots; you get good breaks from bad shots, but you have to play the ball where it lies.

## **IJGA LIFESTYLE PROGRAM** FROM AUGUST - MAY

The IJGA Lifestyle Program is a unique educational experience. We offer the U.S. boarding school experience living on the first-class IJGA campus, partnering with a private school for education.

Students have easy and secure access to everything from housing and dining to coaching and tutoring/study hall. The campus offers a home-away-from-home accommodation in student houses, a Dining Hall, fitness centers, the IJGA Learning Center all surrounded by the magnificent IJGA golf facilities.

The Lifestyle Program at Bishops Gate partners with Montverde Academy, an international, co-educational college preparatory school.

The vibrant and exceptional peer group is principally made up of success oriented junior golfers of extraordinary character and ambition, which has an enormous positive influence on the Lifestyle Program students.

### **Provides:**

- College Planning + Placement far enhancing the opportunity to explore the best range of college options and assist with the applications and placement.
- ACT, SAT and all academic subjects, creating a very special environment for student development.



# summer camp

## **SUMMER CAMP** FROM JUNE TO AUGUST

Summer Camp at IJGA provides junior golfers with a plan and strategy to get better.

IJGA Campers receive fitness, mental, and technical training techniques they can take home with them to continue improving their individual game. Following an assessment day, campers will work closely with IJGA's highly skilled and experienced coaching team to develop the tools they need to follow their training plan. Our purpose is to help you love the game, get better, and learn some valuable lessons to make sure you play the game for a lifetime.

Summer camp runs from June to August each year.



# weekly



No matter how good you get, you can always get better – and that’s the exciting part.

-Tiger Woods

## **WEEKLY PROGRAM**

### **GOLFERS UNABLE TO ATTEND SPRING OR SUMMER CAMP**

Built around the individual, the Weekly Program at IJGA places strong emphasis on achieving peak golf performance, preparing for the rigors of golf competitions and strength of character.

Tailored to golfers who can’t attend one of our scheduled Spring or Summer Camps, our Weekly Program allows students to effectively and efficiently maximize their time in order to accomplish and achieve the highest level of success any time of the year.

IJGA has the ability to customize a program for a player as necessary. We are able to accommodate individual requests, such as an extra intensive program to work on particular aspects of one’s game, or on particular physical or mental areas of athletic performance training, or both.

Over the course of the program, our team of professionals will evaluate and work on every aspect of the game for each of our students, ultimately creating a new generation of self-directed student-athletes who are fully prepared to handle any situation on the course. We pride ourselves on preparing our students to excel at any level of competition.





JONATHAN  
YARWOOD

97.0	3.9	-0.5	-5.5	22.6	6912
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TRACKMAN



# technology

## IJGA Technology

IN PURSUIT OF PERFORMANCE EXCELLENCE

### K-Vest and 3D Motion Capture

K-MOTION Interactive is one of the first companies to introduce 3D motion capture within the golf industry. The 3D wearable wireless vest gives instant feedback to the player through sensors placed on the upper torso, pelvis, lead arm and lead wrist. Through the use of visual and audio cues, the player is directed into the correct position. The use of K-Motion will accelerate the player's improvements when used with experienced coaches who can fully utilize the drills and training programs in coaching.

### TrackMan

A Doppler radar that tracks both the golf club and golf ball giving 28 different parameters. This is the world's most prominent tracker and is used by PGA and LPGA tour players. The rich data gathered by the TrackMan allows accurate information to be given, taking out any guess work. A high level of working knowledge is needed to fully utilize this piece of equipment.

### Performance Studio Powered by Swing Catalyst

The most highly regarded piece of technology in golf when it comes to pressure plates, used by many of the world's best golfers, Swing Catalyst measures the ground force and where and how the pressure moves during the swing. Through changes in pressure levels, shifting pressure in different directions and timing, dramatic swing changes can be made that create highly efficient swings and substantial increases in distances.

### Boditrack

Brings comprehensive, real-time ground mechanics data and insight. The force pressure mat is designed to be portable for use on the practice range for full swing as well as putting, chipping and pitching. Information on how the center of pressure shifts in the swing gives experienced coaches the ability to make quick and sustainable swing fixes. Knowledge of how the pressure shifts during the swing allows a player to understand how to generate maximum power with their swing.

### VI Video

Industry leading video analysis software that allows coaches to analyze a golf swing from a number of different camera angles, in slow motion, making comparisons to Tour players and showcasing technical changes to the players.

### SAM PuttLab

The most recognizable putting system, it uses radar and lasers to give precise information, collecting data on things such as club path, face angle, tempo, ball spin and centeredness of strike. Through this rich data, SAM PuttLab then allows quick and factual changes to be made, when in the hands of a highly skilled coach.







# tournaments

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My vision is for junior golf at the highest level to shadow the professional tours with global competition. I also expect these young players will inspire new golfers around the world to try our great game. Thanks to IJGT and IJGA for their ongoing support and for opening the door to American players to be included in our global competition.

– Sir Nick Faldo

## **Tournament Competition**

### NATIONALLY RANKED BY GOLF WEEK AND JUNIOR GOLF SCOREBOARD

An integral part of IJGA's golf training methodology is a strong focus on tournament competition. IJGA students spend weekends during the school year gaining valuable experience playing in nationally ranked events across the country. Students compete in many tournaments on the International Junior Golf Tour (IJGT) and Hurricane Junior Golf Tour (HJGT) as well as in American Junior Golf Association (AJGA) and other marquee junior golf events.

IJGT events are nationally ranked by Golfweek and Junior Golf Scoreboard. With over 40 hosted events, IJGT provides an excellent platform for juniors to increase their tournament results and acquire the recognition that college coaches will notice. 3-day invitationals are WAGR ranked.





# IJGA TRAINING GROUND

*Located on beautiful Lake Harris in Florida's Lake County, IJGA Bishops Gate is a centralized, full-service campus with private golf facilities for our students. It has the most beautiful and unique golf training facility in the industry, built for high performance training, evidenced by the extraordinary accomplishments of our students and by the number of golf and college teams who have trained at IJGA.*

The IJGA Bishops Gate training facility is second to none, where various challenging golf course conditions are replicated on the range, providing an environment that builds performance skills. The 17-acre training area, with 9 holes of golf and multiple areas to work on long game and short game, has been carefully designed to challenge players. It can be played from multiple tee locations to multiple greens, making it possible to play 18 holes and train for almost every shot imaginable.

This unique training environment allows you to train in golf course conditions every day. We have over 50,000 square feet of training tee space, 30,000 square feet of putting and short game greens, and 15,000 square feet of bunkers. There is no other training environment better equipped to prepare you and your game for competition.



- 1 ENTRANCE
- 2 BGSS OFFICE 26605
- 3 CHAMPIONS HALL
- 4 IJGA OFFICE
- 5 GOLF OFFICE
- 6 MARINA
- 7 FITNESS BLDG

- 8 EDUCATION CENTER
- 9 POOL
- 10 FITNESS BUBBLE
- 11 BASKETBALL COURT
- 12 TENNIS COURTS
- 13 PRACTICE FACILITY
- 14 HOUSING

## PRACTICE FACILITY STATIONS

- A STATION 1 - PUTTING GREEN
- B STATION 2 - CHIPPING GREEN
- C STATION 3 - RANGE
- D STATION 4 - CHIPPING GREEN #2
- E STATION 5 - BACK RANGE
- F STATION 6 - BACK PUTTING GREEN
- G STATION 7 - BACK RANGE #2
- H STATION 8 - BACK RANGE #3





# campus life

## **Housing**

Students are based in private houses and condos in an exclusive gated community, in modern well-furnished spaces. Each home has a living room, dining room, fully appointed kitchen and laundry with wireless internet access and satellite TV.

## **Champions Hall**

Overlooking beautiful Lake Harris, Champions Hall is the perfect setting for students to enjoy their meals, relax, socialize and play a few games. With nutrition being a priority, we have an in-house catering service lead by our Executive Chef and catering team.

## **Activities**

Our students enjoy weekend trips to Disney World, Universal Studios, the Mall at Millenia and many other international renowned attractions.

## **A Typical Day Schedule**

### **AM School**

6:00 am Wake up  
6:30 am Breakfast  
7:00 am Depart for MVA  
7:45 am School begins  
12:00 pm School ends  
12:35 pm Lunch  
1:45 pm Golf Training begins  
4:00 pm Fitness - Elective (Individual Training)  
6:00 pm Dinner  
8:00 pm Quiet study time  
9:15 pm Curfew  
10:00 pm Lights out

### **PM School**

6:30 am Wake up  
7:00 am Breakfast  
7:45 am Golf Training begins  
10:00 am Golf Training ends  
10:30 am Depart for MVA  
11:05 am School begins  
3:15 pm School ends  
4:00 pm Fitness - Elective (Individual Training)  
6:00 pm Dinner  
7:00 pm Study Hall begins  
8:00 pm Quiet study time  
9:15 pm Curfew



# orlando

Orlando is one of the world's most visited family destinations, and while its illustrious themed attractions may steal the limelight, with a vibrant and well-kept city center and a climate that averages around 75° Fahrenheit (25° Celsius) for 365 days of golf, there is a surprising amount of things to experience here. Welcoming tens-of-millions of visitors per year, both Disney World and Universal Orlando pack in an entire trip's worth of fun on their own. But it would be a mistake to overlook Orlando's other activities because the rest of 'The City Beautiful' is full of similar family-friendly attractions like waterparks, giant aquariums and zoos, exciting shows, airboat tours around the swamps and plenty of golfing opportunities.

Orlando is also home to several junior tours like the FJGT, HJGT and IJGT, which makes our location very convenient for our student to play at such events.

Not to forget the numerous worldwide famous golf courses located in the Orlando area, including Arnold Palmer's Bay Hill Golf Course which hosts the Arnold Palmer Invitational every year, four Disney Golf Courses, Falcon's Fire Golf Club, Waldorf Astoria Golf Club, Celebration Golf Club, Champions Gate, Orange County National and many more.











# mexico

## **IJGA LA LOMA**

### JUNIOR GOLFERS IN MEXICO

IJGA La Loma is located in the beautiful hill town of San Luis Potosí, which is a players' paradise. The magnificent weather allows the conditions of the golf course and the practice facility to be at a world-class level year round.

Located just 25 minutes from the airport, La Loma is an easy place to get to and stay. San Luis Potosí is a great vacation spot, as well as a great place to live. It is home to some of Mexico's most famous natural wonders, and the activities are seemingly endless.

There is no other academy training environment in Latin America that is better equipped to prepare you and your game for the next level. The golf course provides challenges on every shot, as you navigate around this long and difficult 18-hole Jack Nicklaus design course. The practice facility

creates the feeling of success. It gives each player the opportunity to train and develop each are of the game. Starting from a two tee driving range with enough space for 25+ players and random targets to practice distance control, the training space also counts with putting greens that allow the students to prepare their skills to compete and short game areas that promote the imagination. Students attending IJGA La Loma will also have access to a 3,700 square foot training building where our technology savvy coaching team have all the latest in golf coaching innovations.

The 1 million square foot Centro Deportivo fitness and wellness center was designed with the high-performance athlete in mind, boasting a health clinic, dedicated cardio and strength gyms, several fitness classes, and other amenities for over 40 sports and 60 disciplines.



# application process

## **How to apply.**

### INTERNATIONAL JUNIOR GOLF ACADEMY

IJGA welcomes applications from students throughout the year. Due to the competitive nature of the admissions process, we suggest that families apply one full year prior to the year their child would enter IJGA.

## **Apply online - [www.ijga.com](http://www.ijga.com)**

Complete your online application and a Program Advisor will be in touch.

## **Let's Talk - Call 1.855.378.8177**

Program Advisors are standing by to discuss your options and help find the right fit for you at IJGA.

## **Plan a Visit**

The best way to get to know IJGA is to visit of our beautiful campus in Orlando. Email us to [info@ijga.com](mailto:info@ijga.com) to schedule your visit.

## **International Admissions**

International Students who will be attending high school in the U.S. will be issued an I-20 by Montverde Academy. Our Program Advisors will facilitate this process.