

COACH'S CORNER

February 20, 2020



with Anna McKay,
Selby Bush & Dave Lilley



ABOUT OUR COACH

If you're a stay-at-home mom trying to re-enter the workforce, the odds are stacked against you ... I'd like to change that.

After a decade in the corporate world, I began my coaching journey in 2008 helping others find careers they connected to and could excel at. I moved to the Philippines and China on expat assignments with my husband, had 2 kids, and decided to focus on being a mom while coaching on the side. We moved to Houston in 2013. Over all these years, I met so many other parents, mostly women, who were transitioning from high-powered careers to expat spouse and/or mother. After "opting out" of the workforce for a few years to devote to their children, many of these women were now ready to get back to paid work but found that they felt lost, isolated, and didn't know where to start.

I decided to start Parents Pivot, where I help parents find careers they love after a career pause. Through 1-on-1 coaching, the THRIVE return to work program for individuals, targeted workshops on resumes, LinkedIn, and salary negotiation, facilitation, return to work programs, and placement services, I help stay-at-home-parents tackle a lot of those fears and anxieties and position themselves better for the current job market. It's incredible to see my clients transform into confident women who are able to carve out a new identity for themselves as working moms -- that makes it all worth it.

Our signature program is the THRIVE Like a Mother 4-part return to work program for individuals. You will build CONFIDENCE in your professional skills, find CLARITY around job options or what's next, and build CONNECTIONS with a COMMUNITY of other parents returning to paid work. Learn more about THRIVE in person and online programs here: <https://www.parentspivot.com/group-coaching>.

If you want to stay updated with helpful tips for working parents and parents returning to paid work, receive discounts on our latest programs and online workshops, and start your journey back to paid work off on the right foot with the Ultimate Checklist for Moms Returning to Work, then [sign up here](#) and follow us on [Facebook](#), [Instagram](#), and [LinkedIn](#).

Parents Pivot also has a [membership page](#) where you can fill out your job preferences and be contacted when we have job postings that fit your interests.

If you are an employer, then we can connect you to these talented parents, help you develop a return to work program, and provide onboarding or career transition coaching for employees returning to paid work. [Click here](#) to learn more.



ANNA
McKAY

Return to Work Coach

www.parentspivot.com

Facebook:
<https://www.facebook.com/parentspivot/>

LinkedIn:
www.linkedin.com/company/parentspivot

Instagram:
<https://www.instagram.com/parentspivot/>

Selby Bush Lilley is the Manager of Corporate Affairs – Operations Americas for BHP, the world’s largest mining company. In her role at BHP, Selby manages the community relations and local, state and federal government relations team focusing on the company’s assets throughout North America. Selby coordinates efforts between community, communications and government relations to ensure successful basin entry, production and basin exit strategies for the company’s legacy assets and international and domestic deepwater offshore facilities. She is also active in industry trade associations and sits on the Board of Directors of the Louisiana Mid-Continent Oil and Gas Association.

Prior to joining BHP in May 2017, Selby managed State Government Affairs for Williams, one of the premier energy infrastructure companies in the United States. In her role at Williams, she managed legislative and regulatory policy in twelve states, working with legislators, regulators and state executive branches on behalf of the company. She actively coordinated with the corporate PAC, business development and project management teams to ensure success for the company’s business endeavors, including successfully directing domestic political strategy for more than \$7B in infrastructure expansion projects.

She began her career as a key aide for United States Senator Tom Coburn, M.D. and for the Republican National Committee’s Victory 2008 Campaign as a state Communications Director at the Republican Party of Arkansas.

She holds a Bachelors of Arts in Communications from Cameron University in Lawton, Oklahoma and a Masters Degree from The George Washington University’s Graduate School of Political Management, where she now serves as an adjunct faculty member teaching State and Intergovernmental Politics.

Selby serves on the Board of Directors of The Women’s Home in Houston, Texas and an active member of The Junior League of Houston. She served on the Board of Directors of the National Parks of New York Harbor Conservancy from 2015 until 2019 and the Board of Director for the Tulsa Global Alliance from 2008 to 2009. Selby was awarded the Arkansas Traveler Award by Governor Mike Beebe in 2008 as a recognition of her commitment to community service.

Selby recently relocated from Houston to Wichita Falls, Texas. She is married to Dave Lilley, CEO of Trinity Hughes Construction. They have a six month old son, Conrad, who brings them unimaginable joy and presents them with new “personal development” opportunities every day.



Selby Bush

Corporate Affairs Manager,
BHP

-
Adjunct Professor,
The George Washington
University

Dave Lilley, Esq. is a fourth-generation scion of The Lilley Land & Livestock Co. which has been in continuous operation in production agriculture since 1901 with active operations in Clay, Denton, Montague, San Jacinto and Wichita counties in Texas and in the Cortes Department of Honduras.

Mr. Lilley received a Bachelor of Science in Agricultural Development with emphasis in Animal Production and Agricultural Policy from Texas A&M University and a Juris Doctor with emphasis in Property Law and Land Use Control from the University of Tulsa College of Law.

He currently serves on the Board of Directors of LLL Enterprises, Inc. (parent company of the Lilley Land & Livestock Co. and its holdings in energy, banking, insurance and commercial real estate sectors) and is the Chief Executive Officer of Trinity Hughes Construction headquartered in Wichita Falls.

He formerly worked as an Assistant District Attorney for Wichita County, Texas, as an Adjunct Professor at Midwestern State University's Dillard College of Business and on the Congressional Staffs of Congressmen Sam Johnson of Texas and Gerald Weller of Illinois.

He was a Gubernatorial appointee twice under Texas Governor Rick Perry and a six-time Mayoral appointee under four different administrations for the City of Wichita Falls. All of which were focused on Economic and/or Community Development.

He was recognized as the Wichita Falls Businessman of the Year in 2010, Times Record News Inaugural "20 Under 40" for North Texas in 2010, twice named to the "Aggie 100" (2010 and 2017) and honored as the Wichita County Aggie of the Year in 2017.

He is married to Selby Bush Lilley who is the Manager of Corporate Affairs for BHP's Operations Americas and an Adjunct Professor at The George Washington University Graduate School of Political Management. They have one small son, Conrad Lilley.



Dave Lilley, Esq.

Chief Executive Officer,
Trinity Hughes Construction

-
Board of Directors,
LLL Enterprises, Inc.

AGENDA

Welcome

Introduce coach Anna McKay

Today's agenda

- Balancing dual careers

- Taking leave

- Transitioning back to work

- Company policies that help

Ask the coach

- Interactive Q&A

Close

ABOUT PINK PETRO & COACH'S CORNER

Pink Petro is a global organization that believes the future depends on education, inclusion and community.

We educate through experiences, not events, because movement requires more than moments.

We promote inclusion over diversity, because while changing your numbers is great, changing your culture is better.

And we build community, not networks, because, while networks build individual connections, communities promote the greater good.

Coach's Corner is a benefit of paid membership. It is our monthly member's only program on **Pink Petro TV** featuring career and professional development experts from across the industry and across the globe.

Our coaches answer your questions and give you practical advice on topics ranging from work-life balance to career guidance, and other challenges you face.

No matter the subject, our coaches are here to help.



KATIE MEHNERT *host*

She is the Founder and CEO of [Pink Petro™](#), the global community and career resource aimed at disrupting the gender gap in energy. Katie spent 20 years in oil and gas and is an expert in driving cultural transformations through education and change management. She is the Founder and Chairman of the Board of Lean In Energy, a mentoring non profit that helps women in energy achieve their ambitions. She is a four-time World Major marathoner having completed London, Chicago, New York and Berlin.