

# Action Checklist for: Bringing the Whole Self to Work

Identify a few actions below to complete within the next couple of weeks to solidify your learning:

Take the self- and organization assessments and record your scores..



Determine and write down one area where you can increase psychological safety on your team.



Determine and write down one area where you can demonstrate greater care within your team.



Determine and write down one area where you can demonstrate greater respect within your team.



Determine and write down one area where you can build greater joy on your team.



Determine and write down one area where you can support your team members in removing obstacles that get in the way of their progress.



Determine one unique contribution that each of your team members bring to the table and discuss with them how to leverage that contribution within the organization.



Ask team members to identify one thing that brings, or could bring, more fulfillment and meaning to their work.