

## 1 Setup

Setup of Blood Pressure Monitor is required before first use and after inserting the included batteries.

- 1) Power up the HealthGO Mini



- 2) Wait until the end of initialization (at least 3 minutes). When initialization is complete, HealthGO Mini should be in the following state:

*Note: visual indicators shown in white may light in different colors and can be ignored for now.*



- 3) Press “Memory/sync” button on the Blood Pressure Monitor to initiate a connection with HealthGO Mini.

*Note: First insert the included batteries into the Blood Pressure Monitor if they are not already inserted.*



*Notes:*

- Blood Pressure Monitor’s clock is set by HealthGO Mini with Universal Time Clock. The time shown may differ from your local time.
- The HealthGO Mini and the Blood Pressure Monitor must be in the same room for proper operation.

## 2 Taking and sending measurements

- 1) Power up the HealthGO Mini.



- 2) Wait the end of initialization (at least 3 minutes).  
When initialization is complete, HealthGO Mini is in the following state:

*Note: visual indicators shown in white may light in different colors and can be ignored for now.*



- 3) Place the cuff on your arm as shown on the drawing on the cuff.  
Press “Start/Stop” button on Blood Pressure Monitor to take a measurement.



- 4) Once blood pressure measurement appears on the display, you can remove the cuff and press “Memory/Sync” button on Blood Pressure Monitor to transmit the measurements to the HealthGO Mini

*Note: Do not switch off the HealthGO Mini until the end of data transmission.*



*Note: The HealthGO Mini and the Blood Pressure Monitor must be in the same room for proper operation.*



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