



**24/7 INJURY
HELPLINE**
1-800-553-8041



**TRIAGE
NURSE**



**MEDICAL
CARD**



**MY ALASKA
NATIONAL**

THE BEST PATH OF CARE IS A PHONE CALL AWAY

Comprehensive Point of Injury Service

The moments just after a workplace incident are critical to build trust and reduce the severity of loss. When you call the Helpline, you and your injured worker will be immediately connected to a triage nurse for the right care when it matters the most.

Each call's duration depends on the specifics of the injury. Helpline calls typically last about 20 minutes.

We recommend supervisors call the Helpline with the injured worker as soon as the injury is known. The supervisor will initiate the call and be asked to rejoin once the triage process is complete. Always call 911 if the injury is serious or life-threatening.

The Helpline is available 24-hours a day, 7 days a week, including holidays.

Our Helpline is simple and proven. Many calls are resolved with first aid alone, so no claim is created. All calls are recorded.

This service is provided free to Alaska National customers. For more information visit: alaskanational.com/helpline

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