

# Behavioral Health Identification, Treatment and Referral in Primary Care: 3-Part On-demand Series



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## On-demand Webcasts

### ***Part One: Depression and Follow-up After Higher Levels of Care***

Activity Expiration Date: June 8, 2024

#### **Activity Description**

Depression significantly impacts both mental and physical health and can result in serious long-term morbidities. Screening tools are routinely used in clinical practice for measurement-based treatment decisions and adjustments. HEDIS serves as a standard measurement tool for comparing performance with a focus on quality improvements. This activity will explain HEDIS measures related to the treatment of depression and the referral process for behavioral health treatment.

**Presenters:** Yusra Benhalim, MD, Senior National Medical Director, Optum Behavioral Health and Diane Sanders-Cepeda, DO, CMD, Senior Medical Director, UnitedHealthcare Retiree Solutions

#### **Learning Objectives**

At the end of this educational activity, participants should be able to:

- Discuss the screening, diagnosis, treatment and medication adherence for depression.
- Describe the aspect of HEDIS measures related to the treatment of depression through antidepressant medication management (AMM).
- Define HEDIS qualified aftercare appointments for follow-up after hospitalization (FUH) and follow-up after emergency department visit for mental illness (FUM).
- Explain the referral process for behavioral health treatment.

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***Part Two: Substance Use Disorder COMING SOON!***

***Part Three: Children and Adolescents COMING SOON!***

#### **Provided By**

These activities are jointly provided by OptumHealth Education, Optum Behavioral Health and UnitedHealthcare, Employer & Individual.

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