

# COVID-19 Update

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F. Ramzi Asfour, MD, IFMCP  
Clinician, CCFM

Board Certified in Infectious Diseases, Internal Medicine, IFM Certified Practitioner

Assistant Clinical Professor of Medicine, UCSF

President Capsid Consulting

[www.capsidconsulting.com](http://www.capsidconsulting.com)

[www.ccfmed.com](http://www.ccfmed.com)

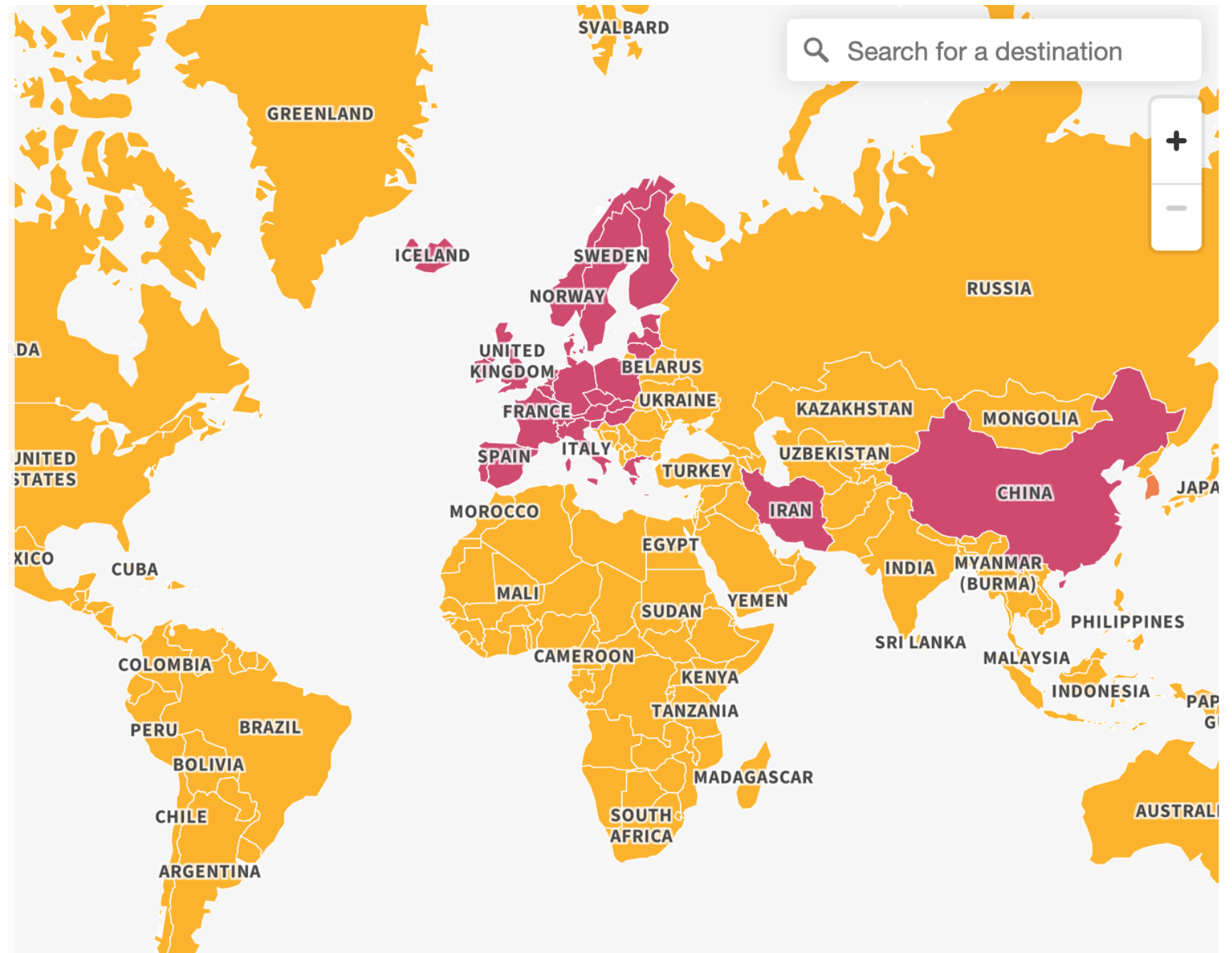
Severe Outcomes Among  
Patients with Coronavirus  
Disease 2019 (COVID-19)  
— United States,  
February 12–March 16,  
2020  
*MMWR* / March 26,  
2020 / 69(12);343-346

- This first preliminary description of outcomes among patients with COVID-19 in the United States indicates that fatality was highest in persons aged  $\geq 85$ , ranging from 10% to 27%, followed by 3% to 11% among persons aged 65–84 years, 1% to 3% among persons aged 55–64 years,  $< 1\%$  among persons aged 20–54 years, and no fatalities among persons aged  $\leq 19$  years.

# CDC Travel Warnings March 12

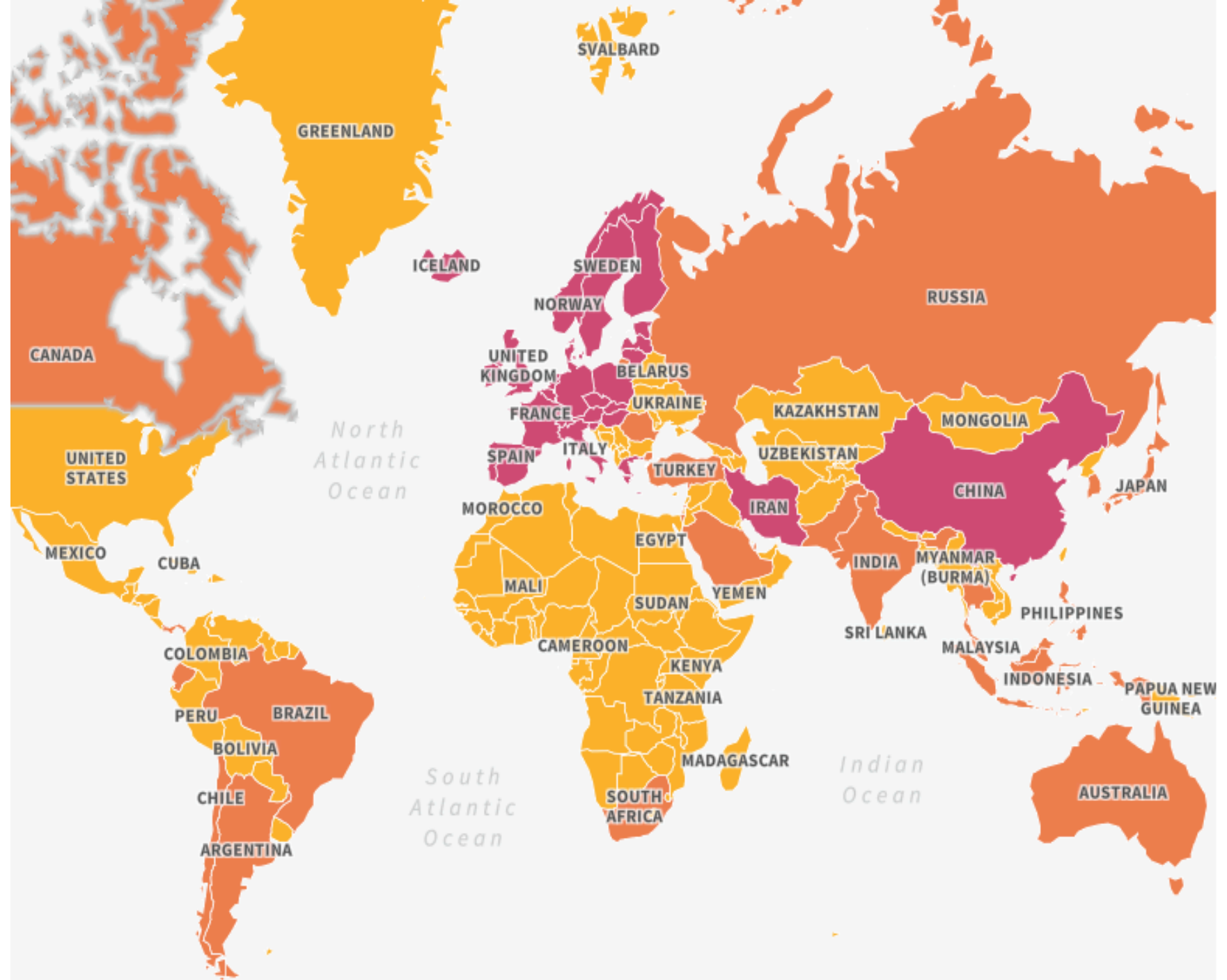


# CDC Travel Warnings March 13





CDC Travel  
Warnings  
March 27





Total Confirmed

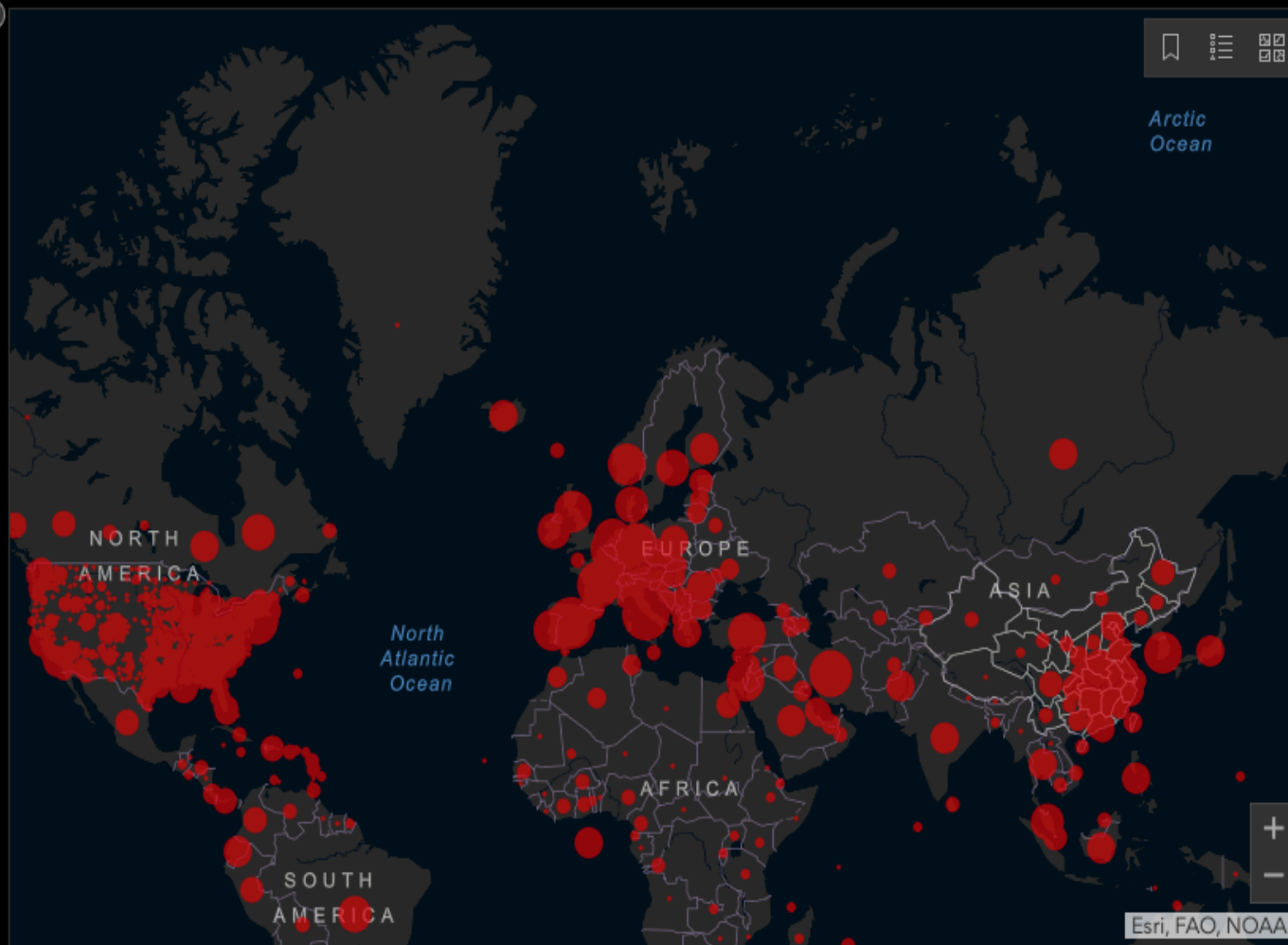
551,337

Confirmed Cases by  
Country/Region/Sovereignty

86,012 US  
81,897 China  
80,589 Italy  
64,059 Spain  
47,373 Germany  
32,332 Iran  
29,581 France  
12,311 Switzerland  
11,816 United Kingdom  
9,332 Korea, South  
7,469 Netherlands  
7,317 Austria  
7,284 Belgium

Admin1 Admin2 Admin3

Last Updated at (M/D/YYYY)  
3/27/2020, 6:06:12 AM



Cumulative Confirmed Cases

Active Cases

176

countries/regions

Lancet Inf Dis Article: [Here](#). Mobile Version: [Here](#). Visualization: JHU CSSE. Automation Support: [Esri Living Atlas team](#) and JHU APL. [Contact US](#). [FAQ](#).

Data sources: [WHO](#), [CDC](#), [ECDC](#), [NHC](#), [DXY](#), [1point3acres](#), [Worldometers.info](#), [BNO](#), state and national government health departments, and local media reports. [Read more in this blog](#).

Total Deaths

24,906

8,215 deaths  
Italy

4,858 deaths  
Spain

3,174 deaths  
Hubei China

2,378 deaths  
Iran

1,696 deaths  
France

578 deaths  
United Kingdom

434 deaths  
Netherlands

Total Recovered

127,564

61,732 recovered  
Hubei China

11,133 recovered  
Iran

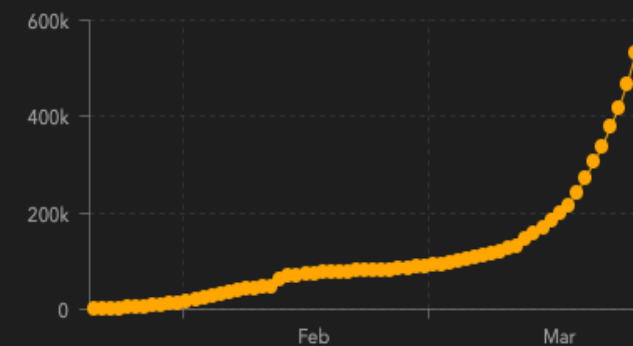
10,361 recovered  
Italy

9,357 recovered  
Spain

5,673 recovered  
Germany

4,948 recovered  
France

4,528 recovered  
Korea, South



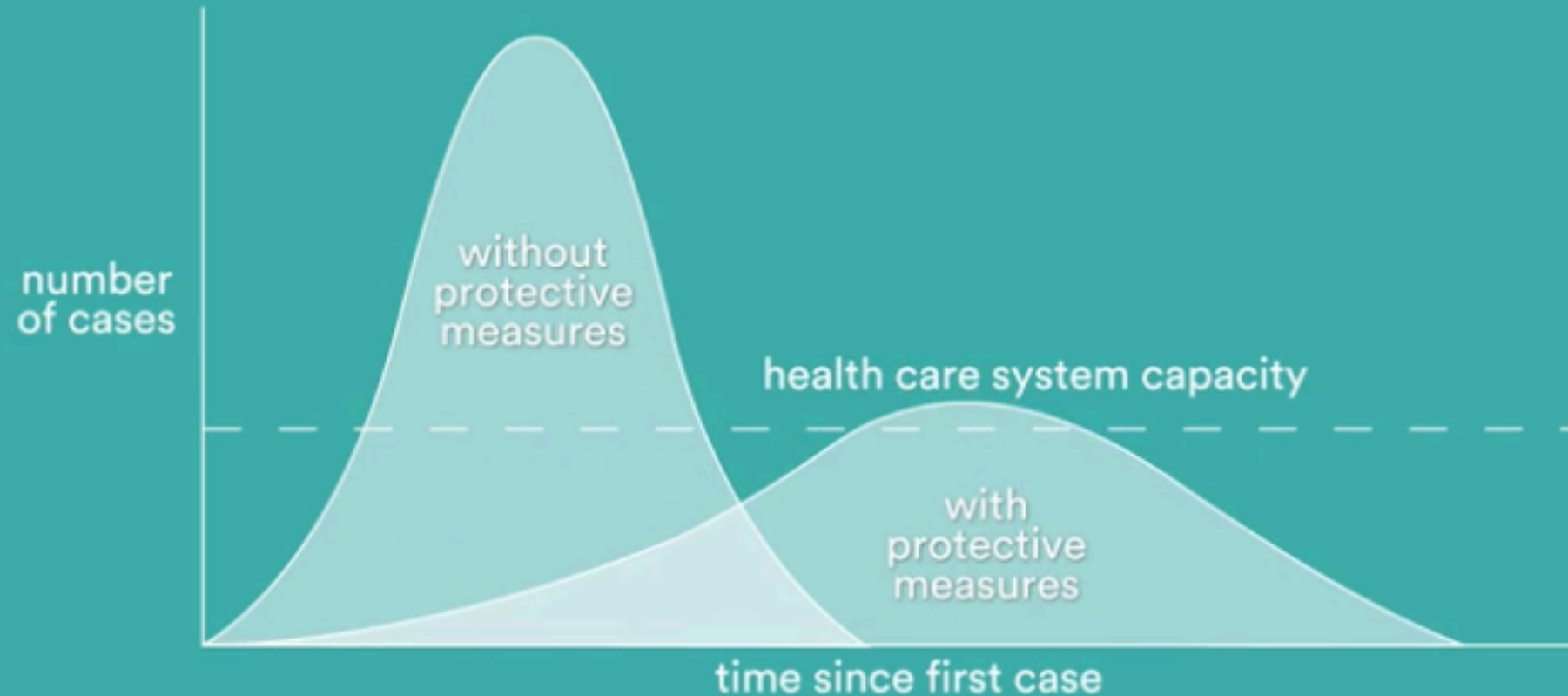
Confirmed

Daily Increase

<https://coronavirus.jhu.edu/map.html>

accessed 03-27-20

# FLATTENING THE CURVE

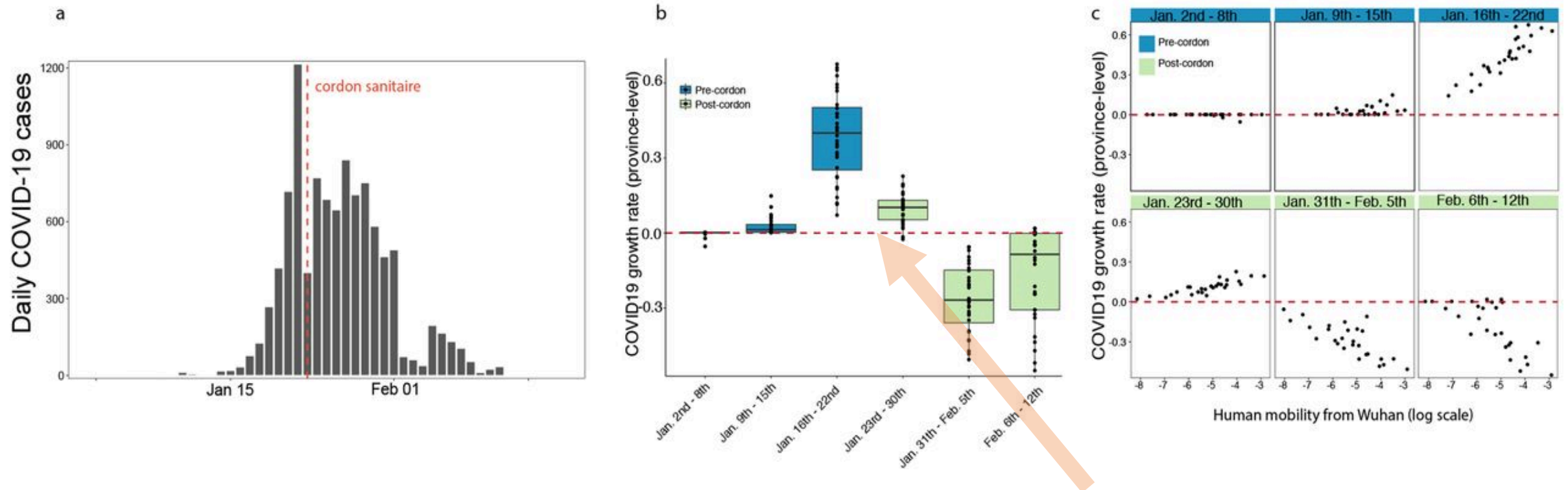


Source: Carl Bergstrom, UW & Esther Kim

<https://www.statnews.com/2020/03/11/flattening-curve-coronavirus/>

# Fig. 3 Human mobility explains early epidemic growth rate in China.

Blue before cordon sanitaire, green after



Below dotted line is a negative growth rate

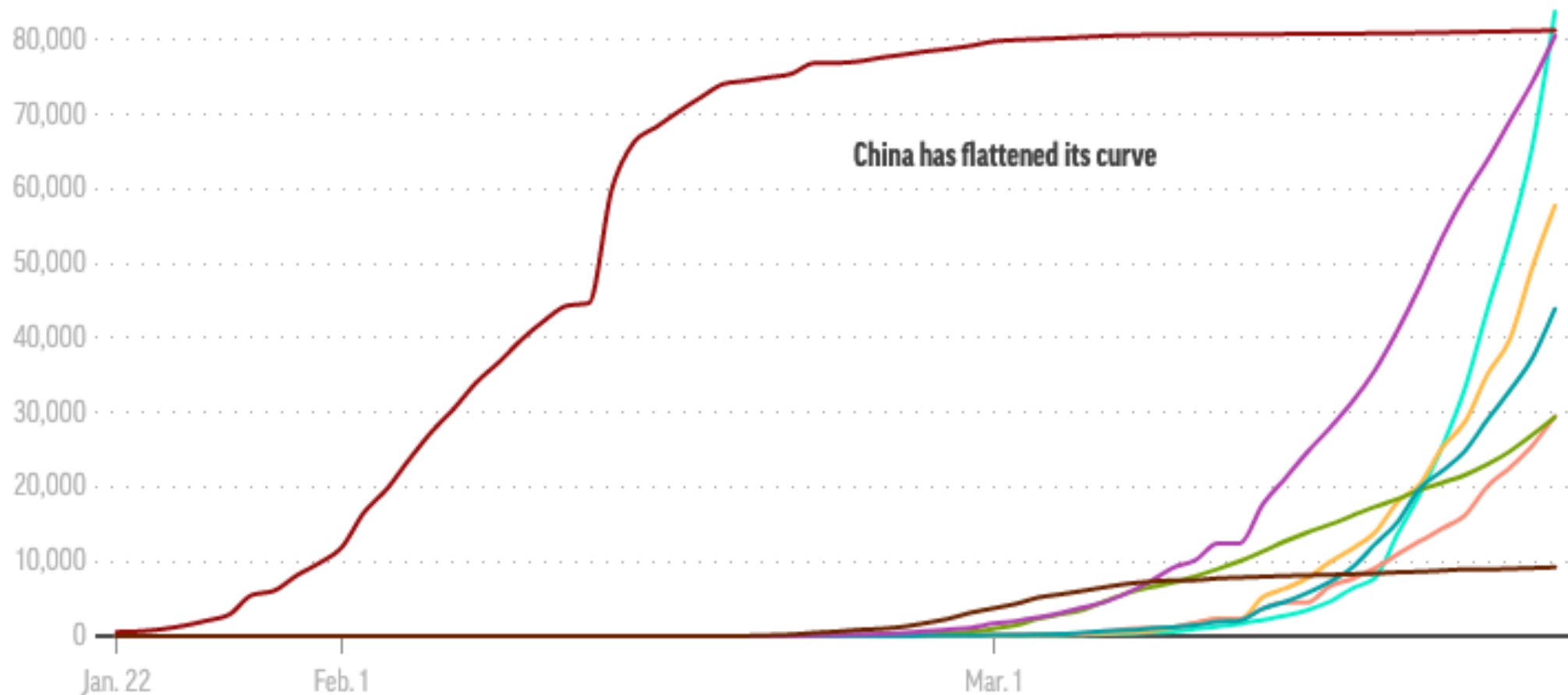
Moritz U. G. Kraemer et al. Science 2020;science.abb4218

# Flattening the coronavirus curve

China's COVID-19 cases have notably plateaued according to reports, leveling off the ascent since mid-February.

## Cumulative coronavirus cases

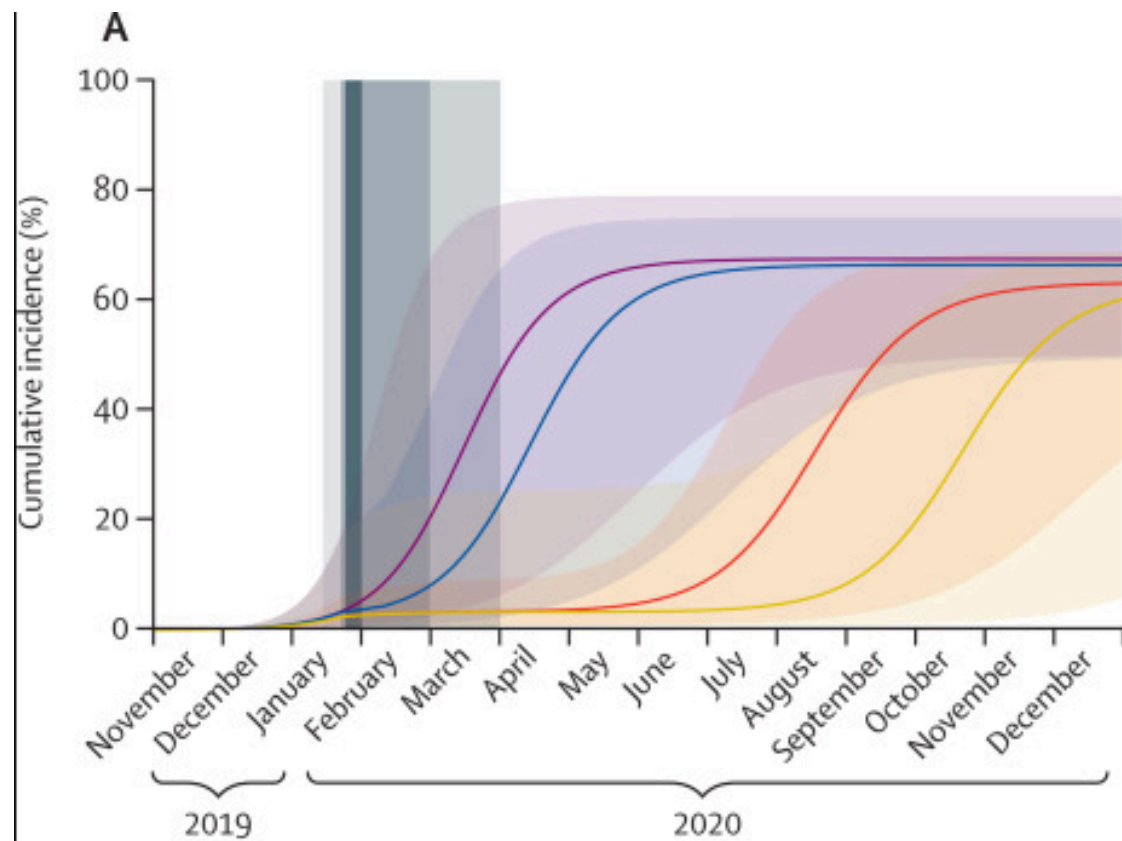
— China — France — Germany — Iran — Italy — South Korea — Spain — U.S.



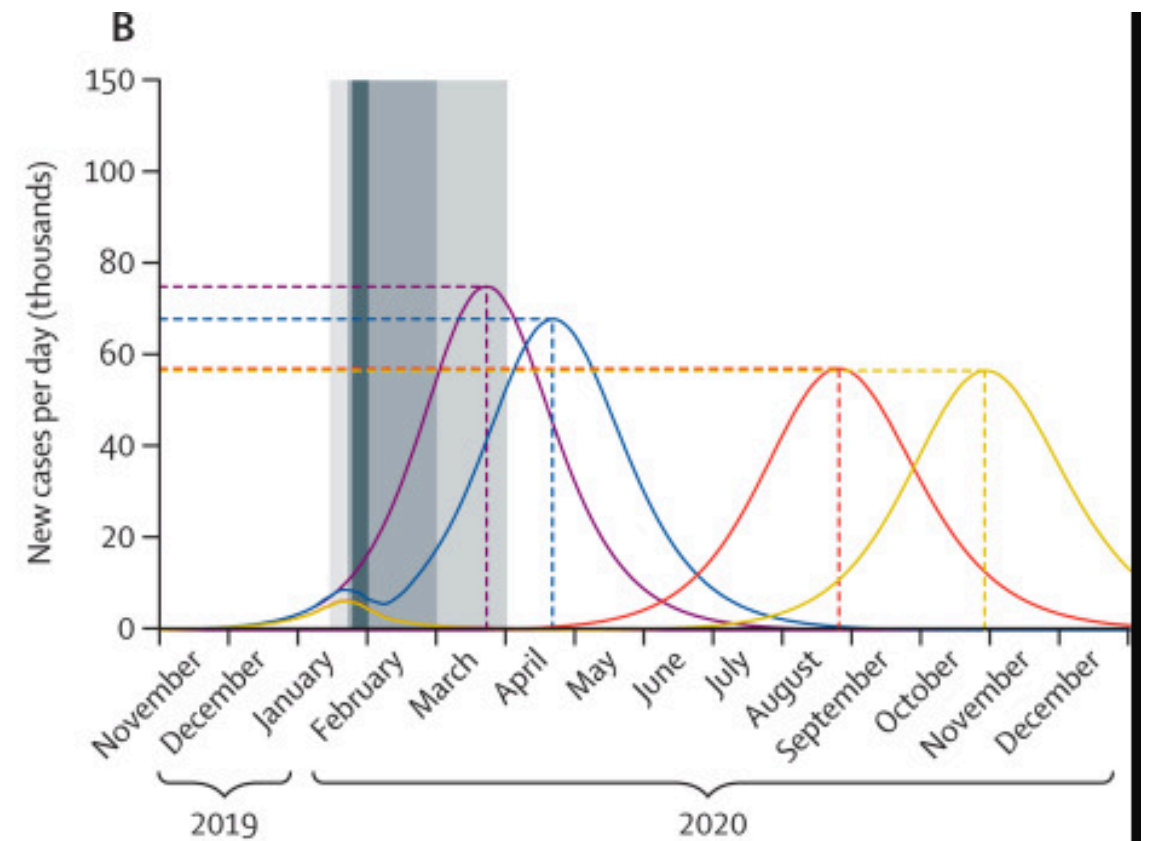
Source: Johns Hopkins / Graphic: Phil Holm & Nicky Forster

Accessed 3/27/2020





- Theoretical no intervention
- School break and Lunar New Year
- Relax intervention in March
- Relax intervention in April
- School winter holidays
- Intense control measures
- Staggered relax of interventions (March)
- Staggered relax of interventions (April)



*The effect of control strategies to reduce social mixing on outcomes of the COVID-19 epidemic in Wuhan, China: a modelling study* *The Lancet Public Health*

DOI: 10.1016/S2468-2667(20)30073-6

# Distancing?

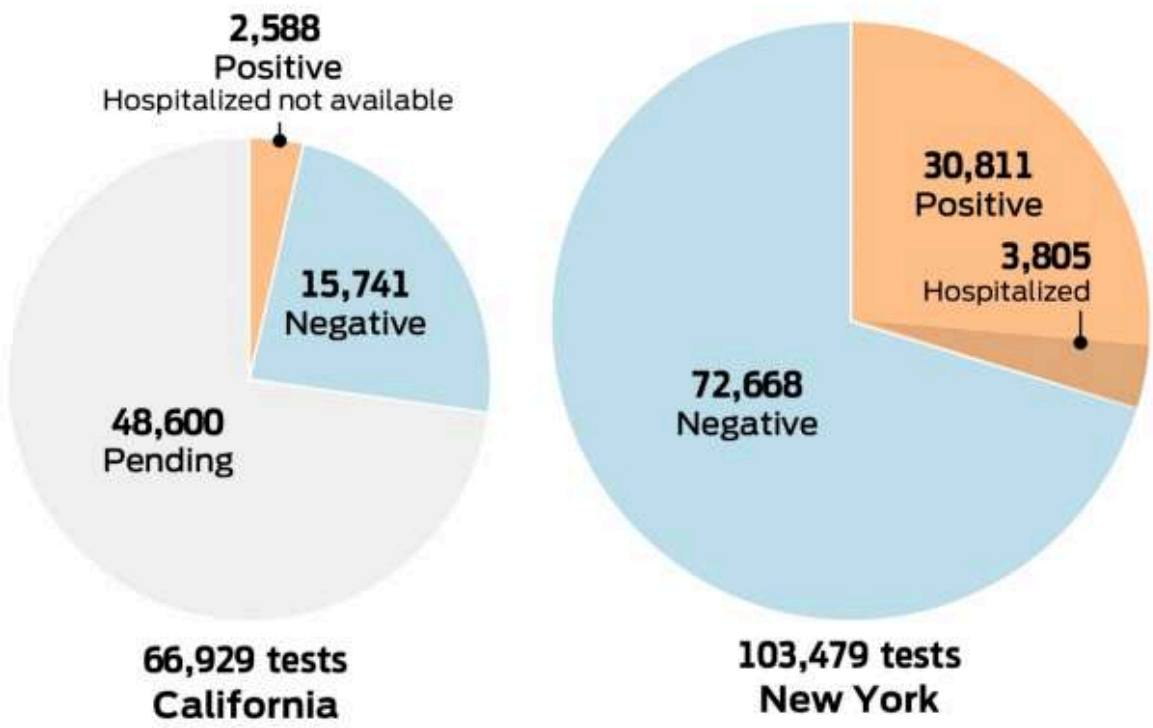
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Change from “Social Distancing” to  
“Physical Distancing”

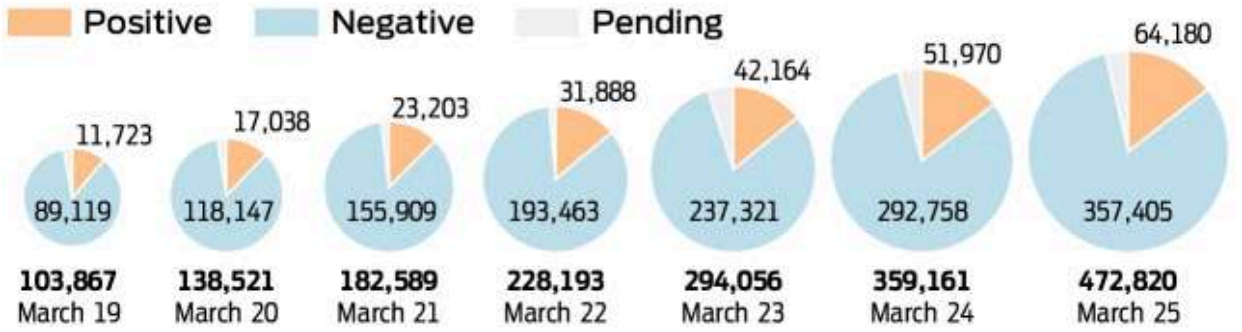
# COVID-19 testing

As of Wednesday 8 p.m.

Source SF Chronicle accessed 3/27/2020



## U.S. testing



Source: The COVID Tracking Project

John Blanchard / The Chronicle





# DO I NEED TO GET TESTED FOR COVID-19?



Are you experiencing:  
Fever, Coughing **or** Shortness of Breath?

Call your physician

Doctor advises  
you to come in

Specimen is collected  
via swab and sent to  
lab to be tested

Doctor will provide  
you with test results

Doctor identifies  
mild symptoms and  
advises home isolation

Isolate / Stay at home

You didn't get an  
immediate response,  
and you're experiencing  
**severe symptoms?**

Go to your local  
urgent care/ ER  
or call **9-1-1**



**MORE INFORMATION** - Follow the California Department of Public Health:  
@capublichealth and [www.cdph.ca.gov/covid19](http://www.cdph.ca.gov/covid19)



Most people  
should not be  
tested...for  
now



Jim Morrissey  
Colorado Sun  
3/20/2020

# Stress Reduction



End of too many activities



Chance to rebalance



Be with your families

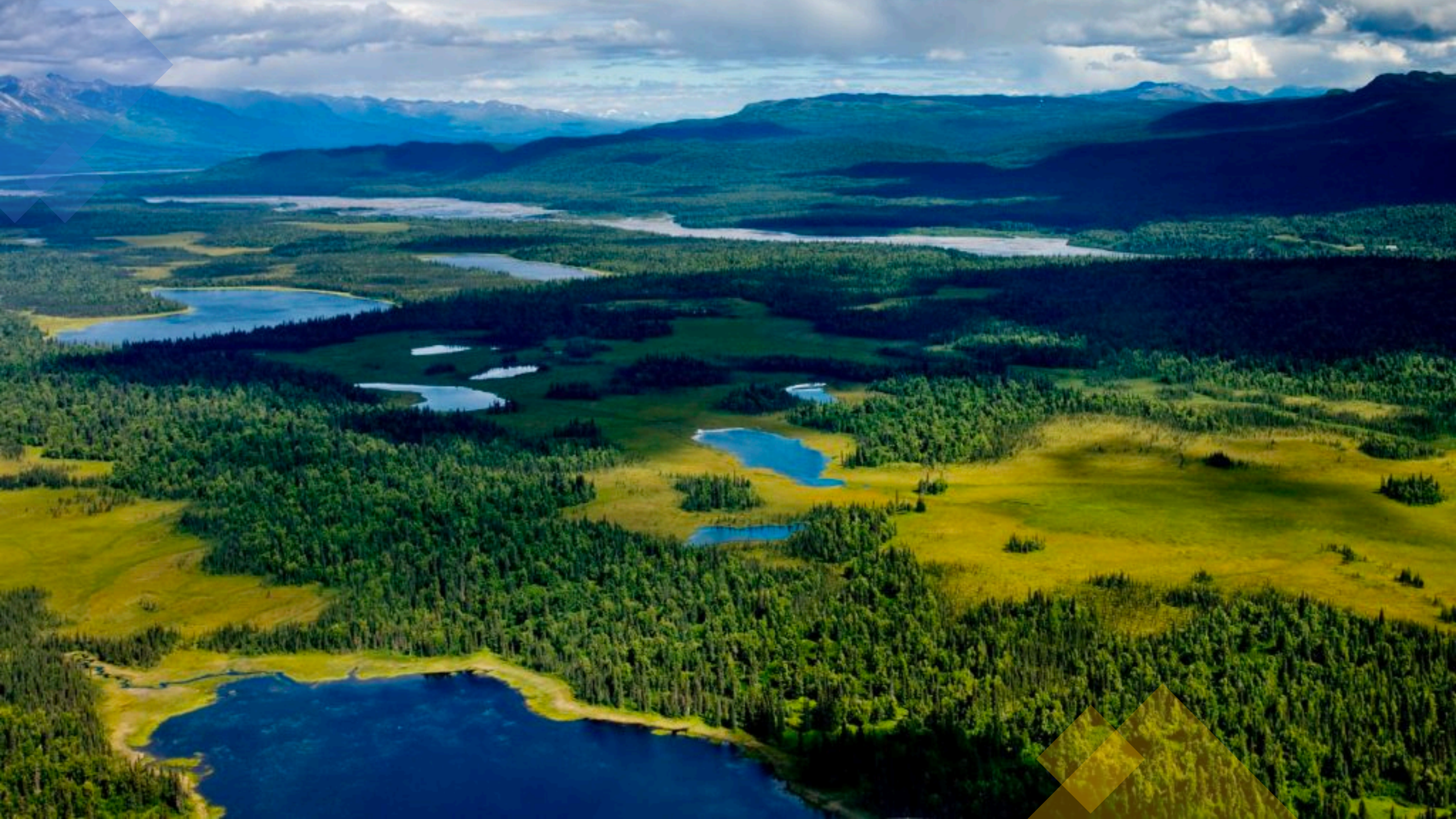


Focus on your nervous system



Don't rush to get back into being overly busy





# Thank you



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