

# Harmony Healthcare International (HHI)

## Documentation Manual

Facility Name  
Facility Address

DRAFT

August 20, 2020



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Harmony Healthcare International (HHI)

430 Boston Street, Suite 104, Topsfield, MA 01983 ♦ Tel: 978.887.8919 ♦ Fax: 978.887.3738  
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# Documentation Policy and Procedure

## Table of Contents

### Policies

Charting and Documentation .....	4
Charting Errors and/or Omissions .....	6
Electronic Medical Records .....	7
Electronic Transmission of the MDS.....	9
MDS Completion and Submission Timeframes .....	11
MDS Error Correction.....	12
Release of Information.....	16

### Guidelines

Abbreviations and Symbols.....	19
Guidelines for Charting and Documentation.....	37
The Joint Commission.....	45

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# Harmony Healthcare International (HHI)

## Policies

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# Charting and Documentation

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 4 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

### Policy Statement

All services provided to the resident, progress toward the care plan goals, or any changes in the resident's medical, physical, functional or psychosocial condition, shall be documented in the resident's medical record. The medical record should facilitate communication between the interdisciplinary team regarding the resident's condition and response to care.

### Policy Interpretation and Implementation

- 1) Documentation in the medical record may be electronic, manual or a combination.
- 2) The following information is to be documented in the resident medical record:
  - a) Objective observations;
  - b) Medications administered;
  - c) Treatments or services performed;
  - d) Changes in the resident's condition;
  - e) Events, incidents or accidents involving the resident; and
  - f) Progress toward or changes in the care plan goals and objectives.
- 3) Documentation in the medical record will be objective (not opinionated or speculative), complete, and accurate.
- 4) Entries may only be recorded in the resident's clinical record by licensed personnel (e.g., RN, LPN/LVN, physicians, therapists, etc.) in accordance with state law and facility policy. Certified Nursing Assistants may only make entries in the resident's medical chart as permitted by facility policy.

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# Charting and Documentation

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 5 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

- 5) Information documented in the resident’s clinical record is confidential and may only be released in accordance with state law, the Health Insurance Portability and Accountability Act (HIPAA) and facility policy. Refer all requests for information to the Director of Nursing Services, Nurse Supervisor/Charge Nurse or to the business office.
- 6) To ensure consistency in charting and documentation of the resident’s clinical record, only facility approved abbreviations and symbols may be used when recording entries in the resident’s clinical records.
- 7) Documentation of procedures and treatments will include care-specific details, including:
- a) The date and time the procedure/treatment was provided;
  - b) The name and title of the individual(s) who provided the care;
  - c) The assessment data and/or any unusual findings obtained during the procedure/treatment;
  - d) How the resident tolerated the procedure/treatment;
  - e) Whether the resident refused the procedure/treatment and what education regarding the refusal was provided;
  - f) Notification of family, physician or other staff, if indicated; and
  - g) The signature and title of the individual documenting.

<b>Survey Tag Numbers</b>	F583 – Personal Privacy/Confidentiality of Records F842 – Resident Records – Identifiable Information F636 – Comprehensive Assessments & Timing F755 – Pharmacy Svcs/Procedures/Pharmacist/Records
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# Charting Errors and/or Omissions

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 6 of 46
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### Policy Statement

Accurate medical records shall be maintained by this facility.

### Policy Interpretation and Implementation

- 1) If an error is made while recording the data in the medical record, line through the error with a single line and correct the error.
- 2) If it is necessary to change or add information in the resident’s medical record, it shall be completed by means of an addendum and signed and dated by the person making such change or addition.
- 3) Late entries in the medical record shall be dated at the time of entry and noted as a “late entry.”
- 4) No erasures or deletions shall be made in the medical record. Correction fluid shall not be used in the correction of mistakes or errors in the medical record when making original entries.
- 5) All corrections, changes, or addenda must be signed and dated by the person making such entries.

<b>Survey Tag Numbers</b>	F842 – Resident Records – Identifiable Information F726 – Nursing Services
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# Electronic Medical Records

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 7 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

### Policy Statement

Electronic medical records may be used in lieu of paper records when approved by the Administrator.

### Policy Interpretation and Implementation

- 1) Electronic records are an acceptable form of medical record management.
- 2) The Administrator, in conjunction with the Quality Assessment and Assurance Committee, shall review requests for and the implementation of any electronic medical records system.
- 3) Only authorized persons who have been issued a password and user ID code will be permitted access to the electronic medical records system.
- 4) The facility will make reasonable efforts to limit the use or disclosure of protected health information to only the minimum necessary to accomplish the intended purpose of the use or disclosure.
- 5) The HIPAA Compliance Officer, Administrator and Director of Nursing Services maintain a listing of each user ID code. Such listing is confidential and secured.
- 6) When personnel changes occur, or there is reason to believe that unauthorized access to protected information has occurred, the HIPAA Compliance Officer, Administrator and Director of Nursing Services shall review the security of the information and change user ID codes if necessary.
- 7) Authorized Federal and State survey agents, etc., as outlined in current regulations, may be granted access to electronic medical records.

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# Electronic Medical Records

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 8 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

- 8) Our electronic medical records system has safeguards to prevent unauthorized access of electronic protected health information (e-PHI). These safeguards include administrative, technical and physical safeguards that are appropriate for:
- a) The probability and criticality of risks to e-PHI based on a thorough risk analysis conducted by this facility;
  - b) The size, complexity and capabilities of this organization; and
  - c) The technical infrastructure, hardware, software and security capabilities of this facility.

Survey Tag Numbers	F842 – Resident Records – Identifiable Information
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# Electronic Transmission of the MDS

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 9 of 46
Effective Date: September 1, 2020	Revised Date: 9/1/2020

### Policy Statement

All MDS assessments (e.g., admission, annual, significant change, quarterly review, etc.) and discharge and reentry records will be completed and electronically encoded into our facility's MDS information system and transmitted to CMS' QIES Assessment Submission and Processing (ASAP) system in accordance with current OBRA regulations governing the transmission of MDS data.

### Policy Interpretation and Implementation

- 1) All staff members responsible for completion of the MDS receive training on the assessment, data entry, and transmission processes, in accordance with the MDS RAI Instruction Manual, before being permitted to use the MDS information system. A copy of the MDS RAI Instruction Manual is maintained by the Resident Assessment Coordinator.
- 2) Staff members are trained on updates/revisions to the MDS Form and software upgrades as they are released. Such training is provided by the Staff Development Director and/or computer software vendor.
- 3) Only personnel authorized to complete portions of the MDS shall have access to the MDS information system. A current listing of employees who have access to the MDS information system shall be maintained. Only the Administrator, Director of Nursing Services and Resident Assessment Coordinator shall have access to this listing. Such listing shall contain each employee's access code and password. Access codes and passwords shall be changed at least twice yearly.
- 4) Employee access codes and passwords shall be provided by the Resident Assessment Coordinator. Access codes and passwords must be deleted within twenty-four hours of the employee's termination from employment or when the employee no longer has responsibility for completing portions of the MDS. The Resident Assessment Coordinator shall be responsible for providing the Administrator and Director of Nursing Services with a revised access listing.

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# Electronic Transmission of the MDS

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 10 of 46
Effective Date: September 1, 2020	Revised Date: 9/1/2020

- 5) MDS electronic submissions shall be conducted in accordance with current OBRA regulations governing the transmission of such data.
- 6) The MDS Coordinator is responsible for ensuring that appropriate edits are made prior to transmitting MDS data and that feedback and validation reports from each transmission are maintained for historical purposes and for tracking.
- 7) All MDS assessment data will be backed up daily.

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<b>Survey Tag Numbers</b>	F640 – Encoding/Transmitting Resident Assessment F842 – Resident Records – Identifiable Information
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# MDS Completion and Submission Timeframes

## Policy & Procedure

Documentation	
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### Policy Statement

Our facility will conduct and submit resident assessments in accordance with current federal and state submission timeframes.

### Policy Interpretation and Implementation

- 1) The Resident Assessment Coordinator or designee is responsible for ensuring that resident assessments are submitted to CMS' QIES Assessment Submission and Processing (ASAP) system in accordance with current federal and state guidelines.
- 2) Timeframes for completion and submission of assessments is based on the current requirements published in the *Resident Assessment Instrument Manual*.
- 3) Submission of MDS records to the QIES ASAP is electronic. A hard copy of each record submitted is maintained in the resident's clinical record for a period of fifteen (15) months from the date submitted.

<b>Survey Tag Numbers</b>	F639 – Maintain 15 Months of Resident Assessments
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# MDS Error Correction

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
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### Policy Statement

The Assessment Coordinator and/or the Interdisciplinary Assessment Team will follow the established processes for making corrections to the MDS.

### Policy Interpretation and Implementation

- 1) Once completed, edited, and accepted into the QIES ASAP system, MDS data may not be changed just because the resident's status has changed during the course of his or her stay at the facility.
  - a) Minor changes in condition or status are documented in the resident's medical record and adjustments in care or services are made in accordance with standards of clinical practice.
  - b) Major changes in the resident's status may prompt a Significant Change in Status Assessment, as described below.
- 2) Note that the QIES ASAP system has defined record rejection standards and data that is outside the reference range will not be accepted by the system (e.g., a 4 is entered when only 0-3 are allowable responses).
- 3) If an error in data is discovered within 7 days of the completion of the MDS and before submission to the QIES ASAP system (the "encoding and editing period"):
  - a) The correction is made to the hard copy of the form using standard editing procedures (cross out, enter correct response, initial and date);
  - b) Corresponding corrections are made to the facility's MDS database. (Note: Software used to encode the MDS runs all standard edits as defined in the CMS data specifications); and
  - c) The resident's care plan is reviewed and modified as necessary.

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# MDS Error Correction

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 13 of 46
Effective Date: September 1, 2020	Revised Date: 9/1/2020

- 4) If an error is discovered after the encoding and editing period and the record in error is an Entry, Discharge or PPS Assessment, then correct the record and submit to the QIES ASAP system.
- 5) If an error is discovered after the encoding period and the record in error is an OBRA Assessment, determine if the error is *major* or *minor*.
  - a) A *minor* error is one related to the coding of the MDS. For minor errors, correct the record and submit to the QIES ASAP system.
  - b) A *major* error is one that inaccurately reflects the resident’s clinical status and/or may result in an inappropriate plan of care. For major errors:
    - i) Correct the original assessment to reflect the resident’s status as of the original Assessment Reference Date and submit the record; AND
    - ii) Perform a new Significant Change in Status (if this has occurred) OR a new Significant Correction to a Prior Assessment with a new observation period and Assessment Reference Date.
- 6) If an error is discovered in a record that has already been accepted by the QIES ASAP system, implement procedures for either Modification or Inactivation of the information in the system within 14 days of the discovery of the error.
- 7) Modification Requests are used when information in the record contains clinical or demographic errors. [Note: The only MDS items that cannot be altered with a Modification Request are: Type of Provider (A0200), Submission Requirement A0410); and the state-assigned facility submission ID (FAC\_ID). These items require a Special Manual Record Correction Request.]
- 8) To modify errors in Entry, PPS or Discharge records that are not OBRA:
  - a) Create a corrected record with all items included, not just the items in error;

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Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 14 of 46
Effective Date: September 1, 2020	Revised Date: 9/1/2020

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- b) Complete the Correction Request Section (X) items and include with the corrected record (Item X0100 should have a value of 2, indicating a Modification Request.); and
  - c) Submit the Modification Request record.
- 9) To modify errors in an OBRA Assessment when the errors are *minor*:
- a) Create a corrected record with all items included, not just the items in error;
  - b) Complete the Correction Request Section (X) items and include with the corrected record (Item X0100 should have a value of 2, indicating a Modification Request.); and
  - c) Submit the Modification Request record.
- 10) To modify errors in an OBRA Assessment when the errors are *major*:
- a) Create a corrected record with all items included, not just the items in error;
  - b) Complete the Correction Request Section (X) items and include with the corrected record (Item X0100 should have a value of 2, indicating a Modification Request.);
  - c) Submit the Modification Request record; and
  - d) Perform a new Significant Change in Status Assessment (if this has occurred) OR a new Significant Correction of a Prior Assessment.
- 11) Inactivation Requests are used when a record has been accepted to the QIES ASAP system but the corresponding event did not occur (e.g., a discharge record was submitted for a resident but there was no discharge).
- 12) To submit an Inactivation request, complete and submit an MDS record with only Section X items completed.
- 13) For Manual Record Correction Request instructions, refer to the RAI User's Manual.

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# MDS Error Correction

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
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Survey Tag Numbers	F640 – Encoding/Transmitting Resident Assessment
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# Release of Information

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 16 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

### Policy Statement

Our facility maintains the confidentiality of each resident's personal and protected health information.

### Policy Interpretation and Implementation

- 1) Each resident will receive confidential treatment of his or her personal and medical records and may approve or refuse their release to any individual outside the facility, except in case of a transfer to another healthcare institution or as required by current HIPAA law.
- 2) Medical records are the property of the facility.
- 3) All information contained in the resident's medical record is confidential and may only be released by the written consent of the resident or his/her legal representative (sponsor), consistent with state laws and regulations.
- 4) Release of resident information including video, audio, or electronically stored information will be based on the facility's concern for protecting resident rights.
- 5) Access to the resident's medical records will be limited to the staff and consultants providing services to the resident. (Note: Representatives of state and federal regulatory agencies have access to resident information without the resident's consent.)
- 6) Resident records, whether medical, financial, or social in nature, are safeguarded to protect the confidentiality of the information. Only those persons concerned with the fiscal affairs of the resident will have access to the resident's financial records as permitted by current HIPAA laws.
- 7) Closed or thinned medical records are maintained in the Medical Records Department and are available only to authorized personnel. Authorized personnel include, but are not necessarily limited to:

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# Release of Information

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 17 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

- a) Nursing Personnel;
  - b) Physicians;
  - c) Consultants;
  - d) Support Services (i.e., Dietary, Activities, Social, etc.);
  - e) Administration;
  - f) Government Agencies; and/or
  - g) Resident/Representative (Sponsor).

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  - 8) The resident may initiate a request to release such information contained in his/her records and charts to anyone he/she wishes. Such requests will be honored only upon the receipt of a written, signed, and dated request from the resident or representative (sponsor).
  - 9) A resident may have access to his or her records within 24 hours (excluding weekends or holidays) of the resident's written or oral request.
  - 10) A resident may obtain photocopies of his or her records by providing the facility with at least a forty-eight (48) hour (excluding weekends and holidays) advance notice of such request. A fee may be charged for copying services.
  - 11) The facility may recommend that the resident or representative review the active chart in the presence of a knowledgeable staff person who can discuss the information and answer questions capably.

<b>Survey Tag Numbers</b>	F551 – Rights Exercised by Representative F573 – Right to Access/Purchase Copies of Records F583 – Privacy and Confidentiality F842 – Resident Records – Identifiable Information
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# Harmony Healthcare International (HHI)

## Guidelines

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# Abbreviations and Symbols

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
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The following list of abbreviations and symbols has been approved by our facility in ordering and charting medications. Abbreviations are acceptable in upper or lower case letters. Personnel authorized to document in medical records should use the following list of approved abbreviations and symbols.

### Symbols

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Δ	change	AHG	antihemophilic globulin
↓	decrease	AI	aortic insufficiency
°	degree	AIDS	acquired immunodeficiency syndrome
↑	increase	AJ	ankle jerk
#	number	AK	above knee (amputation)
1°	primary	ALD	alcoholic liver disease
2°	secondary	ALL	acute lymphocytic leukemia
<b>A</b>		ALS	amyotrophic lateral sclerosis
A	assessment (POMR)	AM	morning
A&P	anterior and posterior; auscultation and percussion	AMA	against medical advice
A&W	alive and well	amb	ambulate, ambulatory
A/G	albumin to globulin ratio	AMI	acute myocardial infarction
A2	aortic second sound	amp	ampule
A2>P2	aortic sound larger than second pulmonary sound	amt	amount
aa	of each	ANA	antinuclear antibodies
AAL	anterior axillary line	ANS	autonomic nervous system
Ab	abortion	AODM	adult-onset diabetes mellitus
abd	abdomen	AP	anteroposterior; apical pulse
ABE	acute bacterial endocarditis	approx or ~	approximately; about
ABG	arterial blood gases	appt	appointment
		AQ;aq	aqueous/water

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# Abbreviations and Symbols

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Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 20 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

ABO	the main blood group system	ARC	AIDS=related complex
ac	before meals	ARDS	adult respiratory distress syndrome
ACTH	adrenocorticotrophic hormone; Adrenocorticotropin	ARF	acute renal failure
ADA	American Diabetes Association	AROM	active range of motion
ADH	antidiuretic hormone	AS	aortic stenosis; anal sphincter; arteriosclerosis
ALD	alcoholic liver disease	A.S.,A.D.,A.U.	left ear, right ear, both ears
ADL	activities of daily living	ASA	aspirin
ad lib	freely as desired; at pleasure	ASAP	as soon as possible
adm	admitted or admission	ASCVD	arteriosclerotic cardiovascular disease
ADR	Adverse Drug Reaction	ASD	atrial septal defect
AF	acid-fast; atrial fibrillation	ASHD	arteriosclerotic heart disease
AFB	acid-fast bacteria; acid-fast bacilli	ASO	<b>antistreptolysin O titer</b>
AGN	acute glomerular nephritis	ASPEN	Arteriosclerosis obliterans
AHF	antihemophilic factor		American Society of Parenteral and Enteral Nutrition
AHFS	American Hospital Formulary Service	A wave	atrial contraction waves
ATC	around the clock		
ATN	acute tubular necrosis		
AV	arteriovenous; atrioventricular		
ax	axillary		
<b>B</b>			
B&O	belladonna and opium	BE	barium enema; base excess
Ba	barium	BEE	basal energy expenditure
BAL	British anti-lewisite (dimercaprol)	BEI	butanol-extractable iodine
Bands	banded neutrophils	bid	two times a day
Baso	basophils	bili	bilirubin
BBB	bundle branch block; blood brain Barrier	BIW	twice a week
BBT	basal body temperature	BJ	biceps jerk; bone and joint
		BK	below knee (amputation)

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# Abbreviations and Symbols

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Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 21 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

BLB	a type of oxygen mask	C&P	cystoscopy and pyelography
BLOBS	bladder observation	C&S	culture and sensitivity
BM, bm	bowel movement, basal Metabolism	c/o	complains of
BMR	basal metabolic rate	CA	cancer; carcinoma; carbonic anhydrase
BP	blood pressure	Ca	calcium
BPH	benign prostatic hypertrophy	CAD	coronary artery disease
BR	bathroom	cal	calories
BRP	bathroom privileges	cap	capsule
BS, bs	blood sugar; bowel sounds breath sounds	CAT	computed axial tomography
BSA	body surface area	cath	catheter; catheterize
BSC	bedside commode	CBC	complete blood count
BSI	body substance isolation	CBR	complete bed rest
BSO	bilateral salpingo-oophorectomy	CC	chief complaint
BSP	bromsulphalein	CCR	creatinine clearance
BT	breast tumor; brain tumor	CCU	coronary care unit; critical care unit
BTL	bilateral tubal ligation	CDC	Centers for Disease Control
BTFS	breast tumor frozen section	CDH	Chronic Disease Hospital
BU	Bodansky unit	C diff	Clostridium difficile
BUN	blood urea nitrogen	CEA	carcinoembryonic antigen
BVL	bilateral was ligation	Ceph floc	cephalin flocculation
BW	body weight	CF	complement fixation
Bx	biopsy	CFT	complement-fixation test
<b>C</b>		cg	centigram
C	Centigrade; Celsius; calorie; gallon; carbon	CHD	childhood disease; Congenital heart disease;
c	with	CHF	congestive heart failure
C 1,2,3,4,5,6,7	cervical vertebra	CHO	carbohydrate
C&A	clinitest and acetest	cho	cholesterol
		CI	color index; contraindication

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# Abbreviations and Symbols

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Documentation	
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Approval Date: September 1, 2020	Page Number: 22 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

CLL	chronic lymphocytic leukemia	CVA	cerebrovascular accident;
cl liq	clear liquid		costovertebral angle
Cm	centimeter	CVP	central venous pressure
cm3	cubic centimeter	CX	cervix; cervical
CN	cranial nerve	CXR	chest x-ray
CNS	central nervous system	cyl	cylinder; cylindrical lens
CO	carbon monoxide	cysto	cystoscopy
CO2	carbon dioxide		
COAG	chronic open angle glaucoma	<b>D</b>	
COAP	cyclophosphamide, oncovin ARA-C, prednisone compound	d	day
comp	compound	d/c	discontinue/discharge
cong	congenital	D&C	dilation and curettage
COP	cyclophosphamide, oncovin, prednisone	D51/2NS	5% dextrose in half normal saline (0.45%NaCl)
COPD	chronic obstructive pulmonary Disease	D5LR	5% dextrose in lactated ringer's solution
CP	cerebral palsy; cleft palate	D5NS	5% dextrose in normal saline (0.9%NaCl)
CPAP	continuous positive airway pressure	D5W	5% dextrose in water
CPK	creatinine phosphokinase	DAT	diet as tolerated
CPR	cardiopulmonary resuscitation	db, dB	decibels
CPT	chest physiotherapy	DD	differential diagnosis
CR	cardiorespiratory	DDD	degenerative disc disease
CRF	chronic renal failure	Decub	decubitus
CRP	C-reactive protein	DIC	disseminated intravascular coagulation
CS	coronary sclerosis		
C sect	Cesarean section	diff	differential
CSF	cerebrospinal fluid	dil	dilute
CT	computed tomography; circulation time	DJD	degenerative joint disease
CV	cardiovascular	dl	deciliter
		DNR	do not resuscitate

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# Abbreviations and Symbols

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 23 of 46
Effective Date: September 1, 2020	Revised Date: 9/1/2020

DM	diabetes mellitus; diastolic murmur	EEG	electroencephalogram
DOA	dead on arrival	EENT	eye, ear, nose, and throat
DOB	date of birth	EFA	essential fatty acid
DOE	dyspnea on exertion	e.g.	for example
DP	dorsalis pedis (pulse)	EH	enlarged heart
DPT	diphtheria-pertussis-tetanus	elix	elixir
dr	dram	EM	electron microscope
DRGs	diagnosis related groups	EMG	electromyogram, electromyography
drsg or dsg	dressing		
DSD	dry sterile dressing	ENG	electronystagmography
DT	delirium tremens	ENT	ear, nose, throat
DTR	deep tendon reflex	EOM	extraocular movements
DUB	dysfunctional uterine bleeding	Eos	eosinophil
Dx	diagnosis	epith	epithelial
		EPS	extrapyramidal symptoms
<b>E</b>		equiv	equivalent
		ER	emergency room
E	<b>enema</b>	ERCP	endoscopic retrograde choledochopancreatogram
EBL	estimated blood loss		
EBV	Epstein-Barr virus	ERG	electroretinogram
EC	enteric coated	ESR	erythrocyte sedimentation rate
ECCE	extracapsular cataract extraction		
ECF	extracellular fluid; extended care Facility	ESRD	end stage renal disease
ECG, EKG	electrocardiogram	EST	electroshock therapy
ECHO	echocardiography	et	and
ECT	electroconvulsive therapy	ETOH	alcohol
ECW	extracellular water	EUA	examine under anesthesia
EDC	estimated date of confinement (obstetrics)	eval	evaluation
EDD	estimated date of delivery (obstetrics)	exam	examination
		ext	extract
		Ext Rot	external rotation

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# Abbreviations and Symbols

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 24 of 46
Effective Date: September 1, 2020	Revised Date: 9/1/2020

<b>F</b>		FVD	fluid volume deficit
		FWB	full weight bearing
F	Fahrenheit; fair; female	Fx	fracture; fraction
F/U	follow-up		
FANA	florescent antinuclear antibody Test	<b>G</b>	
FB	finger breadths; foreign body	G	gravida; good
FBS	fasting blood sugar	G/C	gerichair
FDA	Food and Drug Administration	G/T	gastrostomy tube
Fe	iron	G-P-	gravida-; para- (e.g. G-2, P-1)
FeSO4	ferrous sulfate	G6PD	glucose-6-phosphate dehydrogenase
FEV	forced expiratory volume		
FEV1	forced expiratory volume in one Second	GA	gastric analysis; general appearance
FF	filtration fraction	Gal	gallons
FFA	free fatty acids	GB	gallbladder
FH	family history	Gc, GC	gonococcus; gonorrhea
FHR	fetal heart rate	GE	gastroesophageal
fl, fld	fluid	GERD	gastroesophageal reflux disease
fl dr	fluid dram		
fl oz	fluid ounce	GFR	glomerular filtration rate
FP	family practice; family planning	GI	gastrointestinal
FRC	functional residual capacity	Gm, gm	gram
Freq	frequency	GP	general practitioner
FROM	full range of motion	gr	grain
FSH	follicle-stimulating hormone	grav I, II, III, etc.	pregnancy one, two, three, etc
ft	feet; foot		
FT	facilitation techniques	GTT	glucose tolerance test
FTA	fluorescent treponemal antibody	gtt	drop
FTT	failure to thrive	Gt. Tr.	Gait training
FUO	fever of undetermined/unknown origin	GU	genitourinary
		GYN, Gyn	gynecology; gynecological

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# Abbreviations and Symbols

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 25 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

<b>H</b>		HO	house officer
		HOB	head of bed
H	hypodermic; heroin	HOH	hard of hearing
H, hr	hour	HOPI	history of present illness
H+	hydrogen ion	HP	hot packs
H&H	hematocrit and hemoglobin	HPF	high power field
H&P	history and physical examination	HPI	history of present illness
h/o	history of	hs	bedtime
H <sub>2</sub> O	water	HSA	human serum albumin
H <sub>2</sub> O <sub>2</sub>	hydrogen peroxide	HSV	herpes simplex virus
HA	headache	HSV2	herpes simplex virus, type 2
HAA	hepatitis-associated antigen	ht	height
HAV	hepatitis A virus	HTN	hypertension
HBAg	hepatitis B antigen	HTVD	hypertensive vascular disease
HBP	high blood pressure		
HBV	hepatitis B virus	HVZ	herpes varicella zoster
HCFA	Health Care Financing Administration	Hx	history
		<b>I</b>	
HCG	human chorionic gonadotropin	I&D	incision and drainage
HCl	hydrochloric acid	I&O	intake and output
Hct	hematocrit	IASD	<b>interatrial</b> septal defect
HCTZ	hydrochlorothiazide	IBC	iron-binding capacity
HCVD	hypertensive cardiovascular Disease	IBI	intermittent bladder irrigation
HDL	high-density lipoprotein	IBS	irritable bowel syndrome
HEENT	head, eyes, ears, nose, throat	IBW	ideal body weight
Hg	mercury	IC	inspiratory capacity
Hgb	hemoglobin	ICCE	intracapsular cataract extraction
HHA	home health aide	ICM	intracostal margin
HHD	hypertensive heart disease		
HIV	human immunodeficiency virus		
HLA	human lymphocyte antigen		

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# Abbreviations and Symbols

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 26 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

ICF	intermediate care facility; Intracellular fluid volume	IUD	intrauterine device
ICP	intracranial pressure	IV	intravenous
ICS	intercostal space	IVC	intravenous cholangiogram
ICU	intensive care unit	IVP	intravenous pyelogram
ICW	intracellular water	IVPB	intravenous piggyback
ID	initial dose; intradermal	IVSD	intraventricular septal defect
IDDM	insulin-dependent diabetes mellitus	IVU	intravenous urogram
IDR	interdisciplinary review	<b>J</b>	
IDU	idoxuridine		
IE	immuno-electrophoresis	TJC	The Joint Commission on Accreditation of Healthcare Organizations
Ig	immunoglobulin		
IgA, etc.	immunoglobulin A, etc.		
IHSS	idiopathic hypertrophic sub-aortic Stenosis	J.M.	joint mobilization
IM	intramuscular	JRA	juvenile rheumatoid arthritis
Imp	impression	J. tube	jejunostomy tube
IMV	intermittent mandatory ventilation	JVD	jugular vein distention
in	inch	JVP	jugular venous pressure
Incont	incontinent	<b>K</b>	
inf	infusion		
inhal	inhalation	K	potassium
inj	injection	KC	kilo calorie
instill	instillation	KCL	potassium chloride
int	internal	kg	kilogram
Int Rot	internal rotation	KJ	knee jerk
IOL	intraocular lens	Km	kilometer
IOP	intraocular pressure	KO	keep open
IP	intra-peritoneal	KP	keratic precipitates
IPPB	intermittent positive pressure Breathing	17-KS	17-Ketosteroids
IQ	intelligence quotient	KUB	kidneys, ureters, and bladder (radiograph)
ISW	interstitial water	KVO or TKO	keep vein open or to keep open
Ith	intrathecal		

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# Abbreviations and Symbols

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 27 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

<b>L</b>		LMCA	left middle cerebral artery
		LMD	local medical doctor
L, l	liter	LML	left middle lobe (lung)
L, L, lt	left	LMP	last menstrual period
L1, 2, 3, 4, 5	lumbar vertebra 1-5	LNMP	last normal menstrual period
L&A	light and accommodation	LOA	leave of absence; left occipital anterior
L&W	living and well	LOC	level of consciousness; loss of consciousness
LA	left atrium	LOM	limitation of movement
lab	laboratory	LOP	left occipital posterior
lac	laceration	LP	lumbar puncture
lap	laparotomy	lpf	low power field
lat	lateral	LR	lactated ringer's solution
LATS	long-acting thyroid stimulator	LS	lumbosacral; lumbar spine
Lb	pound	LSB	left sternal border
LBBB	left bundle branch block	LTG	long-term goal
LCM	left costal margin	LUE	left upper extremity
LD	longitudinal diameter (of heart)	LUL	left upper lobe (lung)
LDH	lactic dehydrogenase	LUQ	left upper quadrant (abdomen)
LDL	low density lipoproteins	LV	left ventricle
LE	lower extremities; lupus Erythematosus	LVH	left ventricular hypertrophy
LFT	liver function test	LWCT	Lee-White clotting time
LGV	lymphogranuloma venereum	lymph	lymphocytes
LH	left hyperphoria	lytes	electrolytes (Na, K, Ca, Cl, Mg, HCO <sub>3</sub> , PO <sub>4</sub> )
LHF	left heart failure		
LHT	left hypertropia		
Liq	liquid; fluid		
LKS	liver, kidneys, and spleen		
LLB	long leg brace		
LLE	lower left extremity	<b>M</b>	
LLL	lower left lobe (lung)		
LLQ	lower left quadrant (abdomen)	M	male

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# Abbreviations and Symbols

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 28 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

m	meter; murmur	ML	midline
M1	first mitral sound	ml	milliliter
m2	square meters of body surface	mM	millimole
MA	mat activities	mm	millimeter
MAL	midaxillary line	mm3	cubic millimeter
MAP	mean atrial pressure	mm Hg	millimeters of mercury
MAR	medication administration record	MMT	manual muscle test
MAT	multifocal atrial tachycardia	MN	midnight
max	maximum	mod	moderate
MCA	middle cerebral artery	MOM	milk of magnesia
MCH	mean corpuscular hemoglobin	MR/MI	mental retardation/ mental illness
MCHC	mean corpuscular hemoglobin Concentration	MRI	magnetic resonance imaging
MCL	midclavicular line	MRSA	Methicillin Resistant Staphylococcus Aureus
MCP	metacarpophalangeal joint		
MCV	mean cell volume; mean corpuscular volume	MSD	musculoskeletal disorder
MDS	Minimum Data Set	MSL	midsternal line
MED	minimum effective dose	MSQ	mental status quotient
Meds	medications	M.T.	mobility training
mEq	milliequivalent	MVA	motor vehicle accident
MF	myocardial fibrosis	MW	molecular weight
MG	myasthenia gravis	<b>N</b>	
Mg	milligram; magnesium		
MGF	maternal grandfather	N	nitrogen; normal
MGM	maternal grandmother	N&T	nose and throat
MH	marital history; menstrual history	N&V, N/V	nausea and vomiting
MI	myocardial infarction	N/C	no complaints
MIC	minimum inhibitory concentration	NA, N/A	no answer; not applicable
MICU	medical intensive care unit	Na	sodium
min	minutes	NAD	no acute distress
MJT	Mead Johnson tube	Neg	negative

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# Abbreviations and Symbols

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 29 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

NF	nursing facility	O	objective data (POMR)
NG, NGT	nasogastric and nasogastric tube	O&P	ova and parasites
NICU	neonatal intensive care unit	O2	oxygen
NIDDM	non-insulin dependent diabetes Mellitus	OA	osteoarthritis
NIH	National Institutes of Health	OB	obstetrics; occult blood
NKA	no known allergies	OB/GYN	obstetrics and gynecology
NKDA	no known drug allergies	OBRA	Omnibus Budget Reconciliation Act
NM	neuromuscular	OBS	organic brain syndrome
nm	nanometer	OBT	obtained
NMR	nuclear magnetic resonance	OC	oral contraceptive
NNO	no new orders	OD	right eye (oculus dexter); optical density; overdose
no.	number		
noc	night	OL	left eye (oculus laevus)
NPN	nonprotein nitrogen	OM	otitis media
NPO	nothing by mouth	OOB	out of bed
NR	no refill	OOBRP	out of bed with bathroom privileges
NS	normal saline (0.9% sodium chloride solution)	OOP	out on pass
NSFTD	normal spontaneous full-term Delivery	OR	operating room
Nsg	nursing	ORIF	open reduction and internal fixation
NSR	normal sinus rhythm	OS	left eye (oculus sinister)
NSS	normal saline solution	os	mouth
Nt	nasogastric tube	OSHA	Occupational Safety and Health Administration
NTG	nitroglycerin		
NVD	nausea, vomiting, diarrhea; neck vein distention	OT	occupational therapy
NWB	<b>non-weight bearing</b>	OTC	over-the-counter
NYD	not yet diagnosed	OU	both eyes (oculi uterque)
		oz	ounce
<b>O</b>		<b>P</b>	

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# Abbreviations and Symbols

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 30 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

P	pulse; plain (POMR)	PE	physical exam; pulmonary embolism
P	after		
P&A	palpitation and auscultation; Percussion and auscultation	PEEP	positive end expiratory pressure
P&R	pulse and respiration	PEFR	peak expiratory flow rate
P/D	protective device	PEG	pneumoencephalography
P/M	perceptual-motor	per	through, by way of
PA	posterior/anterior	PERRLA	pupils equal, round, react to light, and accommodation
PAC	premature atrial contraction		
PaCO <sub>2</sub>	partial pressure of carbon dioxide (arterial blood)	PET	positron emission tomography
Pap smear	Papanicolaou smear	PG	prostaglandin
PaO <sub>2</sub>	partial pressure of oxygen (arterial blood)	PGF	paternal grandfather
Para I,II, (etc)	unipara, bipara, etc. (pregnancy one, two, etc.)	PGM	paternal grandmother
PAT	paroxysmal atrial tachycardia	pH	hydrogen ion concentration (acidity and alkalinity)
path	pathology	PH	past history
PBI	protein-bound iodine	PI	present illness
pc	after meals	PICC	peripherally inserted central catheter
PCA	patient-controlled analgesia	PID	pelvic inflammatory disease
PCG	phonocardiogram	PIE	pulmonary infiltration with eosinophilia; acronym for "Problem, Intervention, and Evaluation"
PCN	penicillin		
PCO <sub>2</sub>	partial pressure of carbon dioxide	PIP	proximal interphalangeal joint
PCP	pulmonary capillary wedge Pressure		
PCV	packed cell volume (hematocrit)	PKU	phenylketonuria
PCWP	pulmonary capillary wedge Pressure	PM	postmortem
PD	interpupillary distance; postural Drainage; peritoneal dialysis	pm	afternoon
PDR	Physician's Desk Reference	PMH	past medical history
		PMI	point of maximal impulse

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# Abbreviations and Symbols

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 31 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

PMN	polymorphonuclear neutrophil	PUD	peptic ulcer disease
PMR	polymyalgia rheumatica	pulm	pulmonary
PMS	premenstrual syndrome	PUO	pyrexia of unknown origin
PMT	premenstrual tension	pv	per vagina
PND	paroxysmal nocturnal dyspnea; postnasal drip	PVC	premature ventricular contraction
PNX	pneumothorax	PVD	peripheral vascular disease
PO, po	per mouth, orally	PWB	partial weight bearing
PO2	partial pressure of oxygen	PZI	protamine zinc insulin
POMR	problem-oriented record		
pos	positive	<b>Q</b>	
postop	postoperative; after surgery		
PP	postpartum; postprandial	q	every
PPD	purified protein derivative	q2h,q3h,(etc.)	every 2, 3 hours, etc.
PPF	plasma protein fraction	qam	every morning
PPL	penicilloyl-polylysine conjugate	qh	every hour
PPN	peripheral parenteral nutrition	qhs	every night at bedtime
ppm	parts per million	qid	four times a day
PR	per rectum	qn	every night
PRBC	packed red blood cells	qns	quantity not sufficient
PRE	progressive resistance exercise	qs	quantity sufficient
preop	preoperative; before surgery	qt	quart
PRN, prn	when <b>required</b> , as often as necessary	quant	quantity
PROCTO	proctoscopic; proctology		
PROM	passive range of motion	<b>R</b>	
psych	psychiatry		
PT	physical therapy/prothrombin time	<b>R; resp</b>	respirations; respiratory
pt	patient; pint	R&M	routine and microscopic (urinalysis)
PTA	prior to admission		
PTB	patellar tendon bearing	RAD	radiation absorbed dose
PTT	partial thromboplastin time	RBBB	right bundle branch block
PU	pressure ulcer	RBF	renal blood flow

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www.harmony-healthcare.com

# Abbreviations and Symbols

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 32 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

RAI	radioactive iodine uptake/ Resident Assessment Instrument	RSB	right sternal border
RBC	red blood cell; red blood count	RSR	regular sinus rhythm
RCM	right costal margin	RSV	Rous sarcoma virus
RD	right deltoid muscle	rt; R	right
RDA	recommended daily allowance	RTA	renal tubular acidosis
RDS	respiratory distress syndrome	RTN	renal tubular necrosis
rec	recreation	RUE	right upper extremity
rehab	rehabilitation	RUL	right upper lobe (lung)
REM	rapid eye movement	RUQ	right upper quadrant (abdomen)
req	requisition	RV	right ventricle
RF	rheumatoid factor	RVH	right ventricular hypertrophy
Rh+	positive Rhesus factor in blood	Rx	prescription; take; treatment
Rh-	negative Rhesus factor in blood		
RHD	renal hypertensive disease; Rheumatic heart disease	<b>S</b>	
RISA	radioactive iodine serum albumin	S	subjective data (POMR)
RLE	right lower extremity	s	without
RLL	right lower lobe (lung)	S/A	sugar and acetone
RLQ	right lower quadrant (abdomen)	S/O, S.O.	standing order
RMCA	right middle cerebral artery	S/P	status post
RML	right middle lobe (lung)	S1	first heart sound
RNA	ribonucleic acid	S2	second heart sound
RO, R/O	rule out	SA	sinoatrial
ROM	range of motion	SB	sternal border
ROS	review of systems; review of symptoms	SBE	subacute bacterial endocarditis
RPF	renal plasma flow; relaxed pelvic Floor	SC, SQ	subcutaneous
RQ	respiratory quotient	SCM	sternocleidomastoid
RR	recovery room; respiratory rate	SDAT	senile dementia Alzheimer's type
RS	Reiter's syndrome	Segs	segmented neutrophils

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www.harmony-healthcare.com



# Abbreviations and Symbols

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 33 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

Sed rate; SR	sedimentation rate (erythrocyte)	SSS	sick sinus syndrome; specific
SEM	systolic ejection murmur		soluble substance; short stay
SGOT	serum glutamic oxaloacetic transaminase	ST	surgery speech therapy
SGPT	serum glutamic pyruvic transaminase	staph.	staphylococcus
SH	social history; serum hepatitis	stat	immediately; at once
sib	sibling	STD	sexually transmitted disease;
SICU	surgical intensive care unit	strep.	skin test dose streptococcus
SIDS	sudden infant death syndrome	STS	serologic test for syphilis
sig	to write on label	supp	suppository
SL	sublingual	surg	surgery
SLB	short leg brace	susp	suspension
SLDH	serum lactic dehydrogenase	SV	stroke volume
SLE	systemic lupus erythematosus	SVC	superior vena cava
SM	sensory motor	SVT	supraventricular tachycardia
SMA	serial multiple analysis; simultaneous multiple analysis	Sx	symptoms
SMIG	sensory motor integration group	syr	syrup
SNF	skilled nursing facility	Sz	seizure
SOAP	subjective, objective, assessment and plan	<b>T</b>	
SOB	shortness of breath	T	temperature
sol	solution, dissolved	T&A	tonsillectomy and adenoidectomy
sos	if it is needed		
spec	specimen	T&C, T&CM	type and crossmatch
sp gr, SG	specific gravity	T1	first thoracic vertebra
ss	one-half	T3	triiodothyronine
SSE	saline solution enema; Soapsuds enema	T4	tetraiodothyronine; thyroxin
SSKI	saturated solution potassium iodide	T-7	free throxine factor
SSPE	subacute sclerosing panencephalitis	TAB	typhoid and paratyoid A and B

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www.harmony-healthcare.com

# Abbreviations and Symbols

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 34 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

tab	a medicated tablet	TP	total protein;
TAH	total abdominal hysterectomy		thrombophlebitis
TAO	thromboangitis obliterans	TPI	Treponema pallidum
TAP, T/P	turn and position		immobilization
TAT	tetanus antitoxine; thermatic	TPN	total parenteral nutrition
	apperception test	TPR	temperature, pulse,
TB	tuberculosis		respirations
TBG	thyroxin-binding globulin	TRA	to run at
tbsp	tablespoon	TRIG	triglycerides
TBW	total body water	T-set	tracheotomy set
TD	transverse diameter (of heart)	TSF	triceps skin fold
TEDS	elastic stockings	TSH	thyroid stimulating hormone
TENS	transcutaneous electrical	tsp	teaspoon
	nerve stimulation	TST	triple sugar iron test
TF	tube feeding	TT	treatment team
TG	triglyceride	TUR	transurethral resection
TIA	transient ischemic attack	TURP	transurethral resection of
TIBC	total iron building capacity		the prostate
tid	three times a day	TV	Trichomonas vaginalis; tidal
tinct, tr	tincture		volume
TIW	three times a week	Tx	treatment
TKO	to keep open		
TL	team leader		
TLC	total lung capacity; thin layer	<b>U</b>	
	chromatography; tender loving	U&C	urethral and cervical
	care (informal); total lymphocyte	UA; U/A	urinalysis
	count	UCHD	unusual childhood diseases
TM	tympanic membrane	UE	upper extremities
T max	maximum temperature	UGI	upper gastrointestinal
TMJ	temporomandibular joint		(series)
TNS	transcutaneous nerve stimulation		ointment
T.O.; T/O	telephone order	ung	

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430 Boston Street, Suite 104, Topsfield, MA 01983 ♦ Tel: 978.887.8919 ♦ Fax: 978.887.3738

www.harmony-healthcare.com

# Abbreviations and Symbols

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 35 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

UIBC	unsaturated iron-binding capacity	VSD	ventricular septal defect
URC	utilization review coordinator	VT; Vtach	ventricular tachycardia
URI	upper respiratory infection		
US	ultrasound	<b>W</b>	
USP	United States Pharmacopeia		
UTI	urinary tract infection	W	white; widow
<b>V</b>		W/A	while awake
		W/C	wheelchair
		W/U	work-up
V	vein	W/V	weight/volume
V&T	volume and tension	WBC	white blood cell' white blood count
VA	visual acuity		
VAD	vascular access device	WDWNWF	well-developed, well-nourished, white male
Vag hyst	vaginal hysterectomy		
VA, VAH	Veterans' Administration Hospital	WFL	within functional limits
VC	vena cava; vital capacity	WN	well nourished
VCU	voiding cystourethrogram	WNL	within normal limits
VD	venereal disease	WP	whirlpool
VDA	visual discriminatory acuity	WR	Wasserman reaction
VDRL	Venereal Disease Research Laboratory	wt	weight
VF; Vfib	ventricular fibrillation	<b>X</b>	
vit	vitamin		
VLDL	very low-density lipoprotein	x	times
VMA	vanillylmandelic acid	XR	x-ray
VNA	visiting nurse association		
V.O.; V/O	verbal order	<b>Y</b>	
VP	venous pressure		
VPC	ventricular premature contraction	y/o; y.o.	year old
VRE	Vancomycin Resistant Enterococci	yd	yard(s)
VS	vital signs (TPR, BP)		

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# Abbreviations and Symbols

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 36 of 46
Effective Date: September 1, 2020	Revised Date: 3/16/2021

Titles of Disciplines			
ACSW	Academy of Certified Social Workers	NA	nursing assistant
		NC	nurse clinician
ART	accredited record technician	NP	nurse practitioner
BSN	baccalaureate in science of nursing	OTR/L	registered and licensed occupational therapist
BSW	baccalaureate in social work		occupational therapist
CAN	certified nursing assistant	OTS	occupational therapy student
COTA	certified occupational therapy assistant	PA	physician's assistant
COTA/L	certified and licensed occupational therapy assistant	PD	doctor of pharmacy
		PTA	physical therapy student
DDS	doctor of dental surgery	RD	registered dietician
DMD	doctor of dental medicine	RN	registered nurse
DPM	doctor of podiatry medicine	RNC	registered nurse; certified
Dr	doctor	RNCNA	registered nurse; certified in nursing administration
Ed. D	doctor of education		registered nurse, nurse practitioner
LBSW	baccalaureate in social work, Licensed	RNNP	
LPN	<b>licensed practical nurse</b>		
MD	medical doctor/ medical director	RPh	registered pharmacist
MSW	masters in social work	RPT	registered physical therapist
MT (ASCP)	registered medical technologist	SPT	student physical therapist
TRD	therapeutic recreation director	SLP	<b>speech language pathologist</b>

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# Guidelines for Charting and Documentation

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 37 of 46
Effective Date: September 1, 2020	Revised Date: 3/17/2021

### Personnel Authorized to Record Data

1. Physicians (i.e., M.D., D.O., Dentist, Podiatrist, Ophthalmologist, Psychiatrist, etc.)
2. Physician's Assistants
3. Nurse Practitioners/ Clinical Nurse Specialists
4. Nurses/Nursing Assistants
5. Dietitian/Food Service Supervisor
6. Therapists/Therapy Assistants
7. Activity/Social Services
8. Pharmacists
9. Others as approved by the Administrator

### Purpose

The purpose of charting and documentation is to provide:

1. A complete account of the resident's care, treatment, response to the care, signs, symptoms, etc., and the progress of the resident's care;
2. Guidance to the physician in prescribing appropriate medications and treatments;
3. The facility, as well as other interested parties, with a tool for measuring the quality of care provided to the resident;
4. Nursing service personnel with a record of the physical and mental status of the resident;
5. Assistance in the development of a Plan of Care for each resident;
6. A legal record that protects the resident, care providers, and the facility; and
7. A source of all resident charges.

### General Rules for Charting and Documentation

1. Chart all pertinent changes in the resident's condition, reaction to treatments, medication, etc., as well as routine observations.

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# Guidelines for Charting and Documentation

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 38 of 46
Effective Date: September 1, 2020	Revised Date: 3/17/2021

2. Be concise, accurate, and complete and use objective terms. Avoid brief, monotonous, and meaningless entries.
3. Document only the facts. Do not document interpretive statements or opinions, unless authorized or designated to do so.
4. Use only approved abbreviations and symbols. Do not use slang or “texting” language.
5. Chart as often as necessary and as the need arises.
  - a. Medicare—Chart daily. All three shifts must chart. (e.g., vital signs, eating, condition of the resident, etc.)
  - b. Medicaid—Chart at least monthly. Include a nursing summary of the condition of the resident, treatment, program of care, etc.
  - c. New Admission—Chart on all three shifts for the first seven (7) days.
6. Document assessments, interventions, treatments, outcomes, etc.
7. Chart all entries legibly.
8. All entries must reflect the date, the time and the signature and title of the person recording the data.
9. Charting Errors
  - a. Do not erase any error. Erasures of any type may not be made in the medical record.
  - b. If an error is made while recording data in the medical record, line through the error with a single line and then record the correct data.
  - c. Correction fluid may not be used in the correction of errors in the medical record.
  - d. Do not leave blank lines. Draw a single line through a blank line.
  - e. If the record is copied over, the nurse copying the record and the Charge Nurse must sign a statement that indicates the chart has been copied over and include that statement in the medical record. All corrections or changes must be signed and dated by the person making such entries.
10. Late Entries:
  - a. If a chart entry must be made late, enter the current date and time and indicate that it is a “late entry.” Document information, and include the date of the intervention (treatment, etc.).
11. Refusal of Treatments

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# Guidelines for Charting and Documentation

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 39 of 46
Effective Date: September 1, 2020	Revised Date: 3/17/2021

Documentation pertaining to a resident’s refusal of treatment should include:

- a. Date and time treatment attempted;
- b. Treatment attempted;
- c. Resident’s response and reason(s) for refusal;
- d. Name of person attempting to administer the treatment;
- e. Documentation that the resident was informed of the purpose of the treatment and the consequences of not receiving the care;
- f. Documentation each time the resident refuses his/her treatment, the resident’s condition and any adverse effects due to such refusal;
- g. Date and time physician was notified of the resident’s refusal of treatment in addition to the physician’s response;
- h. All pertinent observation(s); and
- i. Signature and title of person recording the data.

### 12. Miscellaneous Documentation

Documentation should also include:

- a. Any time the physician or family is called about the resident and their response;
- b. Each time a physician visits the resident;
- c. Whenever appointments are cancelled, rescheduled, and missed. Document the reason(s);
- d. Whenever the level of care changes;
- e. Whenever a bed/room change is made; and
- f. Whenever PRN medications are given and the reason for such medications (Note: Document any side effects of the medications.).

### Nursing Summaries and/or Assessments

When charting nursing summaries or making assessments, include (as they may apply) the following information:

1. Ambulation Status:

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# Guidelines for Charting and Documentation

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 40 of 46
Effective Date: September 1, 2020	Revised Date: 3/17/2021

Mode, amount and type of assistance needed, tolerance level, and transferring capabilities (e.g., Bedfast, bed to chair, walks with or without assistance, uses wheelchair or walker, how long up, etc.).

2. Activities:

Discuss the resident's participation and his or her input. Discuss whether or not the resident participates in lone or group activities.

DRAFT

3. Bowel and Bladder Continence:

Specify the level of continence, any problems, progress, or deterioration.

4. Care Plans:

Reflect the effectiveness of each part of the care plan and the status of the goals.

5. Communication:

Describe the resident's method of communication. (e.g., verbal, non-verbal, response to stimulation, ability to make needs known, etc.)

6. Exercise/ Range of Motion:

Describe the location, description and severity of any range of motion problems or limitations. Describe the types of exercise (range of motion). Is it active or passive? Is it performed alone or in group therapy?

7. Impairments:

Describe any impairment in the resident's speech, hearing, or sight.

8. Management/Behavior:

Describe any problem(s) noted during the month and the frequency of such problem(s). Indicate if the resident was belligerent, friendly, cooperative, etc.

9. Use of PRN Medications:

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# Guidelines for Charting and Documentation

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 41 of 46
Effective Date: September 1, 2020	Revised Date: 3/17/2021

Summarize the use of PRNs with reason for usage, effects, and frequency of use. Discuss the effects of new medications/dosage changes as well as medications that require monitoring or observation.

**10. Mental Status:**

Describe the resident’s orientation and any programs used (i.e., Reality Orientation). Indicate if the resident was confused, disoriented, alert, lethargic, restless, weak, fatigued, semi-comatose, comatose, etc.

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**11. Nutritional Status:**

Document the diet, appetite, food consumption, eating habits, assistance needed and where, diet normally consumed, weight variations, hydration status, fluid intake, tolerance of tube feeding, etc.

**12. Oral Hygiene:**

Describe the teeth, gums, and tongue.

**13. Personal Care/ ADLs:**

Includes dressing, bathing, grooming, oral hygiene; assistance needed, etc. Describe the type and amount of assistance required, if any, and the level of self-care.

**14. Skin – Hair – Scalp – Nails:**

Dry, moist, scaly, etc. Be descriptive of lesions, edema; etc. Include locations, size, depth, color, amount, consistency, odor of drainage, and status of tissue and surrounding area. Indicate type of treatment and how often treatment is administered.

**15. Toileting Habits:**

The presence of indwelling catheter, incontinence of bowel and/or bladder, chronic constipation, laxative (routine or PRN).

**16. Unusual Occurrence/ Significant Events:**

Describe the condition(s) of the past month. Indicate whether the condition(s) improved or worsened. (i.e., Decubitus, UTI, cold symptoms, refusal of medications, treatments, food, bath, activities, etc.)

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# Guidelines for Charting and Documentation

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 42 of 46
Effective Date: September 1, 2020	Revised Date: 3/17/2021

### 17. Visits:

Indicate whether or not the resident's physician and family members visited during the month.

### 18. Vital Signs:

Indicate what resident vital signs were documented.

## Physician orders

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The following information is provided to assist in recording physicians' orders.

### 1. Supervision of a Physician:

- a. Each resident must be under the care of a licensed physician authorized to practice medicine in this state and must be seen by the physician at least every thirty (30) days for the first ninety (90) days after admission and at least once every sixty (60) days thereafter.
- b. Physicians' orders must be signed by the physician and dated when such order was signed.
- c. Current lists of orders must be maintained in the clinical record of each resident.
- d. Orders must be written and maintained in chronological order.
- e. Physician orders must be reviewed and renewed every 30 days for SNF residents (Note: This may be changed to every 60 days after the first 90 days of the resident's admission, provided that change is approved by the attending physician).
- f. Physician orders are needed for leaves of absences; PT, ST, and OT evaluations and therapy; consultation from other physicians; diet; activity; X-ray; lab work; transfers; discharges; etc. Therapy orders are to be renewed every 30 days and may be recorded on therapy notes.

### 2. Content of Orders:

- a. Medication Orders:

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# Guidelines for Charting and Documentation

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 43 of 46
Effective Date: September 1, 2020	Revised Date: 3/17/2021

<p>Specify the type, route, dosage, frequency, and strength of the medication ordered (i.e., Dilantin 100 mg po TID). A placebo is considered a medication and must also have specific orders.</p> <p>b. PRN Medication Orders: Specify the type, route, dosage, frequency, strength, and the reason for administration (i.e., Tylenol 250 mg po PRN mild pain or temp <math>\geq 101^\circ</math>).</p> <p>c. Oxygen Orders: Specify the rate of flow, route, and rationale (i.e., 2-3 L/min per nasal cannula PRN SOB).</p> <p>d. Nasogastric Tube: Specify the type of feeding, amount, frequency of feeding, frequency for tube change, and rationale if PRN.</p> <p>e. IV Orders: Specify the type of solution, rate of flow, and volume to be infused (i.e., 1000cc D5W IV @ 50cc/hr. DC when infused).</p> <p>f. Restraint Orders: Specify the type, reason, frequency of check and release, duration of use, and purpose of restraint.</p> <p>g. Treatment Orders: Specify what is to be done, location and frequency, and duration of the treatment.</p> <p>h. Commercial Supplements: Specify the type, amount, and frequency (i.e., Ensure 3 oz. TID between meals).</p> <p>i. Foley Catheter:</p> <ol style="list-style-type: none"> <li>i. If PRN, specify why it is needed.</li> <li>ii. Specify the size (i.e., #18 Fr foley catheter to straight drain) and the frequency of change.</li> <li>iii. Catheter care - specify what is to be done or "according to facility procedure."</li> </ol> <p>3. Telephone/Verbal Orders:</p> <ol style="list-style-type: none"> <li>a. Telephone/verbal orders may be accepted from a licensed physician or dentist only by a licensed nurse.</li> </ol>
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# Guidelines for Charting and Documentation

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 44 of 46
Effective Date: September 1, 2020	Revised Date: 3/17/2021

- b. Such orders must be countersigned by the issuing physician/dentist within forty-eight (48) hours after issuing the order.
4. Standing Orders:
- a. Standing orders should be recorded as a telephone order. Record on the order sheet.
  - b. Sign as follows: "Standing Order, Dr. \_\_\_\_\_/ (your name and title)."
5. Automatic Stop Orders:
- a. Utilize the same procedure as with telephone and standing order. Sign as follows:  
"Automatic Stop Order/ (your name and title)."
  - b. Never just "drop" an order. Always write an order to discontinue any order.

Survey Tag Numbers: F842 - Medical Records

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# The Joint Commission

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 45 of 46
Effective Date: September 1, 2020	Revised Date: 3/17/2021

Official “Do Not Use” List <sup>1</sup>		
Do Not Use	Potential Problem	Use Instead
U Unit	Mistaken for “0” (zero) the Number “4” (four) or “cc”	Write “unit”
IU (International Unit)	Mistaken for IV (intravenous) Or the number 10 (ten)	Write “International Unit”
Q.D., QD, q.d., qd (daily)	Mistaken for each other	Write “daily”
Q.O.D., QOD, q.o.d, qod (every other day)	Period after the Q mistaken for “I” and the “O” mistaken for “l”	Write “every other day”
Trailing zero (X.o mg)*	Decimal point is missed	Write X mg
Lack of leading zero (.X mg)		Write 0.X mg
MS	Can mean morphine sulfate or magnesium sulfate	Write “morphine sulfate” Write “magnesium sulfate”
M <sub>SO</sub> <sub>4</sub> and MgSO <sub>4</sub>	Confused for one another	
<sup>1</sup> Applies to all orders and all medication-related documentation that is handwritten (including free-text computer entry) or on pre-printed forms. *Exception: A “trailing zero” may be used only where required to demonstrate the level of precision of the value being reported, such as for laboratory results, imaging studies that report size of lesions, or catheter/tube sizes. It may not be used in medication orders or other medication-related documentation.		
Additional Abbreviations, Acronyms and Symbols (For <b>possible</b> future inclusion in the Official “Do Not Use” List)		
Do Not Use	Potential Problem	Use Instead
> (greater than)	Misinterpreted as the number	Write “greater than”
< (less than)	“7” (seven) or the letter “L” Confused for one another	Write “less than”

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# The Joint Commission

## Policy & Procedure

Documentation	
Department: Nursing	Submitted By: HHI
Approval Date: September 1, 2020	Page Number: 46 of 46
Effective Date: September 1, 2020	Revised Date: 3/17/2021

Do Not Use	Potential Problem	Use Instead
Abbreviations for drug names	Misinterpreted due to similar Abbreviations for multiple drugs	Write drug names in full
Apothecary units	Unfamiliar to <b>many practitioners</b> Confused with metric units	Use metric units
@	Mistaken for the number "2" two	Write "at"
cc	Mistaken for U (units) when poorly written	Write "mL" or "ml" or "milliliters" ("mL" is preferred)
Mg	Mistaken for mg (milligrams) Resulting in one thousand-fold overdose	Write "mcg" or "micrograms"

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