

Group Activities During the COVID-19 Pandemic

All Staff Training

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Objectives

Upon completion of the program, attendees should be able to:

1. Verbalize the need to consider resident's individualized need for meaningful activities during the COVID-19 Pandemic
2. Understand the need to maintain physical/social distancing, use of a cloth facemask and frequent hand hygiene whenever group activities are indicated
3. Identify the directions for cleaning and disinfection of activity equipment

Activity Need...



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Infection Prevention and Control



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Let's Start with the Regulatory Requirements

CMS-State Operations
Manual
Appendix PP-Guidance to
Surveyors for Long Term
Care

F679: Activities



Activities

“**Activities**” refer to any endeavor, other than routine ADLs, in which a resident participates that is intended to enhance her/his sense of well-being and to promote or enhance physical, cognitive, and emotional health. These include, but are not limited to, activities that promote self-esteem, pleasure, comfort, education, creativity, success, and independence.”

https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/om107ap_pp_guidelines_ltcf.pdf



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Activities

Special Considerations:

- Dementia
- Behaviors



https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap_pp_guidelines_ltcf.pdf



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Outcome

“The outcome for the resident, the decrease or elimination of the behavior, either validates the activity intervention or suggests the need for a new approach. The facility may use, but need not duplicate, information from other sources, such as the RAI/MDS assessment, including the CAAs, assessments by other disciplines, observation, and resident and family interviews.”

https://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/om107ap_pp_guidelines_ltcf.pdf



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Memory Care Considerations For Activities



- Infection Control
 - Hand Hygiene
 - Touching face
- Safe spaces to wander
- Communication



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In Summary



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References and Resources

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- Centers for Disease Control and Prevention. “State Based HAI Prevention Activities”; <https://www.cdc.gov/hai/state-based/index.html>
- Centers for Disease Control and Prevention. “Using Personal Protective Equipment (PPE). Updated Aug. 19, 2020: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/using-ppe.html>

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- Centers for Medicare & Medicaid Services. “Nursing Home Reopening Guidelines for States and Local Officials”; May 18, 2020, Revised 09/28/2020; QSO- 20-30-NH; <https://www.cms.gov/files/document/qso-20-30-nh.pdf-0>

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- Centers for Medicare and Medicaid Services. “Nursing Home Visitation-COVID-19”; September 17, 2020; [https://: www.cms.gov/files/document/qso-20-39-NH.pdf](https://www.cms.gov/files/document/qso-20-39-NH.pdf)
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- Centers for Medicare & Medicaid Services; Survey Critical Element Pathway-20065- Activities. <https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/GuidanceforLawsAndRegulations/Nursing-Homes>

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- Centers for Medicare & Medicaid Services. Toolkit on State Actions to Mitigate COVID-19 Prevalence in Nursing Homes. November 2020, Version 13:
<https://www.cms.gov/files/document/covid-toolkit-states-mitigate-covid-19-nursing-homes.pdf>
- United States Department of health & Human Services. Public Health Emergency. HPP in Your State:
<https://www.phe.gov/Preparedness/planning/hpp/Pages/find-hc-coalition.aspx>

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