



Program Requirements Worksheet — Master Trainer Certificate

MTC Core Required Courses (2 Courses)			
Course	Credits	Qtr completed	Prerequisite
PTR251	5		
PTR259	5		
MTC Core Elective Courses (4 Courses)			
Course	Credits	Qtr completed	Prerequisite
PTR	5		
PTR	5		
PTR	5		
PTR	5		
Requirements Checklist			
<input type="checkbox"/> 30 total credits completed <input type="checkbox"/> 2.0 GPA overall <input type="checkbox"/> 2.0 GPA in core coursework			

AS Core Electives Course List (courses not applied to core electives can be applied to remaining program electives)		
Course	Credits	Prerequisite
PTR253 Specialist in Exercise Therapy	5	PTR251 prereq
PTR254 Youth Fitness Trainer	5	
PTR255 Specialist in Strength and Conditioning	5	
PTR256 Specialist in Senior Fitness	5	PTR251 prereq
PTR257 Specialist in Group Fitness	5	PTR251 prereq
PTR258 Corrective Exercise Specialist	5	PTR251 prereq
PTR259 Specialist in Fitness Nutrition	5	PTR251 prereq
PTR260 Bodybuilding Specialist	5	PTR251 prereq
PTR261 Transformation Specialist	5	PTR251 prereq

Use this worksheet to track your progress. For full course descriptions, please refer to the current course catalog.