

November 2020

Scented Candle Day

Light a few scented candles around your care home or for your residents in their favourite scent like lavender or sandalwood

1

Deviled Egg Day

Prepare some deviled eggs with various toppings, like bacon or avocado, for your residents to eat as a nice snack

2

Sandwich Day

Ask your residents what their favourite sandwich is and prepare it for their lunch today

3

Novel Writing Month

Encourage your residents to talk and discuss their favourite novels, or sit down and help them write out something they could give to their families

4

Gunpowder Day

Also known as Fireworks Night, ask your residents if they would like to put on a firework show, or if they would like to watch some on the TV

5

Stress Awareness Day

See if your residents are experiencing any stress in their daily lives, and see if you can address it

6

Bittersweet Chocolate with Almonds Day

Pretty self-explanatory, buy some chocolate for your residents to try and see if they enjoy

7

Guinness World Record Day

Show your residents some Guinness World Records and see if they would like to break some

8

Pomegranate Month

Purchase some pomegranate seeds or juice for your residents to eat and try

9

Vanilla Cupcake Day

Buy some ingredients and make some vanilla cupcakes with your residents to eat for dessert

10

Origami Day

Purchase a book or find some online tutorials for origami folding and see if your residents would like to create some simple paper swans

11

Human-Animal Relationship Awareness Week

See if there are any service animal that will visit for your residents to pet and play with

12

World Kindness Day

Being kind doesn't cost a thing, so make sure to try and bring a smile to someone's face today

13

Loosen Up, Lighten Up Day

Make sure that you and your residents spend today relaxed and happy

14

I Love to Write Day

Ask your residents if they would like to write anything, like a letter, poem or short story to send to their family or frame in their room

15

International Day for Tolerance

Encourage your residents to learn how to practise solidarity between ethnic, social and cultural groups

16

Homemade Bread Day

See if any of your colleagues have a bread maker at home, and ask them to bring in a loaf for your residents to eat through the week

17

Mickey Mouse Day

Ask your residents if they have memories associated with Disney or any of the major film characters, like Mickey Mouse, Donald Duck or Goofy

18

Play Monopoly Day

Gather your residents together to play a big game of Monopoly with help from the carers

19

Universal Children's Day

See if there are any youngers relatives or any schools that would like to come to your care home to talk with your residents

20

World Television Day

Ask your resident what their favourite memory of the TV was, like a favourite TV Show or news story they saw

21

Manatee Awareness Month

Find some nature documentaries about sea life or some books your residents could read about manatees

22

Eat a Cranberry Day

Purchase various cranberry foods, like cranberries bars, juice or just frozen, for your residents to eat

23

Celebrate Your Unique Talent Day

Put on a talent show for your residents to show off their unique talents to each other

24

Parfait Day

Make various types of parfait with your residents to eat and try together, like a parfait party

25

Cake Day

Find out your resident's favourite cake and make sure to either make or buy them a slice for dessert

26

Jukebox Day

Spend today listening to your resident's favourite music and learn about what memories they have with the songs

27

French Toast Day

Prepare some French toast for your residents with various toppings, like fruits or chocolate, to eat and enjoy

28

Day of Listening

Listen to what your residents have to say, let them share their stories and experiences that they may not have had anyone to tell

29

Mason Jar Day

Set up an arts and crafts table to make some creations with mason jars, like painting them, filling them with wool or shells etc.

30