May 2021

PERSON CENTRED SOFTWARE
MOBILE CARE MONITORING

Global Love Day
Interact with your residents and find out what they love, and would love to show appreciation for
1

Baby Day
Exchange stories with your residents about their children and yours (if you have them)
2

Lemonade Day
Buy a bag of lemons and bottles of soda with different flavoured syrups and make tasty lemonade with your residents
3

Poem on your pillow day
Encourage residents to write a poem to one another and help place their poems on the recipient's pillow
4

Nail Day
Decorate the home as if it's a spa and pamper your residents with a manicure/pedicure
5

Beverage Day
Try making new and interesting drinks for your residents, like a smoothie or mocktail
6

Photo Month
Give your residents a disposable camera for them to take pictures of anything they want, and then develop the photos for them
7

Train Day
Gather your residents to commemorate these amazing machines and learn more about them. Watch the UK Super Train documentary.
8

Barbecue Day
Depending on the weather, it's time to celebrate the start of summer with a lovely outdoor barbecue.
9

World Lupus Day
There are many fun activities on the Lupus UK website to get involved and show your support
10

Eat What You Want Day
Ask your residents if there is anything they would like to eat, that they wouldn't usually, and help them make some
11

International Nurses Day
Have your residents write a letter of appreciation to their nurse
12

World Cocktail Day
Make some cocktails or mocktails for your residents or get them to help make some
13

Chicken Dance Day
Put on a performance for your residents, singing and dancing and getting them involved and moving
14

Pizza Party Day
Help your residents to design their own pizza and cook them, or order some in to host a pizza party together
15

Get Caught Reading Month
Ask your residents if there are any new books they would like to read, or an old favourite they would like to revisit
16

World Baking Day
Ask your residents if they want to help in the kitchen to make some sweet treats
17

Visit Your Relatives Day
Invite your resident's loved ones to come to the care home or host a virtual call for a chance to speak to one another and create memories
18

May Ray Day
Encourage residents to take part in an outdoor activity; seated exercises / reading in the garden and soak in the sun
19

World Bee Day
Have your residents learn more about bees by watching the BBC documentary The Wonder of Bees
20

Notebook Day
Give your residents their own notebooks to write, draw or write a diary in
21

Sherlock Holmes Day
Play Cluedo or a mystery-themed game to get residents to test their detective and problem-solving skills
22

Turtle Day
Have your residents learn more about turtles by watching this amazing documentary about the Brave Turtle
23

Tiara Day
Gather your residents to craft some tiaras/crowns out of different materials like paper, card, cotton balls etc.
24

Tap Dance Day
Put on a tap dance show for your residents, and remember to encourage them to join in
25

Blueberry Cheesecake Day
Gather some ingredients and make some cheesecake with your residents
26

Sellotape Day
Hold a fun competition to see who can make a fabulous outfit using just paper and tape
27

Amnesty International Day
Host a celebration at your care home to help raise awareness. Learn more
28

Biscuit Day
Buy and make loads of different biscuits for your residents to eat as a snack
29

Water a Flower Day
Take your residents out into the garden to be one with nature and care for the plants
30

World Meditation Day
Have your residents come together and do a group meditation session to relax and unwind
31