

Activities calendar

December 2020

Stocking Decorating

Decorate and fill stockings. Try using felt, paint and a lot of glitter!

1

SHELTER Carol Concert

Sign up for a virtual carol concert, so you and your residents can watch from home. SHELTER is hosting one on 3rd Dec (Sign up via [SHELTER Website](#))

2

Festive Baubles

Make festive baubles and decorate your Christmas tree. You could use wool, sequins, or glitter to cover a plastic or paper bauble

3

Decorate The Home

Involve your residents as you decorate the home and their rooms. This would be a great occasion for family members to join in virtually via the Relatives Gateway

4

Gift Shopping

Help your residents to choose gifts online to give to families, friends, or other residents

5

Holiday Wreath

Make a holiday wreath. Get creative by using materials such as candy canes, paper rolls, wine corks, and clothespins. Use your imagination

6

Marie Curie Festivities

Take part in a virtual evening of festivities tonight at 7pm and help raise funds to support the work of Marie Curie Nurses (Sign up via the [Marie Curie Website](#))

7

Festive Film Night

Have a 'Family Film Night' with popcorn, extra pillows, and warm blankets to cuddle under

8

Board Games

Play some board games and cards, or maybe a festive game of charades. The more the merrier!

9

Holiday Cookies

Bake some holiday cookies, like gingerbread and shortbread

10

Mince Pies

Cook or prepare mince pies together with your residents

11

Gift Wrap Party

Have a gift wrap party – don't worry if things aren't perfectly wrapped, it's the fun that counts!

12

Holiday Cards

Give the people you support help with holiday cards – writing, addressing, or sealing envelopes

13

Nativity Scene

Make and put on a nativity scene with your residents

14

Snowflake Making

Help your residents make paper snowflakes from cutting up paper or sticking card together

15

Festive Memories

Share your treasured memories and declarations of love over Relatives Gateway

16

Carol Night

Join Alzheimer's Society's Carols at Christmas event at 6.30pm and enjoy an evening of virtual festivities (Sign up via the [Alzheimer's Society Website](#))

17

Indoor Snowman

Make an indoor snowman by stuffing white pillowcases, a scarf and hat to accessorise and use black and orange cards to make facial features

18

Christmas Quiz

Take part in a family quiz with your residents, and use our Relatives Gateway to get your residents' families involved too (Download [Quiz & Answers](#))

19

Festive Tunes

Ask the people you support for their favourite Christmas tunes and have a sing-along with them

20

Festive Traditions

Ask residents if they have any Christmas traditions that they would normally enjoy doing. Can you help them to carry out that tradition this year?

21

Interactive Me

Put together clips and pictures from residents' previous holidays (try using [Interactive Me](#))

22

Craft Day

Host a Christmas craft day with your residents where you can enjoy making some Christmassy goodies together

23

New Year's Goals

Ask your residents what their goals/hopes are for 2021, have them on display somewhere and then work with friends & family to try and make them happen

24

Christmas

Relax and enjoy Christmas!

25

Boxing Day

Be thankful over Boxing Day and reflect on your Christmas together with your residents. Make sure to have some Christmas leftovers

26

Tea and Coffee Day

Enjoy tea or coffee and a mince pie together as a group

27

Club Organising

Organise clubs for the new year, ask residents what kind of activities they would like to do, like gardening, chess, or a walking club

28

Food Prep

Prepare for a great New Year's by prepping food together in the kitchen, making sure to cater to everyone

29

New Year's Resolutions

Reflect on your year, and make a New Year's resolution to strive towards

30

Sing-Along

Celebrate the new year with an uplifting sing-along to everyone's favourite songs

31

