



Universitas 21 Health Sciences Group

Annual Meeting
2021

Prevention,
Wellbeing and Longevity

in a post-COVID world

September

13–15



TecSalud
Escuela de Medicina
y Ciencias de la Salud

U21 Health
Sciences

Prevention, Wellbeing and Longevity in a Post-COVID World U21 Health Sciences Group Annual Meeting Tecnológico de Monterrey School of Medicine and Health Sciences September 2021

The Universitas 21 Health Sciences Group is a unique global university network of Health Sciences staff and students that includes members from 19 universities worldwide, and a collaborative group of Universitas 21, that provide Health Sciences Faculty of member universities a framework for exploring opportunities for:

- Collaborative research
- Information exchange
- Sharing of resources

The group includes the discipline areas of: Dentistry, Health and Rehabilitation Sciences, Medicine, Nursing and Midwifery, Pharmacy, Public Health and Biomedical Sciences. As a collaborative network, the group work together on numerous interdisciplinary projects and activities for both staff and students of relevance to the Health Sciences with a focus on global health issues.

Group members from all disciplines meet face to face at our U21 Health Sciences Group Annual Meeting, where they have the opportunity to come together to share ideas and collaborate on both new and established projects. The 2021 Annual Meeting will be hosted by Tecnológico de Monterrey.

The Tecnológico de Monterrey School of Medicine and Health Sciences, as in 2010 when it hosted the Annual Meeting, this 2021 is pleased to offer the online environment for all members to continue with the excellent work and progress that they have done in the meetings of U21 HSG.

The 2021 U21 HSG Annual Meeting will have a central theme of Prevention, Wellbeing and Longevity in a Post-COVID World and It is an approach to reflect, design, and implement programs, policies, legislation, and research for the benefit of global public health based on the lessons learned in an era of pandemics.

We very much look forward to welcoming you and we hope the resulting discussions will 'enhance individual and collective contributions by leadership to Health Sciences education and research and to social transformation through sharing of experiences and resources and through collaborative interdisciplinary projects.' (U21 HSG mission).

Prevention, Wellbeing and Longevity in a Post-COVID World Program – Event Registration Open

<https://expo.link/u21/index.php>

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The sessions will be delivered via both recordings and live events. The recordings will be available on the 2021 U21 HSG site before, during and after the Meeting. All times listed are in Central Daylight Time (CDT). Notice that changes maybe will occur.

Day One Monday, September 13th

3:20 – 3:30 hrs.	Welcoming Video
3:30 – 5:00 hrs.	Clinical Simulation Workshop
5:30 – 7:00 hrs.	U21 HSG Interprofessional Education Group (IPE) Forum
6:30 – 10:00 hrs.	Virtual International Doctoral Student Forum Welcome Address by Arturo Santos García, MD, PhD. School of Medicine and Health Sciences, TecSalud Master sessions Prof. Marco Antonio Rito Palomares, PhD. TecSalud “Research strategies in health from Tec de Monterrey”. School of Medicine and Health Sciences Q&A: Mirna Alejandra González González, MD, PhD. TecSalud Joaquín Alejandro Zúñiga Ramos, MD, PhD. TecSalud “Emerging respiratory viruses, lung damage mechanisms”. TecSalud Q&A: Guillermo Domínguez Cherit, MD, PhD. TecSalud Cynthia Mayté Villarreal Garza, MD, PhD. TecSalud “From necessity to research and from research to clinical application in Breast Cancer in México”. TecSalud Hospitals. Q&A: Héctor Marcelino Díaz Pérez, PhD student. TEC <ul style="list-style-type: none">● Doctoral Student Presentation● Q&A: Raquel Cuevas Díaz Durán, PhD. TecSalud● Q&A: Mildred Vanessa López Cabrera, PhD. TecSalud Discussion forum “New reality in the post-COVID stage: process that the doctoral student lives”
6:30 – 10:00 hrs.	Sustainable Development Goals Forum
8:00 – 8:45 hrs.	University Mental Health Meeting
8:00 – 9:30 hrs.	Communications Meeting
8:00 – 9:30 hrs.	Discipline Group Meeting – Biomedical Sciences
8:30 – 10:00 hrs.	International Development Group (IDG) Meeting
10:30 – 12:00 hrs.	Discipline Group Meeting – Dentistry
10:30 – 12:00 hrs.	Discipline Group Meeting – Medicine
12:00 – 13:30 hrs.	Cultural Activity- Mexican Muralism Presentation
15:00 – 16:30 hrs.	Discipline Group Meeting – Health & Rehabilitation Sciences

Day Two Tuesday, September 14th

- 2:00 – 4:00 hrs. Discipline Group Meeting – Nursing & Midwifery
- 2:00 – 3:30 hrs. Discipline Group Meeting – Pharmacy
- 6:30 – 6:45 hrs. Opening Addresses
- 6:45 – 8:05 hrs. Core Meeting Session I
- Prevention, Wellbeing and Longevity in Post-COVID world
Guillermo Torre, MD, PhD
TecSalud
- 8:35 – 9:55 hrs. Core Meeting Session II
- The reality of the pandemic and health professions education: Are we living an alternate reality?
Melchor Sánchez-Mendiola, MD, PhD
UNAM Faculty of Medicine, México City
- 09:00 – 10:30 hrs. Discipline Group Meeting – Public Health
- 10:30 – 12:00 hrs. Discipline Group Meeting – Dentistry (continuation)
- 12:00 – 13:30 hrs. Cultural Activity- Healthy Mexican Cuisine
- 14:00 – 15:30 hrs. Executive Committee Meeting
- 15:00 – 15:45 hrs. University Mental Health Meeting (continuation)
- 16:00 – 17:30 hrs. Teaching Excellence Award Workshop
- Facilitated by Norman Ng, MD, University of Queensland & Sheila Harms, MD, McMaster University: ‘Experiences of the Online Educator. Pandemic and Beyond’.

Day Three Wednesday, September 15th

6:30 – 6:45 hrs.

Welcoming video

6:45 – 8:05 hrs.

Core Meeting Session III

Post-COVID World: Leaving no one behind
Prof Rodrigo Mariño, DMD, PhD.
Melbourne Dental School
The University of Melbourne

8:35 – 9:55 hrs.

Core Meeting Session IV

Academic excellence with social accountability in COVID times
Klaus Puschel, MD, MPH, MSc
Centre for Medical and Health Professions Education
Faculty of Medicine
Pontificia Universidad Católica de Chile

10:30 – 11:20 hrs.

Core Meeting Session V

Healthcare Leadership Development for a post COVID world
Jorge E. Valdez, MD, PhD.
Dean of School of Medicine and Health Sciences
TecSalud, Tecnológico de Monterrey

11:20 hrs.

Wrap up

Presentation of 2022 Annual Meeting Host
Jorge E. Valdez, MD, PhD.: Closing Address Virtual Farewell Toast

2021 U21 HSG Annual Meeting Summary and Reports

Downloadable content

- Virtual International Doctoral Student Forum
- Sustainable Development Goals Group Report
- Research and Teaching Report
- 2022 Summer School
- U21 HSG Executive Committee

12:00 – 13:30 hrs.

Cultural Activity- Mezcal Tasting

Universitas 21 Health Sciences Group
Annual Meeting 13 – 15 September 2021
Virtual Meeting Program – Event Registration Open

<https://expo.link/u21/index.php>

#U21HSG_EMCS

If you have any enquires, please email the Tecnológico de Monterrey, School of Medicine and Health Sciences Conference Planning Committee:

u21hsg2021_comite.mty@servicios.tec.mx

The TEC U21 HSG Landing Page will have all the recordings of the 2021 U21 Virtual Meeting.

All times listed are in Central Daylight Time (CDT).

Contacts

Tecnológico de Monterrey, School of Medicine and Health Sciences
Conference Planning Committee:



u21hsg2021_comite.mty@servicios.tec.mx

Tecnológico de Monterrey, School of Medicine and Health Sciences



[@emcs.tecdemty](https://www.facebook.com/emcs.tecdemty)



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U21 Health Sciences Group



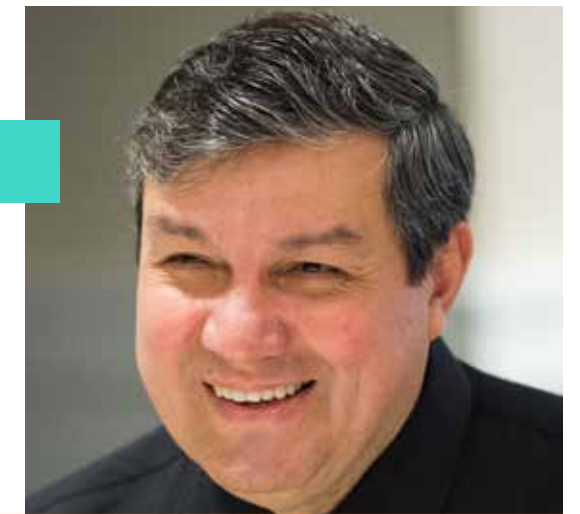
[@U21Health](https://twitter.com/U21Health)

Universitas 21 Health Sciences Group Annual Meeting Speakers



Guillermo Torre, MD, PhD.

Rector of TecSalud and
Vice President of Research at Tecnológico de
Monterrey



Melchor Sánchez Mendiola, MD, PhD.

Coordinator Open University Educational
Innovation and Virtual Education, Universidad
Nacional Autónoma de México



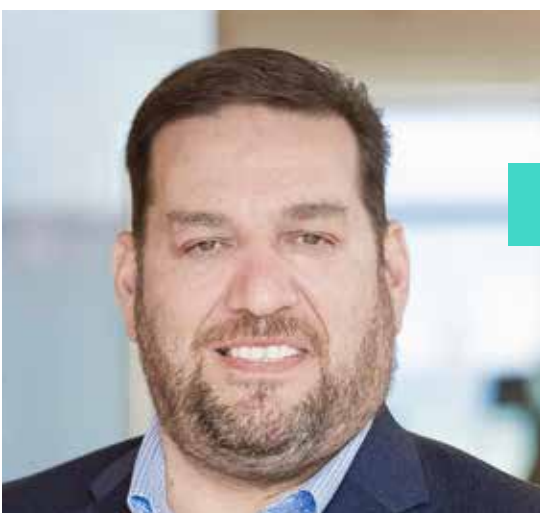
Prof. Rodrigo Mariño, DMD, PhD.

Professor of Population Oral Health at the
Melbourne Dental School



Klaus Puschel, MD, MPH, MSc

Director for Medical Education Center
School of Medicine Universidad Católica de
Chile



Jorge E. Valdez, MD, PhD.

Dean School of Medicine and Health Sciences
TecSalud -Tecnológico de Monterrey

Universitas 21 Health Sciences Group Annual Meeting Speakers



Prof. Marco Antonio Rito Palomares, PHD.

Associate Dean of Research
School of Medicine and Health Sciences
Director of Research
TecSalud - Tecnológico de Monterrey



Joaquín Alejandro Zúñiga Ramos, MD, PhD.

Director of the Biosciences Program
School of Medicine and Health Sciences
TecSalud - Tecnológico de Monterrey, México
City region



Cynthia Mayté Villarreal Garza, MD, PhD.

Director of Medical Oncology,
Breast Cancer Center
TecSalud - Tecnológico de Monterrey



Norman Ng., MD, PhD.

Lecturer - Faculty of Health
and Behavioral Sciences
The University of Queensland



Sheila Harms, MD

Associate Professor and Associate Chair in Education
Department of Psychiatry and Behavioural Neurosciences
Faculty of Health Sciences at McMaster University

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