

SPM & SPM-P Quick Tips with Case Study

Helping a Preschooler with ASD and Sensory Processing Issues at Home, School, Clinic, and via Telehealth

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When we develop a new test, we bring an author's idea to life, answer a researcher's question, meet a clinician's need, and, ideally, change an individual's life for the better.

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Today's Panelists



- Diana A. Henry MS, OT/L, FAOTA ateachabout@aol.com
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Get a complete picture of sensory processing difficulties in children







Danielle, a 5-year-old in a developmental preschool: Diagnosed with ASD

Initial SPM-P Test

Retest: 2 Months Later

- Praxis
 - Ideation
 - Motor Planning



Today's Agenda



- Case Study: Danielle, Preschooler / Diagnosed with ASD and with Praxis (motor planning and ideation) challenges
- How the SPM and SPM-P Quick Tips work (paper and online versions) and why they are used to help parents and teachers
- Ease of use for all users when evaluating, coaching, and treating children in person or online
- Q&A

Danielle



Presenting Problems:

- Is unable to dress herself
- Is not potty-trained
- Does not have many play interests
- Avoids using playground equipment
- Appears to have more challenges at home than at school

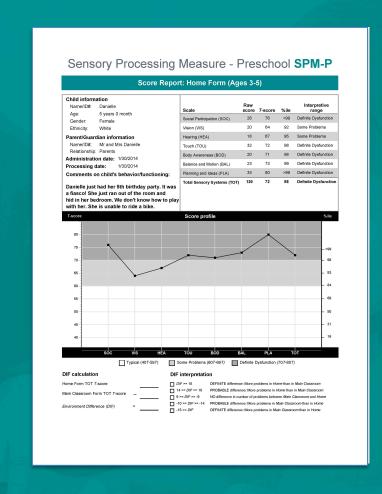
Does not use playground equipment. Though very social, she only runs around.

Avoids sensory motor challenges when left on her own.



Score Report Home Form

- Email SPM-P forms to home
- Score form
- Generate a Score Report Home Form



Score Report Home Form: Top

Sensory Processing Measure - Preschool SPM-P

Score Report: Home Form (Ages 3-5)

Child information

Name/ID#: Danielle Danielle Age: 5 years 0 month

Gender: Female Ethnicity: White

Parent/Guardian information

Name/ID#: Mr and Mrs Danielle

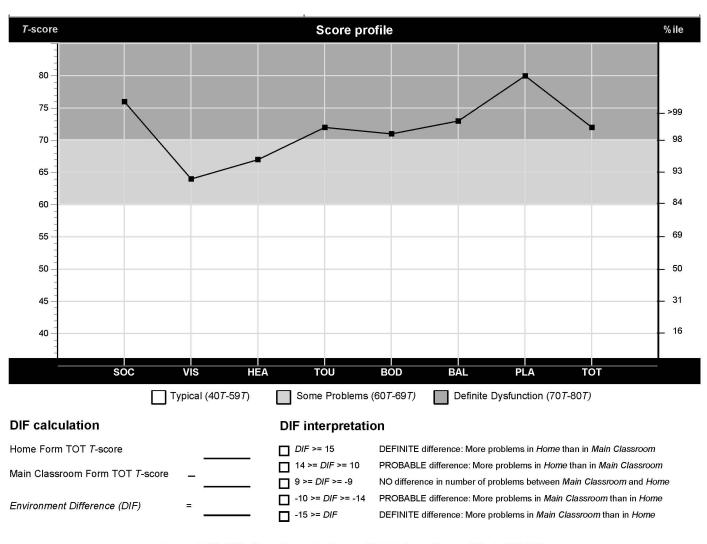
Relationship: Parents

Administration date: 4/20/2014 Processing date: 9/17/2014

Comments on child's behavior/functioning:

Scale	Raw score	<i>T</i> -score	%ile	Interpretive range
Social Participation (SOC)	26	76	>99	Definite Dysfunction
Vision (VIS)	20	64	92	Some Problems
Hearing (HEA)	18	67	95	Some Problems
Touch (TOU)	32	72	98	Definite Dysfunction
Body Awareness (BOD)	20	71	98	Definite Dysfunction
Balance and Motion (BAL)	23	73	99	Definite Dysfunction
Planning and Ideas (PLA)	33	80	>99	Definite Dysfunction
Total Sensory Systems (TOT)	120	72	98	Definite Dysfunction

Score Report Home Form: Graph



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Review Home Score Report

Look at the SPM-P Scales:

Definite Dysfunction

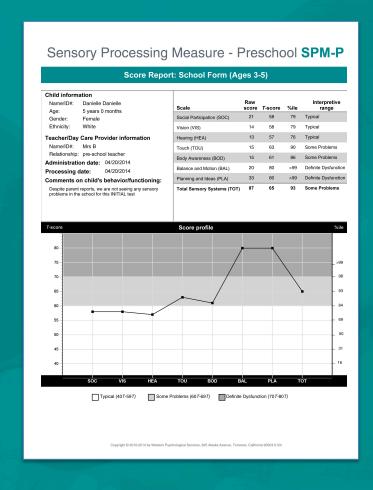
- Touch
- Body Awareness
- Planning & Ideas
- Social Participation
- TOT

Look at Contributing Vulnerabilities:

- Overresponsiveness
- Perception
- Motor Planning & Ideation

Score Report School Form

- Email SPM-P forms to school
- Score form
- Generate a Score Report School Form



Score Report School Form: Top

Sensory Processing Measure - Preschool SPM-P

Score Report: School Form (Ages 3-5)

Child information

Name/ID#: Danielle Danielle 5 years 0 months Age:

Gender: Female Ethnicity: White

Teacher/Day Care Provider information

Name/ID#: Mrs B

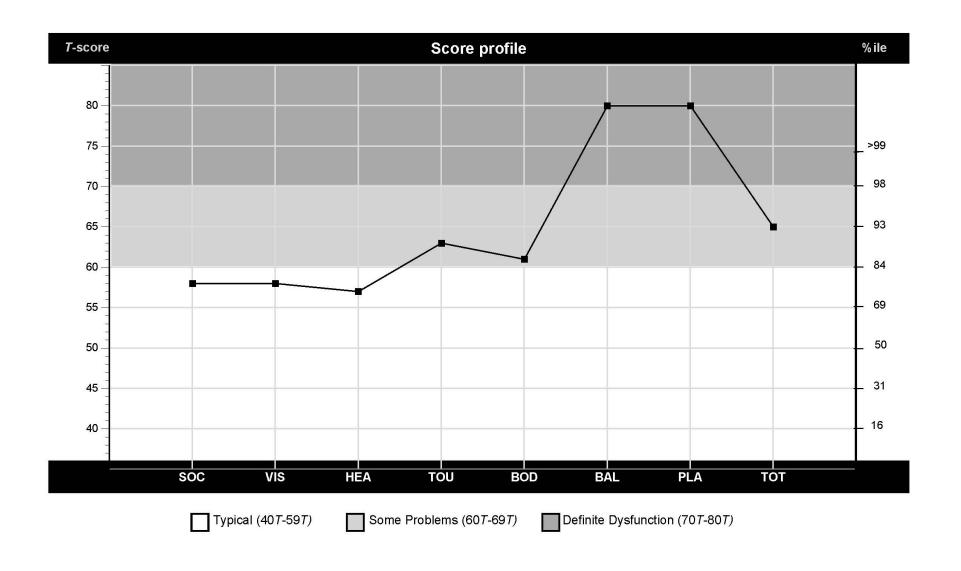
Relationship: pre-school teacher Administration date: 04/20/2014 04/20/2014 **Processing date:**

Comments on child's behavior/functioning:

Despite parent reports, we are not seeing any sensory problems in the school for this INITIAL test

Scale	Raw score	<i>T</i> -score	%ile	Interpretive range
Social Participation (SOC)	21	58	79	Typical
Vision (VIS)	14	58	79	Typical
Hearing (HEA)	13	57	76	Typical
Touch (TOU)	15	63	90	Some Problems
Body Awareness (BOD)	15	61	86	Some Problems
Balance and Motion (BAL)	20	80	>99	Definite Dysfunction
Planning and Ideas (PLA)	33	80	>99	Definite Dysfunction
Total Sensory Systems (TOT)	87	65	93	Some Problems

Score Report School Form: Graph



Contributing Items Praxis: Motor Planning

"The ability to carry out a series of movements in proper sequence"

SPM-P Items Home Form

- 69: Confused about proper sequence (e.g., dressing)
- 71: Difficulty imitating demonstrated actions

SPM-P Items School Form

- 70: Difficulty correctly imitating demonstrations
- 74: Fails to complete tasks with multiple steps (e.g., does not use the playground)

On the playground

Difficulty motor planning



Praxis challenges: Difficulty sequencing picture cards

Private speech therapy





Strategy

How high can you go?







Strategy: Moving her body to act out sequence

Cranium Hullabaloo game



Family game at home: Place pillows on the floor for safety, roll prone on the ball for linear vestibular input, and land on the pillows for allover body touch pressure

Provide opportunities for proprioception: I encouraged parents to find playgrounds



Integrated sensory activities in the classroom



Difficulty motor planning to lie on her stomach



Has to ask, "How do I get out?"



Classmate joins in

Two months post



Teacher:

"She now traces actual numbers."

To help with sequencing, we ask:

- Now what do we do?
- What do we do next?



Initially no movement:
Generic seating in cube chairs



Two months post



Teacher:

"Better able to attend and sequence rhymes because of the sensory input we now provide—ball chair, T-stool, rocking chair, etc., to sit on."



Praxis: Ideation

"The ability to create a concept or mental image of a novel task"

SPM-P Items Home Form

- 73: Has trouble coming up with new ideas during play activities
- 74: Tends to play the same activities over and over

SPM-P Items School Form

- 67: Has trouble coming up with new ideas during play (e.g., never wears dress-up clothing)
- 69: Requires props (e.g., cell phone) to engage in pretend play

Before you create an Intervention Report



- 1. Develop a hypothesis
 - Poor somatosensory processing may be contributing to difficulties in conceptualizing, planning, and organizing movements, noted both in ideation as well as in motor planning skills.

Then

- 2. Use the electronic system to sort and filter
 - Scales
 - Sensory vulnerabilities
 - Item scores
- 3. Select individual Quick Tips

For Danielle's father to be able to play with his daughter & facilitate dressing skills

Sensory Processing Measure - Preschool SPM-P

Quick Tips Intervention Report: Home Form

Child information

Parent/Guardian information

Name/ID#: Case D: Danielle Age: 5 years 0 month

Name/ID# Mr. Danielle

Gender: Female

Administration date: 2/05/2014 Relationship: father 2/05/2014 Processing date:

SPM-P scale	SPM-P item number	SPM-P item	Sensory vulnerability	SPM-P Quick Tip number	SPM-P Quick Tip
Touch	36	Seems to enjoy sensations that should be painful, such as crashing onto the floor or hitting	Seeking	2203	Give the child opportunities for firm, deep-touch pressure throughout the day (e.g., rolling the child in a blanket, having the child crawl under and then out from under heavy objects).
		his or her own body.		2205	Sing and dance to "Push Them" to use the pushing, pulling, and movement to help develop better body awareness (Sensory Songs for Tots).
Balance and Motion (movement, vestibular)	63	Shows poor coordination and appears to be clumsy.	Perception	2387	When singing action songs such as the "Hokey Pokey" and "Head, Shoulders, Knees, and Toes," do so <i>slowly</i> and with added sensory input to the body parts.
Balance and Motion (movement, vestibular)	64	Leans on other people or furniture when sitting or when trying to stand up.	Postural control	2391	Play wrestling games that encourage the child to wiggle out from under beanbags or blankets. The exertion involved in turning over, pulling, and pushing increases trunk activation and postural tone.
Planning and Ideas (praxis, motor	68	Seems confused about how to put away materials and	Motor planning	2408	Sing and move to the steps in "Pack Away" to help the child focus during this transition activity (Sensory Songs for Tots).
planning)		belongings in their correct places.		2411	Provide specific bins or baskets for different types of toys and games.
				2414	Maintain consistent organization in the home.
Planning and Ideas (praxis, motor	69	Becomes confused about the proper sequence of actions	Motor planning	2419	Give the child a visual minischedule for checking off events as they occur or tasks as they are completed.
planning)		when doing familiar, everyday routines, such as getting		2420	Increase repetition and practice.
		dressed or going to bed.		2425	Using backward chaining, complete all steps for the child except the last. When the child is able to do that one, have him complete the last <i>two</i> steps. Continue adding steps in this way until he is able to complete all steps in the task.

For Danielle's father to be able to play with his daughter

Sensory Processing Measure - Preschool SPM-P

Quick Tips Intervention Report: Home Form

Child information

Parent/Guardian information

Name: Case D: Danielle2

Name/ID# Mr. Danielle

Administration date: 4/23/2014
Processing date: 6/15/2020

Age: 5 years
Gender: Female

s Relationship: father

SPM-P scale	SPM-P item number	SPM-P item	Sensory vulnerability	SPM-P Quick Tip number	SPM-P Quick Tip
Touch	36	Seems to enjoy sensations that should be painful, such as crashing onto the floor or hitting	Seeking	2203	Give the child opportunities for firm, deep-touch pressure throughout the day (e.g., rolling the child in a blanket, having the child crawl under and then out from under heavy objects).
		his or her own body.		2205	Sing and dance to "Push Them" to use the pushing, pulling, and movement to help develop better body awareness (Sensory Songs for Tots).
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To facilitate dressing skills

Balance and Motion (movement, vestibular)	63	Shows poor coordination and appears to be clumsy.	Perception	2387	When singing action songs such as the "Hokey Pokey" and "Head, Shoulders, Knees, and Toes," do so <i>slowly</i> and with added sensory input to the body parts.
Balance and Motion (movement, vestibular)	64	Leans on other people or furniture when sitting or when trying to stand up.	Postural control	2391	Play wrestling games that encourage the child to wiggle out from under beanbags or blankets. The exertion involved in turning over, pulling, and pushing increases trunk activation and postural tone.
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planning)		when doing familiar, everyday routines, such as getting		2420	Increase repetition and practice.
		dressed or going to bed.		2425	Using backward chaining, complete all steps for the child except the last. When the child is able to do that one, have him complete the last <i>two</i> steps. Continue adding steps in this way until he is able to complete all steps in the task.

Quick Tips Record Form developed by the father & mother

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2	last last Con ster	. When two st ntinue os in th	n the d teps. adding ne task	child is g steps	able to	do tha way ur	t one, I ntil he i	have hi s able i	m com to comp	except the plete the	Initially she wa the last button etc. She now o	on her	sweat	er, afte	r awhil	le she	wanted	l to do t	he last two.
3	seq	uence	,such	as "He	ovides re're M	y Ears'	(Sens	ory So	ngs for	parts in Tots)	She now asks steps because She also want	she u	ndersta	nds to	start a	t the to	p and	work h	er way dow
4	card	rse or dboard ws or	build a d box o blocks	a fort. F or a bla s?"	or inst nket as	ance, y	ou mig	ht ask	"Shoul	n obstacle d we use a o walk on	She and her si develop before crawl under an	bed.	She is						
5	CREATIVITY (IDEATION) Play "let's pretend" and "dress-up" games. CREATIVITY (IDEATION)										She now loves We are having	so mu	ich mo	re fun t	ogethe	r. I hav			
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Str	Veek ateg 1 2 3 4 5 Veek ateg 1 2 3	1 1 Spirit Spiri	Da S S 1 3 1	M 1 1 1 3 3	2-9 th T 1 1 1 1 3 1	W 1 2	1 1 1 2-28-7 1 1 2	1 2 4 F 1 3	1 2 1 1 1 S 1 3 1 1	6 9 2 0 1 Total 7 20 4	Week 2 Strategies 1 2 3 4 5 Week 4 Strategies 1 2 3	1 2 1 1 D: s 1 3 1	M 1 2	2-15 t T 1 2 1 3-1 th T 1 4 1	w 1 3	2-21- 1 2 1 2 1 1 4 1	F 1 4	1 3 1 1 2 S 1 4	7 17 4 1 7 Total 7 27
Str	Veek ateg 1 2 3 4 5 Veek ateg 1 2 3 4 5	1 1 Spirit Spiri	Da S S 1 3 1 1 2	M 1 1 1 3 3	2-9 th T 1 1 1 1 3 1	W 1 2 1 1 3	2-28- T 1 2 1 1	1 2 4 F 1 3	1 2 1 1 1 S 1 3 1 1 1	6 9 2 0 1 Total 7 20 4 7	Week 2 Strategies 1 2 3 4 5 Week 4 Strategies 1 2 3 4 4 5 4 4 5 4 4 5 4 6 6 7 8 7 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	D: S 1 2 1 1 3 1 1 4	M 1 2	2-15 t T 1 2 1 3-1 th T 1 4 1	through W 1 3 2 2 rough: W 1 4	2-21	F 1 4	1 3 1 1 2 8 1 4 1 1	7 17 4 1 7 Total 7 27 4 7

Father picked Quick Tips to help with play & dressing



	SPM Quick Tip	s Record Form
Ch	ild Case D: Danielle	Environment Home
Na	me of Recorder Father	
	Strategies	Comments
1	Give the child opportunities for firm, deep-touch pressure throughout the day (e.g., rolling the child in a blanket, having the child crawl under and then out from under heavy objects). TOUCH PRESSURE	We created an obstacle course for her and her sister to crawl through before going to bed. These included heavy pillows, bean bag chairs and an open ended sleeping bag. Both girls loved this routine and seem to calm as they entered bed.
2	Using backward chaining, complete all steps for the child except the last. When the child is able to do that one, have him complete the last two steps. Continue adding steps in this way until he is able to complete all steps in the task. SEQUENCING FOR DRESSING (MOTOR PLANNING)	Initially she was not interested in dressing. Slowly as I asked her to snap the last button on her sweater, after awhile she wanted to do the last two. etc. She now does dress herselfeven if on backwardsshe is very proud
3	Sing a fun song that provides a pattern for learning body parts in sequence, such as "Here're My Ears" (Sensory Songs for Tots) SEQUENCING MOVMENTS (MOTOR PLANNING)	She now asks to sing and move to this song at church. She can follow the steps because she understands to start at the top and work her way down. She also wants to sing it with to her grandparents when they pick her up.
4	Offer two choices when coming up with ideas to create an obstacle course or build a fort. For instance, you might ask "Should we use a cardboard box or a blanket as a roof?" or "Do you want to walk on pillows or blocks?" CREATIVITY (IDEATION)	She and her sister are now adding pieces to the obstacle course we develop before bed. She is adding stuffed animals and different ways to crawl under and roll over.
5	Play "let's pretend" and "dress-up" games. CREATIVITY (IDEATION)	She now loves to go into my closet and wear my shoesplaying daddy! We are having so much more fun together. I have learned to be more patient and she is more ready to play pretend.

Week 1	Da	ite	2-9 th	rough 2	2-14-14	Ĭ			Week 2	Da	ate	2-15 t	hrough	2-21-1	4		
Strategies	S	М	T	W	T	F	S	Total	Strategies	s	М	Т	W	T	F	S	Total
1		1	1	1	1	1	1	6	1	1	1	1	1	1	1	1	7
2		1	1	2	1	2	2	9	2	2	2	2	3	2	3	3	17
3			1				1	2	3	1		1		1		1	4
4								0	4							1	1
5							1	1	5	1			2	2		2	7
Week 3	Da	ite	2-22 t	hrough	2-28-1	4			Week 4	Da	ate	3-1 th	rough 3	8-8-14			
Strategies	S	М	T	W	T	F	S	Total	Strategies	S	М	I	W	T	F	S	Total
1	1	1	1	1	1	1	1	7	1	1	1	1	1	1	1	1	7
2	3	3	3	3	2	3	3	20	2	3	4	4	4	4	4	4	27
3	1		1		1		1	4	3	1		1		1		1	4
4	1	1	1	1	1	1	1	7	4	1	1	1	1	1	1	1	7
5	2			1	1		3	7	5	4			1	1		4	10
Strate	Strategies		1 2			3			4				5				
Month	Tota			27				73	14	4			15			B	25

Quick Tips Record Form developed by the **teacher** & **paraprofessionals**

SPM Quick Tips Record Form	1						
Child Danielle Environment Pre	-scho	ol clas	sroom	and pla	aygrou	nd	
Name of Recorder Mrs B and classroom aides. We were off for Spring break the second week	we st				ed at h	ome.	
Strategies 1 Give the child opportunities for firm, deep-touch pressure throughout the day (e.g., rolling the child in a blanket, having the child crawl under and then out from under heavy objects). She enjoys playing "tu deep pressure touch in planning when she have up.	nput. \	vith larç We car	see th	n bags ne chal	llenges	she ha	s with motor
2 Using backward chaining, complete all steps for the child except the last. When the child is able to do that one, have her complete the last two steps. Continue adding steps in this way until she is able to complete all steps in the task.							
3 Sing a fun song that provides a pattern for learning body parts in sequence, such as "Here're My Ears" (Sensory Songs for Tots) We now play "Here're CD during circle time. the sequencing and malong.	It is e	asier fo	or all th	e stud	ents to	follow I	ecause of
Offer two choices when coming up with ideas to create an obstacle course or build a fort. For instance, you might ask "Should we use a cardboard box or a blanket as a roof?" or "Do you want to walk on pillows or blocks?"							
Play "let's pretend" and "dress-up" games. At first , Danielle was t However now she is conthat she is also playing	oming	up wit	h her c	own ide			
Week 1 Date April 21-April 25 Week 2 Date	te	April 2	28-May	/ 2 Spri	ing Bre	ak-no s	chool
Strategies S M T W T F S Total Strategies S	М	Т	W	Т	F	S	Total
1 3 3 3 3 12 12 1							0
2 2 2 2 8 2							0
3 1 1 1 1 1 5 3							0
4 3 3 3 9 4							0
5 2 2 2 6 5							0
Week 3 Date May 5-May 9 Week 4 Date Strategies S M T W T F S Total Strategies S	te M	May 1	2 -May	y 16	F	s	Total
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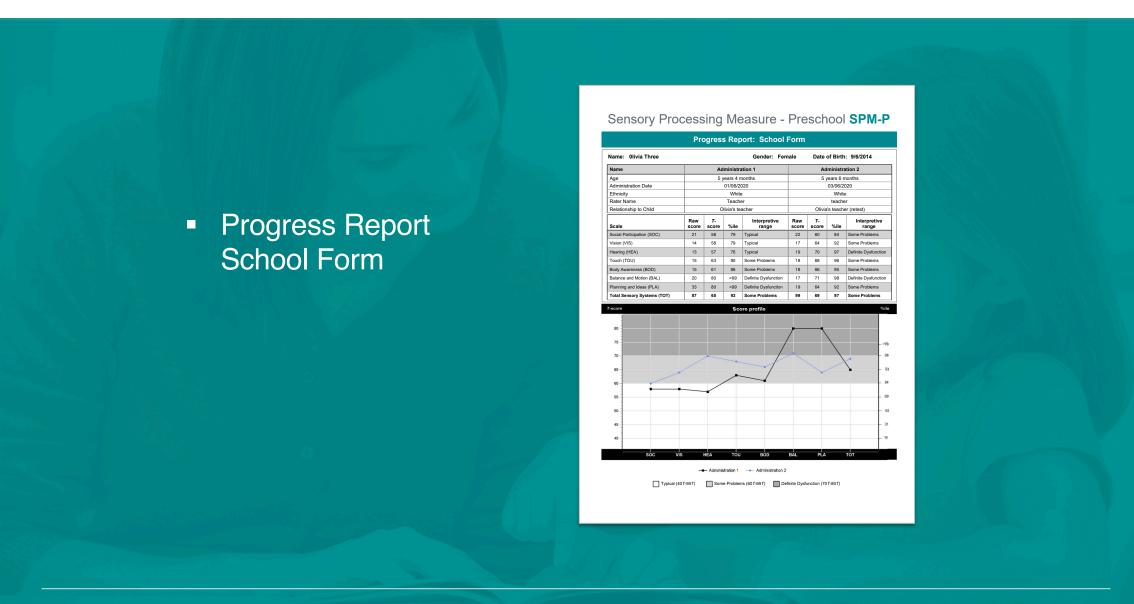
Teachers picked Quick Tips to help with sequencing & creativity



		SPM Quick Tip	s Record Fo	orm					
Ch	ild Danielle		Environment	Pre-school classroom and playground					
Na	me of Recorder	Mrs B and classroom aides We were off for Spring	break the second v	week we started . QTs continued at home.					
	71	Strategies	Comments						
1	the day (e.g., roll	portunities for firm, deep-touch pressure throughout ing the child in a blanket, having the child crawl ut from under heavy objects).	deep pressure too	ig "turtle" with large bean bags placed on top of her for uch input. We can see the challenges she has with motor ie had to ask " How do I get out" when it was time to get					
2	last. When the ch two steps.	chaining, complete all steps for the child except the hild is able to do that one, have her complete the last steps in this way until she is able to complete all		s a coat or sweater to put on or take off the aides have vard chaining. Danielle likes participating and enjoys the					
3		hat provides a pattern for learning body parts in s "Here're My Ears" (Sensory Songs for Tots)	CD during circle to	re're My Ears" from the Sensory Songs for Tots music ime. It is easier for all the students to follow because of nd moving from top to bottom. They are beginning to sing					
4	course or build a	s when coming up with ideas to create an obstacle fort. For instance, you might ask "Should we use a a blanket as a roof?" or "Do you want to walk on ?"		deas has been a challenge. So we started working on the giplayground equipment to "build" the obstacle course.					
5	Play "let's preten	d" and "dress-up" games.	However now she	was unable to pretend, stating "No, I'm Danielle". e is coming up with her own ideas. Her parents report aying dress up at home.					

Week 1	Da	ite	April 2	21-April	25				Week 2	Da	ite	April 2	28-May	2 Spri	ng Brea	ak-no s	chool	
Strategies	S	М	T	W	T	F	S	Total	Strategies	S	М	Ť	W	T	F	S	Total	
1			3	3	3	3		12	1								0	
2		2		2	2	2		8	2								0	
3		1	1	1	1	1		5	3								0	
4				3	3	3		9	4								0	
5				2	2	2		6	5								0	
Week 3	Da	ite	May 5	-May 9					Week 4	Da	ite	May 1	2 -May	16				
Strategies	S	М	Т	W	Ţ	F	S	Total	Strategies	S	М	Ţ	W	T	F	S	Total	
1		3	3	3	3	3		15	1		3	3	3	3	3		15	
2		2	3	3	2			10	2		2	3	3	2	`2		12	
3		1	1	1	1	1		5	3		1	1	1	1	1		5	
4		3	3	3	3	3		15	4		3	3	3	3	3		15	
5		3	2	3	2	3		13	5		3	3	3	3	3		15	
Strate	Strategies		1 2			3			4				5					
Month	Tota			42	2			30	15	5			39	34			34	

Test Retest



Progress Report School Form: Top

Sensory Processing Measure - Preschool SPM-P

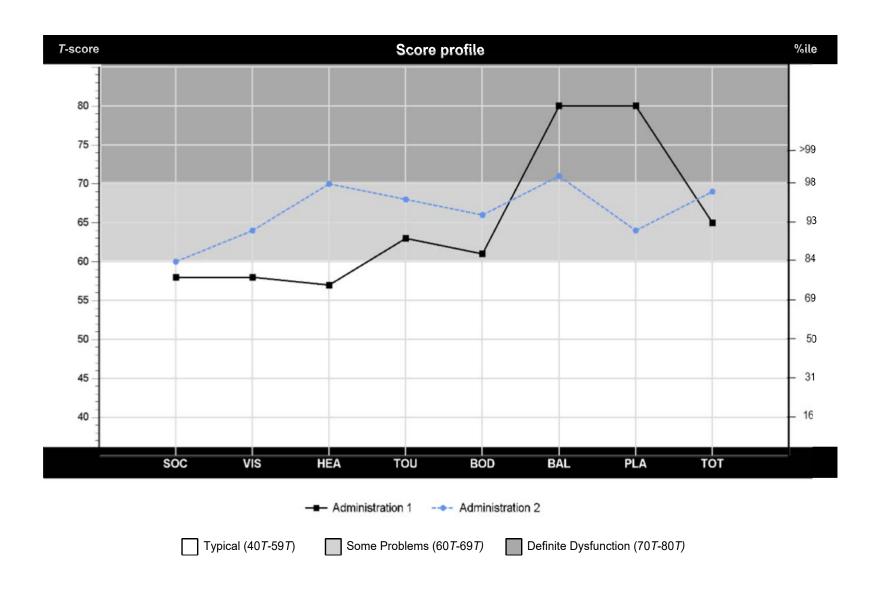
Progress Report: School Form

Name: Olivia Three	Gender: Female	Date of Birth: 9/6/2014

Name	Administration 1	Administration 2			
Age	5 years 4 months	5 years 6 months			
Administration Date	01/06/2020	03/06/2020			
Ethnicity	White	White			
Rater Name	Teacher	teacher			
Relationship to Child	Olivia's teacher	Olivia's teacher (retest)			

Scale	Raw score	T- score	%ile	Interpretive range	Raw score	T- score	%ile	Interpretive range
Social Participation (SOC)	21	58	79	Typical	22	60	84	Some Problems
Vision (VIS)	14	58	79	Typical	17	64	92	Some Problems
Hearing (HEA)	13	57	76	Typical	19	70	97	Definite Dysfunction
Touch (TOU)	15	63	90	Some Problems	18	68	96	Some Problems
Body Awareness (BOD)	15	61	86	Some Problems	18	66	95	Some Problems
Balance and Motion (BAL)	20	80	>99	Definite Dysfunction	17	71	98	Definite Dysfunction
Planning and Ideas (PLA)	33	80	>99	Definite Dysfunction	19	64	92	Some Problems
Total Sensory Systems (TOT)	87	65	93	Some Problems	99	69	97	Some Problems

Progress Report School Form: Graph



Two months post implementing the SPM Quick Tips

Mom:

"Sequencing has improved! She is NOW riding a bike, dressing, and swinging."

Teacher:

"Creativity has blossomed! She is putting on clothes during dress-up and playing different parts."

School Principal:

"We need to add a swing." (The next school year, a swing was added.)



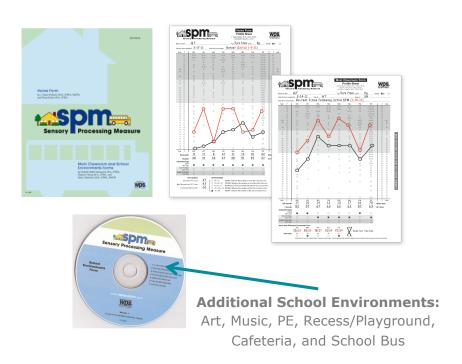






The Sensory Processing Measures: SPM & SPM-P Quick Tips

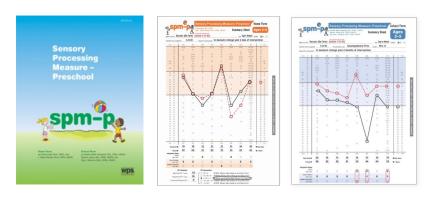
SPM (5–12 years)



http://www.sciencedirect.com/science/article/pii/S0891422214005484

Importance of assessment across environments

SPM-Preschool (2–5 years)



SPM/SPM-P Quick Tips & User Guide



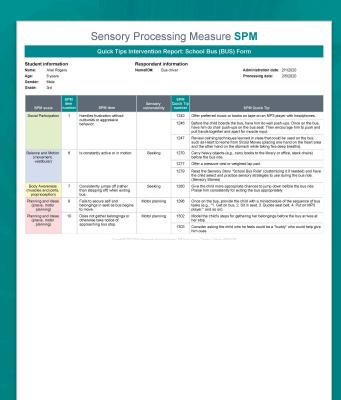


2 Formats: Print booklet and online module

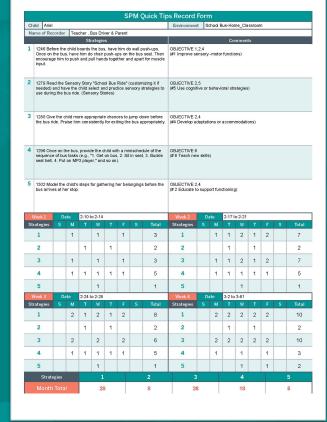
SPM-2: Across the Lifespan (Infants Through Adults) - Slated for 2021

Available on the Online Platform

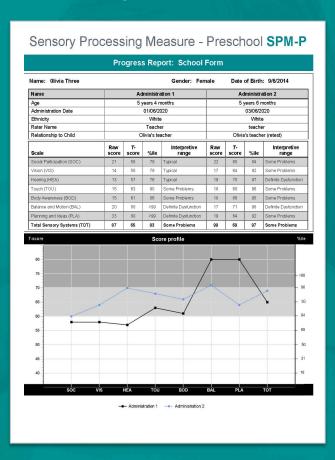
QT Intervention Report



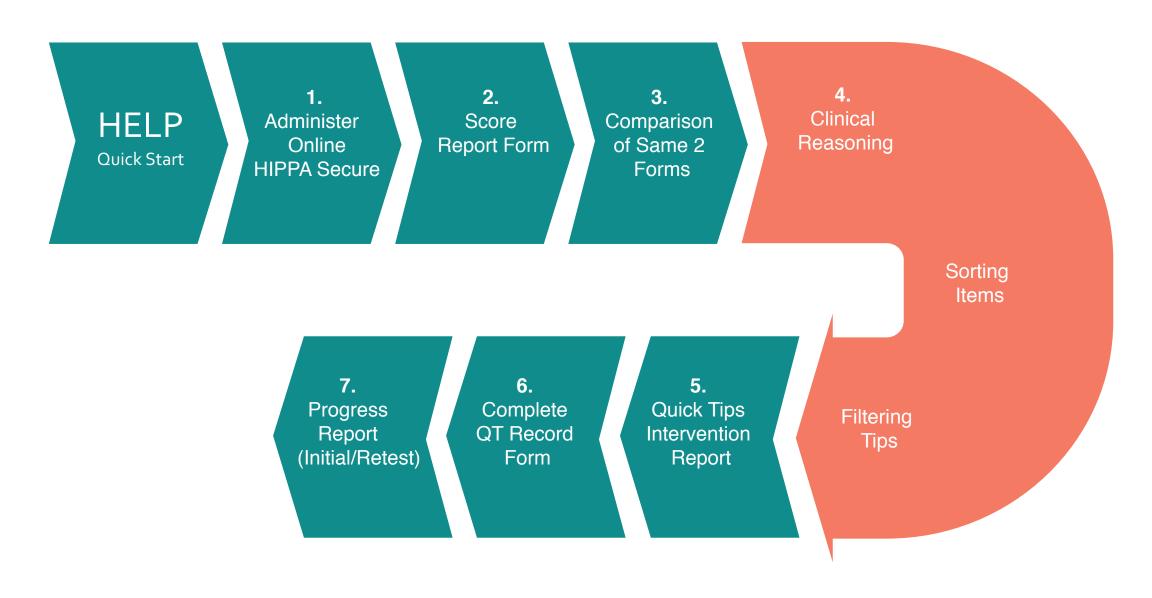
QT Record Form



Progress Report



Online Workflow



Putting heads together brings results!







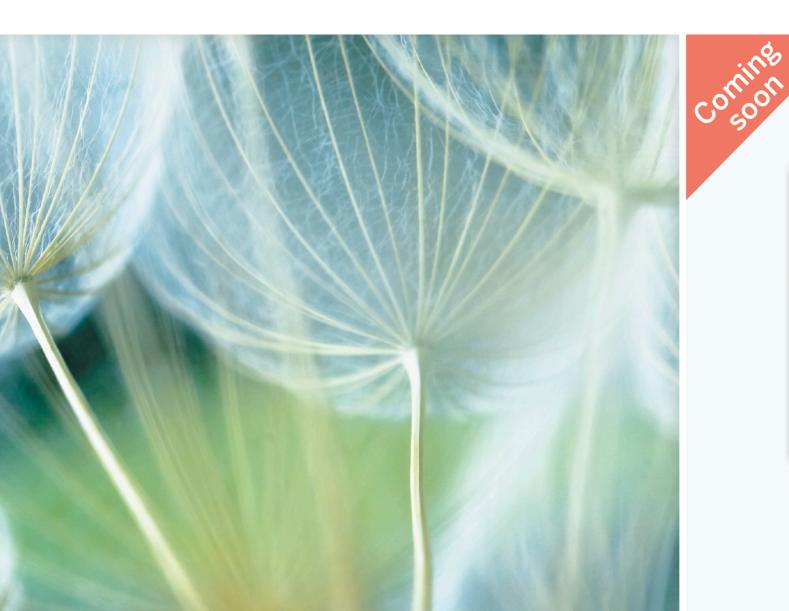
Questions?



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Coming Soon in Spring 2021!

Join our mailing list to stay up-to-date: https://pages.wpspublish.com/spm-2-coming-soon





Get valuable support from professionals you can trust:

WPS Assessment Consultants consult@wpspublish.com



Ann Rogers



Ashley Arnold



Douglene Jackson



Laura Stevenson



Stephanie Roberts

Additional Resources Available by WPS:

Telepractice Page: https://pages.wpspublish.com/telepractice-101

WPS Content Hub: https://www.wpspublish.com/content-hub

WPS Video Resources: https://www.wpspublish.com/webinars

NEW SPM-2: https://pages.wpspublish.com/spm-2-coming-soon