



Passions & Interests Inventory

Living retirement to the fullest doesn't just automatically happen once a financial plan is in place. It takes intentionality, pursuit and discovery. We have compiled a short list just to get you *started*.



ENRICHMENT HOBBIES

- Foreign Language Studies
- Travel
- Museums/Art Galleries
- Reading
- Writing/Blogging/Journaling
- Music/Musical Instrument
- Teaching/Learning/Classes
- Theatre/Ballet
- Poetry

SPORTS

- Walking/Jogging
- Biking
- Horseback Riding
- Weight-lifting
- Swimming
- Fitness Classes
- Self-defense
- Skiing/Snowshoeing
- Team Sports: Volleyball, Softball, Bowling, Basketball, Soccer

CREATIVE OUTLETS

- Scrapbooking
- Needlework: Cross-stitch, Crochet, Knit, Embroidery
- Jewelry Making
- Painting/Drawing
- Pottery
- Photography
- Singing

COLLECTING

- Books
- Antiques
- Decor
- Genealogy

OUTDOORS

- Hiking
- Camping
- Bird-watching
- Hunting/Fishing
- Trap-shooting
- Boating/Kayaking

DOMESTIC HOBBIES

- Cooking/Baking
- Sewing
- Quilting
- Building/Remodeling
- Auto/Restoration
- Woodwork
- Gardening
- Childcare

MENTAL WELLBEING

- Yoga
- Meditation
- Life Coaching/Mentorship
- Prayer

SOCIAL ACTIVITIES

- Card Games
- Dinner Parties
- Event Planning/Hosting
- Dancing: Ballroom, Salsa
- Volunteering
- Fundraising/Activism