

# 3 Steps to Safe Water

## Getting Started with BluTab

BluTab® is trusted by top dental professionals across the world because, simply put, it works. Follow this step-by-step guide and start using BluTab effectively to maintain safe waterlines.

### ONE: SHOCK FIRST

Often mistaken as unnecessary, shocking your dental unit waterlines is required for every water treatment protocol to be effective. Shocking utilizes a stronger chemical to completely rid your lines of contaminants and enables low-level anti-microbial products like BluTab to work most effectively. *Complete shocking directions are on the back of this page.*

#### When Should You Shock:

- > Before first beginning a treatment protocol or when changing treatment products.
- > At least every quarter (90 days).
- > When your waterline test reveals a contamination level of 200 CFU/mL or more.
- > For more information, visit [ProEdgeDental.com/Shock](http://ProEdgeDental.com/Shock).

After completing the shock treatment, continue your daily BluTab protocol. When selecting a shock treatment, always follow your dental equipment manufacturer's instructions.

**Questions?**  
888.843.3343  
[www.ProEdgeDental.com](http://www.ProEdgeDental.com)

### TWO: TREAT WITH BLUTAB

BluTab Waterline Maintenance Tablets are specially formulated to control contamination in dental unit waterlines by reducing and inhibiting re-growth of bacteria. They are designed to be continuously present in your waterline system to ensure safety.

#### How To Use BluTab:

- > Completely empty your dental unit water bottle.
- > Place the tablet or tablets in the empty bottle every time you need to refill your chair's water.
- > Fill your water bottles and reconnect to the dental unit. The tablet will effervesce and dissolve in a few minutes. (Note: BluTab is highly effective with tap water - Distilled water is not necessary).

Each BluTab may be left in the waterlines overnight and for extended periods of non-use. Use water solution until it is expended or up to 28 days. It is not necessary to purge lines overnight. Continue to use BluTab every day or every bottle refill.



**BluTab®**  
Because it works.

### THREE: REGULARLY TEST

Regular clinical monitoring of your waterline safety is the only way to ensure that treatment procedures are performed correctly and that your water exceeds the standard for safety ( $\leq 500$  CFU/mL).

If a line fails during testing, initiate an immediate shock, confirm that maintenance procedures are being followed, and retest as soon as possible. If your test shows microbial counts in the caution range (200 to 500 CFU/mL), shock within one week and continue regular testing.

#### How often should I test?

- > Test your waterlines every month.
- >> Once passing results are consistent, test quarterly.

Following this BluTab guide ensures your waterlines are safe and your patients and practice is protected.

