

# TICKER Unlimited gentle dose

## Patient Instructions



Remove the safety lid on TICKER Unlimited by placing your thumb under the thumb tab and pushing upward. Also remove the cap from the Gentle Dose vaginal dispenser.

### PRIMING THE UNIT

If you begin to turn the applicator and the cream does not come out, the device probably needs to be primed. Priming: Slowly turn the applicator base clockwise until cream begins to dispense. (It may take several turns.) Stop when the cream begins to appear. Use a tissue to wipe off the excess. Your device is now primed and ready to use!



Attach Gentle Dose vaginal applicator to the elevated port of TICKER Unlimited.

Turn the TICKER Unlimited dial clockwise to reach your specific dose. DIAL as many CLICKS as instructed. (Note that the amount being dispensed will appear on the dosing segments of the Gentle Dose Vaginal Applicator plunger. Each segment indicates 0.5mL.)



After dialing your dosage, wait at least 5-10 seconds in order to give the preparation ample time to exit through the port and collect in Gentle Dose. It is now ready to be inserted.

Follow your doctor or pharmacist's instructions for how to apply the medication. You may insert the applicator vaginally or into the cavity as instructed by your health professional. Press the plunger all the way down to dispense the correct dose, then remove the applicator from body.

Properly secure the safety lid to TICKER Unlimited to prevent evaporation of your preparation.

When the top part of the plunger reaches the extruded word "REFILL," it is time to refill your medication. There are approximately 6-7 milliliters remaining.

THANK YOU FOR CHOOSING OUR PHARMACY

## Gentle Dose Cleaning Instructions

- Remove the cap from barrel of dispenser.
- Depress the plunger all the way to ensure all of the medication was appropriately applied.
- Remove plunger, barrel, cap from their counterparts.
- Wash plunger with luke-warm water. Use mild, hypoallergenic soap when desired. Wash the barrel of applicator by running high pressure lukewarm water to the inside of the barrel. You may use a thin brush inside the chamber if necessary.
- Allow time for the parts to air dry (tap if necessary). You may then connect all parts once they are completely dry.

## How to Avoid Spills

Changes in pressure during flying or traveling may cause the medication to spill out of the container. It is recommended to place the applicator in a zip lock bag to minimize air getting into the applicator. You may also wrap the top of the applicator with plastic wrap for extra protection while traveling.

## Important Tips

- TICKER Unlimited dispenses 0.05mL (1/20th of a milliliter) with each CLICK.
- Gentle Dose's dosing segments are in half milliliter increments. Gentle Dose's chamber holds up to three milliliters total.
- For best absorption, lie down after vaginal route application.
- Ticker Unlimited is a one-time-use dispensing applicator and is not refillable. Reusing/refilling it will lead to inaccurate doses. Gentle Dose Vaginal Applicator may be reused with proper care.
- \*\*Store your medication(s) away from direct sunlight or excessive moisture.\*\*

Tune into our YouTube channel at [www.youtube.com](http://www.youtube.com) for video DEMOs on the proper use of Ticker and Gentle Dose Applicator! Simply type "Ticker" in the search field.



Please allow your pharmacy at least 48 hours to prepare your customized medications.