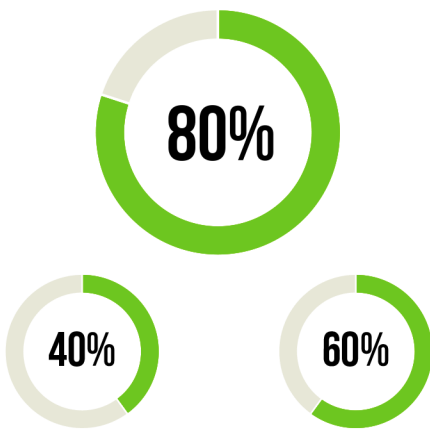


Protect Yourself From Delta With a COVID-19 Vaccine



The Delta variant of the virus that causes COVID-19 has taken the country by storm. **Currently, Delta is responsible for over 80% of new cases, and it is around 40% to 60% more transmissible than other variants.**

According to the CDC, the best way to protect yourself and others from the Delta variant is to get vaccinated against COVID-19.

Along with getting vaccinated, other effective methods for preventing the spread of Delta involve regular COVID-19 precautions. These include:

- ✓ **Wearing a mask that covers your nose and mouth**
- ✓ **Keeping 6 feet of distance between you and those you don't live with**
- ✓ **Avoiding large crowds and poorly ventilated indoor spaces**
- ✓ **Washing your hands with soap and water**

These precautions can help ensure you're doing your part in mitigating the spread of Delta.

Source: Centers for Disease Control and Prevention

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