

Get to Know Your EAP Infographic

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What is it?

Our Employee Assistance Program (EAP) offers resources to help you address any personal struggles you may be having.



How does it work?

Our EAP offers confidential services to address the following:



Mental health



Alcohol and substance abuse



Work-related stress



Divorce or marital problems



Child care or eldercare



Eating disorders



Financial or legal problems



Gambling addiction

These resources are available at no cost to you and eligible dependents.

Is this program confidential?

This program is strictly confidential and ensures your privacy. Any personal information will not be shared internally, and the use of resources will not impact your career.

Want more information?

For more information about our EAP, contact HR.

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