My Microgreens Journal

Name: _____

Plant Name:_____

Day ___1___ of observation

Plant Height: _____

1. List the type of seeds you planted.

   Plant 1:_____

   Plant 2:_____

   Plant 3:_____

2. List five things plants need to grow.

   1) _____

   2) _____

   3) _____

   4) _____

   5) _____

Today Plant looks like:

Problem: What do you want to find out?

Problem: What do you think will happen?

Test and Observe: What did you do?

What do you see? _____

_____

_____

_____

_____

_____

Conclusion: What did you learn? _____

_____

_____

_____

_____

_____

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_____

Plant Name:_____

Day _____ **of observation**

Plant Height: _____

Today Plant looks like:

Notes: _____

_____

_____

Plant Name:_____

Day _____ **of observation**

Plant Height: _____

Today Plant looks like:

Notes: _____

_____

_____

Plant Name:_____

Day _____ **of observation**

Plant Height: _____

Today Plant looks like:

Notes: _____

_____

_____

Plant Name:_____

Day _____ **of observation**

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Today Plant looks like:

Notes: _____

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Plant Name:_____

Day _____ **of observation**

Plant Height: _____

Today Plant looks like:

Notes: _____

_____

_____

Plant Name:_____

Day _____ **of observation**

Plant Height: _____

Today Plant looks like:

Notes: _____

_____

_____

Plant Name:_____

Day _____ **of observation**

Plant Height: _____

Today Plant looks like:

Notes: _____

_____

_____

Oregon State University
Extension Service

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