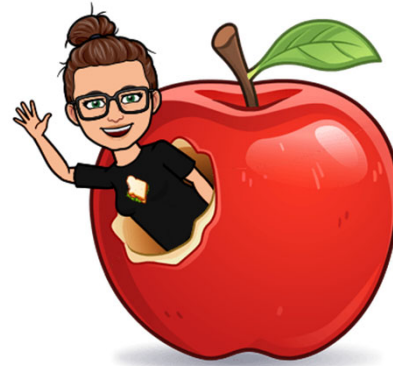




Oregon Grown



With Mrs. Paolina !



Hello Students! Welcome to the Oregon Grown classroom with Mrs. Paolina. Here we get learn all about Oregon grown foods and healthy ways we can eat them!



Mini Lesson

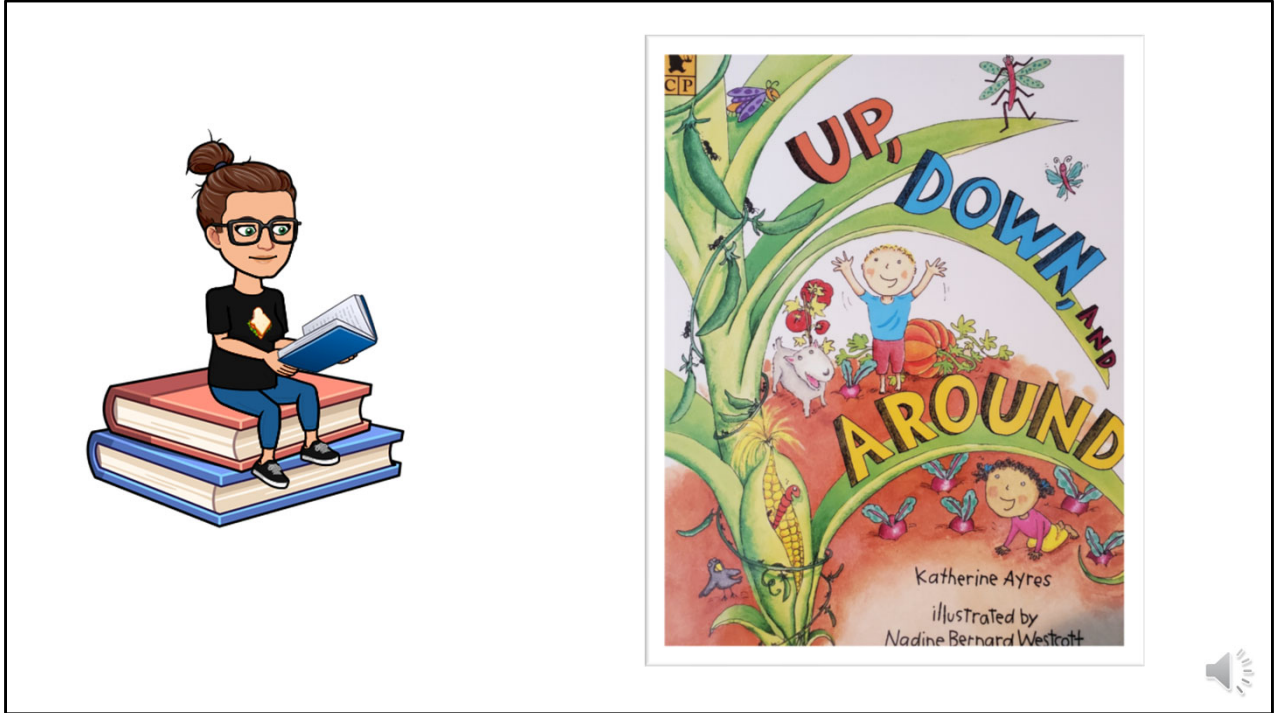


Garden drawing activity



Today's mini lesson is all about fruits and vegetables from top to bottom!
We are going to learn how to do fun activity where we get to draw our very own garden!
Are you ready?!

*****TEACHER NOTE:** Length: approximately 25-30 minutes with pauses and activity



Here it is! Up, Down, and Around is a book that I love to share with all my students. This book helps us understand the different parts of a plant and the parts we can eat! Have you read this book? If not, that's okay. Let's stop here and read it! If you have already read this book, let's keep learning!

*****TEACHERS NOTE:** You can check this book and/or lesson kit out by contacting your Klamath County's extension office's SNAP-Education program. The books can be delivered with or without your classroom kit prior to the lesson date. An OSU educator will set up a time to pick up the book and/or lesson kit after the lesson date. Please pause here to read the book to students. If you have already read the book, move on to the next slide for discussion.



Draw Your Own Garden Activity!

Now you will learn a fun activity where we get to color our own garden with tops & you guessed it, bottoms!

*****TEACHER NOTE:** If you did not request a kit of materials from OSU extension. Or are unable to get materials needed to complete activity. Checkout alternatives to completing this activity under supporting materials on the lesson webpage located on our website.



Let's talk supplies.

You will need two paper plates

One pack of crayons or colored pencils

1 brad, this is what will hold our paper plates together

1 pair of scissors

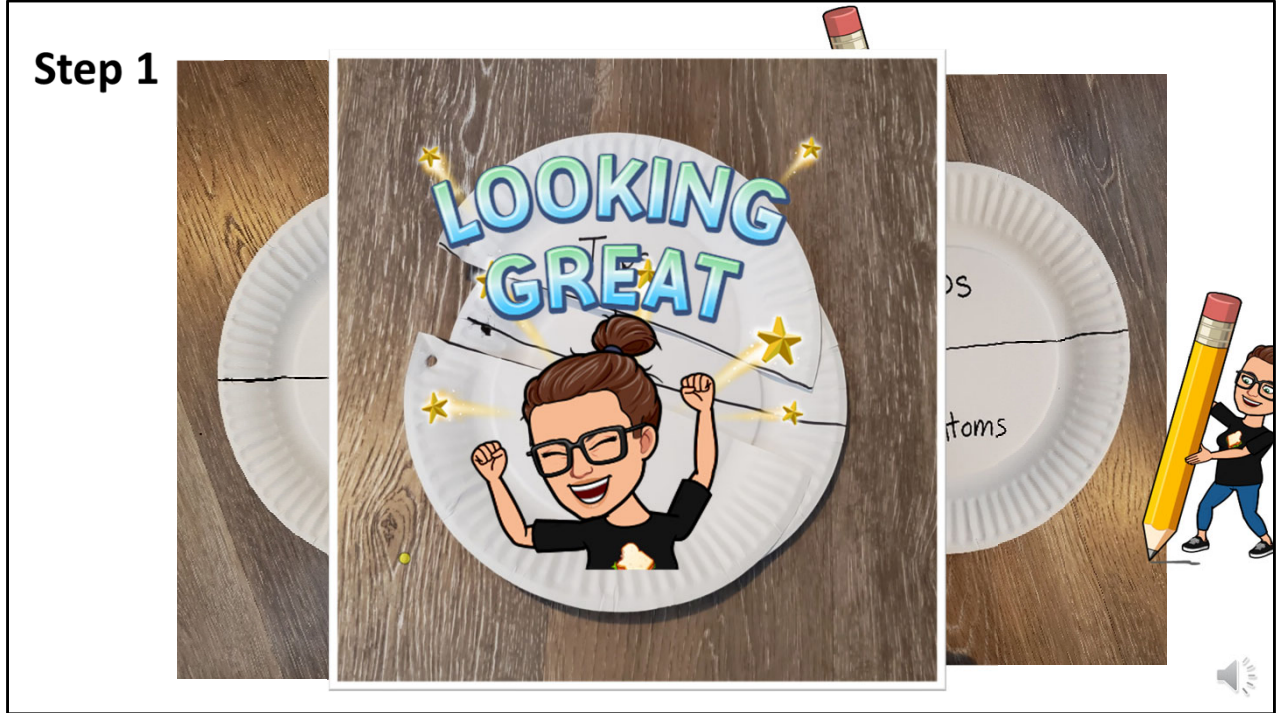
1 marker and a pen.

Make sure we only write on our paper plates and cap the marker and pen when we are done using them.

Please make sure there is an adult to help with the cutting and poking holes in our paper plates. Safety First!

Do you have all your supplies? Let's do this!

*****TEACHER NOTE:** Pause here to ensure everyone has all materials and an adult present to complete activity.



Now for some fun!

Step 1

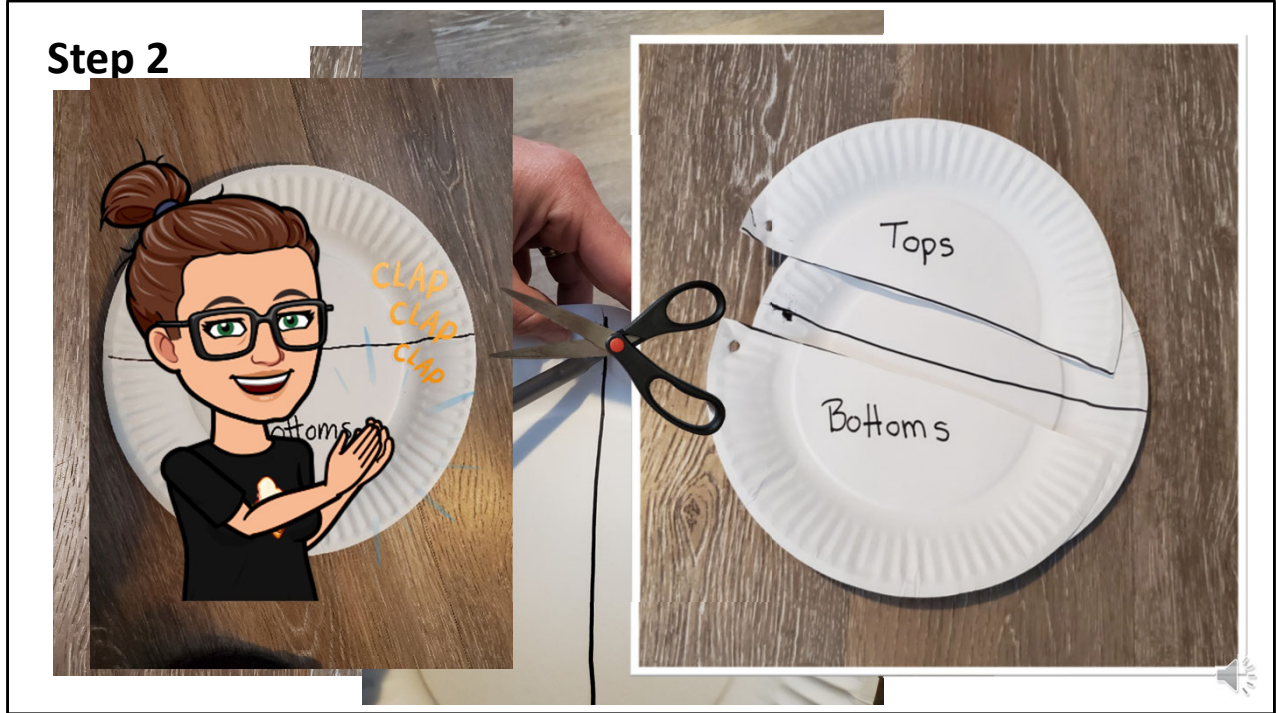
If your plate set is already cut and put together, take the brad out. Then draw a line through the middle of the whole paper plate. Next, label the two separate pieces tops and bottoms. All three pieces should look like this!

If your plates are not put together, grab both of your paper plates and draw a line across the middle of each one. Set one plate aside. On the plate in front of you, write "Tops" on the top and Bottoms on the bottom. Both plates should look like this.

Wow, this is looking great so far!

*****TEACHER NOTE:** If you received a kit with the paper plates already together. Follow the first part of step 1, then you can skip step two and move on to step 3. Pause here to ensure all are ready for next step. Or watch activity all the way through. Then go back through and pause after each step.

Step 2



Step 2

Grab your plate labeled tops & bottoms with a line in the middle. With an adult by your side, use a pair of scissors to cut along the middle line on your plate. You should now have two pieces. Next, with the help of your wonderful adult, grab your pen and poke a hole in your bottom half and top half. We also need a hole in the plate you set aside, watch those fingers! It helps if you twist the pen once it is through the hole to make it bigger! Both your plates should look like this. Great Job!

*****TEACHER NOTE:** Your kit may come with the plates already cut and bradded together. OSU staff will notify you if this is the case. Pause here to ensure all are ready for next step.

Step 3



Step 3

Set your top and bottom half to the side. Grab the paper plate that is whole with the line across the middle. Oh and don't forget your crayons! It is time to color. Take some time to think about your favorite Top and bottom plants you would like to draw. Practice your best coloring skills. Here is mine for an example. You do not have to label the plants if you don't want to. Also, it is easiest if you wait to color your sky and soil till after you draw your plants. Have fun coloring!

*****TEACHER NOTE:** pause here if you are choosing to let the students have a color break

Step 4



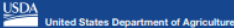

Step 4

Now grab your top and bottom half pieces and place them on top of your garden plate you just colored. Make sure all the holes are lined up and grab your brad. Push the brad through your holes and flip your plate over. Separate the two parts of the brad and push them flat. Flip your plate back over and TADA! A beautiful garden with tops & bottoms! Great job!

See you next time!



Well students, that is the end of our lesson today. Thank you for learning with me in our online Oregon Grown classroom! See you next time!

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To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online at www.usda.gov/sites/default/files/documents/usda-program-discrimination-complaint-form.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA.

The letter must contain the complainant's name, address, telephone number and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:
(833) 256-1665 or (202) 690-7442;

email:
program.intake@usda.gov.

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correo postal:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o'

fax:
(833) 256-1665 o' (202) 690-7442;

correo electrónico:
program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.

Form AD-475-S SNAP and FOPIR Poster Revised September 2019 Afiche del Formulario AD-475-S SNAP y FOPIR / Revisado Septiembre 2019

*****TEACHER NOTE:** If program delivered in a non-school setting, you must read the script below

Oregon State University's Klamath County Extension Service would like to take a moment to share with you the And Justice For All poster, something we display when we are teaching. It provides non-discrimination information stating that our institution is prohibited from discriminating in accordance with civil rights regulations and policies. For more information see this link -> <https://www.fns.usda.gov/cr/and-justice-all-posters-guidance-and-translations>
This program is partially funded USDA's Supplemental Nutrition Assistance Program.

Credits Slide (1 of 1)



Oregon State University
Extension Service



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This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP. For information on nutrition assistance through Oregon SNAP, contact Oregon SafeNet at 211. USDA is an equal opportunity provider and employer. Oregon State University, Oregon State University Extension Service is an Equal Opportunity Provider and Employer.

Photos Sources: FoodHero.org Plant parts poster & quiz provided by <https://www.fns.usda.gov/tn/dig-handouts> Farmer fun facts by: <https://oregonfb.org/2018agweek/> & <https://www.oregon.gov/ode/students-and-family/childnutrition/F2S/Pages/OregonHarvestforSchools.aspx>

Activity Source: Oregon Agriculture in the Classroom Foundation



Oregon Agriculture in the
Classroom Foundation

