

Oregon Grown

Klamath County Extension

With Mrs. Paolina!



INTRO SLIDE

Hello Students! Welcome to the Oregon Grown classroom with Mrs. Paolina! Here we will learn all about Oregon grown foods and, healthy ways we can eat them!

***TEACHER NOTE:

Key Message: Students understand the products we use everyday start as a natural resource or an agricultural product.

This lesson meets Oregon state Standards: NGSS: 3-LS1-1; SS: 3.10; HE 1.3.3,2.3.1;

RI: 3.4; SL 3.3; W: 3.8; Essential Skills: 4, 9

Length: 12 minutes without pauses for the activity and discussion. Total of approximately 20-30 minutes with activity and discussion pauses.



Oregon State
University

From the World to You Mini Lesson



Book!



Vocabulary



Activity: Sorting game



OVERVIEW PAGE

In today's Mini Lesson we are going to learn how to play a Source Sort game! This game will teach us about where things we use everyday, like a car or clothes, come from.

First, we get to hear about a book called: How Did That Get In My Lunch Box.

Next, we are going to learn vocabulary words that will help us understand where our foods come from

Finally, a fun activity where we get to play a sorting game!

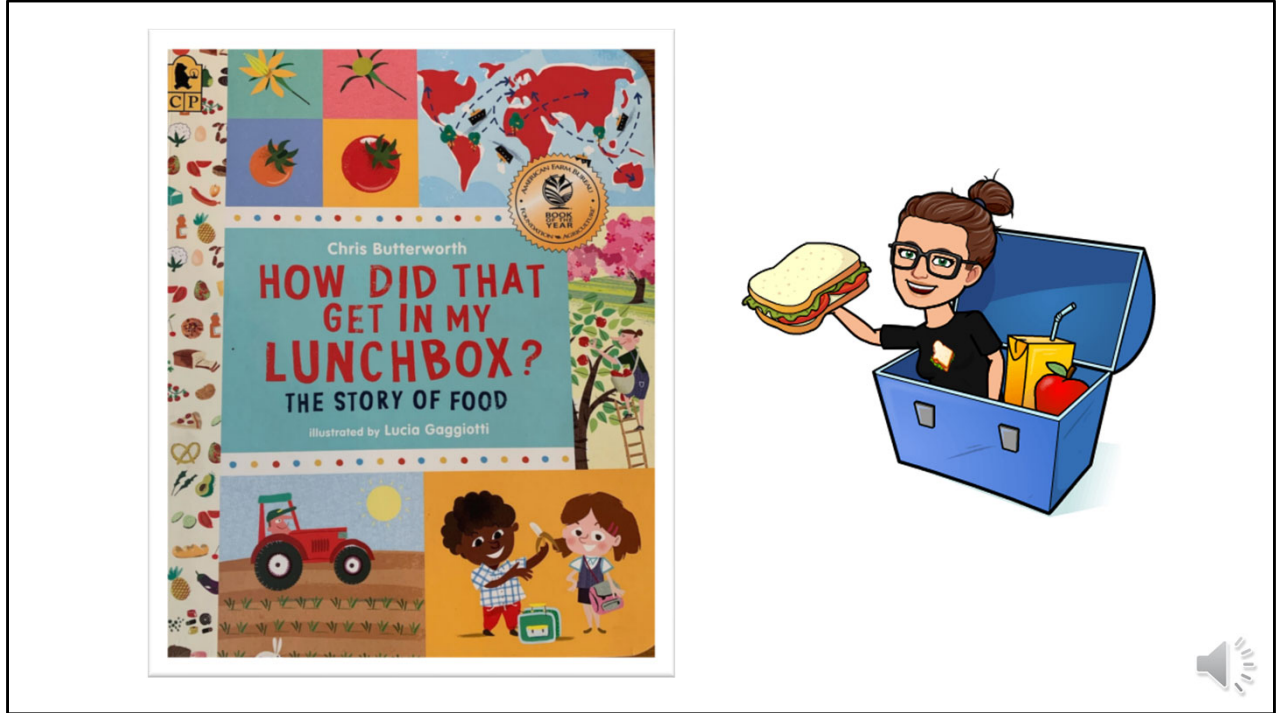
Are you ready?!



BOOK INTRO/DISCUSSION PAGE

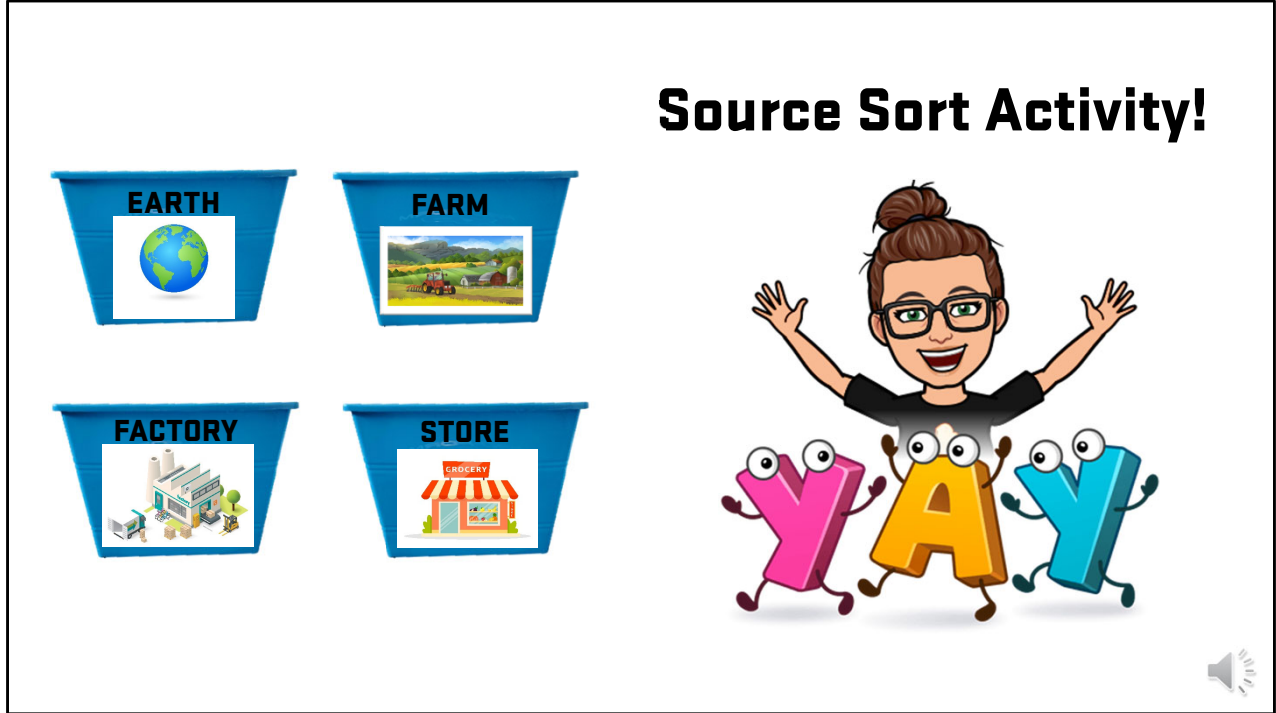
Here it is! How Did That Get In My Lunchbox is a fun book I love to share with my students. This book tells us the story of how farmers and other workers work together to get foods to our lunch boxes so we can eat it. Have you read this book? If not, Let's stop here and read it! If you have already read this book, lets keep on learning!

*****TEACHERS NOTE:** You can check this book and/or lesson kit out by contacting your Klamath County's extension office's SNAP-Ed program. The books can be delivered with or without your classroom kit prior to the lesson date. An OSU educator will set up a time to pick up the book and/or lesson kit after the lesson date. Please pause here to read the book to students. If you have already read the book, move on to the next slide for discussion.



BOOK INTRO/DISCUSSION PAGE

How about that book? It is always interesting to stop and think where things come from and how they get to us. It is amazing how much work it takes to get a piece of bread or a slice of cheese ready for us to eat. In this book I noticed most items in our lunch box start with a product grown or raised on a farm. Let's look at some new vocabulary words that will help us learn more about the steps it takes to get foods and other items we use everyday to our homes.



ACTIVITY INTRO PAGE

Now for our source sort activity! Today our game is going to help us understand the SOURCE of different things we use every day! It is important for you to learn that before a product ever enters a factor or a store, it began as a natural resource or an agricultural commodity. Let's see what all we need to play this game.

*****TEACHER NOTE:** You can request to check out a lesson activity kit from Klamath County OSU extension office. Activity options for this lesson include a physical (out of desk) Source Sort relay game or a class set of individual (at desk) Source Sort cards. Source Sort Cards are available on website to print or in a kit to check out & return.

If you have not received a kit. Pause here and please see the printable alternate activity kit materials and video on this lesson's webpage. You can watch the video and complete the activity using a blank piece of paper or print out the alternate activity page and use it to follow along with the video. Check out the Alternate activity section of Supporting Lesson Materials on this lessons webpage.



WHAT YOU WILL NEED (SUPPLY PAGE)

In your kit, you should have:

A game card with 4 categories labeled Earth, Farm, Factory and Store.

You Should also have 10 mini cards, each mini card has a picture on it. Let's check to make sure they are all there by counting them, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10!

Awesome! Next, we will learn the rules.

*****TEACHER NOTE:** Pause here to ensure everyone has all materials and an adult present to complete activity.

*If you have not received a kit, please see the printable alternate activity kit materials on the lesson webpage.



The rules to this game are easy. We have 4 different buckets pictured on our game card. Each bucket is labeled with a different SOURCE. Earth, Factory, Store and Farm. Now remember, the meaning of the word source is a person, place or thing from which something comes from. Your job is to sort the items pictured on the mini card onto the bucket labeled with the source you think that item came from. For example, I think my water mini card's original source is the earth, so I am going to place that card on the Earth bucket. I will give you time to sort through all of your cards. Don't worry about getting it right or wrong, just do what you think is right. If you do not know the source of an item on a card, set it to the side and move on. Then when everyone is done sorting, we can all learn the correct sources of each item together. Ready? Let's GO!

*****TEACHER NOTE:** Pause here and allow all the students to sort their items onto game card buckets. Press play when you are done, and the video will walk through each item and discuss the correct source.



Great job sorting!

Let's look at each mini card and learn the correct source. Don't worry about sorting your cards onto your buckets during this activity, just leave them in place. We will be looking at the cards on the screen. Remember I placed my water card onto the earth bucket. I think that the earth is the source of water because water occurs naturally without the management of humans or from mining.

What about cereal? Some of you may have put this onto the store bucket. You are right. However, the cereal had to be produced at a factory and the factory had to get the raw materials from a farm. Cereal is mostly made from grains such as wheat, corn, rice, or oats. I would place cereal on the farm bucket.

Items like the cereal, such as, Instant Mashed Potatoes and yogurt would also go onto the farm bucket. Why? Well, yes, you can buy Instant mashed potatoes or yogurt at the store but, these items must be produced in a factory from raw materials grown or raised on a farm. So, these items would also go onto the farm bucket.

Next are sneakers and a sweatshirt. What is the source of these items? Well, I buy them at the store, right? Yes, but the clothes have to be made, don't they? These clothes need to

be produced, but for these items to be produced we need raw materials from where? You guessed it! A farm. It takes cotton grown on a farm to make the sweatshirt; And leather from a cow raised on a farm to make the sneakers. I will place the sneakers and the sweatshirt items onto the farm bucket.

Time for an easy one. What is the source of these Marionberries? Store? Factory? You got it! The Farm!

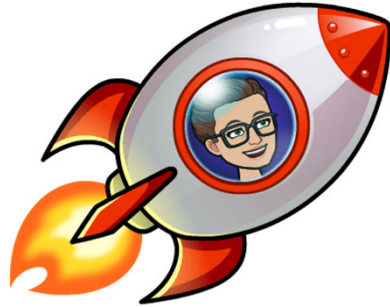
Oh, this is one of my favorite foods! Shrimp. Shrimp is interesting because it can be sourced from the earth's oceans where they are born and grow naturally or be raised at fisheries (shrimp farms). For now, let's put shrimp on the earth bucket because these are wild caught shrimp right from the ocean.

Lastly, are two cards with items I know you and your people at home use everyday. A car and a cell phone. You may have put the phone on the store bucket and the car on the factory bucket. You are not wrong. We have to buy them but, the raw materials like metal and glass used to produce these items use natural resources from the earth (such as minerals) to make them.

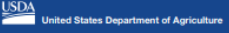

So, if we stop and think about all the products we just placed on our buckets. All the products that you get from the store have to come from where? A factory. So I am going to place all mini cards on the store bucket onto the factory bucket. The Factory needs raw materials from the Farms to produce products for the store. So, let's take all mini cards from the factory place it on the farm bucket. Wait... Farms need land with fertile soil to raise and grow crops and animals....Land is a natural resource from our earth. Oh man we are going to have to place all our farm mini cards on the earth bucket. This means all the products on our mini cards would not be here for us to use without the raw materials and natural resources the earth provides us! THANK YOU, EARTH!

*****TEACHER NOTE:** Next up is a nutrition message.

See you next time!



Well, that was our lesson for the day. Thank you for learning with me in our online Oregon Grown classroom. See you next time!

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Form AD-475-S SNAP and FOPRR Poster Revised September 2019

Afiche del Formulario AD-475-S SNAP y FOPRR / Revisado Septiembre 2019

****TEACHER NOTE: If program delivered in a non-school setting, you must read the script below

Oregon State University's Klamath County Extension Service would like to take a moment to share with you the And Justice For All poster, something we display when we are teaching. It provides non-discrimination information stating that our institution is prohibited from discriminating in accordance with civil rights regulations and policies. For more information see this link -> <https://www.fns.usda.gov/cr/and-justice-all-posters-guidance-and-translations>

This program is partially funded USDA's Supplemental Nutrition Assistance Program.

Credits Slide (1 of 1)



Oregon State University
Extension Service



Project funded, in part, by Oregon Department of Ed Farm to School & School Garden Grant

This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP. For information on nutrition assistance through Oregon SNAP, contact Oregon SafeNet at 211. USDA is an equal opportunity provider and employer. Oregon State University, Oregon State University Extension Service is an Equal Opportunity Provider and Employer.

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Farmer fun facts by: <https://oregonfb.org/2018agweek/> & <https://www.oregon.gov/ode/students-and-family/childnutrition/F2S/Pages/OregonHarvestforSchools.aspx>

Activity Source: Oregon Agriculture in the Classroom Foundation



Oregon Agriculture in the
Classroom Foundation

