

EVERYTHING YOU NEED TO KNOW

2022 GAP YEAR GUIDE

PROGRAMS • COUNSELORS • RESOURCES





USAGapYearFairs.org
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YOUR GUIDE TO TAKING A GAP YEAR

Whatever you're dreaming of, there's probably a gap year program for it! Explore the programs in this guide to help you narrow down your options for 2022 and beyond.

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GETTING STARTED PRO TIP

If you're feeling a bit overwhelmed on where to start, consider looking for 1:1 support from a gap year expert. Explore our list of Gap Year

Association accredited counselors (pg. 61) who are ready to support you through every step of the gap year process.

How to Plan a Successful Gap Year

Define your goals

Why do you *really* want to take gap time? Don't worry about the details at this stage; just focus on the goals you want to accomplish. Maybe you want to practice the language you've been studying all these years, or explore a hobby you've always been curious about. Mapping out the who, what, when, where, and why will help you reflect on your values at this point in your life, and let you identify what you'd like to accomplish during your gap time.

2 Research your options

Don't limit yourself! Start by dreaming big and selecting several options that fulfill those meaningful goals. If there's something you want to achieve and it's meaningful to you, try to find a way to make it happen. Seek out people who will be able to give you specific advice and support along the way. A great place to start is by <u>catching a gap year fair or upcoming virtual event.</u> You can also read through thousands of verified alumni reviews, testimonials, and blogs from gap year alumni <u>here at Go Overseas.</u>

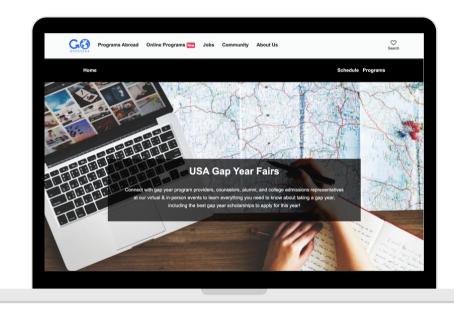
3 Start making plans!

Once you've done your research, you'll be ready to narrow down your daydreams and start making solid plans -- yes, plans (plural). In 2022, continued flexibility will be key to making the most of your gap time. For example, if you're dreaming of an international gap year in a country whose borders are currently closed, consider what your ideal backup plan might be. Would you prefer finding a virtual alternative that will connect you to the community and culture in your dream destination or would you be more excited by an inperson experience closer to home? Work with your parents, a gap year counselor, or a school guidance counselor to formulate a Plan A, B & C with reasonable budgets and schedules for each option.



Know Your Gap Year Options

For the past 15 years, USA Gap Year Fairs has partnered with US high schools to educate, inspire, and empower students to look beyond the classroom and pursue opportunities for experiential learning. This year, we're continuing to offer virtual fairs in addition to in-person events to help make information about planning a gap year even more accessible than ever. Through online resources and interactive events, we've continued to connect our community with the most up-to-date gap year information and program options for 2022 & beyond.



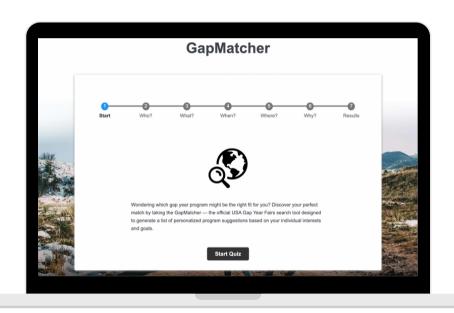
VISIT OUR GAP YEAR HUB 24/7

Register for upcoming gap year fairs and access gap year resources anytime! Explore programs, browse articles, find scholarships, and read verified alumni reviews on Go Overseas.



APPLY FOR SCHOLARSHIPS

Did you know that USA Gap Year Fairs & Go Overseas are granting \$5,000 in scholarships + in-kind mentorship from an accredited gap year counselor? Visit our hub to learn more!



TAKE THE GAPMATCHER

The best part about taking a gap time is that you can customize your experience 100% to suit your unique interests, goals, and aspirations. Take the GapMatcher quiz to find your dream program.







Virtual

LOCATIONS

France, Morocco, Senegal, Martinique

COVID POLICY



In France, Students must obtain the Passe Sanitaire, this requires vaccination or daily proof of negative test to partake in events.

PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

ARTS, FILM & MEDIA

INTERNSHIPS

LANGUAGE LEARNING

SUSTAINABILITY

VOLUNTEER



ACADEMIC PROGRAMS ABROAD



APA passionately provides exceptional experiences in French language and culture in France, Senegal, Morocco, and Martinique.

WHY CHOOSE APA?

APA is a boutique program provider in Paris, France with a passion to provide a first-rate study abroad experience that unites academic excellence with the beauty and richness of French and Francophone culture. For over 30 years, students on gap year and from more than 80 US colleges and universities have received a personalized, immersive education abroad in the Paris; Dakar, Senegal; Rabat, Morocco; and Fort-de-France, Martinique.

GET IN TOUCH

203.883.8200

□ usa@apaparis.com

Browse programs

FUN FACTS

- Only organization that works exclusively in Francophone locations.
- Top producer of Fulbright laurates including a Marimba player!



WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB



AGES 18-24







International

LOCATIONS

American West (Idaho, Oregon, California, Washington) & Patagonia, Chile

COVID POLICY



Proof of Vaccination Required Patagonia Exchange program. Vaccinations are not required for U.S. based programs.

PROGRAM TYPES

ACADEMIC

ADVENTURE

LANGUAGE LEARNING



ALZAR SCHOOL + GAP



Alzar Gap provides life changing experiences while offering tangible leadership training in world class destinations.

WHY CHOOSE ALZAR SCHOOL + GAP?

Alzar Gap brings students to the intersection of leadership training, cultural exchange and outdoor adventure. We offer gap programs for high school graduates looking for exploration and adventure in the American West and Patagonia! Alzar School has spent nearly two decades offering leadership programming for high school students and young adults. Alzar Gap programs were carefully designed based on Alzar School's "Six Foundations" -- leadership development, academics, outdoor adventure, cultural exchange, environmental stewardship, and service learning. Our programs allow participants to discover new interests and passions under the mentorship of inspiring instructors and community leaders. With campuses in Idaho and Patagonia, Chile, Alzar Gap programs are uniquely positioned to offer powerful experiences to high school graduates looking to do something special with their educational journeys.

GET IN TOUCH

833.862.5927

□ admissions@alzarschool.org

Browse programs

FUN FACTS

- Alzar has world-class campuses in both Idaho (on the banks of the Payette River) and Patagonia (on Lago Atravesado).
- Whitewater rafting and kayaking are integral parts of Alzar programs. Both Idaho and Chile are famous for their rivers.
- Students get to live in yurts in Idaho and refugios in Chile!



WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

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VISIT THE GAP YEAR HUB







ALZAR SCHOOL + GAP



Alzar Gap provides life changing experiences while offering tangible leadership training in world class destinations.



While I pushed the limits of my comfort zone, I never felt out of control.

"Northwest whitewater is exciting, serene, and challenging. The landscapes are beautiful, the accommodations with Alzar are comfortable, and the staff does a fantastic job of balancing your comfort level and challenging you to improve. Alzar also integrates student leadership well into each of its expeditions and gives everyone the chance to help plan and facilitate the trip. Before my Alzar expeditions, I had no whitewater kayaking experience, so each time I got into a kayak was somewhat nerve-wracking. The Alzar staff helped assuage these fears with careful guidance and appropriate challenges. While I pushed the limits of my comfort zone, I never felt out of control. After a few weeks of paddling, I became much more comfortable and enjoyed my time on the river!"



Verified Go Overseas Community Member



READ ALUMNI REVIEWS ON GG

GET IN TOUCH 833.862.5927





□ admissions@alzargap.org



AGES 18-25







LOCATIONS

New York City, NY

COVID POLICY



Proof of Vaccination is Required

PROGRAM TYPES

ACADEMIC

ADVENTURE

ARTS, FILM & MEDIA



AMERICAN MUSICAL AND DRAMATIC **ACADEMY GAP PROGRAM**

AMDA offers training in acting and musical theatre, giving students the opportunity to live out their passion for performance

WHY CHOOSE AMDA?

The AMDA Gap Programs unite college-age students, between 18-25, from all over the world for an urban performing arts adventure and a culturally immersive experience. Offering world-class training in acting and musical theatre, our programs provide students with a unique opportunity to live out their passion for performance at the center of all the action in New York City!

Designed with the idea that culture, diversity, and passion are fuel for creative expression. AMDA Gap Programs take students through a transformative performing arts training experience, unparalleled in the US. Students are enriched with meaningful exchanges with like-minded peers and receive valuable mentorship from industry professionals who offer wisdom and tricks of the trade.

In addition to receiving world-class training, students explore New York City through weekly excursions and activities that include trips to Broadway shows, studio tours, landmark attractions, museums, and more. The AMDA Gap Program is ideal for students who want to explore the performing arts, dive into unfamiliar territory and make lifelong friendships.

GET IN TOUCH

646.306.4745

🔀 gap@amda.edu

Browse programs



• Students will explore New York City through weekly excursions and activities that include trips to Broadway shows, studio tours, landmark attractions, museums, and more!



WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB









International

LOCATIONS

Ecuador, Costa Rica, Panama, **United States**

COVID POLICY



Proof of Vaccination is Required

PROGRAM TYPES

ACADEMIC

ACTIVISM

ARTS, FILM & MEDIA

INTERNSHIPS

LANGUAGE LEARNING

SUSTAINABILITY

VOLUNTEER



AMIGOS DE LAS AMERICAS



AMIGOS Gap Programs provide unparalleled immersion experiences with a focus on service, leadership, and cultural humility.

WHY CHOOSE AMIGOS?

Since 1965, Amigos de las Americas (AMIGOS) has provided the safest, most authentic service and immersion experiences in Latin America. Living and working in a new country gives young people the chance to improve their Spanish, make an impact, gain confidence, and build leadership skills. Our programs offer volunteers a unique way to see the world, while being supported by our unsurpassed health and safety system.

We believe in a world where all people are lifelong leaders sharing responsibility for our global community. Our programs are built around language and cultural immersion, intercultural collaboration, community ownership and impact, and leadership development. These principles, scaffolded by robust training and health and safety processes, result in volunteers who return home more mature, culturally aware, and inspired to continue serving communities at home and abroad.

GET IN TOUCH

713.986.2953

□ amurillo@amigosinternational.org

Browse programs

FUN FACTS

- Our Educador Gap program represents our return to full immersion programming with local family homestays and internships.
- Your can choose from a range of internships that match your interests!



WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB











JSA

Virtual

International

LOCATIONS

USA, Central America, Caribbean, South America, East Africa, Asia & Pacific Islands

COVID POLICY



Proof of Vaccination is Required

PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

ARTS, FILM & MEDIA

INTEDNELID

LANGUAGE LEARNING

SUSTAINABILITY

VOLUNTEER



ARCC GAP



ARCC Gap semesters are an opportunity to live, work, learn, and explore in some of the greatest classrooms on earth.

WHY CHOOSE ARCC?

ARCC Gap Year programs offer an educational and cultural bridge between high school and college. Designed with a rich educational fabric complementing each and every location, they highlight regional issues that are directly linked to global topics. Each ARCC Gap Semester provides unparalleled access to some of the most incredible people, places, and experiences the world has to offer. Our contacts and relationships allow us to immerse ourselves in the communities and cultures we visit through homestays, hands-on projects, and exchange. We take the time to plant our feet in each location, becoming part of the community at large. Eating, sleeping, and living amongst our host communities, we are welcomed in as friends. Working in partnership with area leaders and organizations, we participate in meaningful projects while collaborating with community members to achieve a common goal. Lending our hands to coral reef restoration work, building clean water filters, planting saplings, or working alongside local NGOs, our hard work supplements our education organized around ARCC Gap's Six Global Themes: Environment and Conservation, Public Health, Literacy and Education, the Movement of Peoples, Indigenous Rights and Histories, and Social Justice. Additionally, the Five Pillars of an ARCC Gap Semester are Hands-On Projects, Cultural Immersion, Adventure, Leadership Development, and Education.

GET IN TOUCH

415.332.5075

□ gap@arccprograms.com

Browse programs

FUN FACTS

- ARCC was founded in 1983 as a domestic wilderness program named Adventures
 Rolling Cross-Country. Students piled into a van and road-tripped to National Parks and outdoor destinations developing resilience and leadership skills.
- We have had over 20,000 participants throughout our nearly four decades of operating programs.



WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

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VISIT THE GAP YEAR HUB





ARCC GAP



ARCC Gap Semesters are an opportunity to live, work, learn and explore in some of the greatest classrooms on earth.

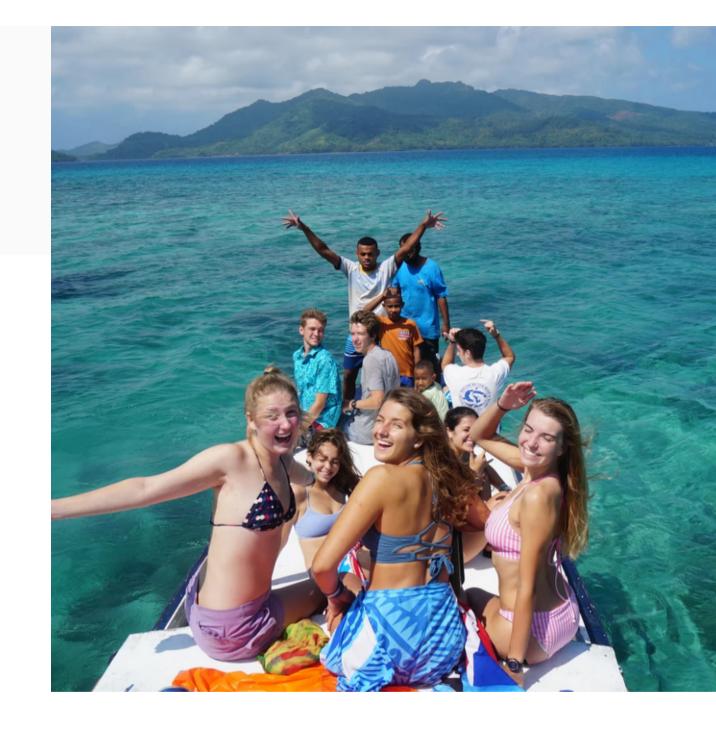


ARCC allowed for me to learn more about the world and myself than I thought possible

"This was the absolute trip of a lifetime. It was incredibly pivotal in my life and my interests. ARCC allowed for me to learn more about the world and myself than I thought possible. I made friendships that will last forever. I will forever cherish everything about my experience and I recommend it to anyone. Being outside this much is good for the soul. We slept, ate, and did almost all of our activities outside. It was so extraordinary and refreshing. The places you see and all the wonderful people you meet along the way are so lovely!"



Verified Go Overseas Community Member



READ ALUMNI REVIEWS ON GG

GET IN TOUCH 415.332.5075





□ gap@arccprograms.com









International

LOCATIONS

London, Paris, Nice, Rome, Florence, Naples, Sicily, Venice, Verona, Italy, UK, France

COVID POLICY



Proof of Vaccination is Required

PROGRAM TYPES

ACADEMIC

ADVENTURE

ARTS, FILM & MEDIA

LANGUAGE LEARNING



ART HISTORY ABROAD



Travel in Europe with enthusiastic experts in art, history and culture.

WHY CHOOSE AHA?

Study art, architecture and European culture in Italy, France and London for a semester in the autumn, 6 weeks during the Gap Year or a 2-4 week Summer holiday course. Art History Abroad programs are carefully structured and brilliantly taught so that art and culture come to life. We believe in a few simple truths: that art is best taught in the presence of the real thing and that tutor groups (of 9 students or fewer) should encourage discourse and expression. AHA tutors travel with the course, providing a friendly, enthusiastic approach, which has been an inspiration to countless students for 30 years. Open to students of all disciplines, students need only an enquiring mind.

GET IN TOUCH

+44.1379.871800

Browse programs

FUN FACTS

- On average, an AHA student walks more than 10 miles daily.
- Over the years, AHA has provided over £150,000 of funding in scholarships and bursaries.
- On a six week gap year course, the average student will eat 1.5 kilometres of spaghetti.

WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB





ART HISTORY ABROAD



Travel in Europe with enthusiastic experts in art, history and culture.



Art History Abroad's semester course is the best way anyone could possibly spend 6-12 weeks.

I was so lucky to experience it, having not only educational but fun tutors who guided us seamlessly through some of the most stunning places on the planet. I met friends from places I'd never even heard of before and the lasting friendships that you can build during this enriching time are possibly the best thing about it. It is truly a blast. I found the most enriching thing to be the way in which i found myself loving learning. I felt that everyday had a true and amazing purpose, and i knew that each day my mind would be blown afresh.



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Virl

ual Inte

LOCATIONS

France

COVID POLICY



Proof of Vaccination is Required

PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

ARTS, FILM & MEDIA

INTERNSHIPS

LANGUAGE LEARNING

CHICTAINIADHITY

VOLUNTEER



BERRIDGE BERRIDGE PROGRAMS

GAP YEAR
ASSOCIATION
MEMBER

Live in creative community based in an 18th century chateau in the heart of Normandy, France led by professional artists.

WHY CHOOSE BERRIDGE PROGRAMS?

Creative Semester is a 10-week residential program led entirely by professional, working artists. Each day offers a variety of workshops to sample, classes in your artistic concentration and individual studio time. Focus on a discipline you love, learn something completely new, or try a combination of both as you move projects from concept to completion under the guidance of your personal artistic mentor.

The program culminates in an Arts Festival for the local community and welcomes all levels of experience from complete beginner to the creatively curious to those looking to pursue creative careers. There are plenty of opportunities to immerse yourself in French food, history, language and culture including French cooking classes, French language classes and work experience running our French market stall in the nearby town of Bricquebec. The program culminates in a trip to Paris for a full week of arts-focused excursions in the famed City of Lights.

Learn from professional artists and discover where your creativity can take you at the Berridge Programs Creative Semester in France!

GET IN TOUCH

760.688.8447

andrea@berridgeprograms.com

Browse programs

FUN FACTS

- Our residence was used as a German communication headquarters in WWII
- Known as our Cheese Challenge, we aim to sample 100 cheeses during our time in France
- Berridge faculty collectively represent over 35 different creative careers





US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB











LOCATIONS

USA, Central America, South America, Europe, Africa, Asia, Australia, New Zealand & Pacific Islands

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

INTERNSHIPS

LANGUAGE LEARNING

SUSTAINABILITY

VOLUNTEER

CARPE DIEM EDUCATION





We offer semester and year-long gap programs that focus on experiential education, community, and intercultural exchange.

WHY CHOOSE CARPE?

Carpe Diem programs challenge perspectives, embolden critical thinking, and inspire a greater sense of self through enhanced global awareness. Balancing hard work with fun-filled adventure; finding laughter in the midst of learning; we discover the depths of our humanity together.

While participating in a Carpe Diem gap year program, students explore some of the most culturally and geographically diverse (and exciting!) regions of our planet. All programs have up to 13 students and two experienced Overseas Educators. College credit, scholarships, and payment plans are available on all semester and year-long programs.

Programs are offered in Italy & Greece, Spain & Morocco, Hawai'i, the South Pacific, Central America, South America, India, and Southeast Asia.

Imagine engaging in forest and river conservation efforts in the Amazon Basin; studying indigenous perspectives in the hills of Northern Thailand; living with families and studying Arabic in the capital city of Morocco; scuba diving the coral reefs of Fiji.

503.285.1800

M anneecarpediemeducation.org

Browse programs



Carpe Diem is one of the first gap year participate in carbon offsetting and to match and is a certified B Corporation.

GET IN TOUCH









organizations to encourage our students to offsetting donations up to \$30 per student,



WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB



CARPE DIEM EDUCATION



We offer semester and year-long gap programs that focus on experiential education, community, and intercultural exchange.



I loved getting to be immersed in the communities on the farms and connecting with people there because it was a great way to hear different perspectives and get an authentic experience with the local culture.

"I'm so thankful for this experience because the collection of local contacts allowed me to experience and interact with a variety of unique perspectives and lifestyles that I otherwise would have never been able to encounter. I feel that in particular this experience was perfect for the transition between high school and college and adulthood because it opened my eyes to a plethora of different future paths and highlighted my values in a profound way."



Verified Go Overseas Community Member



READ ALUMNI REVIEWS ON GO

GET IN TOUCH 6 503.285.1800





□ anne@carpediemeducation.org



AGES 18+







√irtual

International

LOCATIONS

China, Italy, Japan, Jordan, & Virtual

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

ARTS, FILM & MEDIA

INTERNSHIPS

LANGUAGE LEARNING

CHICTAINARHITY

VOLUNTEEL



CET ACADEMIC PROGRAMS



Build language skills or take on an international internship with a Gap at CET program, offered in 5 locations abroad.

WHY CHOOSE CET?

CET Academic Programs is a study abroad organization that has been developing and operating innovative educational programs abroad since 1982. Today, CET offers a varied portfolio of semester, summer, and customized programs around the world for college, high school, and gap year students.

CET is known for strong academics, professional program management, a nimble and collaborative approach to partnerships, and supportive student services. Through elements such as field-based course components, internships, and housing with local roommates, CET strives to integrate students into the local community and facilitate lasting relationships with hosts. Through its commitment to equity and inclusion, CET seeks and encourages the participation of students from diverse backgrounds and strives to create program environments that foster critical thinking and an appreciation of difference. And as an environmentally conscientious organization, CET aims to adopt sustainable measures across its operations.

GET IN TOUCH

800.225.4262

□ cet@cetacademicprograms.com

Browse programs

In every gap program we operate, we pair you with a local roommate. Your local roommate is your key to the city, the language, and the culture. And often times, they're also a good friend.







WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB



CET ACADEMIC PROGRAMS



Build language skills or take on an international internship with a Gap at CET program, offered in 5 locations abroad.

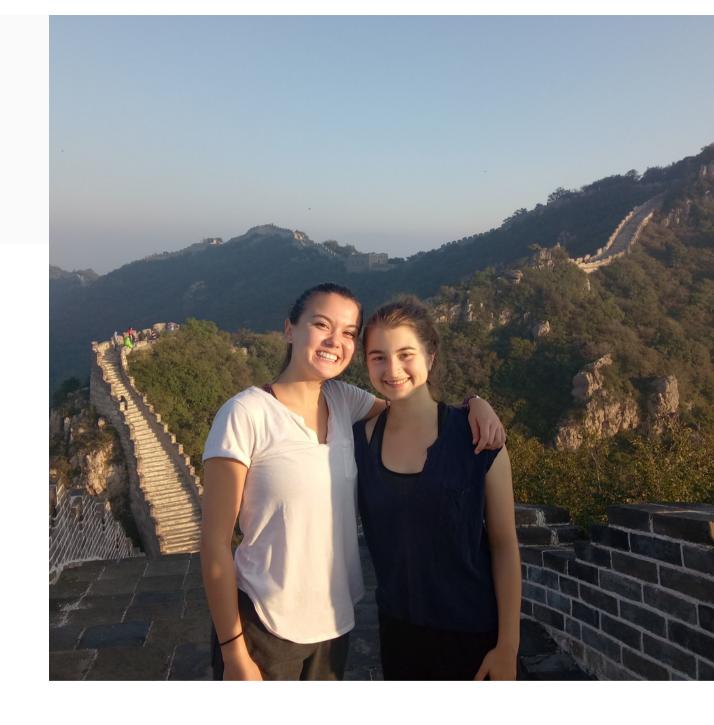


Going in with an open mind is the most beneficial way of getting everything out of the **CET** program that they can.

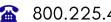
"What made my time in Beijing unique was the people I got to meet. New friends, teachers, program alumni and native Chinese speakers like my roommate, all made a huge positive impact on my experience. Making an effort to connect with these people on a daily basis, as well as trying to make as much an impact on their lives as they made on mine, was very important in building and maintaining those relationships and giving me more opportunities to connect in the future, as well as enriching my experience abroad."



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READ ALUMNI REVIEWS ON GG













USA

Virtual

Internationa

LOCATIONS

Boston, Ottawa (Canada), Virtual

COVID POLICY



Proof of Vaccination Recommended

PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

ARTS, FILM & MEDIA

INTERNSHIPS

LANGUAGE LEARNING

SUSTAINABILITY

VOLUNTEER

DISCOVER Y E A R

DISCOVER YEAR



Build Important Life Skills and a Sense of Purpose

WHY CHOOSE DISCOVER YEAR?

Discover Year is an innovative one-year life skills program that helps young adults better understand what they want and build the skills they need to go out and get it. Our students build stronger self-awareness, confidence, communication skills and resilience to thrive in whatever education or career path they take. They achieve these results through:

- Essential skills workshops
- Mentorship and coaching
- Work
- Travel
- Community service

FUN FACTS

- We have a 1 to 6 ratio in our program that makes us unique: 1 facilitator to every 6 students, making the conversation rich and highly personalized
- Each week, our students have 1 day of dynamic learning (our workshop days) and 6 days of purposeful exploration (work-terms, volunteering, exploring personal projects, etc.)

\$ 500

WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

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VISIT THE GAP YEAR HUB

LEARN MORE AT A VIRTUAL EVENT

GET IN TOUCH











LOCATIONS

Worcester, Massachusetts

COVID POLICY



Proof of Vaccination Recommended

PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

ARTS, FILM & MEDIA

INTERNSHIPS

SUSTAINABILITY

VOLUNTEER



DYNAMY INTERNSHIP YEAR



Dynamy is a domestic gap year for students who are interested in exploring future career paths through various internships.

WHY CHOOSE DYNAMY?

Dynamy Internship Year (DIY) is a domestic, long-standing gap-year program created for students ages 17-22 who want to pursue a unique, hands-on learning experience. Taking a personalized approach, we provide students with a semester or full year "on", filled with meaningful opportunities to gain real world work experience, explore career interests, and build critical life skills before taking life's next steps. Our approach helps students build the confidence and skills critical for success in college, a career, or whatever else their future may hold!

Each day here, students live, work, and intentionally "create their own life" in a positive community with the support of student-focused advisors who help to buffer the transition to adulthood. While internships are at Dynamy Internship Year's core, the program is a complete 360° experience—from internships, to outdoor challenges, to one-on-one mentoring, to community involvement and apartment life - a holistic approach designed to help each student pursue their interests and passions, discover their full potential, and find their direction!

GET IN TOUCH

508.755.2571

□ admissions@dynamy.org

Browse programs

FUN FACTS

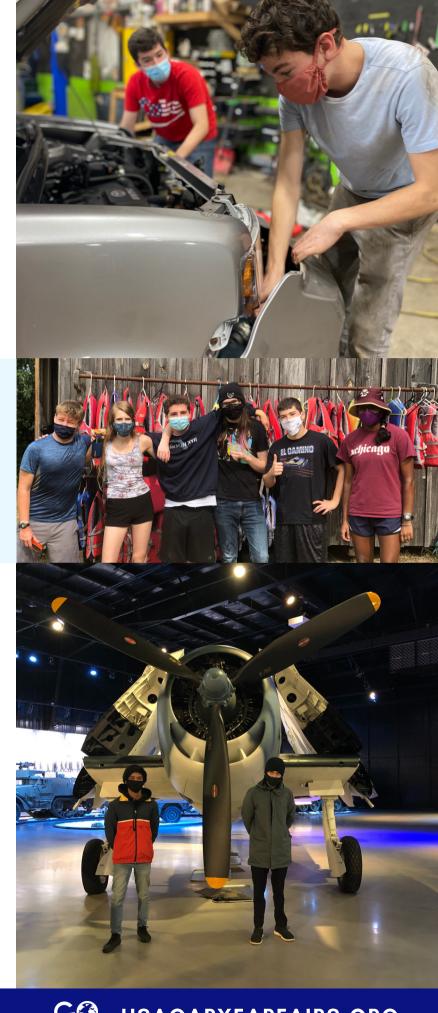
- Dynamy offers nearly 100 internships in various professional categories
- Established in 1969, Dynamy is the longest running residential gap year program in the US.



WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM? US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB





DYNAMY INTERNSHIP YEAR



Dynamy is a domestic gap year for students who are interested in exploring future career paths through various internships.

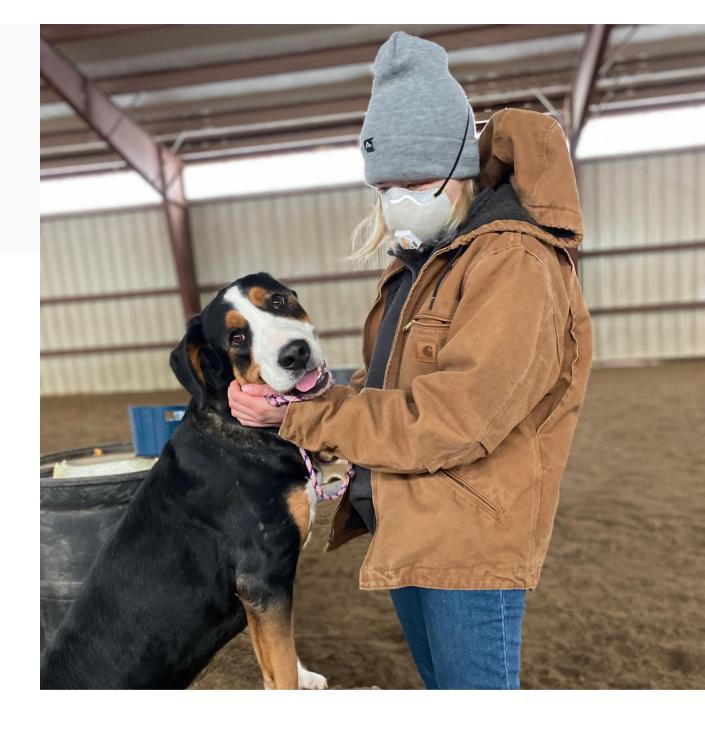


They have so many internship opportunities that allow us to explore interests of all kinds and have hands on experiences. I'm forever grateful, thank you Dynamy!

Dynamy is exceptional because of the way they handled COVID. Even through COVID they allowed us to have a social life in a safe way and enjoy our time with our peers. They planned fun activities for spring break, and Easter even though we couldn't be with our families. They made me realize Dynamy is a family and the best non-biological family a girl could ask for.



Verified Go Overseas Community Member



READ ALUMNI REVIEWS ON GG

GET IN TOUCH 6 508.755.2571





□ admissions@dynamy.org



AGES 18-22







LOCATIONS

Central America, South America, Europe, Africa, Asia, Australia, New Zealand & Pacific Islands

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ACADEMIC

ADVENTURE

INTERNSHIPS

LANGUAGE LEARNING

SUSTAINABILITY

VOLUNTEER



EF GAP YEAR



Travel the world, discover your passions, and gain the skills necessary MEMBER to thrive in the world of tomorrow with EF Gap Year.

WHY CHOOSE EF GAP YEAR?

EF Gap Year is preparing students to thrive in an ever-changing world. With our suite of customizable global gap year programs, we give students the opportunity to get out of their comfort zones, discover more about themselves and the world, and return home with the skills and confidence to handle whatever comes next.

Only EF Gap Year offers multi-destination programs with a unique range of program modules. Students can learn a language, make an impact, gain internship experience, and develop their leadership skills—all during the same program. Between our endless destination combinations and program lengths, we make it easy to build a life-changing gap year program that's perfectly tailored to where you are, and where you want to be.

EF Education First's unparalleled global reach means that wherever you go we're already there. With staff on the ground in every destination you visit— 52,000 worldwide—our unparalleled international support network allows you to travel with confidence. EF Gap Year is 5x accredited, and we offer college credit, so our students can enter college ahead of the curve.

VISIT THE GAP YEAR HUB

GET IN TOUCH

800.726.9746

info@efgapyear.com

Browse programs

- EF Gap Year awards up to \$50,000 in merit-based scholarships annually.
- EF Education First is the largest educational organization in the world.









EF GAP YEAR



GAPYEAR Travel the world, discover your passions, and gain the skills necessary to MEMBER thrive in the world of tomorrow with EF Gap Year.



Out of my comfort zone and into my future!

I can't imagine who I'd be right now if I hadn't taken a gap year. EF's gap year program allowed me to accomplish so many goals of mine, whether it be to learn fluent Spanish or to go bungee jumping in a foreign country. I studied Spanish in Costa Rica, completed Service Learning in the Dominican Republic, and interned in Madrid, Spain. My gap year took me out of my comfort zone so many times that I don't even know what that means anymore – and my life is better because of it. Now, as I head off to college, I am able to focus on my excitement rather than feeling nervous, because I have built so much confidence within the past year. If anyone is searching for a path to follow, a way to achieve their goals, or even just who they are, they need to take a gap year.

— Annabel, EF Gap Year Alum

Verified Go Overseas Community Member



READ ALUMNI REVIEWS ON GG

GET IN TOUCH 8 800.726.9746





info@efgapyear.com



AGES 16+







USA

/irtual

International

LOCATIONS

Berlin, Munich, Paris, Nice, Barcelona, Malaga, Costa Rica, Rome, Shanghai, Tokyo, and Seoul

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ACADEMIC
ACTIVISM
ADVENTURE
ARTS, FILM & MEDIA
INTERNSHIPS
LANGUAGE LEARNING
SUSTAINABILITY
VOLUNTEER



EF INTERNATIONAL LANGUAGE CAMPUSES



The world is waiting! Learn a language abroad and launch your global future. Study for 2 weeks to a full year abroad.

WHY CHOOSE EF LANGUAGE CAMPUSES?

Language learning abroad for students of all ages and levels, with programs ranging from two weeks to one year. Launch your global future, meet new friends from around the world, and become bilingual. Your Study Abroad Advisor will help you plan the perfect course to fit your interests and goals.

Join for a semester or year, prepare to attend university abroad, or take advantage of our flexible length courses and start any Monday. EF will take care of everything from housing and activities to travel arrangements and visa support.

Return home having made guaranteed progress and with proof of your accomplishments, including a certificate or transferrable US college credit.

GET IN TOUCH

1.800.992.1892

Browse programs



Since 1988, EF has worked with the Olympics to offer educational solutions that promote understanding and connectedness at the Olympic and Paralympic Games.







WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB



EF INTERNATIONAL LANGUAGE CAMPUSES



The world is waiting! Learn a language abroad and launch your global future. Study for 2 weeks to a full year abroad.

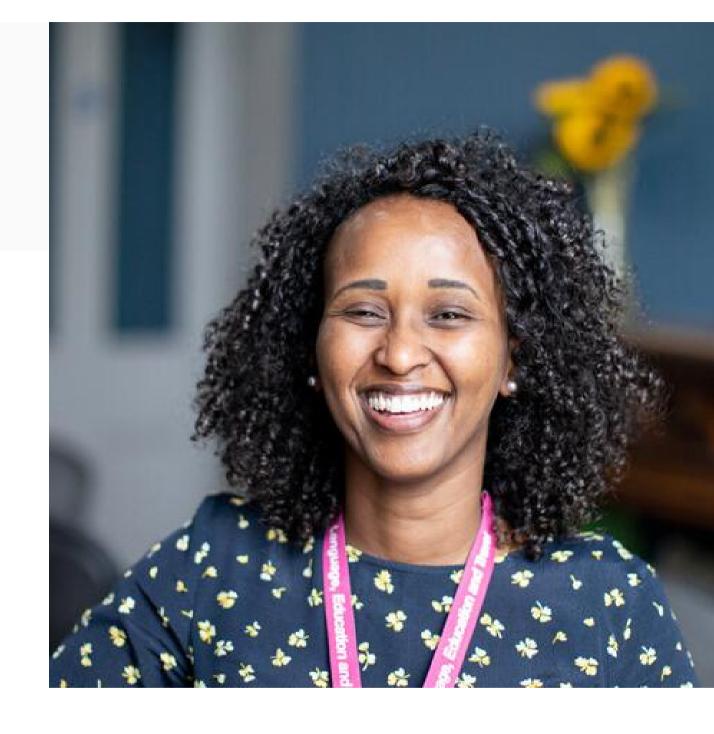


My time in EF was very unique, as I stayed there in the middle of a worldwide pandemic that hit Spain pretty hard at the beginning.

"My first month and a half was the normal EF experience, and it was wonderful. The classes were of great quality, and EF was always very helpful with anything I needed. Then the pandemic arrived and most of the students left, however I stayed and was able to still have a good experience first in the Residence, and then later in a host family. We had online classes the rest of my time, and they worked very well. I ended up graduating from EF with a C1 in Spanish!"

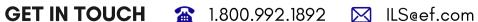


Verified Go Overseas Community Member



READ ALUMNI REVIEWS ON GO













International

LOCATIONS

Virtual, Ecuador, India, & Brazil

COVID POLICY



PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

INTERNSHIPS

LANGUAGE LEARNING

SUSTAINABILITY

VOLUNTEER



GLOBAL CITIZEN YEAR



Launching the leaders our world needs now

WHY CHOOSE GLOBAL CITIZEN YEAR?

Global Citizen Year is launching a generation of leaders with the perspectives, skills and networks to solve humanity's most urgent challenges. Each year we recruit a diverse corps of talented young people from across the globe. Our experiences - an immersive Fellowship and a virtual Academy - create opportunities for young people to understand and fulfill their potential as leaders. We give them a structured curriculum, a diverse cohort of peers, and an inspiring coach to guide them. In turn, they stretch beyond their comfort zones as they navigate divergent worldviews and explore their identity, values, and purpose. Our students build powerful and connected communities across lines of difference, as they develop the "REAL" skills of the 21st century: resilience, empathy, agency, and leadership. As a result, when our alumni graduate they have more than a diploma - they have a purpose. They know their "why." Ultimately, our alumni are equipped to drive change in their own communities, with an impact that reverberates around the world.

GET IN TOUCH

415.963.9293

admissions@globalcitizenyear.org

Browse programs

FUN FACT

Shawn Mendes, Melinda Gates, and Jay Shetty are just a few of the influential leaders that have been part of the Academy speaker series.

WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB









LOCATIONS

Grantham, United Kingdom

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

ARTS, FILM & MEDIA

INTERNSHIPS

SUSTAINABILITY

VOLUNTEER



HARLAXTON COLLEGE GAP YEAR



Harlaxton College, located an hour from London in a Victorian manor, is home to Designing Your Global Path gap year program!

WHY CHOOSE HARLAXTON COLLEGE?

Harlaxton College has been a leader in study abroad since 1971, and over 12,000 students have participated in our programs in the UK. We are highly ranked as a study abroad provider, with years of experience creating transformational learning opportunities for students.

As the overseas study site of the University of Evansville, we are a pivotal part of their Ashoka designation as a changemaker campus. The combination of our study abroad expertise and our changemaking focus make us the ideal site for your gap year program. You get the best of our history, location, beauty, and forward-thinking curriculum.

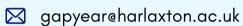
All participants in Harlaxton College programs live and study in our amazing historic manor house in the countryside of England, about an hour north of London. You will have the full support of our team and access to everything you need, including comfortable housing, excellent dining, engaging faculty, and curated cultural excursions.

GET IN TOUCH

812.488.2039

- Harlaxton College has just celebrated 50 years as a study abroad site!
- Harlaxton students can visit major capitals of the UK through our excursions!





Browse programs







US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB











LOCATIONS

The American West & Chilean Patagonia

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

SUSTAINABILITY



HIGH MOUNTAIN INSTITUTE GAP



HMI's Gap Semesters unite outdoor adventure, environmental service, and community in some of the world's wildest places.

WHY CHOOSE HMI?

HMI's Gap Semesters unite outdoor adventure, environmental service, and leadership development on an uninterrupted journey to some of the world's most awe-inspiring places. Our students realize their full potential to thrive as engaged citizens of the world by exploring with intention. Central to all HMI Gap year programs is extended experience and practice in outdoor adventure. Each course advances students' skill in either rock climbing or wilderness travel. All experience levels are welcome; however, we encourage students to have a strong interest in spending time outdoors. In partnership with land management agencies and conservation groups, students participate in hands-on service projects to protect and restore these wild landscapes.

The opportunity we offer for transformative personal growth is grounded in an intentional community of peers and instructors. To further their leadership development and personal growth, students receive ample mentorship from faculty to discuss their personal goals. These experiences build lifelong friendships, open-mindedness to diversity, intellectual maturity, and improved self-awareness to pursue their passions beyond HMI.

GET IN TOUCH

719.486.8200

gapehminet.org

Browse programs



We are committed to matching each students' financial need--our school gives over \$800,000 in financial aid each year. Sourdough bagels, backcountry pizza, blueberry scones: our students become expert backcountry chefs!





WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB



HIGH MOUNTAIN INSTITUTE GAP



HMI's Gap Semesters unite outdoor adventure, environmental service, and community in some of the world's wildest places.



We learned deeply about places while in them, talked about conservation and wilderness not as some far off concepts but as ideas with real, visible implications for how we lived while in the field.

"HMI gave me the perfect mixture of outdoor adventure, leadership skills, and environmental studies to create a genuinely phenomenal semester! I had spent very little time camping, backpacking, or climbing before the program, but HMI equipped me with all of the mental and physical tools to combat every challenge I would face. They helped me reframe my relationship with the outdoors and truly become comfortable in a wide variety of activities. HMI also created the space for an incredible and unique community. I had an amazing relationship with each individual participant and the group as a whole- we were genuinely a new family"

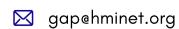


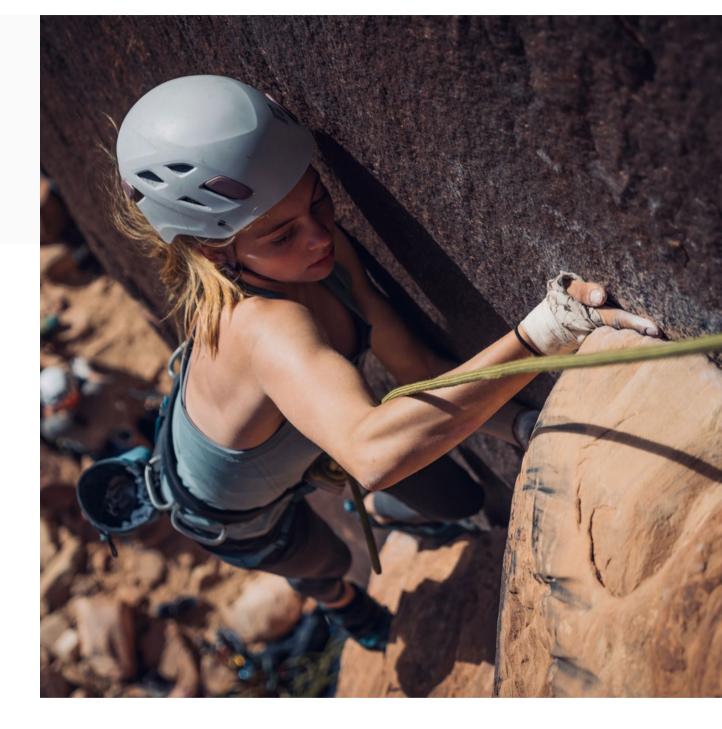
Verified Go Overseas Community Member

Browse programs



GET IN TOUCH 2 719.486.8200





READ ALUMNI REVIEWS ON GO







LOCATIONS

Maine

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

ARTS, FILM & MEDIA

INTERNSHIPS

SUSTAINABILITY

VOLUNTEER



INGENUITY YEAR



Ingenuity Year offers gap year programs specifically developed MEMBER for students with learning differences and ADHD

WHY CHOOSE INGENUITY YEAR?

Ingenuity Year offers gap year programs specifically developed for students with learning differences and ADHD. Our flagship program, Climate Change in Coastal Maine, engages students with one of the biggest challenges of our time while helping them build skills for post-secondary life.

Through our programming, we engage with real challenges facing real communities, to take our learning out of the classroom and into the world. We spark joy and discover our passions, tapping into our inner selves. We transition into independence and adulthood by knowing ourselves and the world more deeply.

Ingenuity Year is an initiative of Forman School, an independent, coeducational, college preparatory school which has been serving students with learning differences since 1930.

GET IN TOUCH

860.567.1802

kai.johnson@formanschool.org

Browse programs

FUN FACTS

- We get to catch and cook lobster straight from the ocean
- We are one of the only gap year organizations to employ Executive Functioning Coaches on our programs
- Albert Einstein was one of the original board members of Forman School



WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB









International

LOCATIONS

Ireland, Holland, Germany, Czech Republic, Austria, Italy, Norway, and Croatia

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ADVENTURE

ARTS, FILM & MEDIA

SUSTAINABILITY



IRISH GAP YEAR



Irish Gap Year provides semester-length and short gap year programs in Ireland and Europe.

WHY CHOOSE IRISH GAP YEAR?

Irish Gap Year provides structured, group, gap year programs in Ireland and across Europe and offer art programs, travel programs and outdoor adventure programs to suite a wide variety of interests.

Our mission is to develop more self-aware, independent, confident and resilient young people through the values of community integration, immersion in nature, experiential education, exploration of the arts and creativity, meaningful travel, volunteering and cultural exchange. Ultimately, we aim to provide young people with a thoughtfulness, cultural-competence and self-awareness that they can carry forward throughout their lives.

We invite you to come on the journey of a lifetime with us.

FUN FACTS

- We're an Irish company.
- We are the first 'Carbon Negative' in the gap year industry and in the northwest of Ireland.
- Our program leaders have all been with us for a minimum of three years!



WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB

LEARN MORE AT A VIRTUAL EVENT

GET IN TOUCH

+35.383.1984

info@irishgapyear.com









IRISH GAP YEAR



Irish Gap Year provides semester-length and short gap year programs in Ireland and Europe.



My experience here was so beyond incredible. I've made so many incredible friends here's a learned so much about Ireland and the culture.

"I seriously enjoyed every single day of being in Ireland. I'm so so sad to leave. Like this has honestly been the highlight of my life so far; doing this program. There was never a dull moment with the group, we all became so incredibly close so quickly. The independence that you are given on this trip really allowed to me find myself in ways I never have before. This program has changed my life. I'm so thankful for it"



Verified Go Overseas Community Member



READ ALUMNI REVIEWS ON GO





info@irishgapyear.com



AGES 18-24







LOCATIONS

USA, Central America, Europe

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

ARTS, FILM & MEDIA

INTERNSHIPS

LANGUAGE LEARNING

SUSTAINABILITY

VOLUNTEER





MYX believes the world is your classroom that real learning happens through doing and seeing the world.

WHY CHOOSE MYX?

MYX is a gap year like no other. At MYX students are drawn to our mission of real-world learning and exploration.

A MYX student will: 1) Define their purpose 2) Build relevant life and career skills 3) Practice applying them in real-world settings 4) Prepare to achieve their next goal.

Our program is personalized to meet each students' unique goals through our Pathways and curated CourseMYXes. Our program is holistic in that it addresses students' academic and social-emotional learning needs, as well as their mental and physical wellbeing.

We believe experiential learning is critical. Through excursions and projects, students roll up their sleeves and learn from observation and experimentation.

GET IN TOUCH

317.825.7940

Browse programs

- At MYX students curate their own learning and experiences based off their unique goals. No two students path is the
- MYX has had several gap year students launch businesses during their time at MYX!















US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB









MYX believes the world is your classroom that real learning happens through doing and seeing the world.



There's a "MYX" of everything!

The MYX was a great experience for me. This semester was definitely one to remember and I'm so excited for the next one! I met amazing people and made life long friends here. The MYX was a perfect way for me to do school and still experience life! I knew i didn't want to go to traditional college even before graduating high school, it just wasn't for me.I wanted something different and this was it. I really enjoyed my time here at the MYX and wouldn't change it! I've learned so much just in this semester and i can't wait to learn more!

Samantha, MXY Alum

Verified Go Overseas Community Member



READ ALUMNI REVIEWS ON GO

GET IN TOUCH 2 917.825.7940





abby⊚themyx.com



AGES 14+







LOCATIONS

USA, India, Mexico, New Zealand, Patagonia

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

SUSTAINABILITY



NOLS



NOLS is a nonprofit global wilderness school that seeks to help you step forward boldly as a leader.

WHY CHOOSE NOLS?

Our school began in a small cabin in Sinks Canyon, Wyoming in 1965 as the National Outdoor Leadership School. At that time, we were primarily an outdoors skills school, doing our work in local mountain ranges and exploring what it meant to teach leadership in the backcountry.

Today, we are NOLS, a multifaceted wilderness school that supports thousands of students each year all over the world. We believe that anyone can be a leader; it's our role to provide the environment and training to help you discover your full potential. We do that in classrooms close to home and in remote wilderness areas around the world. NOLS offers over 150 different expeditions every year! These expeditions can be as short as 7 days or as long as a year.

We're an organization with heart, expertise, and wildness, and these qualities help us support powerful, authentic experiences.

GET IN TOUCH

1.800.710.6657

info@nols.edu

Browse programs

- NOLS awards \$1,000,000 in need-based scholarships, annually.
- Being a NOLS alumnus connects you with our Jobsnetwork which is made up of

FUN FACTS

2,000 employers.



WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB





NOLS



NOLS is a nonprofit global wilderness school that seeks to help you step forward boldly as a leader.

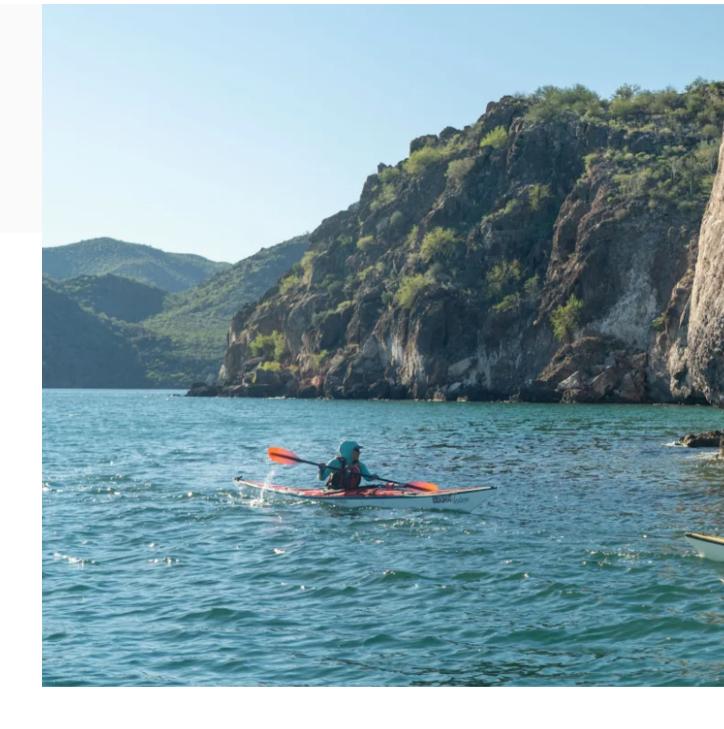


Choosing the NOLS program was a decision that I will never regret and an opportunity that I am forever grateful for.

"This trip opened up my eyes and challenged every part of my being in the most unforgettable ways. From my inspiring instructors, the New Zealand terrain, to my fellow group members. It taught me how important communication is, how to be an authentic leader and how to persevere though the toughest of days. Sleeping under the stars almost every night and being completely unplugged in nature was only part of a trip of a lifetime. I would recommend this program/trip to anyone and everyone!"



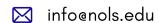
Verified Go Overseas Community Member



READ ALUMNI REVIEWS ON GO

GET IN TOUCH 1.800.710.6657







AGES 15-22







LOCATIONS

Hawaii, Mexico, Guatemala, Costa Rica, Peru, Ecuador, The Galapagos Islands, Thailand, New Zealand, Australia, Fiji, Bali, Spain, Nepal, Vietnam, Laos, Cambodia

COVID POLICY



Proof of Vaccination Required on all programs apart from domestic US

PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

ARTS, FILM & MEDIA

SUSTAINABILITY

VOLUNTEER



PACIFIC DISCOVERY



Pacific Discovery offers experiential gap year and summer programs abroad to some of the most amazing places on earth.

WHY CHOOSE PACIFIC DISCOVERY?

Our programs are deliberate overland journeys, blending authentic immersion in diverse cultures, meaningful service-learning projects, rewarding adventures, wilderness exploration, and personal development.

Students challenge themselves in a supportive small group environment, developing empathy for other cultures; furthering understanding of international issues; heightening appreciation for the earth's wild places; deepening global perspectives; and discovering their own passion and purpose.

FUN FACTS

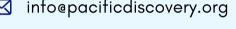
- We have been providing experiential learning adventures for over 20 years.
- Our Headquarters are in New Zealand and can't wait for the borders to open again to show you our beautiful country.
- We, along with our students have provided over 14000 volunteer project days (that is over 38 years) to great causes (from building houses in Cambodia to removing invasive species in Hawaii).

GET IN TOUCH

800.655.3415

M info@pacificdiscovery.org

Browse programs

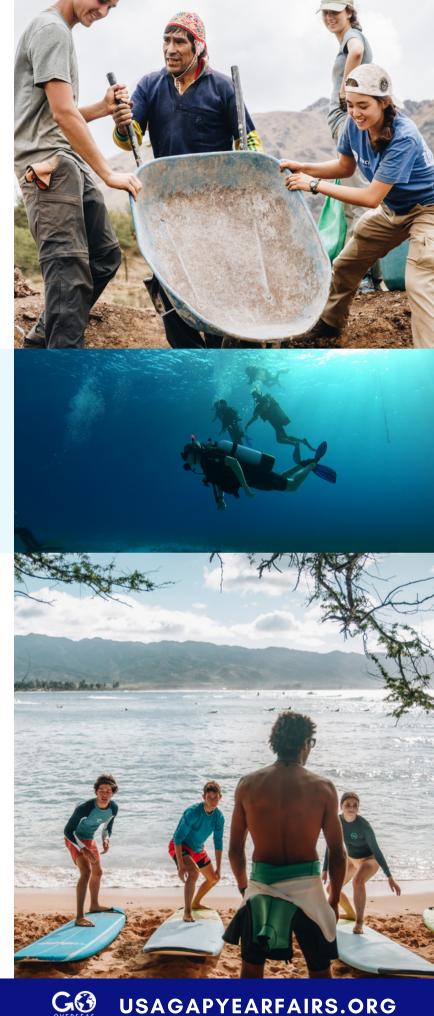




WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB





PACIFIC DISCOVERY



Pacific Discovery offers experiential gap year and summer programs abroad to some of the most amazing places on earth.



Throw your all into the experience! Take in every moment and enjoy every second.

"This program absolutely changed my life. My instructors were spectacular and guided me through so many incredible experiences in Thailand. I can genuinely say this program was everything I hoped for and more. I would recommend this program to any graduating high school student, I feel much more prepared for life and future travel after completing this program. I undoubtedly learned way more in those three months than I did in all of my secondary education. It's the perfect bridge in between high school and college/life!"



Verified Go Overseas Community Member



READ ALUMNI REVIEWS ON GG



info@irishgapyear.com



AGES 17-22







LOCATIONS

Woods Hole, MA and at Sea

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

SUSTAINABILITY



SEA EDUCATION ASSOCIATION



Sea Education Association is a leading non-profit, independent educational institution focused on environmental studies and the world's oceans.

WHY CHOOSE SEA EDUCATION ASSOCIATION?

Sea Education Association is based in the world-renowned oceanographic research village of Woods Hole, Massachusetts, on Cape Cod. Since 1971, we have educated more than 10,000 students about the global oceans through preparatory studies on shore followed by a tall ship sailing research voyage at

Ocean Exploration is an interdisciplinary gap program that combines insights from the natural and social sciences to deepen students' awareness of and appreciation for the ocean. Students will gain a deeper understanding of the complex marine environment through field-based research, a sailing adventure aboard a tall ship, and innumerable opportunities for skill-building, leadership development, and personal growth. Students will develop lifelong leadership and teamwork skills while completing an epic ocean passage from the temperate shores of New England to the tropical islands of the Caribbean. No prior sailing experience is necessary, but the desire to learn is required!

Credit and non-credit-bearing options available.

GET IN TOUCH

774.392.3905

admissions@sea.edu

Browse programs

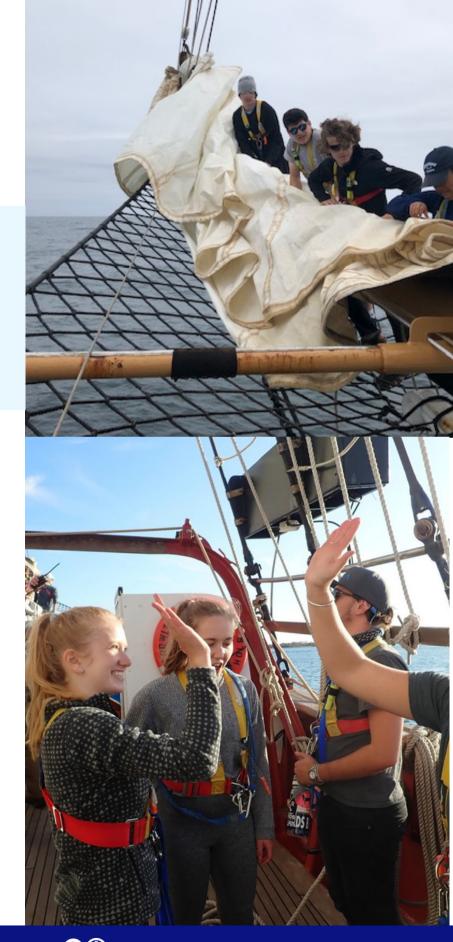
FUN FACTS

- In recent years, Sea Education Association has collaborated twice with NASA to explore a remote volcanic island in the Pacific!
- In the movie "Dolphin Tale 2," the main character, Sawyer, is offered a prestigious scholarship to a Boston University program at sea called SEA Semester, Guess what? We're a real program!





VISIT THE GAP YEAR HUB





SEA EDUCATION ASSOCIATION



Sea Education Association is a leading non-profit, independent educational institution focused on environmental studies and the world's oceans.



Living at sea is one of the most special experiences: every moment is a unique adventure!

"I participated in SEA Semester's Fall 2020 Gap Year program, where we spent 3 weeks on their campus in Woods Hole, MA, and then 6 weeks at sea aboard the Corwith Cramer. Learning to sail the tall ship, working on research in the lab, and getting to know and work with my 35 shipmates (24 students and 12 crew total), taught me so much about myself and helped me to grow immensely. The crew are some of the most inspiring people you will ever meet! I learned so much from the assistant scientists, the mates, and the faculty!"



Verified Go Overseas Community Member



READ ALUMNI REVIEWS ON GO

GET IN TOUCH 774.392.3905





admissions@sea.edu



AGES 17-23







LOCATIONS

Multiple countries - at Sea

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ACADEMIC

ADVENTURE

SUSTAINABILITY



SEA MESTER



Academic Study Abroad & Gap Year Voyages at Sea.

WHY CHOOSE SEA|MESTER?

Established in 1998, Sealmester offers unique educational voyages where gap year and university students spend an entire semester at sea, sailing between countries and continents. Coupling accredited academics, sailing, and SCUBA certifications with real world application, Sea|mester's goal is to provide an immersive learning experience, engaging students in ways that are impossible to replicate in the traditional classroom.

GET IN TOUCH

- **341.924.2900**
- info@seamester.com
- Browse programs

FUN FACTS

- Each of Sealmester's sailing schooners is a globe-exploring floating college campus; a self-sufficient living and learning environment that provides a platform for exploration, education, and deep connections all while circumnavigating the world.
- Living full time aboard an ocean-going schooner creates organic opportunities to learn, develop, and discover during every moment of the voyage. Sealmester is the most socially intensive 'Remote Learning' environment you've ever experienced!
- In the Sealmester environment, combining academics with experience allows students to truly interact with their education. As a small team of 16 or 24, this means more familiarity, more practice, and one-on-one support around the clock.

WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB





SEA MESTER



GAP YEAR Academic Study Abroad & Gap Year Voyages at Sea.



This program is beyond words. It's hard to believe how much we fit into just 90 days.

"I felt like we had plenty of time to explore each port, and fully take advantage of our time on land. What I really enjoyed most was growing as a team and as a family on board and getting accustomed to being part of the crew. You'll find that you'll learn just as much from your fellow shipmates as you would in the classes on board. It's one thing to learn from a lecture, but with these hands on exercises and field trips it makes the experience incredibly immersive and rewarding. I can't recommend this program enough if you enjoy the ocean, sailing, traveling, and making lasting relationships with your shipmates. 90 days seems like a long time, but by the end of our voyage I didn't want it to end. As a result of this voyage I am continuing my education in the maritime industry and am pursuing a career working on the ocean."



Verified Go Overseas Community Member

GET IN TOUCH

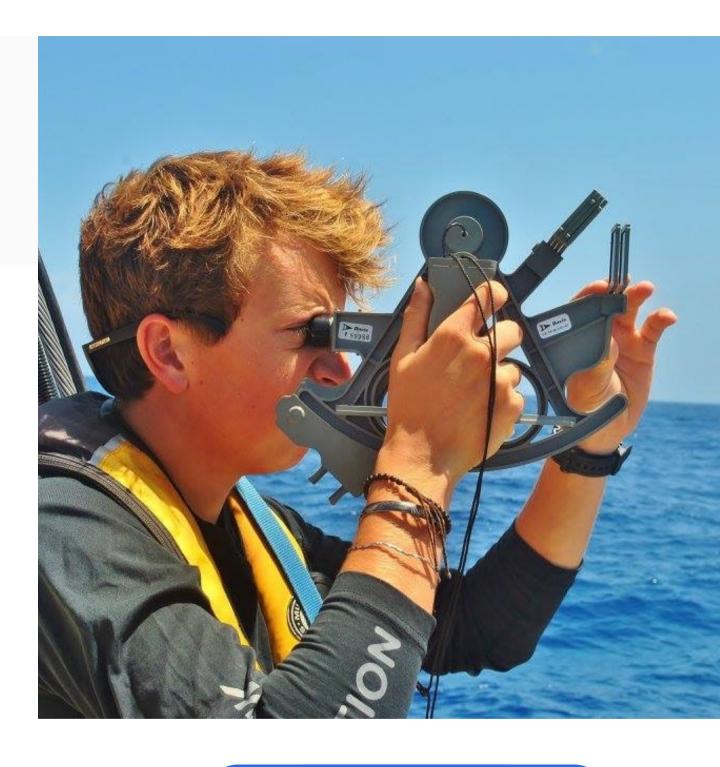


3 941.924.2900





Browse programs



READ ALUMNI REVIEWS ON GG

ALL AGES







LOCATIONS

10+ countries each semester

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

ARTS, FILM & MEDIA

SUSTAINABILITY

VOLUNTEER



SEMESTER AT SEA

Semester at Sea is the highest impact, most valuable study abroad choice for adventure, global learning and community since 1963.

WHY CHOOSE SEMESTER AT SEA?

Ready to explore the world on a floating college as part of a supportive community of globally minded adventurers? Semester at Sea is a global comparative study abroad program, using a ship as its traveling campus and sailing to multiple ports around the world. Each voyage, over 550 students from across the Unites States and around the world take college-level classes on board the MV World Odyssey, Semester at Sea's beautiful vessel and floating college. During your semester you will travel to 10 - 14 different countries, getting a cross-cultural experience. We spend on average 3-7 days in each port to allow for in-country travel and exploration creating opportunities for a deep dive into the culture and uniqueness of a country.

Courses on Semester at Sea are led by an innovative and diverse group of faculty hired specifically for their expertise and experience in the countries on the voyage. With 70-72 courses across a wide range of subjects, students can build a schedule that best fits their needs. Colorado State university is our academic partner and each student will receive a CSU transcript upon completion of a voyage.

GET IN TOUCH

800.854.0195

□ admission@isevoyages.org

Browse programs



More than 73,000 individuals from 1,700 institutions have traveled to 60+ countries on Semester at Sea. Students have had the chance to meet several Noble Peace Prize winners, including Desmond Tutu, Mother Theresa, and Nelson Mandela.









SEMESTER AT SEA

Semester at Sea is the highest impact, most valuable study abroad choice for adventure, global learning and community since 1963.



I learned more in one semester about myself and the world than I ever had in my life.

"Semester at Sea takes you to 11 countries and 4 continents, giving cultural immersion, a new global perspective, and a truly global comparative experience. For me, it was absolutely life changing. I learned more in one semester about myself and the world than I ever had in my life. It is true hands-on, experience-based learning. It isn't simply studying from a textbook and then forgetting everything a month later. All my SAS experiences will stay with me forever. SAS taught me that there is so much that we don't know about the world. There is so much left to learn. Other study abroad programs make you come home and say "that was fun," but Semester at Sea makes you say "What's next? How can I change the world for the better?" You truly leave inspired."



Verified Go Overseas Community Member

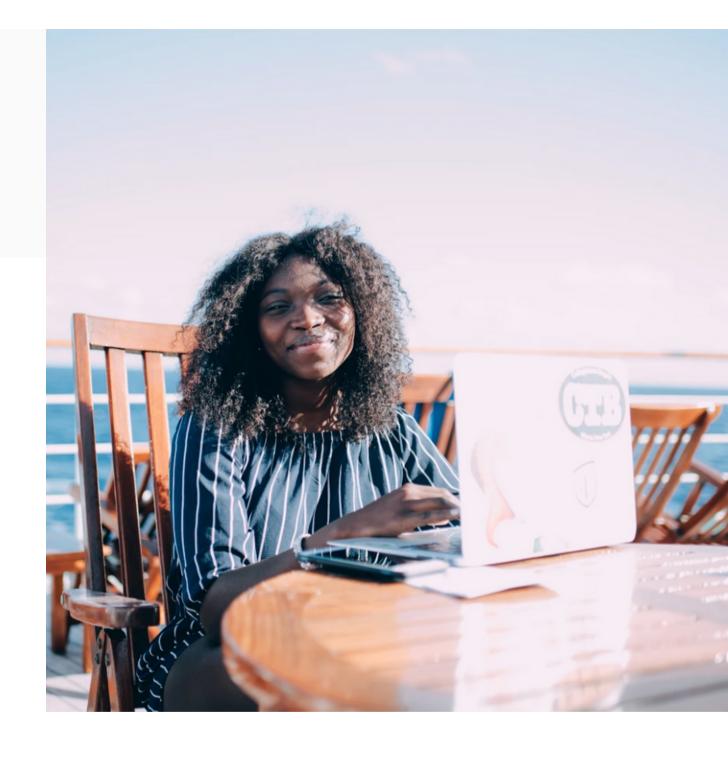
GET IN TOUCH 8 800.854.0195



admission@isevoyages.org



Browse programs



READ ALUMNI REVIEWS ON GO









LOCATIONS

Western USA

COVID POLICY



PROGRAM TYPES

ACADEMIC

ADVENTURE

INTERNSHIPS

VOLUNTEER



GAP YEAR AT SOAR



GAP Year at SOAR meets the needs of ADHD/LD young adults who are looking to develop life skills through travel.

WHY CHOOSE GAP YEAR AT SOAR?

The GAP (Gateway Adventure Program) Year at SOAR meets the needs of young adults who have graduated from high school but are not quite ready to step into a university or workforce setting.

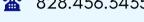
We strive to empower our participants through travel, college classes, and volunteering. Participants discover their talents, increase their self-reliance, and experience life-changing adventures while preparing for their future. The GAP Year encourages participants to pursue new and existing interests and strengths, develop social skills via communal living, increase life skills through expedition planning and exploring the Western USA, and practice independent living in a small group setting. Participants alternate between residential campus phases and expeditions.

GET IN TOUCH

828.456.3435

cynthiaesoarnc.org

- 1:5 staff to gapper ratio
- 6 Total travel expeditions (Gappers travel on 5 US expeditions and 1 international. Gappers help to plan each expedition and decide what activities to do. The final expedition of the year is completely planned by the gappers!)













US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB









International

LOCATIONS

London, England and Virtual

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ADVENTURE

ARTS, FILM & MEDIA



SOTHEBY'S INSTITUTE OF ART: GAP YEAR LONDON

Begin your journey of self-discovery at the center of the art world.

WHY CHOOSE GAP YEAR LONDON?

Built around the unrivaled access of Sotheby's Institute of Art, the Gap program invites curious students to explore London and the art world. Offered as 6-week and 12-week terms, including hybrid and face-to-face options, the program is ideal for students who are passionate about the wider arts and want to embark on a journey of self-discovery and cultural immersion. The program provides unique opportunities for students to broaden their perspectives, meet new people, develop an intimate understanding of the art world, and discover their place within it.

Living and learning in London is integral to the Sotheby's Institute Gap experience. During their residential program, students will be introduced to life in a creative world capital. From visits to some of London's major cultural venues - the British Museum, Tate Modern, the Historic Royal Palaces and Barbican Centre - to talks and workshops led by experienced professionals in the public and commercial art worlds — auctioneers, gallerists, curators, artists, private collectors — students will take full advantage of the richness and nuanced layers of the London art scene.

GET IN TOUCH

646.665.1861

precollege@sia.edu

FUN FACTS

- Sotheby's Institute of Art is over 50 years old.
- Each week is dedicated to a different art world subject from luxury and curating to art business and design.





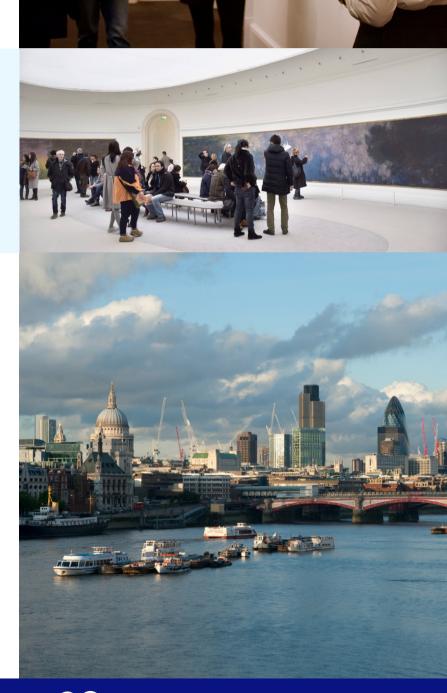




WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB









International

LOCATIONS

Spain

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ADVENTURE

ARTS, FILM & MEDIA

LANGUAGE LEARNING

SUSTAINABILITY

2022 Gap Year Guide



SPANISH GAP YEAR



GAP YEAR Spain by Train is a 12 week gap semester program where you will MEMBER be immersed in Spanish culture while you learn Spanish.

WHY CHOOSE SPANISH GAP YEAR?

Spanish Gap Year is aligned with the UN's SDGs (Sustainable Development Goals). We have an experienced team of native Spanish speakers who are bilingual English/Spanish, qualified to provide you with a most enriching & safe gap year experience: Spain by Train is all about personal growth and development. It is about making new friends and gaining soft & hard skills that will stand to you for the rest of your life.

GET IN TOUCH

****** +34.641.077623

Browse programs





FUN FACTS

- Arantxa, our Program Director, loves acting and dancing.
- Mikel, her brother and CEO of ID Languages, the company they founded together, is an interpreter in the UN.
- They have a very cute dog called Gus.



WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB

SPANISH GAP YEAR



GAP YEAR Spain by Train is a 12 week gap semester program where you will MEMBER be immersed in Spanish culture while you learn Spanish.



Exploring Spain by train!

This was a fun program where I was able to learn a lot of Spanish very quickly along with exploring almost the entirety of Spain. It was very fast paced but we were able to do and learn a lot. I would recommend it for someone with a love for learning history, language, and culture and a love for adventure. We visited many cathedrals and historical sites, as well as participating in exchanges with Spanish locals, as well as attending a few classes while living with host families. It was a program that really encompassed every single thing to do abroad in one.



Verified Go Overseas Community Member



READ ALUMNI REVIEWS ON GO

GET IN TOUCH \$\alpha\$ +34.641.077623













USA

Virtual

al Internation

LOCATIONS

New York City

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ACADEMIC
ACTIVISM
ADVENTURE
ARTS, FILM & MEDIA
INTERNSHIPS
LANGUAGE LEARNING
SUSTAINABILITY
VOLUNTEER

The School of The New York Times

THE SCHOOL OF THE NEW YORK TIMES



Discover what drives you. Study with Times journalists and other industry experts.

WHY CHOOSE THE SCHOOL OF THE NYT?

The adjustment from high school to university or the work force can be jarring and intimidating. But this moment of transition also provides an opportunity to reflect on what drives you, what you find meaningful and what you want to contribute to the world. Gap Year is designed to foster these moments of reflection, self-discovery and exploration. The 6 and 12-week program allow you to study in New York City with Times journalists and other industry experts who will deepen your understanding of the world, widen your horizons and help you plan for the future.

Through academic inquiry and self-reflection, the program curriculum stimulates debate, challenges perspectives and exposes students to career opportunities. Through mentorship, professional development sessions and life skills workshops, students will end the program with greater clarity about their personal goals and career aspirations.

GET IN TOUCH

646.438.7269

info@nytedu.com

Browse programs

FUN FACTS

• We offer Diverse Voices Scholarships, which aim to improve availability, access and equity of learning opportunities for economically disadvantaged students by offering full-tuition scholarships.







WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB

AGES 18+







International

LOCATIONS

Banff National Park, Canada

COVID POLICY



Depends on location

PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

ARTS, FILM & MEDIA

INTERNSHIPS

SUSTAINABILITY



TIMBERLINE CANADIAN ALPINE ACADEMY



Outdoor Adventure School based in Banff National Park, Canada.

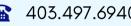
WHY CHOOSE TIMBERLINE?

Timberline Canadian Alpine Academy is a post-secondary outdoor adventure school located in Banff National Park, Canada. Our goal is develop confident, thoughtful and highly skilled educators for today's outdoor adventure industry.

Our programming includes: Ski/Snowboard Instructor Training & Certifications, Backcountry Ski Training/Avalanche Rescue, Wilderness First Aid, Paid Internships as Ski/Snowboard Instructors, Wilderness Film & Photography, Leadership Training, Conservation Management, Whitewater Canoe/Raft Guide Training, Mountaineering and much more! Programs range in length from four weeks to our full two-year Outdoor Adventure Guide Diploma.

GET IN TOUCH

403.497.6940







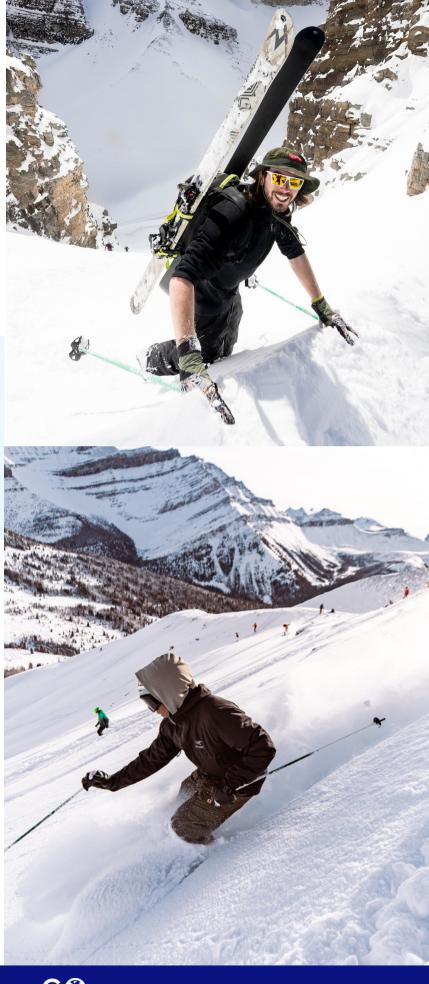
Are you dreaming of working as a ski/snowboard instructor and looking for a paid internship doing what you love? If so, Timberline will be right up your alley.



WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB





TIMBERLINE CANADIAN ALPINE ACADEMY



Outdoor Adventure School based in Banff National Park, Canada.



The programs that Timberline have are all once in a lifetime opportunities, whether it's a summer or winter program you are choosing they will meet and exceed your expectations making it almost impossible to have to leave at the end.

"Timberline is so unique because of the incredible friendly and personal nature surrounding the company, we had constant support and check-in's with all of the staff at Timberline, making it super easy to ask any questions and do everything we wanted. The other people on my course that I met and lived with were all the most amazing people who became some of my closest friends from almost every corner of the world. I met so many new people and tried so many new things, all thanks to the opportunity given to me by Timberline."



Verified Go Overseas Community Member



READ ALUMNI REVIEWS ON GG

GET IN TOUCH (2) 403.497.6940





imccutcheon@timberlineacademy.com









LOCATIONS

Wales, Portugal, Spain, Italy, Greece, and other global locations

COVID POLICY



Depends on location

PROGRAM TYPES

ACADEMIC
ACTIVISM
ADVENTURE
ARTS, FILM & MEDIA
INTERNSHIPS
LANGUAGE LEARNING
SUSTAINABILITY
VOLUNTEER



TREK EPIC



Epic walking adventures with a launch trek, self-selected Gap Year experiences and a capstone pilgrimage

WHY CHOOSE TREK EPIC?

Our gap year program is an inner and outer journey, discover your core gifts, ways to bring them into the world, new people, distant landscapes where epic walking adventures provide both a launch toward your individualized or selfguided gap year experience and a capstone to celebrate what you have learned and prepare you to implement the intensions you have committed to for your future.

GET IN TOUCH

208.484.5835

Browse programs



We walk, we talk, we explore. Participants always wonder if at times we were actually lost on the path, or if it was just another "one of our themes"!



WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB



AGES 17-22







SA Virtuo

LOCATIONS

Spain, Italy, Ireland, Argentina, Costa Rica, England, Czech Republic

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ACADEMIC
ACTIVISM
ADVENTURE
ARTS, FILM & MEDIA
INTERNSHIPS
LANGUAGE LEARNING
SUSTAINABILITY
VOLUNTEER



VERTO EDUCATION



Verto Education offers study abroad semesters in 6 countries and college admission to over 70 universities nationwide.

WHY CHOOSE VERTO?

With Verto Education, students will spend thVerto Education offers college admission (70+ universities nationwide & globally), and a freshman semester or year abroad in iconic places around the world. We incorporate real-world, international experiences into students' college launch so they're able to better understand themselves, the world around them, and what they truly want out of life. Our mission is to increase access to transformative international experiences, equity within higher ed, and access to degrees at top institutions.

Through Verto, students choose one or two semesters in England, Italy, Spain, Ireland, Costa Rica, Argentina, or the Czech Republic then seamlessly matriculate into college on track to graduate in four years.

GET IN TOUCH

617.413.1646

Browse programs



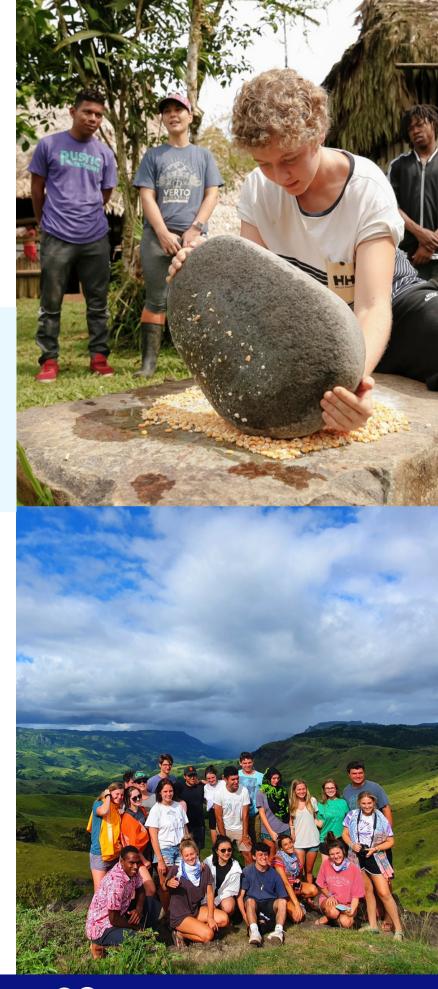
- In Fiji, our students visit a community with the last living female Chief on the island.
- We have a book club and Spanish classes!



WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB





VERTO EDUCATION



Verto Education offers study abroad semesters in 6 countries and college admission to over 70 universities nationwide.



Costa Rica, the opportunity to learn so much.

"Traveling to Costa Rica this semester has been one of the best decisions I have made in my life so far. It wasn't just to boast to your family and friends that you have gone abroad, but it was also the opportunity to learn so much, whether it may be a new language, tour historical destinations, participate in adventurous activities like zip-lining, water-rafting, and even spend time with people outside of your home community back home and gather newer perspectives. I'm personally glad to come across wonderful people in the program and I highly recommend registering for the program, especially college freshmen."



Verified Go Overseas Community Member



READ ALUMNI REVIEWS ON GO



ioshevertoeducation.org



AGES 13-22







LOCATIONS

USA, Canada, Peru, Bolivia, Guatemala, Senegal, Morocco, China, India, Nepal, Thailand, Cambodia, Taiwan, Indonesia, Bhutan

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ACTIVISM

ADVENTURE

ARTS, FILM & MEDIA

INTERNSHIPS

LANGUAGE LEARNING

SUSTAINABILITY

WHERE THERE BE DRAGONS





WHY CHOOSE DRAGONS?

Founded in 1993, Dragons runs immersive & responsible travel programs. Our 2,4 & 6-week summer abroad programs and 3-month Gap year semesters give students the opportunity to travel with intention & create meaningful connections with people, places, and cultures outside of their own. Dragons small group adventures are mentored by expert instructors and offer a wide variety of hands-on components such as homestay, language, and rugged travel. Each program is an original adventure where students gain valuable life skills to navigate their future with confidence. Our vision, ultimately, is to foster a more compassionate, just, and inclusive world. The main goal of our program is a very real and honest immersion in the places we travel. Dragons programs are for students who really want to dive deep into the locations we go and be travelers not tourists. Our students want to travel with intention & create meaningful connections during their time abroad. The second goal of our work is to use these experiences to help students grow as individuals. Travel is a powerful teacher and our programs push students to consider who they are, what they value and where they hope to go in the future.

WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

GET IN TOUCH

303.413.0822

info@wheretherebedragons.com

Browse programs

FUN FACTS

- The Secret Service vetted and approved our programs in 2016
- You can get college credit on any of our Gap Year Programs!
- Dragons is a certified B Corporation.



US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB



WHERE THERE BE DRAGONS



Dragons runs immersive & responsible travel programs in Asia, Latin America, Africa and North America for students 13-22



I completed the Nepal Spring Semester Where There Be Dragons course and I can say for certain that this program is the best gap year course available hands down.

"From the way the groups are chosen to the instructors, mentors, and experiences; the program is designed around fitting to your needs and interest while also giving you a healthy dose of new perspectives. All the students I did the course with also share my belief is saying that this experience was not only valuable, but crucial to our development as people. The way things were presented, from religion, art and politics, to family life, always aligned to this student centered design. Throughout my experience I truly learned what cultural immersion is while gaining a deeper understanding of Nepal as a whole."



Verified Go Overseas Community Member

READ ALUMNI REVIEWS ON GO

GET IN TOUCH 3 303.413.0822





info@wheretherebedragons.com





AGES 18+







ISA

Virtual

International

LOCATIONS

Rocky Mountains, Southwest, Pacific Northwest, Intermountain West

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

ARTS FILM & MEDIA

INTERNSHIPS

LANGUAGE LEARNING

SUSTAINABILITY

VOLUNTEER



WILDERNESS ADVENTURES



Ideal for students seeking a challenging and formative outdoor adventure experience.

WHY CHOOSE WILDERNESS ADVENTURES?

At Wilderness Adventures, we encourage our students to "Do Something Wild." Whether getting ready to climb the next pitch, hitting the whitewater wave train, or lacing up their boots for a day of backpacking, WA provides opportunities for students to step outside the boundaries of their comfort zone and experience the growth that comes along with challenges.

We believe that a small group experience in the wilderness serves as a valuable catalyst for our students to become more responsible, tolerant, kind, and self-confident individuals, while creating an inclusive environment. We also believe that along with these skills comes a love and appreciation for the natural world that never fades.

With students coming from many different backgrounds, Wilderness Adventures has been creating tight-knit communities and providing life-changing adventures in remarkable locations since 1973.

GET IN TOUCH

307.733.2122

waliewildernessadventures.com

Browse programs



- We are celebrating 50 years of programming in 2022!
- We run over 45 trips across six continents with over 30,000 alumni.
- We operate within 37 National Forest and National Park permits.



WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB





WILDERNESS ADVENTURES



Ideal for students seeking a challenging and formative outdoor adventure experience.



I'll cherish the moments of laughter, tranquility, and even discomfort (I know that's where I grew the most), and especially the amazing, beautiful views.

This program was 70 days long and man was I nervous! But as soon as I met my trip leaders and peers, all my nerves were assuaged — the positivity and delightful energy of the leaders and the curiosity and kindness of my peers seamlessly smoothed my transition. From canoeing to backpacking to getting my wilderness first responder certificate, the adventure was nonstop! As time passed, the group turned into family. We shared triumphs and supported each other through tribulations (long days on the trail, bad weather, someone having a bad day, etc.), I knew that these people had my back. The trip leaders were incredible, helping both the novices and experts of the group push themselves physically and mentally. I know I have changed from this program — not only do I have a deeper appreciation and excitement for outdoor adventure, but I have found a sense of community and a family in the group I met. I cannot imagine my year without WALI gap, I feel so so fortunate to have found this program!!

P.S. Do yourself a favor and sign up immediately:)



Verified Go Overseas Community Member

GET IN TOUCH 3 307.733.2122





M waliewildernessadventures.com



Browse programs



READ ALUMNI REVIEWS ON GG









LOCATIONS

Greece, France, Spain, Czech Republic, Italy, Morocco

COVID POLICY



Proof of Vaccination Required

PROGRAM TYPES

ACADEMIC

ACTIVISM

ADVENTURE

LANGUAGE LEARNING

SUSTAINABILITY

VOLUNTEER



WORLDSTRIDES



WorldStrides is not just a company, we're a group of like-minded MEMBER travelers with a lust for learning and creating change.

WHY CHOOSE WORLD STRIDES?

We know—and witness every day—the transformative power of travel and strive to give our students the most impactful experiences possible. That's why all our programs are carefully curated, come with unique and exclusive experiences, and are led by local guides who know each location better than most could imagine.

The leader in educational travel and experiences, we have more than fifty years of experience helping students see the world—and themselves—in new ways. How many students? Over nine million! We also offer a wide variety of experiential learning programs, including study abroad and service-learning. And since our alumni get discounts to future programs, you can take a gap with WorldStrides next fall and then spend a semester down the road in South Korea or any of the 30+ countries we offer programs, all while saving on your next adventure abroad.

With WorldStrides you can expect a life-changing experience, but you can also expect more.

GET IN TOUCH

855.476.2303

□ gapyeareworldstrides.com

Browse programs

- WorldStrides began in Chicago with a school excursion to Washington DC in 1967.
- Over 9 million students have traveled with WorldStrides.







WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB





WORLDSTRIDES



GAPYEAR WorldStrides is not just a company, we're a group of like-minded MEMBER travelers with a lust for learning and creating change.



Sevilla, Sevilla!

I would have stayed there for a year rather than one semester.

I had such an amazing time in Sevilla. I walked past La Plaza de Espana and Maria Park daily. I could walk everywhere I needed/wanted to go in Sevilla within an hour. I loved walking down every street and hearing about the tales of the city. The staff were so caring and considerate. If I needed anything, they were there to help me. I can not imagine living anywhere else. I was able to visit multiple countries and cities (Portugal, Morocco, Italy, England, and Ireland). I learned so much from the classes and my Spanish improved amazingly beause of my classes and my host family. The food in Sevilla is outstanding. My favorite memory will be going to a soccer game, everyone felt so united .



Verified Go Overseas Community Member



READ ALUMNI REVIEWS ON GG

GET IN TOUCH



855.476.2303



□ gapyeareworldstrides.com





Meet Your Gap Year Experts

If you're feeling overwhelmed, you're not alone. Figuring out how to make the most of your gap time can be challenging for students or parents who are new to gap year planning.

Luckily, <u>our USA Gap Year Fairs guest speakers</u> and Gap Year Association accredited counselors are experts in supporting you through every step of the gap year process. To learn more, flip through the next few pages to get to know these gap year enthusiasts!



Holly Bull
Center for Interim Programs



Julia Rogers
EnRoute Consulting



Jane Sarouhan
J2Guides



Jason Sarouhan
J2Guides



Marion Taylor
Taylor the Gap



GAP YEAR COUNSELORS

- 1 Meet Gap Year Experts
- 42 The Center for Interim Programs
- 13 EnRoute Consulting
- 4 J2Guides
- 15 Taylor the Gap

WHY WORK WITH A COUNSELOR?

- They'll help you with selecting the right program, devising travel schedules, budgeting, navigating college deferrals, researching travel insurance, and everything in between
- Collectively, the 6 counselors have over 125 YEARS of gap year experience!



WANT TO EARN A \$5,000 SCHOLARSHIP FOR THIS PROGRAM?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!

VISIT THE GAP YEAR HUB



HOLLY BULL THE CENTER FOR INTERIM PROGRAMS

We are expert gap year counselors with 40 years experience in this field and over 8,000 students served.

ADVISES ALL AGES & LOCATIONS







Virtual

Internatio

COUNSELING SPECIALTIES



PROGRAM SELECTION



INDEPENDENT TRAVEL



WORK EXCHANGE



NATIONAL SERVICE



MENTORSHIP



HEALTH & SAFTEY

WHY WORK WITH A GAP YEAR COUNSELOR?

Founded in 1980, the Center for Interim Programs ("Interim") is the first and longest-running independent gap year counseling organization in the United States. At Interim we have always believed that the process of personal expansion and creative risk-taking is relevant to people of all ages, at any stage of life.

Through our own personal explorations and professional experiences, we know first-hand that the perspective, knowledge, and skills gained through a well-planned gap year are critical to one's growth and identity, and as such are a tremendous complement to further personal, academic, and career pursuits.

Our counselors are accredited through the Gap Year Association, having demonstrated excellence in the field of gap year consulting and passed all required standards for ethical, responsible, and risk-managed placements in gap year education. As counselors we are committed to our students' well-being and development; we also offer the unique vantage point of having been gap year students, gap year parents, gap year grandparents, and program directors. Our service is good for each individual's lifetime and we have financial need scholarships available.

FUN FACTS

- Interim offers the only open-ended lifetime support of its kind in the US.
- We are now working with children of our alumni from the 1980s.
- Our expert counselors have traveled to almost every continent for program site visits.



WANT TO EARN A \$5,000 SCHOLARSHIP & FREE GAP YEAR COUNSELING?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!



GET IN TOUCH WITH HOLLY

- **609.683.4300**
- interimprograms.com



JULIA ROGERS ENROUTE CONSULTING

Infusing the planning journey with experience, intentionality and fun so students can maximize the benefits of a gap year.

ADVISES ALL AGES & LOCATIONS







A Virtua

COUNSELING SPECIALTIES



PROGRAM SELECTION



INDEPENDENT TRAVEL



WORK EXCHANGE



NATIONAL SERVICE



MENTORSHIP



HEALTH & SAFTEY

WHY WORK WITH A GAP YEAR COUNSELOR?

We are here to help you take the stress and uncertainty out of your gap year planning process. Founder and Gap Year Association accredited counselor Julia Rogers brings fifteen years of personal and professional experience to EnRoute Consulting, including her own gap year spent in Tanzania and site visits to gap year programs in over 25 countries.

Julia works with families to design gap year plans customized to each student's individual personality, goals and budget. With services that span the gap year from beginning to end, Julia offers a through line to ensure a student's year is deliberate and meaningful. This process empowers students to drive their experience while also providing support to parents so they can feel confident and excited to watch their young adult fledge.

2021 EnRoute Parent Cynthia described her experience with EnRoute in a recent survey: "Julia was the most intelligent, kind, thoughtful, wise, caring, and insightful person we could ever have imagined to enter our lives. Her attentiveness to our son and our family's needs was superb in every way. We appreciated every single aspect of the advising process! Julia changed our son's life beyond measure, and we will be forever grateful."

Every consultation starts with a complimentary introductory call to brainstorm ideas. Get in touch today to set up your conversation!



In 2019, Julia gave a TEDx talk on the growing popularity of the gap year option, which you can watch at TED.com



WANT TO EARN A \$5,000 SCHOLARSHIP & FREE GAP YEAR COUNSELING?

US citizens between the ages of 17-20 are eligible to apply for our 2022 scholarship, due April 15, 2022!



GET IN TOUCH WITH JULIA

609.529.1459

🔀 julia@enroutegapyear.com

enroutegapyear.com



JANE & JASON SAROUHAN J2GUIDES

Jane and Jason, the J2 behind J2Guides, put empowerment, expertise, and affordability at the center of your gap year planning.

ADVISES ALL AGES & LOCATIONS







Virtual

COUNSELING SPECIALTIES

PROGRAM SELECTION

INDEPENDENT TRAVEL

WORK EXCHANGE

NATIONAL SERVICE

HEALTH & SAFTEY

MENTORSHIP

irtual Inte^r

WHY WORK WITH A GAP YEAR COUNSELOR?

You are standing on the cusp of change. It is a time of great possibility. At J2Guides we believe that this is one of the most transformative crossroads of your life, and an opportune time to truly reflect on your interests and skills, and the living and learning environments that will help you to achieve them.

Empowering young adults as they navigate these questions has been at the heart of our work for over 25 years. We have championed the benefits of experiential learning since our own gap years when inspiring mentors and real-world learning rejuvenated our academic and career paths. We have since led hundreds of students on wilderness and international programs, designed experiential curriculum and risk management protocol, directed a cultural exchange and service learning organization, and have spent over a decade as gap year consultants.

We draw from all of these roles as we guide each courageous student through their planning and gap year. J2Guides' students identify their criteria, define their budgets, and select reputable programs in pursuit of their gap year goals. Working with a gap year consultant can save you time and money. Working with J2Guides adds compassionate, enthusiastic and authentic guidance to your gap year journey. We believe passionately in what we do because we believe in the power and potential of gap time to help you manifest your best version of you!

FUN FACT

Jane, Jason and their daughter spent 2020-2021 traveling the country in their Sprinter van spotlighting the American gap year!

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WANT TO EARN A \$5,000 SCHOLARSHIP & FREE GAP YEAR COUNSELING?

US citizens between the ages of 17-20 are eligible to <u>apply for our 2022 scholarship</u>, due April 15, 2022!



GET IN TOUCH WITH JANE & JASON

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j2guides.com



MARION TAYLOR TAYLOR THE GAP

Combining her lifelong gap experiences with over 35 years of social work to guide students in planning their own gap year.

ADVISES ALL AGES & LOCATIONS







COUNSELING SPECIALTIES



PROGRAM SELECTION



INDEPENDENT TRAVEL



WORK EXCHANGE



NATIONAL SERVICE



MENTORSHIP



HEALTH & SAFTEY

WHY WORK WITH A GAP YEAR COUNSELOR?

Taylor The Gap is a GYA accredited counseling service nestled in the Rocky Mountains in Boulder, Colorado. Founder Marion Taylor, MSW, recently awarded the 2021 GYA award for "Advancing the Gap Year Movement", draws from 35 years of social work, parenting four gap year children, and from her own extensive gap years, to "tailor" students' interests and goals to the best suited gap program or experience. She passionately believes in the transformational power of an intentional gap experience in instilling confidence, focus, and motivation for students' future educational and life pursuits. She is a keynote speaker at USA Gap Year Fairs and colleges and high schools, and currently serves as Co-Chair of the GYA Membership Committee and active participating on the GYA Fair Trade Committee. Importantly, during this time of uncertainty with COVID, Marion keeps informed with CDC guidelines and Overseas Security Advisory Council for security alerts and travel advisories.



- Marion served as a Peace Corps Volunteer in Community Development in Senegal, West Africa.
- Marion advised her four children in planning their own gap experience.
- Marion speaks French, Spanish, German, and Diola.



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GET IN TOUCH WITH MARION

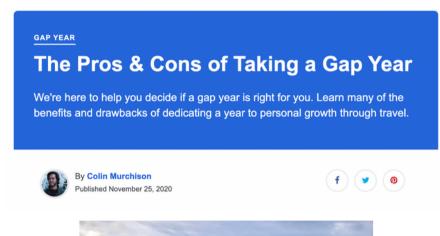
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Most Popular Gap Year Articles in 2022

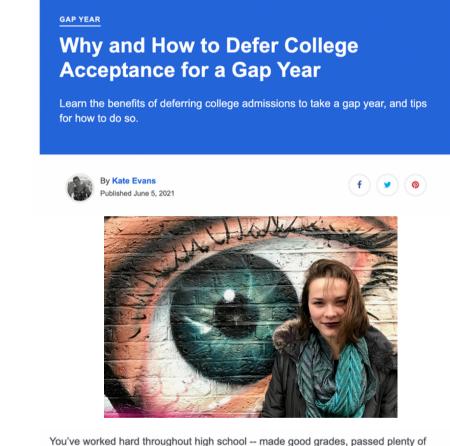
At Go Overseas, we're always looking to deliver helpful content to help you plan the gap year of your dreams! Below, we've included links to the articles that our community members have found most helpful so far this year.





A gap year is a dedicated period of time, often taken by young adults, where you take a break from your normal job or academia and instead pursue growth through experiences. Gap years often involve international travel, working holidays, volunteering, or internships. Much in the way that a gap year doesn't actually need to be a year, they are also not defined by participating in any particular activity. Actually, virtual gap years are becoming increasingly common and many find they can achieve the benefits of a gap year without leaving their country or local area. No matter what you choose to dedicate your time to, it is important to understand the pros and cons of a gap year before setting off on your adventure.

READ MORE



challenging courses, participated in extra-curricular activities, and it's all finally paid off in the form of an acceptance letter from the college or university of your choice. Letter in hand, you know you've done it -- you're well on your way to the next successful stage in your life that will provide the foundation of your future career.

But maybe you're hesitant. Maybe these years of hard work and focus have left you a little burned out. You're tired, and the idea of four more grueling years of college, while exciting, makes you even more tired. If this is the case, it might just mean that you're ready for a **gap year**. To do that, you'll want to defer college for a year -- which is not only possible but increasingly common.

READ MORE







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Gap years are more popular in some countries than others, but it does seem to be a phenomena that is slowly **gaining recognition** in more places, like the United States. However, there are still a lot of people (like many employers) who don't know or understand what a gap year is.

If you took a gap year before, during, or after college you may be worried how a gap year may be perceived when you start applying to job. Although it's becoming more common, it's good to be prepared for different reactions from potential employers. Some may be fascinated by your trip. Others may think you just took a year off to do nothing, even though there are studies that show gap year students tend to have **higher academic performance**.

READ MORE

Looking for more gap year information on a specific topic? We've got you covered! Dive into our most helpful gap year articles on Go Overseas.



GAP YEAR

The 10 Best Gap Year Destinations for 2022

Colin Murchison Dec 9, 2021



GAP YEAR

Gap Year Scholarships & Grants to Apply For in 2022

Iona Brannon Oct 6, 2021



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13 Unique Gap Year Jobs Abroad

Laura Eickhoff Apr 27, 2021



GAP YEAR

10 Steps to Planning a Gap Year Before College

Julia Rogers Feb 11, 2020



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What is a Gap Year & How Do You Take One?

Rebecca Alwine Oct 4, 2019



GAP YEAR

How to Put Your Gap Year on Your Resume

Elaina Giolando Mar 22, 2018



GAP YEAR

Why You Should Take a Gap Year After High School

Olivia Christine Perez Jun 4, 2020



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Meaningful Gap Year Ideas for Young Adults

Colin Murchison Dec 29, 2020



GAP YEAR

80+ Amazing Ideas for What to Do on Your Gap Year

Olivia Christine Perez Oct 15, 2021



GAP YEAR

20 Pro Tips for Doing Your Gap Year on a Budget

Olivia Christine Perez Aug 11, 2020

So where will your gap year take you?

We hope this guide and the resources included here will help connect you with perspective-changing opportunities, ideas, and inspiration for your gap year. If there's anything we missed, don't hesitate to reach out to the USA Gap Year Fairs & Go Overseas team. In the meantime, we hope to see you at a virtual or in-person event, review your 2022 scholarship application, or maybe even read a gap year alumni review from you one year from now!



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Register now to secure your spot at the next 2022 USA Gap Year Fair!





EVERYTHING YOU NEED TO KNOW

2022 GAP YEAR GUIDE

PROGRAMS • COUNSELORS • RESOURCES





USAGapYearFairs.org
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