



WHO AM I?

Daily Reader and Discussion Guide

I AM SECOND



This is for people yearning to be known.

It is for those who are weary from all their
many efforts to feel significant.



This Daily Reader and Discussion Guide is an invitation to rest and know that in Jesus you already have an identity and a purpose. Learn to reshape your story to align with the one true source of unconditional love, and unshakeable, everlasting identity.

Enough with the endless and anxiety-producing attempts at the perfectly shareable persona. Begin a new journey, a new way of living, and a new authentic story. Finding identity means finding a truth and a reality that goes farther than what you can achieve, deeper than you can feel, and beyond what you can imagine.

Discover a new you and a different way of living.

I AM SECOND®

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WEEK ONE

Who I Am

*Is identity something you discover or something
you can create and make up yourself?*

Many think you can define yourself by building a career, raising a family, or pursuing creative endeavors. But what if these plans don't work out like you thought they would? Do you lose yourself when you lose a job or fail at a relationship? When your self expression is rejected or unappreciated, does that mean you are less valuable? Discover a true and authentic identity that goes beyond what you create yourself and relies instead on what God has already created in you.



"Because of Jesus, my identity is as His daughter. And my worth, no matter if I'm in a princess gown, or if I'm in my sweatpants, a high achiever, or going through it, I can be sure that I am loved, forgiven, seen, known, free."

-Amanda Jane Cooper

(scan the QR code below to watch Amanda's film)



So he decided long ago to adopt us. He adopted us as his children with all the rights children have. He did it because of what Jesus Christ has done.

– Ephesians 1:5

1.1 – I AM ACCEPTED

“Come. See a man who told me everything I’ve ever done. Could this be the Messiah?” –John 4:29

Jesus sat down by a well when he met a woman from Samaria. She had many questions. And Jesus had many answers, such that she would never need to drink from any other source of truth. But this woman also had many secrets. And what she needed to know most was if Jesus would run away when her secrets got out. She had married multiple times and was currently living with a man who was not her husband. In that day and age, such things would have made her an outcast. Jesus knew all this and yet he still sat with

her, asked for a drink of water from her, and treated her as one worthy of care and consideration. He still accepted her. “Come,” this woman said to those in her town, “See a man who told me everything I’ve ever done.” The fact that Jesus knew her shameful past and engaged with her nonetheless changed everything for this woman. Jesus accepts you too, the good, bad, and the secret. And he’s still right there next to you offering to quench your deepest thirst. You are accepted.

Read the whole passage in John 4:1-42

- ☐ What do you like about this passage?
- ☐ What do you find difficult or challenging about this passage?
- ☐ What does this teach you about your identity?
- ☐ What does this teach you about God’s identity?

Talk with God

God, you accept me. You know all my secrets, the good and the bad, and yet you still want to relate with me. I thank you for that.

LIVE IT. How will you live this out?

TELL IT. How will you tell others what you learned?



WATCH MORE:

Hannah Lee staked her identity on career and family but it was all taken away. Then she found something greater.

iamsecond.com/hannah

1.2 – I AM KNOWN

“You are all around me, behind me and in front of me. You hold me safe in your hand. I’m amazed at how well you know me. It’s more than I can understand.” –Psalm 139:5-6

God made you. Not just in the general sense that he started the universe and holds it all together, but in the specific sense of you. He crafted you, cell-by-cell and chromosome-by-chromosome. He put breath in your lungs, life in your fingers, and light in your eyes. And he has walked with you every moment of every day since before you can remember. There is nothing about you that he doesn’t know. Wherever you go, whatever you

do, and however you feel, he is with you. Whenever you wonder if God really knows your struggles, your needs or your tears, remember that he knows you more than you can even understand. Through it all he holds you safe. He brings good into your life. And weaves purposes and value even out of struggle and difficulty. Wherever you find yourself as you read this, you are known.

Read the whole passage in Psalm 139

- ☐ What do you like about this passage?
- ☐ What do you find difficult or challenging about this passage?
- ☐ What does this teach you about your identity?
- ☐ What does this teach you about God’s identity?

Talk with God

God, You know me. You crafted and shaped me. You’ve walked with me all my life. You knew me before I knew you. Thank you for caring so much to know me so well.

LIVE IT. How will you live this out?

TELL IT. How will you tell others what you learned?



WATCH MORE:

David and Tamela Mann struggled with trauma and abuse until they learned that God had always been there with them.

iamsecond.com/david-and-tamela-mann

1.3 – I AM LOVED

“In all these things we are more than winners! We owe it all to Christ, who has loved us. I am absolutely sure that not even death or life can separate us from God’s love. Not even angels or demons, the present or the future, or any powers can separate us. Not even the highest places or the lowest, or anything else in all creation can separate us. Nothing at all can ever separate us from God’s love. That’s because of what Christ Jesus our Lord has done.” –Romans 8:37-39

Nothing can stop God’s love for you. He sent his own Son, Jesus Christ, to die for you. He did this before you could ever say a prayer, do a good deed, or walk into a church. He did this for you before you could even think about doing anything for him. Why? Because he loves you. And there’s nothing in

this life or the next that can ever undo that. Nothing in your past, present, or future that can separate you from God’s love. So let go of whatever is keeping you from accepting his love. Whether it’s an error in your past, a hang-up in your present, or a fear in your future, you are loved.

Read the whole passage in Romans 8:28-39

- ☐ What do you like about this passage?
- ☐ What do you find difficult or challenging about this passage?
- ☐ What does this teach you about your identity?
- ☐ What does this teach you about God’s identity?

Talk with God

God, you have always loved me. Long before, I knew you or loved you, you loved me. Thank you for this love and help me to accept this love and share it with others.

LIVE IT. How will you live this out?

TELL IT. How will you tell others what you learned?



WATCH MORE:

Jessica Long felt angry and alone until she realized God loved her and had adopted her into his family.

iamsecond.com/jessicalong

1.4 – I AM LIKE HIM

“God created mankind in his own image, In the image of God he created them; Male and female he created them.” –Genesis 1:27

You look like God. You resemble the Creator of the universe. When you hate on yourself, denigrate your body, doubt your abilities, and question your value, you do all this against the maker and sustainer of life itself. God made you special. Whether you feel it or understand it, you are like him. You long for eternity like the Eternal One. You desire justice and fairness as does the Great Judge. You create and imagine like the Creator. His stamp is on your soul, in your mind, and played out in your daily life. If you can

suspend your self-doubts, self-criticisms, and self-loathing long enough, you may find that you are beautiful, wonderful, and strong, just like your Father. And once you get a taste of this identity, you will find yourself asking what you have done for the image-of-God living next door or sitting in the adjacent cubicle. You will find it impossible to ignore the hurting, oppose the neglected, or forget the unwanted because all these people are pictures of God, created and loved by Him, just like you.

Read the whole passage in Genesis 1:24-31

- ☐ What do you like about this passage?
- ☐ What do you find difficult or challenging about this passage?
- ☐ What does this teach you about your identity?
- ☐ What does this teach you about God's identity?

Talk with God

God, in my doubts I forget the love and passion you poured into making me, my neighbors, friends, and even enemies. Help me see myself and others as you do.

LIVE IT. How will you live this out?

TELL IT. How will you tell others what you learned?



WATCH MORE:

Amanda Jane Cooper doubted herself until she learned that she is a daughter of God.

iamsecond.com/amanda-jane-cooper



GROUP DISCUSSION GUIDE

What's Your Story

Opener

Introduce yourself to the group. Who are you and what brought you to this group?

Read a Bible Passage

Read: a Bible passage from this week together.

Discuss: What do you learn about God's identity or your identity in this film?

Live and Tell

Each of you now has the chance to share your own story with the group. If you were sitting in the white chair, what would you say? Answer some of these questions as you tell your story:

- ☐ What event or person has most defined your life?
- ☐ Where are you on your spiritual journey with God?
- ☐ Why did you decide to come to this group?

(continue for week two)

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WEEK TWO

Who I Used To Be

*Old habits die hard. The same
is true for old identities.*

Who you understood yourself to be and how you shaped your image to the world are mental habits that take time to unwind and reform. Recognizing those patterns will do wonders to bring your life into alignment with what God has planned for you. While each person will have a different mix of mistaken identities, these are ones that all of us will likely fall back into from time to time. But be encouraged, Jesus is still working on all of us.



"I hated the word 'love.' I would hear it in church. I would hear people say, 'God loves you.' And they would say it like everything was fine, like we should just think that's a good thing. But the love I understood was full of violence and hate. I didn't want God to love me. I didn't want love at all."

-Esther Fleece

(scan the QR code below to watch Esther's film)



That's the way you lived at one time in your life. But you have started living a new life. Your knowledge of how that life should have the Creator's likeness is being made new.

— Colossians 3:7,10

2.1 – I WAS A SINNER

Jesus said, “Those who are healthy don’t need a doctor. Sick people do. ...I have not come to get those who think they are right with God to follow me. I have come to get sinners to follow me.” –Matthew 9:12-13

Matthew had long ago walked away from God. He was known around town as one of the “sinners.” And so were all his friends. Matthew even chose a career path that his neighbors frowned upon. As a tax collector he earned a lot of money, but much of it came through cheating those same neighbors out of their hard earned money. Matthew knew there was no going back from this. He had chosen his path. He was a “sinner.” He knew this divided him from his neighbors and from God, but what could he do? That’s when he met Jesus. Jesus had come to town teaching about forgiveness. He said that he came looking for people who knew they were

sinners and wanted forgiveness. When Jesus came to Matthew’s workplace he said, “Follow me.” And Matthew knew he had found his chance to a new life. Sometimes sin is obvious to everyone like it was with Matthew. Sometimes it shows up as self-righteousness, like with Matthew’s neighbors. But anytime a person fails to love God or love their neighbor they have failed God’s standard and become a sinner. When you can acknowledge that you are imperfect at love and thus a sinner, it becomes possible to trust Jesus for forgiveness. Do what Matthew did and trust Jesus for forgiveness and a new start.

Read the whole passage in Matthew 9:9-13

- ☐ What do you like about this passage?
- ☐ What do you find difficult or challenging about this passage?
- ☐ What does this teach you about your identity?
- ☐ What does this teach you about God’s identity?

Talk with God

God, I confess that I am a sinner. I want the forgiveness that Jesus offers and I commit to do as Matthew did by following Jesus for the rest of my life.

LIVE IT. How will you live this out?

TELL IT. How will you tell others what you learned?



WATCH MORE:

Brian “Head” Welch knew he needed forgiveness and a new life. He cried out for Jesus, trusting that Jesus would forgive him.

iamsecond.com/brian-welch

2.2 – I WAS A PERFECTIONIST

[The religious leader] said to himself, “If this man were a prophet, he would know who is touching him. He would know what kind of woman she is. She is a sinner!” –Luke 7:39

Jesus was at a dinner with a number of religious leaders. As they dined a local prostitute rushed in. She had heard the words of hope and forgiveness that Jesus had spoken of earlier in the day. She came to accept that forgiveness and to express a tearful thanks. The all-too-perfect religious leaders who sat with Jesus could not imagine God would accept anything less than perfection. But Jesus would teach them that perfectionism is a quick road to judgmentalism and will never win you a seat with God. Perfectionism shows up in many different ways. Sometimes our attempts to be perfect are visual. The clothes have to be perfect. The car and the house have to

be just right. And the pictures will be even more perfect. Other times it shows up in thoughts and words. It can be in how quick you are to criticize or point out other people's weaknesses. It can also show up in your relationship with God by trying to earn your way into his love. But all of these lead to the same place. They lead to judging and comparing yourself to others. And that will never bring you anything but anxiety and brokenness. Jesus offers a new path: forgiveness. He knows you, too, have your failures and imperfections and he loves you anyways. Trust in his forgiveness and leave perfectionism behind.

Read the whole passage in Luke 7:36-50

- ☐ What do you like about this passage?
- ☐ What do you find difficult or challenging about this passage?
- ☐ What does this teach you about your identity?
- ☐ What does this teach you about God's identity?

Talk with God

God, I am not perfect. Please forgive me for my imperfections and my perfection-seeking and help me to trust you more with your forgiveness.

LIVE IT. How will you live this out?

TELL IT. How will you tell others what you learned?



WATCH MORE:

Esther Fleece insisted everything in her life was fine. But realized she needed a God who would love her when things fell apart.

iamsecond.com/esther-fleece

2.3 – I WAS AN OVER-ACHIEVER

Jesus said, “How hard it is for rich people to enter God’s kingdom! ...Things that are impossible for people are possible with God.” –Luke 18:24,27

A rich man once approached Jesus with a question. “What must I do to receive eternal life?” The man didn’t exactly know the answer, but he expected it would be something achievable. And as an accomplished and important person he knew how to achieve things. Jesus’ answer would shock him. Jesus told him to give it all up. The rich man walked away sad that day because he wanted to achieve

heaven, but learned the only way in is to stop achieving and simply trust the words of Jesus. What about you? What are you trying to achieve? How much of your life is consumed by gain more? More followers. More friends. More fun. More money. None of these achievements will ever make you feel complete. Your identity and any sense of completeness will only come when you succeed in trusting and following Jesus.

Read the whole passage in Luke 18:18-30

- ☐ What do you like about this passage?
- ☐ What do you find difficult or challenging about this passage?
- ☐ What does this teach you about your identity?
- ☐ What does this teach you about God’s identity?

Talk with God

God, I want to stop achieving in this world and win whatever you have planned for me in yours.

LIVE IT. How will you live this out?

TELL IT. How will you tell others what you learned?



WATCH MORE:

Stephen Baldwin accomplished much in his career but realized that as great as his life was, Jesus offered a better one.

iamsecond.com/stephen-baldwin

2.4 – I WAS A PEOPLE PLEASER

[Jesus said] “Be careful not to do good deeds in front of other people. Don’t do those deeds to be seen by others. If you do, your Father in heaven will not reward you.” –Matthew 6:1

Jesus complained about people who would announce their good deeds. They’d talk about it when they were with others and even when there were on the street corners. They’d practically blow trumpets to let people see how great they were. But all this really meant was that these people were impressing people rather than God. God sees what you do. Aim to please him, is Jesus’ teaching. Don’t worry about what people think, how much they like you, or whether you get the award here on earth.

The one that really matters is in heaven and needs no trumpets to hear about your good deeds. And let your prayers be the same. God isn’t impressed with big words or religious frills. He loves you and wants to talk with you. Let go of your people-pleaser past and exchange it for a God-pleaser path. When you do this, you’ll realize that he loved you before the foundations of the earth were made and he’ll love you long after they fade away.

Read the whole passage in Matthew 6:1-8

- ☐ What do you like about this passage?
- ☐ What do you find difficult or challenging about this passage?
- ☐ What does this teach you about your identity?
- ☐ What does this teach you about God’s identity?

Talk with God

God, It’s so easy to just want to please people and try and make people like me, but I choose you. I want to please you.

LIVE IT. How will you live this out?

TELL IT. How will you tell others what you learned?



WATCH MORE:

Rudy Kalis wanted to make a name for himself but discovered God already had one for him.

iamsecond.com/rudy-kalis



GROUP DISCUSSION GUIDE

Who I Used To Be

Opener

Watch one of the films from this week together.

What did you learn about God or people in this film?

Care

What are some of your highs and lows of your week?

Talk with God about

A high in your life that you're thankful for.

A low in your life where you could use his help.

Support

How did you live out or tell others about what you have learned since the last meeting?

Read a Bible Passage

Read: Acts 9:1-19

Discuss:

- ☐ What does this teach about people?
- ☐ What does this teach about God?
- ☐ How does this relate to what you learned in the film?
- ☐ What would it look like to **Live** this out and **Tell** others about what you've learned?

(continue for week three)

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WEEK THREE

How I Changed

*When Jesus comes into your
life, he changes you.*

He opens your eyes to who he designed you to be, rather than worrying about some curated image of yourself. He rescues you from misconceptions, misdirections, and missed opportunities. He makes you new. Not because he didn't like the old, but because the old was incomplete. His plans for you are so much more. His view of you is so much bigger. His love for you so much grander.



"Most people assume that I hit bottom and had nowhere else to turn and that's why I became a Christian. But my life was awesome. I just didn't realize it could be better. My walk of faith has become more of a wild ride for me than I ever expected."

-Stephen Baldwin

(scan the QR code below to watch Stephen's film)



God's grace has saved you because of your faith in Christ. Your salvation doesn't come from anything you do. It is God's gift.

- Ephesians 2:9

3.1 – I AM SAVED

“But here is how God has shown his love for us. While we were still sinners, Christ died for us. The blood of Christ has made us right with God. So we are even more sure that Jesus will save us from God’s anger. Once we were God’s enemies. But we have been brought back to him because his Son has died for us.” –Romans 5:8-10

At the beginning, humans decided to go their own way. We put ourselves first and separated ourselves from God. The Bible calls this sin. In doing this, we left God’s perfect design. This brought death, dysfunction into our world and our lives. But God loved us so much that he didn’t want us to stay in this brokenness. So he did for us what we could not do for ourselves. He sent his Son, Jesus, to die for us. His blood was

spilled so we could experience life. Though it was we who first went against God, God took it upon himself to reach out in love and forgiveness. He only asks that we trust him, accept this gift of new life, and begin anew with him. If you’ve never done this before or never expressed it directly to God. Then tell him today that you accept his gift of new life and forgiveness. With this you become a new creation. You are saved.

Read the whole passage in Romans 5:1-11

- ☐ What do you like about this passage?
- ☐ What do you find difficult or challenging about this passage?
- ☐ What does this teach you about your identity?
- ☐ What does this teach you about God’s identity?

Talk with God

God, I have sinned. I have not loved the people around me or you in the ways I should have. I need your forgiveness, a new life, and wish to follow you for the remainder of my days.

LIVE IT. How will you live this out?

TELL IT. How will you tell others what you learned?



WATCH MORE:

Jim Munroe was a skeptic. But a battle with Leukemia brought him new faith in God.

iamsecond.com/jim-munroe

3.2 – I AM NEW

**“When anyone lives in Christ, the new creation has come.
The old is gone! The new is here!” –2 Corinthians 5:17**

You are still you, when you follow Jesus. But it's a new kind of you. It's a changing, growing, refocused type of you. In Jesus you learn and experience new levels of love. You shift from a “me” focus to an “others” focus. You find the words, “I Am Second,” to be easier to apply, more and more an instinct rather than a discipline. It certainly doesn't happen overnight, but the process

begins. Jesus' chief characteristic is love. And as you journey with him, you too become ever more controlled by an instinct to love just as Jesus loved. Even now, you can begin assessing the parts of you that are controlled by selfishness rather than love, pride rather than concern for others, and vanity rather than humility. Because if you follow Jesus, you are new.

Read the whole passage in 2 Corinthians 5:16-21

- ☐ What do you like about this passage?
- ☐ What do you find difficult or challenging about this passage?
- ☐ What does this teach you about your identity?
- ☐ What does this teach you about God's identity?

Talk with God

God, I want to grow, develop, and change into someone who loves as consistently and quickly as you. Show me the parts of me that need to be made new.

LIVE IT. How will you live this out?

TELL IT. How will you tell others what you learned?



WATCH MORE:

Ryan Ries partied every chance he had but only found peace when Jesus gave him a totally new life.

iamsecond.com/ryan-ries

3.3 – I AM TRUSTING

**But Moses spoke to God. “Who am I that I should go to Pharaoh?” he said.
“Who am I that I should bring the Israelites out of Egypt?” –Exodus 3:11**

Moses grew up as an adopted son in the courts of Pharaoh, the most powerful world leader of that time. But that all ended when he killed an Egyptian soldier for abusing a fellow Jew. He spent the next forty years in hiding. Now at the age of eighty, God called him to go back. “Go back there? But who am I?” he wondered aloud. A murderous and exiled adopted son of the court would not be easily welcomed back. Moses was faced

with a decision of trust. God had made him a new man in those forty years of exile. He now wanted Moses to act on that with a new mission. As a Jesus follower, you too have been made new. God will now challenge you to go out and trust the work he has begun in you. He has a new mission for your life and a message of hope and love about his Son, Jesus, that he wants you to spread. Do you trust him?

Read the whole passage in Exodus 3

- ☐ What do you like about this passage?
- ☐ What do you find difficult or challenging about this passage?
- ☐ What does this teach you about your identity?
- ☐ What does this teach you about God’s identity?

Talk with God

God, I trust that you saved me for a reason and a purpose. I trust that you’ve given me a mission in this life. Here I am. Send me.

LIVE IT. How will you live this out?

TELL IT. How will you tell others what you learned?



WATCH MORE:

Tori Kelly feared what plans God might have for her, but learned to trust him with her musical talent.

iamsecond.com/tori-kelly

GROUP DISCUSSION GUIDE

How I Changed



Opener



Watch the *How to Become Second* film (use the QR code above).

What did you learn about God or people in this film?

Care

What are some of your highs and lows of your week?

Talk with God about

A high in your life that you're thankful for.

A low in your life where you could use his help.

Support

How did you live out or tell others about what you have learned since the last meeting?

Read a Bible Passage

Read: Ephesians 2:1-10

Discuss:

- ☐ What does this teach about people?
- ☐ What does this teach about God?
- ☐ How does this relate to what you learned in the film?
- ☐ What would it look like to Live this out and Tell others about what you've learned?

WEEK FOUR

How I Live

*Jesus taught that the mouth speaks
from the overflow of the heart.*

In other words, what a person does on the outside is an overflow and reflection of the identity they've claimed on the inside. What does your life look like? Are you living out your identity in Jesus?

Or has your heart clung to pieces of your old identity? Here you'll be challenged to change not just your faith and beliefs, but the actions and decisions that reflect your identity in Jesus.



*"The more I've grown in Christ, the more my life is diametrically
opposed to what's considered successful in this business."*

-Rudy Kalis

(scan the QR code below to watch Rudy's film)



Don't just listen to the word. You fool yourselves if you do that. You must do what it says. Suppose someone listens to the word but doesn't do what it says. Then they are like a person who looks at their face in a mirror. After looking at themselves, they leave. And right away they forget what they look like.

— James 1:22-24

4.1 – I AM GROWING

“I am the true vine. My father is the gardener. He cuts off every branch joined to me that does not bear fruit.” –John 15:1

In winter it is sometimes hard to tell one plant or tree apart from another. But when spring comes then comes the leaves and the flowers and fruit after that. It's then the identity of the plant becomes obvious. Jesus wants you to be more than just a twig in the forest. He wants you to blossom, to grow, to produce fruit, and in so doing give strength and energy to others as well. If you don't produce fruit, then he'll treat you like a gardener does a grape vine. Every year gardeners prune and cut away the

branches of their grape vines. They cut off all the branches from the year before that will not produce fruit in the new year. So Jesus will prune and cut away at the unproductive parts of your life. Join him in this work. Assess your life. Where are you not growing that might need pruning? Where do you have unproductive and distracting branches jutting out into your life that keep you from following hard after Jesus?

Read the whole passage in John 15:1-17

- ☐ What do you like about this passage?
- ☐ What do you find difficult or challenging about this passage?
- ☐ What does this teach you about your identity?
- ☐ What does this teach you about God's identity?

Talk with God

God, like a grapevine I have a lot of unproductive branches in my life.
Help me to produce good fruit with my life.

LIVE IT. How will you live this out?

TELL IT. How will you tell others what you learned?



WATCH MORE:

Remi Adeleke's life was not lining up with his true identity, then Jesus began to change him.

iamsecond.com/remi-adeleke

4.2 – I AM APPLYING

“Everyone who hears my words and puts them into practice is like a wise man. He builds his house on the rock.” –Matthew 7:24

Jesus was a carpenter by trade. He knew a thing or two about building things. But it doesn't take a lot of experience to know that a house needs a solid foundation. If you build your house on sand then the next storm will wipe out everything you have. But if you build your house on a solid rock foundation, then no storm will be able to topple you. Jesus says that your life is like this. No matter how strong an understanding you

have of your identity, if you don't apply that understanding to life, then the next storm is going to blow you over. If you listen to his words and then actually apply those words to real life, then your life will stand up against the biggest storms. But beware if you've only aimed to gain information about God without applying what you've learned. You'll find knowledge is power only when added to daily life.

Read the whole passage in Matthew 7:24-27

- ☐ What do you like about this passage?
- ☐ What do you find difficult or challenging about this passage?
- ☐ What does this teach you about your identity?
- ☐ What does this teach you about God's identity?

Talk with God

God, I want to remain strong when hardship and trials approach.
Help me to build a strong foundation.

LIVE IT. How will you live this out?

TELL IT. How will you tell others what you learned?



WATCH MORE:

Clint Gresham knew how to snap a football but he had to learn how to apply Jesus to the trauma of his past.

iamsecond.com/clint-gresham

4.3 – I AM SECOND

“Love your God.” / “Love your Neighbor.” / “Make Disciples.”

—Mark 12:30-31; Matthew 28:19

Jesus taught that everything in the Bible, all that God has said, can be summed up in just two commands: love God and love your neighbor. He then told any who follow him to live out these two commands and to teach others to do the same, which the Bible describes as the process of making disciples. Love, then, is the defining goal and mission of life. Whatever scenario a person finds themselves in, love is the path forward. Jesus showed us what this looked like in his own life. When God the Father asked him to give up his life on a cross, Jesus said, “Not my will be done, but yours.” He loved his Father. He put God the Father First, putting himself Second.

When his followers argued and debated over who might be more important, Jesus grabbed a towel and some water and washed his followers feet. He said to them, “I have come to serve, and not to be served.” He again chose love. He put others first. “I Am Second,” is not just a catchy phrase, but a commitment to always put yourself second in whatever situation you find yourself in whether it’s between you and God or you and others. Being second is not just a motto you stick on a wristband, it’s an identity and a way of life.

Read the whole passage in Mark 12:28-34

- ☐ What do you like about this passage?
- ☐ What do you find difficult or challenging about this passage?
- ☐ What does this teach you about your identity?
- ☐ What does this teach you about God’s identity?

Talk with God

God, you are first! You loved me so much to send your son to die for me. Help me to live out this same kind of selfless love of others.

LIVE IT. How will you live this out?

TELL IT. How will you tell others what you learned?



WATCH MORE:

The short film *I Hated* shares the brief stories of people who were transformed from people who hated to people who loved.

iamsecond.com/i-hated

GROUP DISCUSSION GUIDE

How I Live



Opener

Watch one of the films from this week together.

What did you learn about God or people in this film?

Care

What are some of your highs and lows of your week?

Talk with God about

A high in your life that you're thankful for.

A low in your life where you could use his help.

Support

How did you live out or tell others about what you have learned since the last meeting?

Read a Bible Passage

Read: Mark 12:28-34

Discuss:

- ☐ What does this teach about people?
- ☐ What does this teach about God?
- ☐ How does this relate to what you learned in the film?
- ☐ What would it look like to **Live** this out and **Tell** others about what you've learned?

I AM SECOND®