

Meaningful

Outcomes

2022

WORKPATH

Workpath is all about enabling people to define outcomes that truly matter and empowering these people to achieve them.

For the time between the years, this planner might provide you with some inspiration for your personal reflection and to turn your new year's goals into meaningful outcomes.

Workpath wishes you a happy and successful new year 2022!

WORKPATH

Creativity

Financials

*2021
in Review*

Going through these categories, what words and images describe the last year for you? Which other dimensions matter to you? If you like, rate each from 1 to 10.

Relationships

Career

Mindfulness

Health

*Collect
your notes
in the circles*

Based on your reflection in the review, what do you want to start, stop, or continue doing next year?

START

STOP

CONTINUE

Relationships

Career

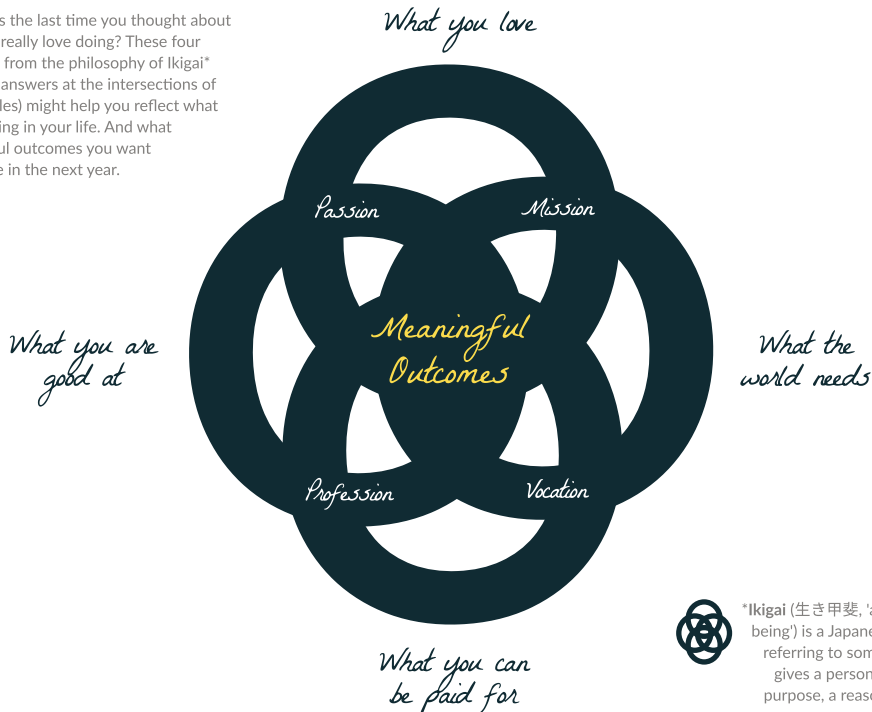
Health

Financials

Creativity

Mindfulness

When was the last time you thought about what you really love doing? These four questions from the philosophy of Ikigai* (and your answers at the intersections of these circles) might help you reflect what has meaning in your life. And what meaningful outcomes you want to achieve in the next year.



*Ikigai (生き甲斐, 'a reason for being') is a Japanese concept referring to something that gives a person a sense of purpose, a reason for living.

What will be your most meaningful outcomes for 2022?

Write down your first meaningful target outcome, with a short and inspiring headline.

Example: A more balanced and relaxed me is more kind to myself and others.

1

What are the 2-3 measurable Key Results for this outcome?

Example: I completed 100 meditation sessions



Scan this link to discover meaningful outcomes that other people of the Workpath community pursue. Also, learn more about defining and achieving outcomes successfully.

Drafting Questions

When drafting your goals, think about...

What is the objective, what outcome do you want to achieve?

Who will benefit by achieving this goal?

What will be different in a future in which you have achieved your goal?

How could you make this measurable?

Can you influence this metric on your own?

Does the metric give you feedback, if you are on the right track?

What will be your most meaningful outcomes for 2022?

Write down your second meaningful target outcome here.

2

What are the 2-3 measurable Key Results for this outcome?

Drafting Questions

When drafting your goals, think about...

What is the objective, what outcome do you want to achieve?

Who will benefit by achieving this goal?

What will be different in a future in which you have achieved your goal?

How could you make this measurable?

Can you influence this metric on your own?

Does the metric give you feedback, if you are on the right track?

What will be your most meaningful outcomes for 2022?

Write down your third meaningful target outcome here.

3

What are the 2-3 measurable Key Results for this outcome?

Drafting Questions

When drafting your goals, think about...

What is the objective, what outcome do you want to achieve?

Who will benefit by achieving this goal?

What will be different in a future in which you have achieved your goal?

How could you make this measurable?

Can you influence this metric on your own?

Does the metric give you feedback, if you are on the right track?