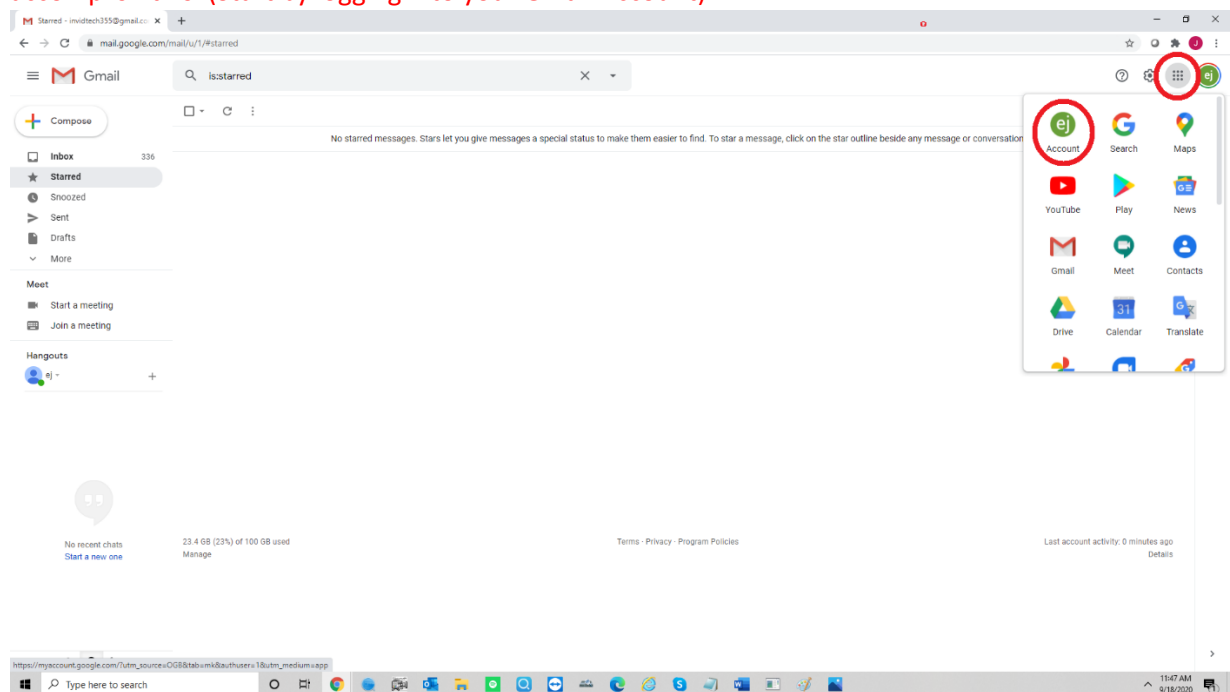


SETTING UP EMAIL NOTIFICATIONS DIRECTLY ON THE SEC-BODYTEMPCAM1 GUIDE

It is advised to use Gmail as the sending email with the SEC-BODYTEMPCAM1.
while we have had success with other servers I.E. (Outlook, Yahoo, 365)
We cannot guarantee those platforms will work we can guarantee the use of Gmail as the sending platform.
This is in regards to the sending email only the receiving email can be any platform.

1. Allow “Less Secure Apps” on your Gmail account the screenshots below show you how to accomplish this. (Start by logging into your Gmail Account)



Starned - invidtech355@gmail.com x Google Account x +

myaccount.google.com/u/1/security

Google Account Search Google Account

- Home
- Personal info
- Data & personalization
- Security**
- People & sharing
- Payments & subscriptions
- About

New York, USA - 11:44 AM

+5 more

Find a lost device

Manage devices Manage third-party access

Less secure app access

To protect your account, apps and devices that use less secure sign-in technology are blocked. To keep your account secure, Google will automatically turn this setting OFF if it's not being used. [Learn more](#)

Off

Turn on access (not recommended)

Signing in to other sites

- Signing in with Google You use your Google Account to sign in to 1 site or app >
- Password Manager You have 20 passwords saved in your Google Account. Password Manager makes it easier to sign in to sites and apps you use on any signed-in device. >
- Linked Accounts You have no linked accounts. You can give Google access to data from your third-party sites and apps, like your playlists.

Privacy Policy Terms of Service Help

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11:55 AM 9/18/2020

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myaccount.google.com/u/1/lesssecureapps

Google Account

← Less secure app access

Some apps and devices use less secure sign-in technology, which makes your account vulnerable. You can turn off access for these apps, which we recommend, or turn it on if you want to use them despite the risks. Google will automatically turn this setting OFF if it's not being used. [Learn more](#)

Allow less secure apps: ON

Updated

Type here to search

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2. Log in to the SEC-BODYTEMPCAM1 (Below are screenshots of the next steps in setting up email notification the SMTP info for Gmail)

