

VALUES ASSESSMENT

Use the value list on the following pages to identify all values that align most with you. List as many as apply, with a goal to find at least 20.

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|----|-----|-----|-----|
| 1. | 6. | 11. | 16. |
| 2. | 7. | 12. | 17. |
| 3. | 8. | 13. | 18. |
| 4. | 9. | 14. | 19. |
| 5. | 10. | 15. | 20. |

Group the values you selected into like groups. Once you have assigned them each to a group, choose one value that encompasses all the rest. These are your core values. Aim for somewhere between 3-6 groups/core values from your larger list of 20.

VALUES LIST

Above and Beyond	Dependability	Individuality	Reason
Acceptance	Depth	Industry	Recognition
Accessibility	Determination	Informal	Recreation
Accomplishment	Determined	Innovation	Refined
Accountability	Development	Innovative	Reflection
Accuracy	Devotion	Inquisitive	Relationships
Accurate	Devout	Insight	Relaxation
Achievement	Different	Insightful	Reliability
Activity	Differentiation	Inspiration	Reliable
Adaptability	Dignity	Integrity	Resilience
Adventure	Diligence	Intelligence	Resolute
Adventurous	Direct	Intensity	Resolution

Affection	Directness	International	Resolve
Affective	Discipline	Intuition	Resourceful
Aggressive	Discovery	Intuitive	Resourcefulness
Agility	Discretion	Invention	Respect
Aggressiveness	Diversity	Investing	Respect for Others
Alert	Dominance	Investment	Respect for the Individual
Alertness	Down-to-Earth	Inviting	Responsibility
Altruism	Dreaming	Irreverence	Responsiveness
Ambition	Drive	Irreverent	Rest
Amusement	Duty	Joy	Restraint
Anti-Bureaucratic	Eagerness	Justice	Results
Anticipate	Ease of Use	Kindness	Results-Oriented
Anticipation	Economy	Knowledge	Reverence
Anti-Corporate	Education	Leadership	Rigor

Appreciation	Effective	Learning	Risk
Approachability	Effectiveness	Legal	Risk Taking
Approachable	Efficiency	Level-Headed	Rule of Law
Assertive	Efficient	Liberty	Sacrifice
Assertiveness	Elegance	Listening	Safety
Attention to Detail	Empathy	Lively	Sanitary
Attentive	Employees	Local	Satisfaction
Attentiveness	Empower	Logic	Security
Availability	Empowering	Longevity	Self-Awareness
Available	Encouragement	Love	Self-Motivation
Awareness	Endurance	Loyalty	Self-Responsibility
Balance	Energy	Mastery	Self-Control
Beauty	Engagement	Maturity	Self-Directed
Being the Best	Enjoyment	Maximizing	Selfless

Belonging	Entertainment	Maximum Utilization	Self-Reliance
Best	Enthusiasm	Meaning	Sense of Humor
Best People	Entrepreneurship	Meekness	Sensitivity
Bold	Environment	Mellow	Serenity
Boldness	Equality	Members	Serious
Bravery	Equitable	Merit	Service
Brilliance	Ethical	Meritocracy	Shared Prosperity
Brilliant	Exceed Expectations	Meticulous	Sharing
Calm	Excellence	Mindful	Shrewd
Calmness	Excitement	Moderation	Significance
Candor	Exciting	Modesty	Silence
Capability	Exhilarating	Motivation	Silliness
Capable	Exuberance	Mystery	Simplicity
Careful	Experience	Neatness	Sincerity

Carefulness	Expertise	Nerve	Skill
Caring	Exploration	No Bureaucracy	Skillfulness
Certainty	Explore	Obedience	Smart
Challenge	Expressive	Open	Solitude
Change	Extrovert	Open-Minded	Speed
Character	Fairness	Openness	Spirit
Charity	Faith	Optimism	Spirituality
Cheerful	Faithfulness	Order	Spontaneous
Citizenship	Family	Organization	Stability
Clean	Family Atmosphere	Original	Standardization
Cleanliness	Famous	Originality	Status
Clear	Fashion	Outrageous	Stealth
Clear-Minded	Fast	Partnership	Stewardship
Clever	Fearless	Passion	Strength

Clients	Ferocious	Patience	Structure
Collaboration	Fidelity	Patient-Centered	Succeed
Comfort	Fierce	Patient-Focused	Success
Commitment	Firm	Patients	Support
Common Sense	Fitness	Patient-Satisfaction	Surprise
Communication	Flair	Patriotism	Sustainability
Community	Flexibility	Peace	Sympathy
Compassion	Flexible	People	Synergy
Competence	Fluency	Perception	Systemization
Competency	Focus	Perceptive	Talent
Competition	Focus on Future	Perfection	Teamwork
Competitive	Foresight	Performance	Temperance
Completion	Formal	Perseverance	Thankful
Composure	Fortitude	Persistence	Thorough

Comprehensive	Freedom	Personal Development	Thoughtful
Concentration	Fresh	Personal Growth	Timeliness
Concern for Others	Fresh Ideas	Persuasive	Timely
Confidence	Friendly	Philanthropy	Tolerance
Confidential	Friendship	Play	Tough
Confidentiality	Frugality	Playfulness	Toughness
Conformity	Fun	Pleasantness	Traditional
Connection	Generosity	Poise	Training
Consciousness	Genius	Polish	Tranquility
Consistency	Giving	Popularity	Transparency
Content	Global	Positive	Trust
Contentment	Goodness	Potency	Trustworthy
Continuity	Goodwill	Potential	Truth
Continuous Improvement	Gratitude	Power	Understanding

Contribution	Great	Powerful	Unflappable
Control	Greatness	Practical	Unique
Conviction	Growth	Pragmatic	Uniqueness
Cooperation	Guidance	Precise	Unity
Coordination	Happiness	Precision	Universal
Cordiality	Hard Work	Prepared	Useful
Correct	Harmony	Preservation	Utility
Courage	Health	Pride	Valor
Courtesy	Heart	Privacy	Value
Craftiness	Helpful	Proactive	Value Creation
Craftsmanship	Heroism	Proactively	Variety
Creation	History	Productivity	Victorious
Creative	Holiness	Profane	Victory
Creativity	Honesty	Professionalism	Vigor

Credibility	Honor	Profitability	Virtue
Cunning	Hope	Profits	Vision
Curiosity	Hopeful	Progress	Vital
Customer Focus	Hospitality	Prosperity	Vitality
Customer Satisfaction	Humble	Prudence	Warmth
Customer Service	Humility	Punctuality	Watchful
Customers	Humor	Purity	Watchfulness
Daring	Hygiene	Pursue	Wealth
Decency	Imagination	Pursuit	Welcoming
Decisive	Impact	Quality	Willfulness
Decisiveness	Impartial	Quality of Work	Winning
Dedication	Impious	Rational	Wisdom
Delight	Improvement	Real	Wonder
Democratic	Independence	Realistic	Worldwide