

Please find grade level appropriate SEL discussion questions below. Feel free to come up with your own discussion questions based on your knowledge of your student group. The important thing is that you have a discussion around your SEL skill of the day. Plan to utilize these prior to playing your game.

Grades TK-2

Monday

Lawn Bowling- Responsible Decision Making

Definition- The abilities to make caring and constructive choices about personal behavior and social interactions across diverse situations.

Question- What does it mean to be well-behaved? Why is it important?

Tuesday

The Pyramid Game- Relationship Skills

Definition- The abilities to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups.

Question- How do you make new friends? How do you stay good friends?

Wednesday

Foot Golf- Self-Awareness

Definition- The ability to accurately recognize one's own emotions, thoughts, and values and how they influence behavior.

Question- What are emotions? What emotion are you feeling right now?

Thursday

The Cluster Game- Social Awareness

Definition- The abilities to understand the perspectives of and empathize with others, including those from diverse backgrounds, cultures, and contexts.

Question- How are you different from your classmates? How are you the same?

Friday

Sinking Ship- Self-Management

Definition- The abilities to manage one's emotions, thoughts, and behaviours effectively in different situations and to achieve goals and aspirations.

Question- When you feel sad/happy/angry/etc., how do you show that emotion?

Grades 3-5

Monday

Lawn Bowling-Responsible Decision Making

Definition- The abilities to make caring and constructive choices about personal behavior and social interactions across diverse situations.

Question- What is responsible decision making? Why is it important?

Tuesday

The Pyramid Game- Relationship Skills

Definition- The abilities to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups.

Question- What are relationship skills? Why are they important?

Wednesday

Foot Golf- Self-Awareness

Definition- The ability to accurately recognize one's own emotions, thoughts, and values and how they influence behavior.

Question- What is self-awareness? Why is it important?

Thursday

The Cluster Game- Social Awareness

Definition- The abilities to understand the perspectives of and empathize with others, including those from diverse backgrounds, cultures, and contexts.

Question- What is social awareness? Why is it important?

Friday

Sinking Ship- Self-Management

Definition- The abilities to manage one's emotions, thoughts, and behaviours effectively in different situations and to achieve goals and aspirations.

Question- What is self-management? Why is it important?

Grades 6-8

Monday

Lawn Bowling- Responsible Decision Making

Definition- The abilities to make caring and constructive choices about personal behavior and social interactions across diverse situations.

Question- Can you give me some examples of a good versus a bad decision? What makes a decision good or bad?

Tuesday

The Pyramid Game- Relationship Skills

Definition- The abilities to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups.

Question- If you see someone sitting alone at lunch, what do you do?

Wednesday

Foot Golf- Self-Awareness

Definition- The ability to accurately recognize one's own emotions, thoughts, and values and how they influence behavior.

Question- When was the last time you felt an emotion very strongly? What was that emotion?

Thursday

The Cluster Game- Social Awareness

Definition– The abilities to understand the perspectives of and empathize with others, including those from diverse backgrounds, cultures, and contexts.

Question– Have you ever strongly disagreed with someone? What do you think makes them believe differently than you do?

Friday

Sinking Ship- Self-Management

Definition– The abilities to manage one’s emotions, thoughts, and behaviors effectively in different situations and to achieve goals and aspirations.

Question– Do you think you are more likely to succeed if you tell yourself, “I’m not good at this,” or if you tell yourself, “I’m going to try my very best”?