

## COURSE DURATION:

HALF DAY COURSE, INCLUDING HEIGHT SAFETY AWARENESS AND MULTIPLE-CHOICE TEST PAPER

## CANDIDATES:

MAXIMUM 8 DELEGATES PER COURSE

## WHO SHOULD ATTEND:

This course is for operatives & supervisors who require the knowledge & practical skills to work safely with steps and ladders, including those involved in working at height who have not received prior formal instruction, and also those who require refresher training

## COURSE AGENDA:

- Introductions, Aims and Objectives
- Legislation and regulations affecting work at height
- Product standards and classifications of ladders
- Product standards and classifications of stepladders
- Assessing risks and hazards affecting the use of ladders and stepladders
- Inspection, planning and organising
- Storage, handling and maintenance
- Theory test and practical assessments
- Course review
- Questions

## KNOWLEDGE At the end of the course

candidates will have adequate knowledge of:

- Problems associated with working at heights
- Steps and ladders legislation
- Employers responsibility
- Employees responsibility
- Risk assessments and method statements
- Safe systems of working at height
- Selection of steps and ladders
- Pre-use inspections of steps and ladders
- Maintenance and storage of steps and ladders

## COURSE AIM:

To give the knowledge needed for the correct and safe use of Steps and Ladders when working at height. Delegates will learn to select appropriate work at height equipment for a task, inspect ladders and stepladders for damage, correctly position and locate, and safely use ladders and stepladders.

