

3pp® Side Step™ Splint



Reduce DIP or PIP joint deviation with the 3pp Side Step Splint. Static progressive stretch is easily applied to tolerance using the corrective loop strap.

The adjustable counterforce design employs soft, non-slip straps and cushioned pads for comfortable reduction of either ulnar or radial deviation.

Features and Benefits

Padded slide can be positioned as needed for counterforce

Proximal cuff can be contoured to the finger

Corrective loop strap

Can be fit on ulnar or radial side of the finger



Wrap corrective strap around DIP to reduce PIP deviation

Wrap corrective strap around fingertip to reduce DIP deviation



Indications

Recommended for flexible DIP or PIP joint lateral deviation caused by:



Arthritis



Malalignment after fracture or ligament injury

Suggested Billing Code

HCPCS L3925 - Use of this code does not guarantee reimbursement.

Sizing Information

Measure the finger length from the web to your fingertip.

Measure width below the middle knuckle.

If you are between sizes, choose the larger size.

Web Space to Fingertip

Sml 1 1/2" - 2" (3.8-5cm)

Med 1 3/4" - 3 1/8" (4.4 - 8.3cm)

Lrg 3" - 3 1/2" (7.6 - 8.9cm)

Width Below Middle Knuckle

1/2" - 5/8" (1.3-1.6cm)

5/8" - 7/8" (1.6-2.2cm)

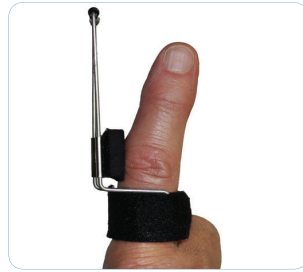
7/8" - 1 1/8" (2.2-2.9cm)



Applying the 3pp Side Step Splint



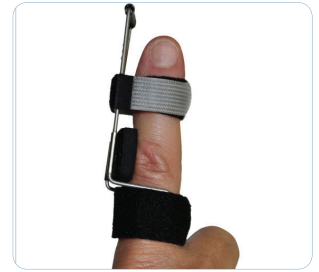
Wrap the strap around the finger and secure the hook tab.



Move the slide to rest against the PIP (middle) joint.



Slide the loop strap between the wires and slip the loop on the finger. To treat the PIP (middle) joint, place the strap around the DIP (end) joint.



Wrap the strap around wire and apply gentle tension to correct joint position.

To Reduce DIP (End Joint) Deviation



To treat the DIP (end) joint, place the strap around the fingertip.



Wrap the strap around wire and apply gentle tension to correct joint position.

To Reduce PIP (Middle Joint) Deviation



Slide the loop strap between the wires and slip the loop on the finger. To treat the PIP (middle) joint, place the strap around the DIP (end) joint.



Wrap the strap around wire and apply gentle tension to correct joint position.

Suggested wearing schedule

The 3pp Side Step Splint is a static progressive orthosis and is designed for the wearer to adjust the tension to tolerance.

The recommended wearing schedule is 15-20 minutes, 3-4 times a day. The splint can be adjusted throughout the wearing period to hold the joint comfortably at end range.

Side Step FAQ's

Will this splint work on a fixed deformity?

The DIP or PIP joint must demonstrate some passively correctable range of motion with a soft or spongy end feel. This splint is not recommended for joints with a rigid or bony end feel.

Can I use the Side Step Splint on the thumb?

The Side Step Splint is not recommended to correct thumb MCP or IP deviation.

What can I suggest my patient use to maintain the corrections once the joint can be straightened?

As the wearer is weaning from the splint, it's recommended they continue with nighttime wear until the joint holds the correction. An Oval-8 Finger Splint can be worn as needed to maintain the correction. Oval-8 splints can be heat adjusted to accommodate up to 15 or 20 degrees of deviation, but not beyond that.

To Order from 3-Point Products

Health Care Providers

888-378-7763

Mon-Fri 8:30am - 5:00pm EST

service@3pointproducts.com

Online Ordering

Patients & Consumers

www.ohmyarthritis.com



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