



FLOR PSYC 3361

ABNORMAL PSYCHOLOGY

CAPA FLORENCE PROGRAM

Course Description:

This course will introduce students to the psychological, biological, and experiential factors thought to influence the symptoms, etiology, course/prognosis, and treatment of mental disorders. Students can expect to gain information about and an understanding of the rationale for: the diagnostic criteria and other clinical signs accompanying common DSM-5 disorders, causal and maintenance factors of disorders, and examples of empirically supported treatments. This course focuses on adult psychopathology.

Capa Students Learning & Developmental Outcomes (SLDOs)

1. **Globalization**. Students are able to recognize, describe, and interpret examples of the impact of the globalization in the urban environment.
2. **Urban Environment**. Students are able to explore and analyse the spaces they inhabit and reflect on differences and similarities between their home and host environments.
3. **Social Dynamics**. Students are able to understand concepts of and the implications of the realities of power, privilege, and inequality in urban environments.
4. **Diversity**. Students are able to describe, interpret, and respect the differences and similarities within their student community and between their home country and the host country.
5. **Personal and Professional Development**: CAPA students will gain insight into their personal and professional development that occurred during their CAPA learning abroad experience, with emphasis on the skills they acquired that will be of particular interest to future employers and graduate school admissions officers. The development of skills relative to personal and professional development and career preparedness include for this class the following ones:
 - **Networking**: The ability to intentionally and purposefully connect and interact with others in order to develop professional and social relationships;
 - **Communications**: The ability to receive, interpret, and articulate information and ideas effectively;
 - **Remote Collaboration**: The ability to utilize IT resources to connect virtually with others and achieve collective goals and objectives;
 - **Global Perspective**: The skills required to live and work in an interdependent world through forming an understanding of connections between one's own life and those of people across the globe;
 - **Cultural Awareness**: The understanding of oneself, others and the ability to embrace and appreciate diverse and complex perspectives, values, and beliefs;
 - **Organization, Time Management and Prioritization Skills**: The ability to achieve identified outcomes by using time, energy and resources in an effective and productive manner;
 - **Problem Solving**: The ability to find solutions to difficult or complex issues and to manage moments of uncertainty or ambiguity;
 - **Adaptability**: The ability to adjust oneself readily to different conditions and environments;
 - **Goal Setting**: The ability to identify, form and implement actions that will achieve predetermined aims and objectives;

Student Learning Outcomes specific to the course

By the end of the course, students should be able to:

1. Recall, define, and appropriately apply terminology presented in lecture and associated readings
2. Identify and describe symptoms associated with mental health diagnoses, demonstrate a broad understanding of the DSM-5 classification system, and provide critique about advantages and drawbacks of diagnosis and of the existing diagnostic system.
3. Explain each disorder from an integrative perspective by demonstrating a working knowledge of biological, behavioral, cognitive, emotional and environmental factors involved in the onset and trajectory of the disorder.
4. Propose a rationale for differential diagnoses.
5. Discuss in broad terms the risk factors and protective factors related to mental health issues; discuss risk factors in the context of specific diagnoses, including the rationale as to why certain risk factors may enhance the vulnerability to specific mental disorders.
6. Provide examples of empirically supported treatments.

Field Component(s)

CAPA provides the unique opportunity to learn about the city through direct, guided experience. Participation in the field activity(s) for this course is required. You will **actively** explore the Global City you are currently living in. Furthermore, you will have the chance to collect useful information that will be an invaluable resource for the essays/papers/projects assigned in this course.

The assigned field component for this course are:

Executive Summary of Grading

- ☞ There will be 3 exams, with two exams being worth 133 points and the third being worth 134 points.
- ☞ You must take all 3 exams – you risk failing the course if you miss an exam without appropriate notice and documentation.
- ☞ There will be 6 quizzes worth 20 points each – the lowest quiz grade will be dropped. All quizzes will be administered via Canvas.
- ☞ Class participation will be worth 80 points
- ☞ Course grade is calculated by dividing the points you earned by 600

Final Grade Breakdown

TASK	PERCENTAGE	STUDENT LEARNING OUTCOMES (SLOs)
Exam 1	22%	1-6
Exam 2	22%	1-6
Exam 3	23%	1-6
Quizzes	20%	1-6
Class Participation	13%	1-6

Grading Scheme

Descriptor	Alpha	Number	GPA
Excellent	A	93+	4.0
	A-	90-92	3.7
Good	B+	87-89	3.3
	B	83-86	3.0
	B-	80-82	2.7
Average	C+	77-79	2.3
	C	73-76	2.0
Below Average / Poor	C-	70-72	1.7
	D+	67-69	1.3
	D	60-66	0.7 1.0
Fail	F	<60	0

Exams:

There will be three non-cumulative exams.

Exams will cover reading (textbook and research articles) and lecture material as well as ideas generated from class discussions.

A common question is “will this be on the exam?” Please presume the answer is **yes**.

The exams will consist of a variety of multiple-choice, short answer, essay, and case study questions.

No make-up exams will be administered without documentation of a serious illness, death in the family, or other event of similar magnitude that precludes your attendance on a scheduled exam day.

Make-up exams are not given once exam grades have been posted. If such an event should arise, the make-up exam will be in essay format.

Class Materials:

I will be using the Canvas website to post test scores, lecture notes, and supplemental class materials (research articles and videos).

Textbook: Barlow, D.H. and Durand, V.M. *Abnormal psychology* (7th ed. or 8th Edition)

Lecture and Discussion:

Lecture notes are posted as a courtesy and are not always available prior to class. Be prepared to take notes in class as notes are not always posted in advance of class time. Importantly, during the first week of class it is a good idea to acquaint yourself with a few of your classmates and to exchange email addresses with them. Your classmates are your best resources for you should you have to miss class. It is your responsibility to gather this information from your fellow students or to make arrangements to attend office hours.

Things your classmates notice and don't appreciate: Using your phone or surfing the internet during class not only distracts the people around you and but interferes with your ability to get the most out of this course. You can contribute to a rewarding classroom experience by engaging with the class rather than with the internet!

Extra Credit:

There will always be extra credit questions on the exams. There are no other extra credit opportunities offered for this course.

Course Outline and Schedule

Note: This class/exam schedule may change to accommodate the cadence and interests of the class. We will try to adhere as closely as possible to this outline and changes will be announced as soon as they are determined.

Week	Topic/Activities	Readings
Week 1	Welcome! Abnormality Defined & Theoretical Models	Chapter 1 Chapter 2
Week 2	Theoretical Models & Diagnosis	Chapter 2 Quiz 1
Week 3	Diagnosis & Research Design	Chapter 3 Chapter 4
Week 4	Legal & Ethical Issues Personality Disorders/Psychopathy	Chapter 16 Chapter 13 Quiz 2
Week 5	Personality Disorders/Psychopathy Anxiety Disorders	Chapter 13 Chapter 5 Quiz 3
Week 6	EXAM 1	None
Week 7	BREAK	
Week 8	OCD and Related Disorders	Chapter 5
Week 9	PTSD and Adjustment Disorders	Chapter 5 Quiz 4
Week 10	Mood Disorders	Chapter 7
Week 11	Exam 2 Eating Disorders	Chapter 8
Week 12	Substance Dependence Disorder	Chapter 11
Week 13	THIS WILL BE A FRIDAY CLASS AT THE SAME TIME (12-3 PM) Schizophrenia and other Psychotic Disorders	Chapter 13 Quiz 5
Week 13	Sleep Disorders Dissociative Disorders	Chapter 8 Chapter 6 Quiz 6
Week 14	FINAL EXAM	