

ANTI-RACISM RESOURCES

To help individuals looking to take intentional action to better understand and combat systemic racism in America, CAPA has compiled the following list of educational resources:

Articles

The Atlantic

- » [“How to Actually Fix America’s Police”](#)
- » [“The Coronavirus Was an Emergency Until Trump Found Out Who Was Dying”](#)

The Bold Italic

[“Answering White People’s Most Commonly Asked Questions About the Black Lives Matter Movement”](#)

Center for American Progress

- » [“Efforts to Address Gun Violence Should Not Include Increased Surveillance”](#)
- » [“Expanding the Authority of State Attorneys General to Combat Police Misconduct”](#)
- » [“Forfeiting the American Dream: How Civil Asset Forfeiture Exacerbates Hardship for Low-Income Communities and Communities of Color”](#)
- » [“The Justice in Policing Act Is an Important Step Toward Long-Term Structural Change”](#)
- » [“The Intersection of Policing and Race”](#)
- » [“Racism and Sexism Combine to Shortchange Working Black Women”](#)
- » [“Simulating How Progressive Proposals Affect the Racial Wealth Gap”](#)
- » [“Systematic Inequality in America”](#)
- » [“The Environment That Racism Built”](#)
- » [“Violence of This Week, Past 400 Years Shows Systemic Racism Is Underlying Disease”](#)

Forbes

[“First, Listen. Then, Learn: Anti-Racism Resources for White People”](#)

Human Rights Campaign



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[“Being African American & LGBTQ: An Introduction”](#)

Independent Sector

[“Why Diversity, Equity, and Inclusion Matter”](#)

Medium

[“My Role in a Social Change Ecosystem: A Mid-Year Check-in”](#)

New York Times

[“Extensive Data Shows Punishing Reach of Racism for Black Boys”](#)

Racial Equality Tools

[“White Privilege: Unpacking the Invisible Knapsack”](#)

WBUR Cognoscenti

[“A Dual Degree From Oxford. A Medical Degree From Harvard. Neither Protected Me From Racism”](#)

Books

The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander

An account of the rebirth of a caste-like system in the United States, one that has resulted in millions of African Americans locked behind bars and then relegated to a permanent second-class status—denied the very rights supposedly won in the Civil Rights Movement

I'm Still Here: Black Dignity in a World Made for Whiteness by Austin Channing Brown

An account of growing up Black, Christian, and female that exposes how White America's love affair with “diversity” so often falls short of its ideals

Kindred by Octavia Butler

The first anthology of short stories exploring the connections between radical speculative fiction and movements for social change

Octavia's Brood: Science Fiction Stories From Social Justice Movements by Adrienne Maree Brown and Walidah Imarisha

The first anthology of short stories exploring the connections between radical speculative fiction and movements for social change

What Does It Mean to Be White? Developing White Racial Literacy by Robin DiAngelo

Explores miseducation about what racism is, ideologies such as individualism and colorblindness, segregation, and the belief that to be complicit in racism is to be an immoral person.



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***White Fragility* by Robin DiAngelo**

Explores the counterproductive reactions White people have when their assumptions about race are challenged and how these reactions maintain racial inequality

***Antagonists Advocates and Allies: The Wake-up Call Guide for White Women Who Want to Become Allies With Black Women* by Catrice M. Jackson**

Explores the conscious and unintentional pain White women have inflicted on Black women and women of color as well as how to use White privilege to eliminate racism and stop hypocrisy within the feminist movement

***How to Be an Antiracist* by Ibram X. Kendi**

Explores antiracist ideas—from the most basic concepts to visionary possibilities—that will help readers see all forms of racism clearly, understand their poisonous consequences, and work to oppose them in our systems and in ourselves

***Stamped From the Beginning: The Definitive History of Racist Ideas in America* by Ibram X. Kendi**

Covers the history of how racist ideas were created, spread, and deeply rooted in American society

***When They Call You a Terrorist: A Black Lives Matter Memoir* by Patrisse Khan-Cullors and Asha Bandele**

A memoir about what it means to be a Black woman in America and the co-founding of a movement that demands justice for all in the land of the free

***Uprooting Racism: How White People Can Work for Racial Justice* by Paul Kivel**

Powerful strategies and practical tools for White people committed to racial justice

***Black Liberation and the American Dream: The Struggle for Racial and Economic Justice: Analysis, Strategy, Readings* by Paul Le Blanc**

Concentrates on the connections between racial justice and economic justice as well as the dynamic intersections of race, class, and gender

***The Possessive Investment in Whiteness: How White People Profit From Identity Politics* by George Lipsitz**

Explores how public policy and private prejudice ensure Whites wind up on top of the social hierarchy and the social and material rewards that accrue to the possessive investment in Whiteness

***So You Want to Talk About Race* by Ijeoma Oluo**

A contemporary, accessible take on the racial landscape in America, addressing issues such as privilege, police brutality, intersectionality, micro-aggressions, the Black Lives Matter movement, and the “N” word

***An African American and Latinx History of the United States* by Paul Ortiz**



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An intersectional history of the shared struggle for African-American and Latinx civil rights

Race, Work, and Leadership: New Perspectives on the Black Experience by Laura Morgan Roberts and Anthony Mayo

A compilation of essays examining how race matters in people's experiences of work and leadership

How Race Survived US History From Settlement and Slavery to the Eclipse of Post Racialism by David R. Roediger

A chronicle of the role of race in US history

Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor by Layla F. Saad

Teaches White people how to dismantle privilege within themselves so they can stop (often unconsciously) inflicting damage on people of color, and in turn, help other White people do better, too

My Vanishing Country: A Memoir by Bakari Seller

Illuminates the lives of America's forgotten Black working-class men and women with a journey through the South's past, present, and future

The Racial Healing Handbook: Practical Activities to Help You Challenge Privilege, Confront Systemic Racism, and Engage in Collective Healing by Anneliese A. Singh

A guide to help you navigate racism, challenge privilege, manage stress and trauma, and begin to heal

The Cost of Privilege: Taking on the System of White Supremacy and Racism by Chip Smith

Explores the ways in which capitalism and White supremacy have interacted to produce and reproduce injustice and the ways in which the working class has remain divided by the promise of White privilege to some of its members

How We Fight White Supremacy: A Field Guide to Black Resistance by Akiba Solomon and Kenrya Rankin

An anthology from leading organizers, artists, journalists, comedians, and filmmakers on how they fight White supremacy

Just Mercy: A Story of Justice and Redemption by Bryan Stevenson

A powerful true story about the potential for mercy to redeem us, and a clarion call to fix our broken system of justice

The Color of Law: A Forgotten History of How Our Government Segregated America by Richard Rothstein

Explores how segregation in America—the incessant kind that continues to dog our major cities and has contributed to so much recent social strife—is the byproduct of explicit government policies at the local, state, and federal levels



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***White Like Me: Reflections on Race From a Privileged Son* by Tim Wise**

A personal account examining White privilege and the conception of racism in American society through the author's experiences with his family and community

If you'd like to purchase any of these books, we encourage you to do so while [supporting Black-owned independent bookstores](#). Also, consider supporting local Black-owned restaurants in your area using [Dine.Black](#).

Films

***Blindspotting* (2018; Hulu):** Set in Oakland, California, the film follows a parolee with three days left on his sentence, only to have him witness a police shooting that threatens to ruin a life-long friendship

***Did You Wonder Who Fired the Gun?* (2017; Amazon):** When director Travis Wilkerson tries to investigate the 1946 murder of an African-American man by his White supremacist grandfather, he meets great resistance, and people threaten to take his life.

***Get Out* (2017; Amazon):** A young African-American visits his White girlfriend's parents for the weekend, where his simmering uneasiness about their reception of him eventually reaches a boiling point

***13th* (2016; Netflix):** Explores the intersection of race, justice, and mass incarceration in the United States

***I Am Not Your Negro* (2016; Amazon):** A journey into Black history that connects the past of the Civil Rights movement to the present of #BlackLivesMatter

***O. J.: Made in America* (2016, ESPN):** Explores race and celebrity through the life of O. J. Simpson

***When the Levees Broke* (2006; Hulu):** Residents of New Orleans discuss how they were impacted by the devastation of Hurricane Katrina and how the city is rising from the ashes

***Malcolm X* (1992; Netflix):** A biographical epic of the controversial and influential Black nationalist leader, from his early life and career as a small-time gangster to his ministry as a member of the Nation of Islam

***Do the Right Thing* (1989; Amazon):** On the hottest day of the year on a street in the Bedford-Stuyvesant section of Brooklyn, hate and bigotry smolder and build before exploding into violence

***Dear White People* (2014; Amazon):** Explores the lives of black students at an Ivy League college.

***Selma*,** a film that chronicles the marches of the Civil Rights Movement

Whose Streets?, a documentary about the uprising in Ferguson

***Fruitvale Station*,** a film with Michael B. Jordan about the killing of Oscar Grant



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American Son, a film with Kerry Washington about an estranged interracial couple waiting for their missing son

The Central Park Five, a documentary from Ken Burns

A Class Divided, a Frontline documentary

Organizations and Projects

American Civil Liberties Union: [Reforming Police](#)

American Association for People With Disabilities, Autistic Self-Advocacy Network, and Green Mountain Self Advocates: [What Is Police Violence?](#)

[Equitable & Just National Climate Platform](#)

The Washington Post: [Fatal Force](#)

[Generation Progress](#)

[NAACP Pathways to Police Reform: Community Mobilization](#)

White Parenting

Articles

- Center for American Progress: [“Public Schools Must Address Disparities in Discipline Rates”](#)
- PBS Kids: [“Teaching Your Child About Black History”](#)
- Pretty Good: [“Your Kids Aren’t Too Young to Talk About Race: Resource Roundup”](#)

Books

- Common Sense Media: [Coretta Scott King Book Award Winners](#)
- Embracerace: [Looking for Excellent “Diverse” Books for Children? Start Here!](#)
- Ella Baker and the Black Freedom Movement: [A Radical Democratic Vision by Barbara Ransby](#): “Mentoring a New Generation of Activists” chapter

Videos and Podcasts

- CNN and Sesame Street: [“Racism Town Hall”](#)
- [Fare of the Free Child](#)
- Integrated Schools: [“Raising White Kids With Jennifer Harvey”](#)



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- Parenting Forward: [“Five Pandemic Parenting Lessons With Cindy Wang Brandt”](#)

Videos and Podcasts

Cheddar: [“How You Can Support Your Black Co-Workers Now and in the Future”](#)

[The Conscious Kid](#)

The Guardian: [“‘Get your knee off our necks’: Al Sharpton Delivers Eulogy at George Floyd Memorial”](#)

NBC: [“Can You Hear Us Now? A Virtual Conversation on Race”](#)

New York Times [1619 Project](#): Podcast series observing the 400th anniversary of the beginning of American slavery

Othering & Belonging Institute: [“Targeted Universalism”](#)

TED: [“Talks to Help You Understand Racism in America”](#)

Social Media

[Rachel Cargle](#), a writer and lecturer who explores the intersection between race and womanhood

[Ibram X. Kendi](#), the author of *How To Be An Antiracist* and Director of the Antiracism Center

[Nikkolas Smith](#), the artist behind portraits of George Floyd, Ahmaud Arbery and others

[Charlene Carruthers](#), founder of the [Black Youth Project 100](#)

[Brittany Packnett Cunningham](#), co-founder of [Campaign Zero](#), a policy platform to end police violence, and a host of *Pod Save The People*

[Ally Henny](#), a Christian commentator on race

[Candace Andrews](#), a photographer documenting protests

[Inside the Kandi Dish](#): a multimedia exploration of the Black female experience



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