



Gulfside Hospice

Lic. 1989



making every day count



Gulfside Healthcare Services

Hospice | Palliative Care | Home Health

We are here to serve you and
your loved ones.

Call us anytime - our experts
are ready to help you
24 hours a day, 7 days a week.

800-817-9941

www.Gulfside.org





Hospice is comfort care, specially designed to address the physical, emotional, social and spiritual needs for those facing end of life, and support for their families.





"My grandmother, Patricia, was in the final stages of breast cancer.

The team at Gulfside Hospice made her final days happy, peaceful and fun. She knew she was loved and cared for, and she was extremely grateful for everything. Your Hospice Care Center was not only amazing for her, but its team was also extremely kind and compassionate toward us, her family.

I'm grateful beyond words that you provided her with a good quality of life while she was in your care."

- Rachel

At Gulfside, our mission is to provide patients with the greatest comfort and peace of mind at the end of life.

Offering comfort and care

Gulfside takes an interdisciplinary approach to giving both patients and their families the best possible quality of life, for as long as life lasts. Our entire team provides both emotional and spiritual support to bring our patients internal peace and comfort, in addition to our excellent medical care.

Providing practical support

Interdisciplinary support and service is available 24 hours a day, seven days a week, including medical staff on call around the clock. Gulfside Hospice also has resources to help with legal and financial services involving end-of-life care.

Relieving pain and discomfort

Gulfside staff's expertise is palliative care, more commonly known as comfort care. We provide medication, quality medical treatments and soothing alternative therapies, such as massage and music, to help relieve physical pain.

Gulfside Hospice Services Include:

- On-staff hospice physicians who offer pain management and symptom control through home visits. Patients can also choose to continue seeing their own physician.
- Experienced nurses whose primary concern is the patient's physical comfort. They monitor the patient's condition and adjust medication as necessary.
- Nurses on call 24 hours a day, seven days a week.
- Around-the-clock continual nursing care in times of crisis, whether at home or at a Gulfside Center for Hospice Care.
- Coordination of medical supplies, medication and durable medical equipment related to the patient's life-limiting illness.
- Certified nursing assistants who help with personal care.
- Social workers who specialize in helping patients and families live well and fully as they cope with issues surrounding a life-limiting illness.
- Non-denominational chaplains who offer services sensitive to the spiritual needs of those facing a life-limiting illness.



The experienced team at Gulfside provides the very best medical care to our patients, offering emotional and spiritual support to help the entire family through this unique journey - and after.



- Volunteers to help the family by running errands, staying with the patient to allow the caregiver to take a break or run errands, and helping with other tasks that are guided by the patient's needs.
- Bereavement services for both family members of Gulfside Hospice patients and Pasco County residents, including grief support groups, bereavement workshops, educational programs and individual and family counseling.

Gulfside Hospice provides these services for anyone in Pasco County, regardless of their ability to pay. Gulfside is the only hospice that serves Pasco County exclusively, and was the first hospice in Pasco to receive The Joint Commission Seal of Approval Accreditation.

Additional programs available to Gulfside Hospice patients and their families include:

- **Pet Peace of Mind[®]**
Offering assistance with basic care for the pets of hospice patients, even finding a forever home if needed.
- **We Honor Veterans**
Gulfside Hospice is at the highest level of the veterans partnership with the VA, providing personalized care and recognition to our country's heroes.
- **Arts & Soul**
Techniques such as creating word art, listening to music and creative coloring help patients and families relieve stress and pain.

Frequently Asked Questions

We know that facing a life-limiting illness can raise plenty of questions and uncertainty. Our team is here to help every step of the way. If you have a question that is not answered here, please feel free to contact us at any time.

What is hospice care?

Hospice is a philosophy of care provided to terminally ill patients and their families in the comfort, security and privacy of wherever they call home. With hospice, patients are empowered to make their own decisions about how they wish to live the remainder of their lives, while continuing to receive superior level of care.

Hospice care addresses the physical, emotional, social and spiritual needs of terminally ill patients who are in need of compassionate care and assistance with daily activities. Hospice provides patients with pain control, symptom management, end-of-life support and medical care. It allows patients the chance to make every day count and live life to the fullest with dignity, peace and comfort.

What age and area does Gulfside serve?

Any person at any age facing a life-limiting illness can receive care from Gulfside Hospice. Our team of experts has cared for all ages, from infants to elderly, with a life expectancy of six months or less if the disease should run its normal course. Gulfside Hospice is the only hospice to serve Pasco County exclusively, and was the first hospice in Pasco to receive The Joint Commission's Seal of Approval Accreditation.

Is hospice only for cancer patients?

No. Almost 60% of hospice patients nationwide have a diagnosis other than cancer. Increasingly, hospices are also serving families coping with the end stages of chronic diseases like emphysema, Alzheimer's disease, heart and neuromuscular diseases.

Where do I receive care from Gulfside Hospice?

Gulfside's interdisciplinary team will come to you. Gulfside provides care wherever works best for the patient. While most people prefer staying in their homes, hospice care is also provided in hospitals, nursing homes, assisted living facilities, and our Gulfside Centers for Hospice Care located throughout Pasco County.

Who provides hospice care?

The hospice care team includes board-certified hospice physicians, registered nurses, licensed social workers, chaplains, home health aides and volunteers. This interdisciplinary team provides expertise for medical, emotional and spiritual needs for patients and their families.

Who pays for hospice?

Services are paid for by Medicare, Medicaid, HMOs, private health insurance, personal payments and charitable donations. Through community donations, Gulfside is able to provide quality care for all who need us, regardless of their ability to pay.



Gulfside Centers for Hospice Care



Gulfside Hospice has two Gulfside Centers for Hospice Care locations across Pasco County that provide the highest level of care to patients in need 24 hours a day. Every room is designed to provide a home-like environment and around-the-clock nursing care for patients.

The Centers are not just nursing facilities, but large residences furnished like a private home with warm, traditional furniture and room for visiting family members. The Gulfside Centers for Hospice Care are staffed with nurses 24 hours a day. While at these locations, patients receive regular visits from physicians, social workers, chaplains and volunteers, just like Gulfside's patients at home. Since our doors are always open, visitors are allowed at the Centers any time.

The Rucki Hospice Care Center

5760 Dean Dairy Road | Zephyrhills, FL 33542

Gulfside Center for Hospice Care at Heather Hill Healthcare Center

6630 Kentucky Avenue | New Port Richey, FL 34653

Take a virtual tour of the Gulfside Centers for Hospice Care online at Gulfside.org, or call 800-817-9941 to schedule a visit.

Bereavement Services

Grief is a normal response to the losses and transitions of life. When someone important to us passes away, we mourn the loss of the relationship as well as the loss of the person. The goal of our bereavement program is to assure the long-term mental and physical well-being of survivors by helping them adjust to their loss and learn new skills for living.

Bereavement Support Groups & Workshops

Gulfside offers many different support groups and workshops. Under the leadership of our counselors, participants share information, experiences and emotional support. The groups emphasize discussion and participation, and focus on various aspects of grief and the healing process.

Creative Grieving Workshops use a variety of media to express and work through grief. Workshops can include music, drawing, coloring, writing, meditation and prayer. Counselors guide the participants through the tools aimed at teaching various ways to relax, reduce stress and process grief feelings. No artistic training or talent is needed, and each tool developed in the workshop is helpful in navigating the journey through grief.

Individual & Family Counseling

For families who have been on Gulfside's services, bereavement counselors offer guidance and support to both individual family members and the family unit in dealing with the grief process. Our team supports you and encourages healing to take place.





Family Bereavement Program

The Family Bereavement Program is a haven where grieving children, teens and families can share their grief and normalize their grief journey, instilling a sense of balance, hope and healing. The Family Bereavement Program is for children ages 5-12, teens ages 13-17 and adult family members.

Griefwords Library

Working through the grief that comes with losing a loved one is always a challenge. At Gulfside, we are here to help you in your time of need. The Griefwords Library, hosted by Horan & McConaty, offers articles with many practical suggestions to help you through all types of grief and move toward healing. Articles from the Griefwords Library can be found on our website at www.Gulfside.org/griefwords-library.html.

For more information about Gulfside's bereavement services and upcoming support groups and workshops, call 800-561-4883 or visit www.Gulfside.org.

Volunteer with Gulfside Hospice



Volunteers play an integral role on the Gulfside Hospice care team, providing care and compassion to all of our patients every day. Volunteers complete orientation training program that includes information about hospice, as well as training specific to their area of interest.

We offer a variety of volunteer opportunities, such as:

- Assisting at the Gulfside Centers for Hospice Care
- Visiting with patients and families receiving hospice care in their home
- Providing support to patients at the very end-of-life (Gift of Presence)
- Offering respite care to provide caregivers a needed break
- Making crafts, such as cards, blankets and other items
- Providing spiritual care for patients by reading scriptures and praying with them
- Partnering with the We Honor Veterans program that connects veteran volunteers with veteran patients
- Singing and/or playing instruments to offer comforting music to patients
- Assisting patients with pets through the Pet Peace of Mind® program
- Assisting with alternative patient therapies, such as Reiki
- Providing administrative support, like answering phones, data entry and filing
- Staffing the Gulfside Hospice Thrift Shoppes, using skills such as merchandising, cashiering and customer service
- Planning and participating in special events and fundraising activities

Become a Gulfside volunteer!

Fill out the online volunteer application at www.Gulfside.org,
or call 1-800-561-4883 for more information.

Gulfside Hospice Thrift Shoppes

Shop!

When you shop at any of the Gulfside Hospice Thrift Shoppe locations, you are not only getting a good deal, but also supporting a good cause. The proceeds from each of these stores directly support our patient care costs and the operation of the Gulfside



Centers for Hospice Care. Plus, thanks to a constant flow of new donations, merchandise for sale at the Shoppes is always changing. That means you never know what treasures you might find!

Donate!

Every day during business hours, we accept donations of gently used clothing, household items, furniture, antiques, jewelry, collectibles, books, sporting goods and select medical equipment. Simply bring your donated items to the store nearest you. Free pickup service for furniture is available by appointment.

Volunteer!

The Gulfside Hospice Thrift Shoppes are almost entirely run by volunteers. They are a vital part of their success, and new volunteers are always welcome. New volunteers receive an on-site orientation and training in the store of their choice. To learn more about volunteering, stop by your nearest Thrift Shoppe or complete the volunteer application at www.Gulfside.org.



**All Gulfside Hospice Thrift Shoppes are open
Monday - Saturday from 9 a.m. to 5 p.m.**

**To find the location nearest you,
visit www.Gulfside.org or call 800-561-4883.**

Donate to Make a Difference

Gulfside Hospice is a local community non-profit organization that relies on your donations to provide peace and comfort to hospice patients facing end-of-life illnesses, regardless of their ability to pay. All donations are used right here in Pasco County, and every gift, no matter the size, makes a heartfelt difference.

Every donation provides compassionate care for a single patient:

\$50	One week of medication
\$100	Two days of patient counseling and resources
\$250	One day of nursing care
\$500	Two weeks of patient counseling and resources
\$1,000	One day of treatment in a Gulfside Center for Hospice Care
\$2,500	Two weeks of hospice care at their home or assisted living facility

Easy Ways to Give:

1. Visit www.Gulfside.org to securely donate online.
2. Call 800-561-4883 to give a gift over the phone.
3. Send your gift by mail to:
Gulfside Hospice
Attn: Development Dept.
2061 Collier Parkway
Land O' Lakes, FL 34639

Your gift brings peace and comfort to our patients.

Give online today at
www.Gulfside.org



Every Day is a Gift



Every day is precious, especially to those facing an end-of-life illness. No patient is turned away from receiving quality care from Gulfside Hospice because of inability to pay. This is only possible because of the charitable gifts received from generous donors.

All donations made to Gulfside are used locally to provide patient care and bereavement services to patients and families in need.

Every day, more than 375 patients and their families rely on Gulfside Hospice to ease their pain and suffering. But recent changes to Medicare and health insurance mean that the care provided by Gulfside Hospice may not be possible without donations from the community.

You can plan a future gift that costs nothing during your lifetime.

Create a legacy of enduring compassion by naming Gulfside as a beneficiary of your estate in your will or trust. Suggested language may include:

I bequeath [amount/percentage of estate or real property] to Gulfside Healthcare Services, Inc., 2061 Collier Parkway, Land O' Lakes, FL 34639, a not-for-profit corporation located in Pasco County, Florida, to be used for its general support.

For more information about making a gift to Gulfside, please contact our Philanthropy Department at 727-845-5707 or info@gulfside.org. All inquiries are kept strictly confidential.

Gulfside Honors Veterans

Gulfside is proud to work with the Department of Veterans Affairs as a Level 4 Partner of the We Honor Veterans initiative, a program of the National Hospice and Palliative Care Organization.



WE HONOR VETERANS

As a member at the highest level attainable of the program, Gulfside provides specialized expert care to meet the unique needs of our veteran patients. Gulfside offers special pinning ceremonies to each veteran patient as a way to recognize and thank them for their service. Gulfside representatives also hold community pinnings at special events and for veteran-focused holidays, such as Veterans Day and Armed Forces Day, to thank the veterans in our community and raise awareness of the program.

Another aspect of We Honor Veterans is the veteran-to-veteran volunteer program. Gulfside places a strong emphasis on placing veteran volunteers with veteran patients in an effort to promote a deeper connection between both volunteers and patients. Volunteers are available to help hospice patients and support them emotionally and spiritually.

For information about how you can get involved in the We Honor Veterans program, call 800-561-4883 or visit www.Gulfside.org.



Pet Peace of Mind[®]



Pet Peace of Mind[®]

Keeping Pets & People Together
During Hospice Care

*Provided locally by
Gulfside Hospice*

Whether they are furry, feathered or finned, your pets will get the same kind of loving care you've always given them with the help of Gulfside Hospice's specially trained volunteers.

Keeping Hospice Patients and Their Pets Together

We know that the unconditional love pets provide to their owners is priceless for both patients and families. Pets provide a unique comfort to their owners, and the Pet Peace of Mind[®] program allows them to stay together during the hospice journey.

Many times, patients receiving hospice care worry about what will happen to their pets once the patient passes away. Through this program, they have peace of mind that their beloved pet will be taken care of long term.

Our specially trained volunteers are the helping hand to coordinate services to ensure the pet and patient stay together.



It is never too soon to call Gulfside Hospice
for help with caregiving, serious illness, loss and grief.
Our team of experts is here to help you and your loved ones.





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www.Gulfside.org

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Fax: 813-406-4963

Office: 727-845-5707

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