



FOR IMMEDIATE RELEASE

Contact: Kirsty Griffin, Director of Public Relations
727-845-5707, kirsty.griffin@gulfside.org

GULFSIDE HOSPICE HOLDING IN-PERSON AND VIRTUAL BEREAVEMENT SUPPORT GROUPS

PASCO COUNTY, Fla. (February 24, 2022) – The bereavement services team at Gulfside Hospice is offering free six-week bereavement support group sessions to anyone in the community dealing with grief from losing a loved one. Groups are open to the public, both in-person and virtually on Zoom.

Starting on Thursday, March 17, a six-week series of in person bereavement support groups will begin at 11 am and 6 pm at the Rucki Center for Hospice Care, located at 5760 Dean Dairy Road in Zephyrhills.

Starting on Thursday, March 31, another six-week series of bereavement support groups will begin at 11 am and 6 pm. Depending on interests of those registered, this group will be held either on Zoom or in person at Gulfside's Bereavement & Community Outreach Center in New Port Richey.

On-going support groups are also held at the Rucki Center for Hospice Care in Zephyrhills on Wednesdays at 3 pm, and at Gulfside's Bereavement & Community Outreach Center in New Port Richey on Wednesdays at 11 am.

To register for any of the upcoming bereavement support groups, call 727-845-5707 or visit www.gulfside.org/bereavement-services.html.

Gulfside Hospice's Bereavement Support Groups are open to all individuals in the community to share their loss experience with others who are also grieving. Participants in the support groups gain a better understanding of their own experience and learn to empathize with one another, contributing to self-esteem, trust, and hope in the future.

About Gulfside Healthcare Services:

Gulfside Healthcare Services is a non-profit organization serving the community for more than 30 years. Its three lines of business include Gulfside Hospice, offering care for patients at end of life, Gulfside Palliative Care, providing treatment options for those with chronic illness, and Gulfside Home Health, helping patients stay independent through skilled nursing and rehab at home. For more information about Gulfside Healthcare Services, visit www.Gulfside.org or call 800-561-4883

###