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DANCE LIKE A WAVE OF THE SEA

WB YEATS



A GUIDE TO SLIGO'S TOP BEACHES



STRANDHILL

STRANDHILL HAS GROWN IN POPULARITY OVER THE PAST DECADE. EVOLVING FROM A SPOT MAINLY USED BY LOCALS AND SURFERS TO A DESTINATION FOR YOUNG FAMILIES, COOL DUBLINERS AND PLENTY OF INTERNATIONAL TRAVELERS (PRE-COVID).

THE VILLAGE HAS A PROMENADE RUNNING ALONG THE SEAFRONT LEADING TO A LONG STRETCH OF GOLDEN SAND.

IT'S LOVELY. YOU CAN ALSO POP INTO THE VERY SHELTERED SHELLY VALLEY. THE SEA IS NOT SAFE TO SWIM IN HERE DUE TO STRONG CURRENTS.



THE LOW DOWN

EATS:

@SHELLSCAFE,
@MAMMY_JOHNSTONS,
@STRANDBAR_STRANDHILL,
@TOSTA_FOODVAN,
@DUNES_STRANDHILL

SURF SCHOOLS:

@STRANDHILLSURFEXPERIENCE
@SLIGOSURFEXPERIENCE,
@REBELLESURF,
@PERFECT_DAY_SURFING

FACILITIES

FOODIES ARE SPOILT FOR CHOICE IN STRANDHILL. YOU HAVE THE EVER POPULAR SHELLS CAFE TO GRAB AN AMAZING COFFEE AND BAKED TREATS. MAMMY JOHNSTON'S ICECREAM IS DIVINE. WHEN THE PUBS OPEN, THE STRAND BAR FOR PINTS AND PIZZA AND THE DUNES FOR THE BEST BURGER IN THE LAND. TOSTA FOOD VAN HAS JUST SET UP CAMP IN THE VILLAGE TOO.

IF YOU ARE INTERESTED IN SURFING, CHECK OUT THE LOCAL SURF SCHOOLS:

NOTE: THERE ARE NO PUBLIC TOILETS IN STRANDHILL.



ROSSES POINT

THE AWARD-WINNING BEACH AT ROSSES POINT, OFFERS VISITORS A LONG STRETCH OF SOFT SAND WITH A BACK DROP OF GRASSY DUNES. THE BAY IS POPULAR WITH SEA SWIMMERS AND OTHER WATER-SPORTS ENTHUSIASTS. IN SUMMER THE BEACH IS A POPULAR CHOICE FOR FAMILY DAYS OUT. THE WALKS ALONG THIS BEACH ARE EPIC. STAY ON THE BEACH ALL DAY UNTIL SUNDOWN AND THEN HEAD TO ONE OF THE PUBS FOR A GUINNESS. PERFECT.

SAFE TO SWIM AND BATHE.



THE LOW DOWN

EATS:

@DRIFTWOODSLIGO
@THELITTLECOTTAGECAFE
@FISHANDBEANSLIGO
@AUSTIES_SLIGO
@HARRYSGASTROBAR

ACTIVITIES

@COUNTYSLIGOGC - BOOK A ROUND

FACILITIES

LOTS OF CHOICE FOR SUSTINENCE HERE. THE SYLISH DRIFTWOOD RESTAURANT/BAR HAS FAB FARE AND THE HOTEL ROOMS UPSTAIRS ARE DECORATED BEAUTIFULLY. THE LITTLE COTTAGE CAFE SERVES GREAT COFFEE AND THEIR CCP TOASTIE IS DELISH. A NEW CAFE, FISH AND BEAN IS OPENING AT THE YACHT CLUB AND LOOKS SET TO BE A WINNER. AUSTIES IS A COSY PUB WITH SEA VIEWS. THE LINKS GOLF COURSE IS ALSO VERY POPULAR.

NOTE: THERE ARE PUBLIC TOILETS IN ROSSES POINT



ENNISCRONE

A 5KM STRETCH OF BLUE FLAG BEACH, ENNISCRONE IS PERFECT FOR FAMILIES. THE WATER WARMS UP TO A NIC TEMP (BY IRISH STANDARDS) ON THE WARMER SUMMER DAYS SO IT'S LOVELY FOR A PADDLE. THE WATER IS SAFE FOR SWIMMERS TOO.

THE BEACH IS SURROUNDED BY THE LIVELY ENNISCRONE TOWN AND A CARAVAN PARK. IN THE HOLIDAY MONTHS THE BEACH DOES GET BUSY BUT DUE TO IT'S SIZE YOU NEVER FEEL TOO CROWDED. POPULAR WITH SURFERS TOO, THIS BEACH IS SUITABLE FOR BEGGINER TO INTERMEDIATE SURFERS.



THE LOW DOWN

EATS:

@MAPLEMOOSEENNISCRONE
@TRACEYSCAFEANDSURFSHOP
@THEPILOTBAR
@PIZZASCRONE
@DIAMOND Coast
@OCEANSANDSHOTELSLIGO

ACTIVITIES

@ENNISCRONEGOLFCLUB
@WATERPOINT_ENNISCRONE
@HARBOURSUP

FACILITES

GRAB A CREPE OR ICECREAM FROM MAPLEMOOSE, A COFFEE AND SAMBO FROM TRACEY'S OR A PINT AND HEARTY PUB GRUB FROM THE PILOT BAR. A WOOD FIRED PIZZA FROM LA PIAZETTA IS DELISH. YOU ALSO HAVE THE CHOICE OF HEADING INTO THE HOTELS, THE DIAMOND COAST OR THE OCEAN SANDS. BOASTING AN AMAZING LINKS GOLF COURSE, STAND-UP PADDLE BOARDING, AN AQUAPARK, PITCH AND PUTT AND A GREAT PLAYGROUND, YOU WON'T BE BORED IN ENNISCRONE. ALSO DONT' FORGET THE SEAWEEED BATHS.

NOTE: THERE ARE PUBLIC TOILETS IN ENNISCRONE

MULLAGHMORE

POSSIBLY ONE OF OUR FAVES, DARE WE SAY IT. MULLAGHMORE IS OVERLOOKED BY IT'S IMPOSING YET BEAUTIFUL FISHING HARBOUR. THE SAND STRETCHES FAR AND WIDE AND BENBULBIN IS IN THE DISTANCE. YOU SEE LOTS OF LOCALS GOING FOR THEIR MORNING DIP IN THE SEA HERE. THE BEACH IS FAMILY FRIENDLY AND BUSY IN THE SUMMER MONTHS. THE BEACH IS VERY SAFE FOR SWIMMERS. LOBSTER POTS DOT THE HARBOUR WALLS AND WE ENJOY WATCHING THE BOATS COME A GO.

JUST OFF MULLAGHMORE BEACH ARE SOME OF THE BEST BIG WAVE SURF IN THE WORLD.



THE LOW DOWN

EATS:

@EITHNAS_BY_THE_SEA
@PADDYSPLACE_MULLAGHMORE
@PIERHEADHOTELMULLAGHMORE
@HARRISONSCLIFFONEY

FACILITIES

IF YOU LIKE FRESH LOBSTER AND CHIPS, THEN EITHNAS IS THE PLACE FOR YOU. THE FISH AND CHIPS ARE LEGENDARY TOO AND HER COFFEE IS FAB. IF YOU WANT LOBSTER AS FRESH AS IT COMES, YOU CAN BUY IT DIRECT FROM MULLAGHMORE LOBSTERS. PADDY'S PLACE IS WHERE YOU BUY YOUR ICECREAMS AND TREATS. THE QUAY BAR IS COSY AND WELCOMING FOR AN AULD PINT. HARRISONS IN CLIFFONEY HAS A LOVELY NEW TERRACE

TO HANG

NOTE: THERE ARE PUBLIC TOILETS IN MULLAGHMORE



LISSADELL

IF YOU ARE LOOKING FOR A SECLUDED BEACH TO WALK LISSADELL BEACH IS PERFECT. IT'S A LOVELY FLAT WALK, SO SUITABLE FOR ALL ABILITIES. FROM THE BEACH YOU'LL HAVE STUNNING VIEWS OF BENBULBIN MOUNTAIN AND THE BLACKROCK LIGHTHOUSE.

IF YOU WALK INTO THE SURROUNDING FOREST YOU WILL SEE A LITTLE TRACK RUNNING PARALLEL WITH THE BEACH. WALK DOWN THIS TRACK, FOLLOW THE SOUNDS OF THE BIRDS, OVER SOME WOODEN BRIDGES AND YOU'LL SEE A BIRD HIDE. YOU WILL SEE ALL KINDS OF BIRDS AND YOU MIGHT ACTUALLY SEE SEALS IF YOU ARE LUCKY.



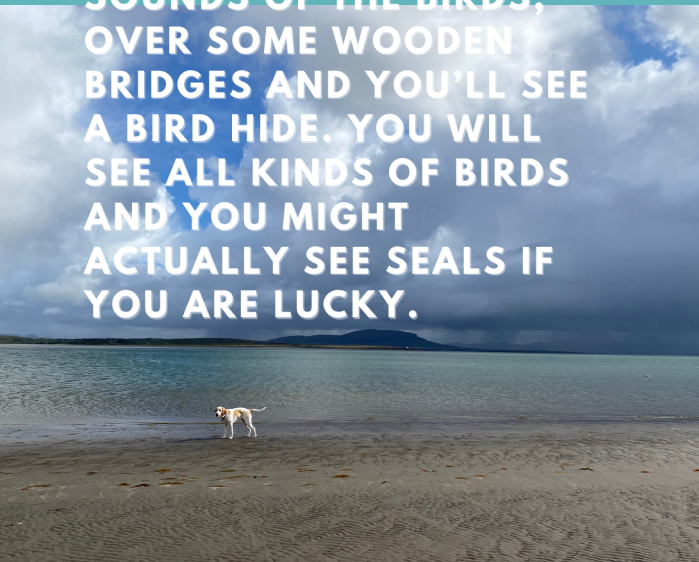
THE LOW DOWN

EATS:

PICNICS ALL THE WAY. REMEMBER TO LEAVE NO TRACE.

FACILITIES

LISSADELL ISN'T SURROUNDED BY A VILLAGE SO THERE ARE NO AMENITIES TO SPEAK OF. IF YOU WANT YOU CAN BRING A PACKED LUNCH OR PICNIC AND CHILL OUT FOR THE DAY. WHEN THE SUN SHINES THE WATER IS AQUAMARINE AND TRULY STUNNING.



NOTE: THERE ARE NO PUBLIC TOILETS AT LISSADELL

STREEDAGH

STREEDAGH STRAND IS AN IMPRESSIVE STRETCH OF SANDY BEACH FLANKED BY GRASSY DUNES. BENBULBIN LOOMS IMPRESSIVELY IN THE DISTANCE. THE REEF BREAK HERE PROVIDES PRETTY CONSISTENT SURF HERE SO THERE WILL ALWAYS BE A SURFER OR TWO AROUND. CONDITIONS VARY BUT A BEGINNER SURFER COULD HAVE A GREAT TIME IN THE FOAMY WAVES. ON THE WAY DOWN TOWARDS STREEDAGH THERE IS A MEMORIAL TO THE SPANISH ARMADA LOOKING OVER THE STRAND TO MARK THE SINKING OF THREE SPANISH ARMADA SHIPS ALONG THIS COAST. THIS STRAND STRETCHES APPROX 2.5KMS ACROSS TO TIR ROCK.

THE BEACH IS ALSO SAFE SWIMMING.



THE LOW DOWN

EATS:

PICNICS ALL THE WAY. REMEMBER TO LEAVE NO TRACE.

PHOTO CREDIT:
GARETHWRAY.COM

FACILITIES

AGAIN STREEDAGH ISN'T SURROUNDED BY A VILLAGE SO THERE ARE NO AMENITIES TO SPEAK OF. IF YOU WANT YOU CAN BRING A PACKED LUNCH OR PICNIC AND CHILL OUT FOR THE DAY. GRANGE VILLAGE IS THE NEAREST TO THE BEACH.

NOTE: THERE ARE NO PUBLIC TOILETS AT STREEDAGH



CULLEENAMORE

JUST DOWN THE ROAD FROM STRANDHILL (YOU CAN EVEN WALK THERE). PERFECT FOR SEAL SPOTTING AND FOR THE BUCKET AND SPADE BRIGADE. SHELLEY VALLEY IS JUST OVER THE DUNES AND IS SO LOVELY AND SHELTERED, IT'S LIKE A DIFFERENT WORLD. THERE IS A STABLES NEARBY SO EXPECT TO SEE THE HORSES AND RIDERS GALLOPING BY.



THE LOW DOWN

EATS:

PICNICS ALL THE WAY. REMEMBER TO LEAVE NO TRACE.

YOU CAN POP INTO STRANDHILL VILLAGE AND GRAB A BITE.

PHOTO CREDIT: GO STRANDHILL

FACILITIES

CULLEENAMORE IS AWAY FROM THE SHOPS SO BE PREPARED WITH ALL REQUIREMENTS. BUT THE VILLAGE OF STRANDHILL IS ONLY A WALK AWAY AROUND THE HEADLAND SO YOU'LL NEVER BE TOO STUCK.



NOTE: THERE ARE NO PUBLIC TOILETS AT CULLEENAMORE