

PRAY

FAMILY PRAYER BOOK

TABLE OF CONTENTS

A Message from our Ministry President.....	i
Welcome from Father David Guffey, C.S.C.	ii
PRAY Family Prayer Kit Contents.....	1
Getting Started	
Suggested Use	6
Go Deeper	8
Weekly Prayer Guide	
Days 1-7 The Annunciation (1st Joyful Mystery)	10
Days 8-14 The Visitation (2nd Joyful Mystery)	14
Days 15-21 The Birth of Our Lord (3rd Joyful Mystery)	18
Days 22-28 The Presentation in the Temple (4th Joyful Mystery)	22
Days 29-35 The Finding of the Child Jesus (5th Joyful Mystery)	26
Appendix	
How to Pray the Rosary	31
Prayers for the Family or Individual	32
Other Times and Places to Pray.....	35
For Children	37
Holy Cross Family Ministries.....	38

PRAY

A Message from our Ministry President—Father Wilfred J. Raymond, C.S.C.

At the Brussels World's Fair in 1958, the Vatican Exhibit featured 15 short films on the Life of Jesus by Father Patrick Peyton, the founder of Family Theater Productions. They were his finest work on film and won many awards for excellence. Now comes a documentary on his amazing life of equal quality and excellence, called PRAY: THE STORY OF PATRICK PEYTON. We who continue his great work are proud of this best Family Theater production in decades.

Venerable Patrick Peyton loved the following quote from Alfred Lord Tennyson: "More things are wrought by prayer than this world dreams of." Father Peyton lived that message from the day he was born to the day he died. He knew from personal experience within his home the power of family prayer. All of us at Family Theater Productions are pleased to share this Pray Together Now kit to help your family grow closer to each other and closer to God in prayer.

Ephesians says, "The Father has blessed us in Christ with every spiritual blessing in the heavens." (Eph 1:3) Speaking to parents, James B. Stenson says: "Your sacred mission, the vital core of your vocation, is to light a fire of love for God in the heart of each of your children." Doing so is the greatest gift parents can give their children. With this gift comes the great hope of eternal life. What a glorious mission and what a mega gift God the Father has bestowed on us, giving us every spiritual blessing in the heavens to fulfill our vocation! The life of Patrick Peyton testifies to the powerful bonds of love and unity family prayer creates in a family. Please join the movement for family prayer.

Yours in Christ and His Mother Mary,



Father Wilfred J. Raymond, C.S.C.

President

Holy Cross Family Ministries

DEAR FAMILIES

Welcome to the Pray Together Now Movement! It is our hope to have 10 million people praying with us by 2030.

As Father Patrick Peyton loved to say, “The family that prays together stays together.” He knew from firsthand experience what a gift it was to grow up in a family that prayed. It is a gift we give one another, a recognition of the love we share, the sorrows we bear and the bonds forged through faith, no matter how great or small. Connecting with others in prayer, whether they are family or those we hold dear, fosters a connection of love that overflows out into the rest of life’s events.

Inspired by Father Peyton’s life and message, knowing what graces can come, we are inviting households to commit to gathering to pray with family or those they love most. Thank you for answering the call! We’ve included a 35-day program to launch or enhance your prayer life. We are so glad to have you join in this new movement of prayer.

Christ chose the family as the cornerstone of His Church. God’s blessings come for the family that prays together in shared experiences of joy and sorrow and everything between.

Your time and effort will bear fruit. Young and old, all can be lifted by the touch of prayer. Introducing and then encouraging prayer has the beautiful effect of prompting further questions and dialogue within oneself and within the family:

- Why do we pray?
- What am I grateful for today?
- How do I need God today?
- Who am I praying for today?
- Who is God for me?
- Where do I see God in my world, my day, in the movie I just watched, or the book I just read?
- How is God inviting me to love and serve him and others at this time?



If you are new at praying together as a family, the Family Prayer Kit has everything you will need to get started. Know that it might be awkward at first, so acknowledge that with your family and friends. Take a risk for yourself and them. The value may not click for you right away in your first attempts, but keep going: give it a chance over 35 days. So many people have found that, over time, they come to treasure these moments of prayer together.

Father Peyton once said, “The greatest event of my life was that I was born into a family Rosary home. If it weren’t for that, nothing worthwhile would be in my life or in my work.” John and Mary Peyton, Father Peyton’s parents, made a very simple choice: their family would pray together every day. This simple saintly act of faithful family prayer provided the foundation for young Patrick Peyton to say yes to God in every way. The result—his cause for canonization. Your simple saintly choice to pray with your family will also produce beautiful fruit.

Let us know how it goes for you and your family.

God Bless You,



Father David Guffey, C.S.C.



CONTENTS

The PRAY Family Prayer Kit offers practical tools and resources your family will need, including:

- PRAY Family Prayer Book
- 5 Rosaries
- 1 crucifix
- 1 votive candle
- 5 printed images of the 5 Joyful Mysteries of the Holy Rosary
- Family Prayer Journal
- Family Prayer pledge card
- 5 Holy Family prayer tokens
- Father Peyton prayer card
- Access to the Family Rosary Application free to download through the App Store under “Family Rosary”
- Table tent
- PRAY download card containing information to purchase a download of PRAY, a DVD of PRAY, and license a screening of PRAY for a large group



PRAY FAMILY PRAYER GUIDE

This section is your main resource for the next 35 days. It is divided into five sections for five weeks of prayer. Each week focuses on one of the Joyful Mysteries of the Holy Rosary: The Annunciation, The Visitation, The Birth of Our Lord, The Presentation in the Temple, and The Finding of the Child Jesus. If you aren't very familiar with these mysteries, don't worry. The booklet takes you through each mystery using the Gospel of Luke to tell the story. We've also included very simple instructions on how to pray the Rosary, located on page 31 in the Appendix of the Prayer Book.

Each page of the book contains 4 elements: a Scripture passage related to the week's mystery, the Hail Mary, a quote from a Saint of the Church about prayer, and a link to *Go Deeper* (more on that later).

THE ROSARIES

The Rosaries will be used on the seventh day of each week. However, feel free to use them on other days, if this is a familiar form of prayer for your family, or even just as a way to focus younger children. Allow the younger children to manipulate and examine the Rosary. Don't be alarmed if they put it on (it does look like a necklace) or swing it around (it also looks a bit like a jump rope). This isn't intended disrespect; it's an opportunity for you to gracefully correct them and teach them appropriate respect for the Rosary and its prayer. Any opportunity to become familiar and comfortable with the Rosary is a good thing!

We recommend that you keep the Rosaries with your prayer kit when not in use to eliminate any last-minute hunting for misplaced Rosaries. If family members have personal Rosaries they would like to use, the Rosaries in the kit can be kept there just in case extras are needed.

CRUCIFIX AND CANDLE

The crucifix and candle will encourage a prayerful attitude and signify a holy space. Have someone take these items out of the prayer kit and set up the prayer space each night. If it's possible to create a permanent space, that would be even better.

PRINTED IMAGES

The kit contains five printed images—one for each of the five Joyful Mysteries of the Holy Rosary. You can use the corresponding image for each mystery in any of a number of ways. If you have smaller children, let them hold and look at the image during prayer time to help them with focus and understanding. It's perfectly natural for your little ones to be squirmy and unsettled. Even adults can have a hard time sitting still! When you provide them with images of the words you are praying, the images are both a distraction AND a connection. Use this prayer time to begin to teach your little ones what appropriate prayer behavior is, but also be patient. They'll get there!

You can also put the images out with the crucifix and candle to further encourage reflection and a prayerful attitude. Put the pictures in a place of prominence in your home during the week as a reminder of your commitment to family prayer and to encourage more personal prayer. Maybe family members would like to rotate having them on the wall in their room each day. There are endless ways to use these images. Be creative and have fun!

FAMILY PRAYER JOURNAL

Any time we encounter a need, a sorrow, or a concern, we can turn to the Lord for help. No need is too big or too small; He is always ready to hear us. Likewise, when we experience joy and success, we can celebrate that with the Lord. Our joy is His joy. The Family Prayer Journal is a tool to help you and your family to develop the practice of petition (bringing our own needs to God) and of intercession (praying for others). If this is the first time you've tried this, no need to worry. Here are some questions you can ask yourself and your family to help you generate intentions. Don't let them overwhelm you! They are only suggestions to get you going. You can use as many or as few as you would like to use!

- Is anyone sick—physically or mentally?
- Is anyone struggling with a decision?
- Is anyone caught in a situation that seems scary or disheartening?
- Is anyone in need of basic necessities—food, clothing, shelter, employment, education?
- Is anyone in danger?
- Is anyone having difficulties with family relationships or friendships?
- Does anyone have something important coming up (i.e. a speech, an interview, a performance, a test, etc.)?

After going through these questions, write down your family's intentions in the Family Prayer Journal. Be sure to date them so that you have a record of how your family has grown and whom they've blessed with prayer. You may also want to keep a record of prayers answered. This will prove to be an incredible source of encouragement to all of you as you continue this prayer journey.

PLEDGE CARD

As a physical sign of your commitment to praying as a family, we encourage you to sign this pledge card, frame it, and place it somewhere in your home where it can serve as a frequent reminder. This is a beautiful thing you're doing! Display this pledge proudly!

HOLY FAMILY PRAYER TOKENS

Each family member will be given a beautiful prayer token containing the image of the Holy Family to keep as a personal reminder to pray. You can keep this in your pocket, under your pillow, on your desk at work, or anywhere else that seems fitting to you. For little ones who might want to put this in their mouths, why not keep it in a safe place and take it out for them to handle with your supervision?

TABLE TENT

Put this on your kitchen table or someplace prominent. Like the Mystery images, it can be a reminder of your family's commitment to pray and encouragement for personal prayer.

PRAY DOWNLOAD CARD

Follow the directions on this card to purchase a download of your own copy of the film, PRAY, to purchase a DVD of the film, or to license the screening of the film for large groups.



**GETTING
STARTED**



SUGGESTED USE

SPACE

When you begin this journey, consistency will be your best tool. Choose a place and stick with it. This can be the kitchen table, the family room or any other place in your house that allows the family to gather comfortably. If it's possible to choose a place that can remain set up for prayer, that would be ideal, but not critical. When you are going to pray, make the space conducive to prayer. Clear the kitchen table, the coffee table or wherever you will put the crucifix and candle. Turn off electronics and consider leaving your phones in another room. Use whatever will help you and your family to make the best use of this special time. If you find that your initial space isn't working, that's no problem! Pick another!

TIME

Choose a time of day and protect it. Maybe it works best for your family to pray right before or after dinner. Maybe your mornings run like clockwork, and it makes most sense to pray then. Whatever you decide, make sure that everyone in the family understands that this is a commitment you are all making together. It needs priority of place in your family schedule. Just like choosing your prayer space, if you choose a time and find that it's not working as expected, try another time. Just don't give up. You'll never regret spending this time in prayer together.

PROCESS

Family prayer is most effective when everyone has a chance to play a role. It's more fun this way, too! We suggest that you allow each family member to participate in the daily prayer by rotating who lights the candle, who reads the Scripture passage, who leads the Hail Mary, and who reads the Saint quote. If you choose to use the *Go Deeper* content (again, more on that later!), you can share the leading of those activities as well.

Each day will follow the same simple pattern: gather, read, reflect, pray. Once you gather your family, set out the crucifix and candle. If it's Day 7 of the week, hand out the Rosaries as well. Be sure to use the week's image in some way. See *Printed Images* on page 2 for some suggestions.

Begin your prayer time by lighting the candle and making the Sign of the Cross. Have a member of the family read the Scripture passage for the appropriate day from the PRAY Family Prayer Book. Before praying the Hail Mary, allow a time of silence to reflect on the Scripture passage. You can encourage family members to think about what inspired them in the passage, and what questions they have about the passage. If you would like to take time to share those thoughts, you can do that.

Next, encourage your family members to call to mind intentions they would like to bring to the prayer time and to record them in your Family Prayer Journal. Refer back to the section *Family Prayer Journal* on page 3 for help generating intentions.

Here's another example of how your family can generate intentions:

- Week 1: Pray the Hail Mary for people who are sick.
- Week 2: Pray the Hail Mary for people who are lonely.
- Week 3: Pray the Hail Mary for people who don't know Jesus.
- Week 4: Pray the Hail Mary for our priests, bishops, religious and Pope.
- Week 5: Pray the Hail Mary for families who are in conflict and need peace.

These examples are very general. It will be more meaningful if the intentions are more personal. Asking the question, "Who should we pray for today?" before the Hail Mary will encourage more personal intentions. You or your children may have someone or something very specific that they would like to bring to prayer.

Have a family member lead in praying the Hail Mary.

Lastly, have a family member read the Saint quote and end with the sign of the cross. If you would like to extend the time together, reflect on the Saint quote and share your thoughts.

The seventh day in every week is a bit different as it invites your family to pray a decade of the Rosary. On this day, have someone hand out the Rosaries in the prayer kit so that each person can pray with one. Younger children may need assistance with this, and it could be a perfect opportunity for older siblings to bond with the younger ones. Don't forget that you can use the *How to Pray the Rosary* page in your PRAY Family Prayer Book to help you along.



GO DEEPER

We told you we would get to this!

Is your family asking questions about what they're reading? Do they want to explore the Joyful Mysteries more or discuss the Scripture passage you read on a particular day? Do you want to do a little more with your prayer pledge? If so, then we've created the *Go Deeper* link just for you!

On each page of the PRAY Family Prayer Book, we have included a link to supplementary digital material. This is the *Go Deeper* link. Following this link will take you to pages of enrichment material that further explore each of the Joyful Mysteries. Use it together during your prayer time or offer it as a resource for family members to use in their own private prayer.

This enrichment is purely optional. You may find that some days your family really connects with the prayer material, and you want to capitalize on it. Other days, it might be all you can do just to finish what's in the Prayer Book. Either way, the *Go Deeper* material is there for your use.

OUR PRAYER FOR YOU

As you and your family begin this new journey of prayer together, please be assured of our prayers for you. There is no amount of earnest prayer that is too little to produce fruit in your lives, and every genuine effort to grow in prayer is met with love and grace by our Heavenly Father. Our Blessed Mother is overjoyed by your efforts; believe that she is praying with and for you now. May God's richest blessings be yours along the way.



WEEKLY PRAYER GUIDE

WEEK 1: THE ANNUNCIATION

DAY 1

Luke 1:26-27

In the sixth month, the angel Gabriel was sent from God to a town of Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the house of David, and the virgin's name was Mary.

This is the perfect time to open up your Family Prayer Journal and write down some intentions before you pray! Make it simple and easy. Just ask the family to answer the question, “Who could use some prayer today?,” and write the answers in the journal. If you need a little more assistance, just refer back to the Kit Contents section under *Family Prayer Journal* for a whole list of questions you can use to generate family intentions.

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

“Prayer is to the soul what rain is to the soil.”

– Saint John Vianney

DAY 2

Luke 1: 28-30

And coming to her, he said, “Hail, favored one! The Lord is with you.” But she was greatly troubled at what was said and pondered what sort of greeting this might be. Then the angel said to her, “Do not be afraid, Mary, for you have found favor with God.”

Open up your Family Prayer Journal and go back over your list from yesterday as a reminder before you pray. Does anyone have any intentions to add? If so, do that now.

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

“There is no soul which is not bound to pray, for every single grace comes to the soul through prayer.”

– Saint Faustina Kowalska

GO DEEPER: www.PrayTogetherNow.com

DAY 3

Luke 1:31-33

Behold, you will conceive in your womb and bear a son, and you shall name Him Jesus. He will be great and will be called Son of the Most High, and the Lord God will give Him the throne of David His father, and He will rule over the house of Jacob forever, and of His kingdom there will be no end.

Open up your Family Prayer Journal and go back over your list from yesterday as a reminder before you pray. Does anyone have any intentions to add? If so, do that now. If your list is getting long, that's fantastic! But it can also take up too much time to go through it every night. Instead, offer the list of intentions as a whole to the Lord and to Mary with the words, "For all the intentions in this journal, we pray..."

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

"Let us all resign ourselves into His hands and pray that, in all things, He may guide us to do His Holy Will."

– Blessed Mary MacKillop

DAY 4

Luke 1:34-35

But Mary said to the angel, "How can this be, since I have no relations with a man?" And the angel said to her in reply, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you. Therefore the child to be born will be called holy, the Son of God."

Don't forget to offer those Family Prayer Journal intentions!

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

"Prayer is being on terms of friendship with God, frequently conversing in secret with Him who, we know, loves us."

– Saint Teresa of Avila

GO DEEPER: www.PrayTogetherNow.com

DAY 5

Luke 1:36-37

And behold, Elizabeth, your relative, has also conceived a son in her old age, and this is the sixth month for her who was called barren; for nothing will be impossible for God.

Do any of your intentions seem impossible... even for God? Take heart! The angel told Mary NOTHING is impossible. This is good news! Offer your intentions with renewed confidence today!

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

“Prayer is the best weapon we possess. It is the key that opens the heart of God.”

– Saint Pio of Pietrelcina

DAY 6

Luke 1:38

Mary said, “Behold, I am the handmaid of the Lord. May it be done to me according to your word.” Then the angel departed from her.

Just as Mary surrendered her will to the Lord’s will with the words, “Be it done to me according to your word,” let’s surrender our intentions to the Lord’s will as we pray.

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

“Pray. Pray well. Pray a lot.”

– Saint Gianna Beretta-Molla

GO DEEPER: www.PrayTogetherNow.com

DAY 7

In place of a passage of Scripture, take a minute to reflect on the previous 6 days of prayer. Share with each other what you've liked most about that time.

Today you will be praying one decade of the Rosary together. "Decade" means 10. A decade of the Rosary always begins with one Our Father followed by 10 Hail Marys (see *How to Pray the Rosary* on page 31). When you are praying this decade, think about the mystery you've been reading about over the last 6 days: **The Annunciation** of the Archangel Gabriel proclaiming to Mary the coming of the Messiah. Mary trusted the message of the angel and said yes to what the Lord asked of her. Thank you, Blessed Mother, for your "yes."

*Our Father, who art in heaven,
Hallowed be thy name;
Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
And forgive us our trespasses
As we forgive those who trespass
Against us;
And lead us not into temptation,
But deliver us from evil.
Amen.*

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

Repeat the Hail Mary 10 times.

*"Pray the Rosary frequently.
It costs so little, and it's worth
so much!"*

– Saint Pio of Pietrelcina

GO DEEPER: www.PrayTogetherNow.com

WEEK 2: THE VISITATION

DAY 8

Luke 1:39-40

During those days Mary set out and traveled to the hill country in haste to a town of Judah, where she entered the house of Zechariah and greeted Elizabeth.

Let's do a check-in today. Have any of your prayers been answered? If so, write it down, even if it wasn't the answer you were hoping for. Trust that both the Lord and Our Lady are hearing you and loving you.

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

“A world at prayer is a world at peace.”

– Venerable Patrick Peyton

DAY 9

Luke 1:41

When Elizabeth heard Mary's greeting, the infant leaped in her womb...

Remember that you can keep adding to your Family Prayer Journal any time there is a new intention. Refer back to the Kit Contents section under *Family Prayer Journal* for help if you need it. As your list grows, simply offer up the whole journal to the Lord and Our Lady when you pray.

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

“Enter into your prayer by faith, remain in it in hope, and do not abandon it except for that charity which serves and endures.”

– Saint Jane Frances de Chantal

GO DEEPER: www.PrayTogetherNow.com

DAY 10

Luke 1:41-42

... and Elizabeth, filled with the Holy Spirit, cried out in a loud voice and said, “Most blessed are you among women, and blessed is the fruit of your womb.”

Don't forget to offer your Family Prayer Journal intentions!

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

“A soul arms itself by prayer for all kinds of combat. In whatever state the soul may be, it ought to pray.”

– Saint Faustina Kowalska

DAY 11

Luke 1:43-44

(Elizabeth) “And how does this happen to me, that the mother of my Lord should come to me? For at the moment the sound of your greeting reached my ears, the infant in my womb leaped for joy.”

When offering your intentions today, remember to thank God for the blessings in your life, too. Is there anything or anyone you are thankful or joyful about? How has God been present in your life lately? Have any of your prayers been answered? These are things worthy of thanksgiving! Give Him thanks for them today!

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

“He who does not pray deprives himself of what is indispensable for life.”

– Saint John Vianney

GO DEEPER: www.PrayTogetherNow.com

DAY 12

Luke 1:45

(Elizabeth) *“Blessed are you who believed that what was spoken to you by the Lord would be fulfilled.”*

Today’s Scripture passage is about trust again. Pray with the trust of Mary that the Lord’s will for your intentions will come to pass.

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

“Prayer ought to be short and pure, unless it be prolonged by the inspiration of divine grace.”

– Saint Benedict

DAY 13

Luke 1:46-49

And Mary said: “My soul proclaims the greatness of the Lord; my spirit rejoices in God my savior. For he has looked upon his handmaid’s lowliness; behold from now on will all ages call me blessed. The Mighty One has done great things for me, and holy is His name.”

Let’s shake things up a little bit and model our prayer after Mary’s today! Open your Family Prayer Journal and ask everyone this question: What is a great thing that the Mighty One has done for you? Write those great things down in the journal, and make today’s prayer a prayer of praise and thanksgiving.

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

“He who avoids prayer is avoiding everything that is good.”

– Saint John of the Cross

GO DEEPER: www.PrayTogetherNow.com

DAY 14

In place of a passage of Scripture, take a minute to reflect on the previous 6 days of prayer. Share with each other what you've liked most about that time.

Today you will be praying one decade of the Rosary together just as you did on Day 7. When you are praying this decade, think about the mystery you've been reading about over the last 6 days: **The Visitation** of Mary to her cousin, Elizabeth. Mary loved Elizabeth, and even in her time of surprise and change, she still thought to help her cousin.

*Our Father, who art in heaven,
Hallowed be thy name;
Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
And forgive us our trespasses
As we forgive those who trespass
Against us;
And lead us not into temptation,
But deliver us from evil.
Amen.*

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

Repeat the Hail Mary 10 times.

“Much more is accomplished by a single word of the Our Father said now and then from the heart, than by the whole prayer repeated many times in haste and without attention.”

– Saint Teresa of Avila

GO DEEPER: www.PrayTogetherNow.com

WEEK 3: THE BIRTH OF OUR LORD

DAY 15

2:1, 4-5

In those days, a decree went out from Caesar Augustus that the whole world should be enrolled... And Joseph, too, went up from Galilee from the town of Nazareth to Judea, to the city of David that is called Bethlehem... to be enrolled with Mary, his betrothed, who was with child.

Let's do a check-in today. Have any of your prayers been answered? If so, write it down, even if it wasn't the answer you were hoping for. Trust that both the Lord and Our Lady are hearing you and loving you.

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

"If you have lost the taste for prayer, you will regain the desire for it by returning humbly to its practice."

– Saint Paul VI

DAY 16

Luke 2:6-7

While they were there, the time came for her to have her child, and she gave birth to her firstborn son. She wrapped Him in swaddling clothes and laid Him in a manger, because there was no room for them in the inn.

Don't forget to offer your Family Prayer Journal intentions!

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

"Love to pray. Prayer enlarges the heart until it is capable of containing God's gift of Himself."

– Saint Teresa of Calcutta

GO DEEPER: www.PrayTogetherNow.com

DAY 17

Luke 2:8-9

Now there were shepherds in that region living in the fields and keeping the night watch over their flocks. The angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were struck with great fear.

Is there anything in your list of intentions that is causing you to be struck with great fear? As you offer your intentions today, remember that both the Lord and Our Lady are with you.

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

*“Give me a man of prayer,
and he will be capable of
everything.”*

– Saint Vincent de Paul

DAY 18

Luke 2:10-14

The angel said to them, “Do not be afraid; for behold, I proclaim to you good news of great joy that will be for all the people. For today in the city of David, a savior has been born for you who is Messiah and Lord. And this will be a sign for you: you will find an infant wrapped in swaddling clothes and lying in a manger.”

And suddenly there was a multitude of the heavenly host with the angel, praising God and saying: “Glory to God in the highest and on earth peace to those on whom His favor rests.”

Don't forget to offer your Family Prayer Journal intentions!

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

*“Those who say they don't have
time for prayer are not lacking
in time, but love.”*

– Pope Saint John Paul II

GO DEEPER: www.PrayTogetherNow.com

DAY 19

Luke 2:15-16

When the angels went away from them to heaven, the shepherds said to one another, “Let us go, then, to Bethlehem to see this thing that has taken place, which the Lord has made known to us.” So they went in haste and found Mary and Joseph, and the infant lying in the manger.

The shepherds were so excited to find the Messiah! When you pray, you are seeking the Messiah, too! Bring that joy to your intentions today!

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

“It (prayer) is the most effective way to reestablish peace in our souls, because it allows us to get ever closer to God’s love.”

– Saint Maximilian Kolbe

DAY 20

Luke 2:17-20

When they saw this, they made known the message that had been told them about this child. All who heard it were amazed by what had been told them by the shepherds. And Mary kept all these things, reflecting on them in her heart. Then the shepherds returned, glorifying and praising God for all they had heard and seen, just as it had been told to them.

The shepherds are at it again! They saw the baby Jesus and couldn’t wait to tell everyone who He was. Can you hear them glorifying and praising God? Is there anything you’d like to glorify and praise God for? Make that part of your prayer today!

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

“The more we pray, the more we wish to pray.”

– Saint John Vianney

GO DEEPER: www.PrayTogetherNow.com

DAY 21

In place of a passage of Scripture, take a minute to reflect on the previous 6 days of prayer. Share with each other what you've liked most about that time.

Today you will be praying one decade of the Rosary together just as you did on Days 7 and 14. When you are praying this decade, think about the mystery you've been reading about over the last 6 days: **The Birth of Our Lord**. Mary and Joseph said yes to the Lord with joy and trust. The shepherds sought Jesus and welcomed Him. All of Heaven celebrated His birth.

*Our Father, who art in heaven,
Hallowed be thy name;
Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
And forgive us our trespasses
As we forgive those who trespass
Against us;
And lead us not into temptation,
But deliver us from evil.
Amen.*

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

Repeat the Hail Mary 10 times.

“Prayer is true rest.”

– Saint Francis of Assisi

GO DEEPER: www.PrayTogetherNow.com

WEEK 4: THE PRESENTATION IN THE TEMPLE

DAY 22

Luke 2:22-24

When the days were completed for their purification according to the law of Moses, they took Him up to Jerusalem to present Him to the Lord, just as it is written in the law of the Lord, “Every male that opens the womb shall be consecrated to the Lord,” and to offer the sacrifice of “a pair of turtledoves or two young pigeons,” in accordance with the dictate in the law of the Lord.

Let’s do a check-in today. Have any of your prayers been answered? If so, write it down, even if it wasn’t the answer you were hoping for. Trust that both the Lord and Our Lady are hearing you and loving you.

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

*“Prayer is the inner bath
of love into which the soul
plunges itself.”*

– Saint John Vianney

DAY 23

Luke 2:25-26

Now there was a man in Jerusalem whose name was Simeon. This man was righteous and devout, awaiting the consolation of Israel, and the Holy Spirit was upon him. It had been revealed to him by the Holy Spirit that he should not see death before he had seen the Messiah of the Lord.

Don’t forget to offer your Family Prayer Journal intentions!

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

*“In prayer, you become one
with the source of our true
light—Jesus Himself.”*

– Pope Saint John Paul II

GO DEEPER: www.PrayTogetherNow.com

DAY 24

Luke 2:27-32

He came in the Spirit into the temple; and when the parents brought in the child Jesus to perform the custom of the law in regard to Him, he took Him into his arms and blessed God, saying: "Now, Master, you may let your servant go in peace, according to your word, for my eyes have seen your salvation, which you prepared in sight of all the peoples, a light for revelation to the Gentiles, and glory for your people Israel."

Simeon waited a LONG TIME for the Lord to answer his prayer. Waiting is often part of praying and sometimes we get impatient. Today, if you're feeling impatient when you pray, tell the Lord. He loves to hear what's on your heart.

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

*"If one prays, from two grains,
four kernels will grow."*

– Saint John Bosco

DAY 25

Luke 2:33

The child's father and mother were amazed at what was said about him...

Remember that you can keep adding to your Family Prayer Journal any time there is a new intention. As your list grows, simply offer up the whole journal to the Lord and Our Lady when you pray.

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

*"Through prayer, we receive
a foretaste of heaven, and
something of paradise comes
down upon us."*

– Saint John Vianney

GO DEEPER: www.PrayTogetherNow.com

DAY 26

Luke 2:34-35

...and Simeon blessed them and said to Mary His mother, “Behold, this child is destined for the fall and rise of many in Israel, and to be a sign that will be contradicted (and you yourself a sword will pierce) so that the thoughts of many hearts may be revealed.”

Don't forget to offer your Family Prayer Journal intentions!

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

“Have confidence in prayer. It is the unfailing power which God has given us.”

– Saint Peter Julian Eymard

DAY 27

Luke 2:36-38

There was also a prophetess, Anna, the daughter of Phanuel, of the tribe of Asher. She was advanced in years, having lived seven years with her husband after her marriage, and then as a widow until she was eighty-four. She never left the temple, but worshipped night and day with fasting and prayer. And coming forward at that very time, she gave thanks to God and spoke about the child to all who were awaiting the redemption of Jerusalem.

Just another reminder from Scripture that sometimes we have to wait. Have a wonderful time offering your prayer journal intentions today!

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

“Whether or not our prayer is heard depends not on the number of our words, but on the fervor of our souls.”

– Saint John Chrysostom

GO DEEPER: www.PrayTogetherNow.com

DAY 28

In place of a passage of Scripture, take a minute to reflect on the previous 6 days of prayer. Share with each other what you've liked most about that time.

Today you will be praying one decade of the Rosary together just as you did on Days 7, 14 and 21. When you are praying this decade, think about the mystery you've been reading about over the last 6 days: **The Presentation in the Temple**. Remember the trust and patience Simeon and Anna showed. Remember the joy they both expressed when what the Lord promised them came to pass.

*Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil.
Amen.*

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

Repeat the Hail Mary 10 times.

“Without prayer, nothing good is done. God’s works are done with our hands joined and on our knees. Even when we run, we must remain spiritually kneeling before Him.”

– Blessed Luigi Orione

GO DEEPER: www.PrayTogetherNow.com

WEEK 5: THE FINDING OF THE CHILD JESUS

DAY 29

Luke 2:41-42

Each year (Jesus') parents went to Jerusalem for the feast of Passover, and when He was twelve years old, they went up according to festival custom.

Let's do a check-in today. Have any of your prayers been answered? If so, write it down, even if it wasn't the answer you were hoping for. Trust that both the Lord and Our Lady are hearing you and loving you.

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

"We must speak to God as a friend speaks to a friend, servant to his master; now asking some favor, now acknowledging our faults, and communicating to Him all that concerns us, our thoughts, our fears, our projects, our desires, and in all things seeking His counsel."

– Saint Ignatius of Loyola

DAY 30

Luke 2:43

After they had completed its days, as they were returning, the boy Jesus remained behind in Jerusalem, but His parents did not know it.

Don't forget to offer your Family Prayer Journal intentions!

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

*"Virtues are formed by prayer.
Prayer preserves temperance.
Prayer suppresses anger. Prayer prevents emotions of pride and envy. Prayer draws into the soul the Holy Spirit and raises man to Heaven."*

– Saint Ephraem of Syria

GO DEEPER: www.PrayTogetherNow.com

DAY 31

Luke 2:44-45

Thinking that He was in the caravan, they journeyed for a day and looked for Him among their relatives and acquaintances, but not finding Him, they returned to Jerusalem to look for Him.

Remember that you can keep adding to your Family Prayer Journal any time there is a new intention. As your list grows, simply offer up the whole journal to the Lord and Our Lady when you pray.

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

“Prayer is the place of refuge for every worry, a foundation for cheerfulness, a source of constant happiness, a protection against sadness.”

– Saint John Chrysostom

DAY 32

Luke 2:46-47

After three days they found Him in the temple, sitting in the midst of the teachers, listening to them and asking them questions, and all who heard Him were astounded at His understanding and His answers.

Mary and Joseph thought Jesus was with them only to find that He had stayed behind to go to the temple. Have any of Jesus’ answers to your prayers been something other than you thought they would be? Just like Mary and Joseph chose to do, you can trust what Jesus is doing. Keep offering the intentions in your Family Prayer Journal.

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

“A soul which is pure and beautiful must pray, or else it will lose its beauty; a soul which is striving after this purity must pray, or else it will never attain it; a soul which is newly converted must pray, or else it will fall again; a sinful soul, plunged in sins, must pray so that it might rise again.”

– Saint Faustina Kowalska

GO DEEPER: www.PrayTogetherNow.com

DAY 33

Luke 2:48-51

When His parents saw Him, they were astonished, and his mother said to Him, “Son, why have you done this to us? Your father and I have been looking for you with great anxiety.”

Don't forget to offer your Family Prayer Journal intentions!

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

“When thoughts of this or that come, I turn to Him and say, ‘Only what you will, my God. Use me as You will.’”

– Blessed Mary MacKillop

DAY 34

Luke 2:49-51

And (Jesus) said to them, “Why were you looking for me? Did you not know that I must be in my Father’s house?” But they did not understand what He said to them. He went down with them and came to Nazareth, and was obedient to them; and His mother kept all these things in her heart.

In place of a passage of Scripture, take a minute to reflect on the previous 5 days of prayer. Share with each other what you've liked most about that time.

Today, when you pray the Hail Mary, think about the mystery you've been reading about over the last 5 days: **The Finding of the Child Jesus**. Can you imagine the fear Mary and Joseph experienced searching for Jesus, or the trust they needed to have in order to accept Jesus' explanation for His absence?

*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

“Remember that one does not win the battle without prayer. The choice is yours.”

– Saint Pio of Pietrelcina

GO DEEPER: www.PrayTogetherNow.com

DAY 35

Today is a day to celebrate! What a blessed and wonderful thing you've done as a family! Thirty-five days of prayer together will surely produce wonderful and lasting blessings for you! As Father Peyton said, "The family that prays together stays together."

Before you pray together, discuss how you would like to continue this habit now that it has formed. In these 35 days, you have focused on the Joyful Mysteries of the Holy Rosary. There are three other mysteries as well—the Sorrowful Mysteries, the Glorious Mysteries, and the Luminous Mysteries. We are developing online content for you to continue praying together in the format you've used these last 35 days. We invite you to visit www.PrayTogetherNow.com to keep binding your family together in prayer.

For today, pray the Our Father and Hail Marys in thanksgiving for the blessing of prayer in your family.

*Our Father, who art in heaven,
Hallowed be thy name;
Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
And forgive us our trespasses
As we forgive those who trespass
Against us;
And lead us not into temptation,
But deliver us from evil.
Amen.*

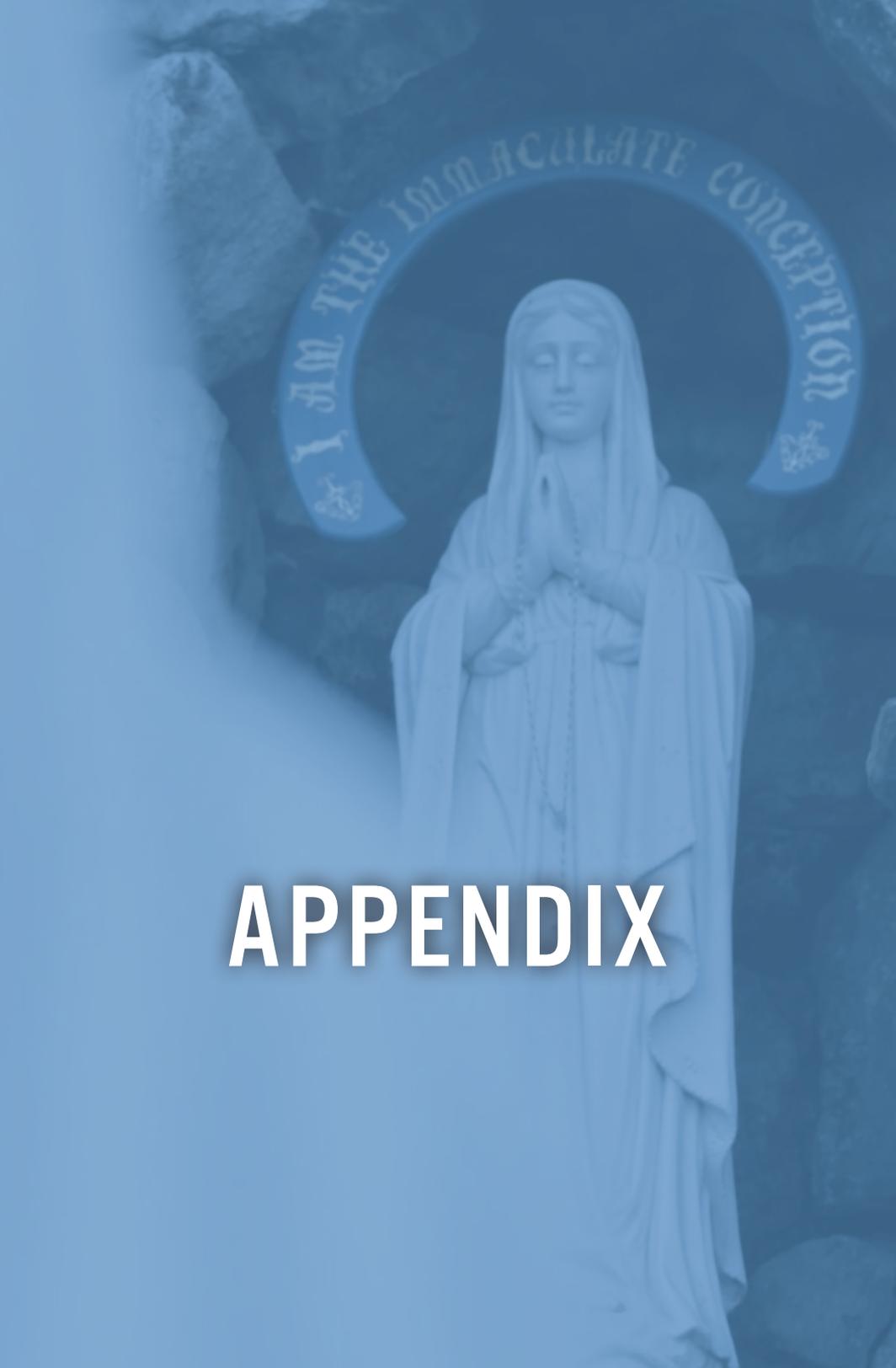
*Hail Mary, Full of Grace, the Lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners
Now and at the hour of our death.
Amen.*

Repeat the Hail Mary 10 times.

*"By means of prayer, you will
obtain the salvation of the
dear souls whom God has given
you and all your loved ones.
'Ask and you shall receive,'
Our Lord said. Be yourself
with the good Lord."*

– Saint Peter Julian Eymard

GO DEEPER: www.PrayTogetherNow.com



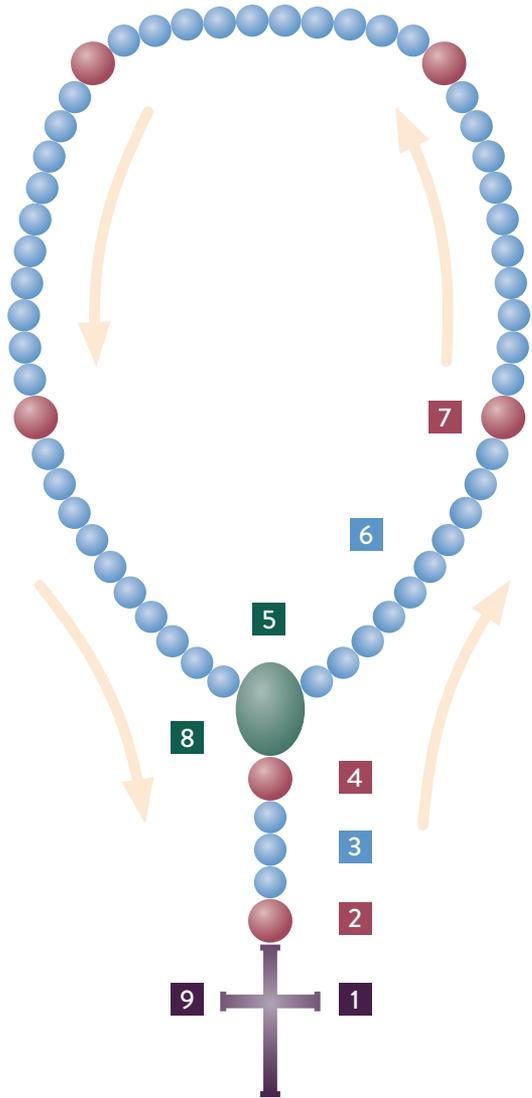
I AM THE IMMACULATE CONCEPTION

APPENDIX

HOW TO PRAY THE ROSARY

- 1 Crucifix**—Make the Sign of the Cross and pray The Apostles' Creed.
- 2 First large bead**—Pray an Our Father.
- 3 Next 3 beads**—Pray a Hail Mary on each bead.
- 4 Next large bead**—Pray a Glory Be.
- 5 Medal**—Announce the first *Mystery* and pray an Our Father.
- 6 10 small beads**—Pray a Hail Mary on each bead.
- 7 Next large bead**—Pray a Glory Be. Announce the next *Mystery* and pray an Our Father. Repeat steps 6 and 7 for the remaining decades.
- 8 Medal**—Pray a Glory Be.
- 9 Conclude**—Pray a Hail Holy Queen.

The text of all prayers can be found in the *Prayers for the Family or Individual* section starting on page 32.



PRAYERS FOR THE FAMILY OR INDIVIDUAL

THE APOSTLES' CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

THE OUR FATHER

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

(Find this prayer in Scripture! Matthew 6:9-13)

THE HAIL MARY

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

(Find this prayer in Scripture! Luke 1:28; 41-42)

THE GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

HAIL HOLY QUEEN

Hail Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious Advocate, your eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

SAINT MICHAEL PRAYER

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil; May God rebuke him we humbly pray, and do thou, O Prince of the Heavenly Hosts, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

THE MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired by this confidence, I fly unto you, O Virgin of virgins, my mother; to you do I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy, hear and answer me. Amen.

THE HOLY SPIRIT PRAYER

Come, Holy Spirit, fill the hearts of your faithful. And kindle in them the fire of your love. Send forth your Spirit, and they shall be created. And you will renew the face of the earth. Lord, by the light of the Holy Spirit, you have taught the hearts of your faithful. In the same Spirit help us to relish what is right and always rejoice in your consolation. We ask this through Christ, our Lord. Amen.

GUARDIAN ANGEL PRAYER

Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen.

DIVINE MERCY PRAYERS

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to your holy will, which is Love and Mercy itself. Jesus, I trust in you.

PRAYER FOR THE BEATIFICATION OF VENERABLE PATRICK PEYTON

Dear Jesus, Father Peyton devoted his priestly life to strengthening the families of the world by calling them to pray together every day, especially the Rosary. His message is as important for us now as it was during his life on earth. We beg you, therefore, to hasten the day of his beatification so that your faithful people everywhere will remember his message that *The Family That Prays Together Stays Together*, will imitate him in his devotion to your Mother and ours, and will be inspired by his holy life to draw ever closer to you with childlike confidence and love. Amen.

PRAYER FOR A FAVOR THROUGH THE INTERCESSION OF VENERABLE PATRICK PEYTON

God, our Father, your wisdom is displayed in all creation and the power of your grace is revealed in the lives of holy people, who inspire us to trust you more fully and to serve others more generously. In a unique way, you blessed the life and work of your servant Father Patrick Peyton, C.S.C., and made him a fervent apostle of Mary, Queen of the Holy Rosary and Mother of us all. Through his intercession, we ask for this favor... Please grant it, if it is for your honor and glory, through Christ Our Lord. Amen.

OTHER TIMES AND PLACES TO PRAY

As your ease and comfort with prayer grows, consider the many other places and ways you can pray together:

MORNING OFFERING

○ Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys and sufferings of this day for all the intentions of your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all my relatives and friends, and in particular for the intentions of the Holy Father. Amen.

PRAYERS ON THE WAY TO SCHOOL OR WORK

The commute may offer great prayer time, on the way to school or work, as a morning prayer of gratitude for the day. Offering specific prayers at this time is a good idea, but more spontaneous prayers are also an option: Ask people to call to mind their needs for the day or the needs of someone they know, and make that a prayer to God. For example, a family member might pray for help on a test, for guidance in a meeting, or for a classmate who is ill, etc.

PRAYERS AT MEALTIME

After everyone is seated at the table, say a simple meal prayer together, like:

“Bless us, O Lord, and these your gifts, which we are about to receive from your goodness, through Christ our Lord, Amen.”

Many families hold each other’s hands. Some have hands individually folded, maybe with heads bowed, depending upon your comfort level. This introduces gratefulness for the gift of food, the sharing of it together, and the blessing of our Creator. At first, a parent may want to take the lead, but after a while, have all the members of your family take turns in leading the prayer.

PRAYERS AT BEDTIME

In the evening, if you do not already do so, try bedtime prayers together with children or between spouses. This can be a wonderful way to say goodnight and end a day with a peaceful moment. Many people start with the Sign of the Cross, *“In the name of the Father, and the Son and the Holy Spirit.”* Then say together one of our great traditional prayers, like The Our Father (also called The Lord’s Prayer), a Hail Mary, or some other memorized verse or prayer. Then try adding spontaneous (freeform, from-the-heart) prayers thanking God for your day. At the end, bless each other. A simple way to do that is to trace a cross on the loved one’s forehead, saying something like, *“May God bless you and keep you safe. In the name of the Father, and the Son and the Holy Spirit.”* In time you can make the words of blessing your own, suited to the person you are giving them to.

PRAYER IN PREPARATION FOR MASS

At home or in the car, before you go to Mass, bring your family together in the presence of God. Invite members to think of and share a Mass intention, whom they will be especially praying for during the Eucharist, or what they are asking God for in their lives today.

FOR CHILDREN

PRAYER FOR BEATIFICATION OF VENERABLE PATRICK PEYTON (CHILDREN'S VERSION)

Dear Jesus,
There was a priest long ago,
Who reminded us to pray.
His name was Father Peyton.
Make him a saint for us today.
I pray for my family,
For my neighbors and my friends.
I pray for all families,
And for peace that never ends.
Amen.

For additional prayer resources for your family see pages 38 and 39 and learn more about the ministries founded by Father Patrick Peyton, C.S.C.

HOLY CROSS FAMILY MINISTRIES: WE HELP FAMILIES PRAY!

Prayer resources for your family from our Family of Ministries.

FAMILY THEATER PRODUCTIONS

Family Theater Productions is our media production ministry based in Hollywood, California, that creates family and faith-based media to entertain, educate and inspire. From short-format video to YouTube channels to feature films, we work to inform, entertain and inspire you and your family. Here's but a few. See more at www.FamilyTheater.org.

- **Web Video Series:** Check out www.CatholicCentral.com for fun and faith-filled short videos on a variety of Catholic topics. Each episode is theologically sound, succinct and very fun. From episodes on Problem of Evil, Popes 101, Saints and more, you will not only be informed, you will be entertained!
- **Web Series for Hispanics:** www.LenteCatolico.com, our new web series that resonates with Hispanics, is engaging and informative, with dynamic show hosts that will entertain you every time!
- **Videos!** You'll also want to check out Family Theater's YouTube channel as well as Family Rosary's YouTube channel for a wealth of programming on prayer, the Rosary, the life of Christ, and contemporary dramas.

FAMILY ROSARY

For a variety of articles, prayer materials and activities, go to www.FamilyRosary.com. Click on "Resources" and you'll find eBooks, Rosary instructions and prayers, links to our Rosary app and Daily Family Prayer app and much more. You'll also find our Blog with Daily homilies and articles on many aspects of the Catholic faith.

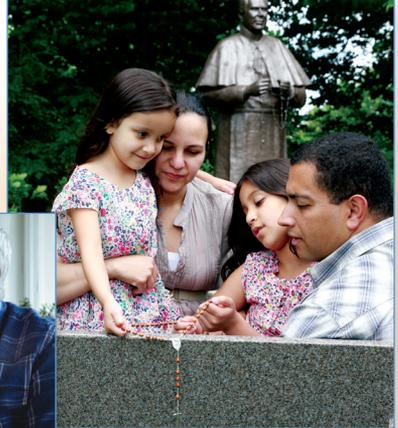
On our Family Rosary Facebook page, you can pray the Rosary with our priests followed by Mass every Monday through Friday beginning at 11:30 a.m. ET.

LET US PRAY FOR YOU

We not only help you pray; we also pray for you! Every day! Simply post your petitions at www.WorldatPrayer.org and share it with your family and friends with the links available. You can also send an eCard to those you want to reach out to at www.PrayersForFamilies.org and let them know you and our worldwide ministry are praying for them.

“The Rosary is a chain that binds the family together.”

– Venerable Patrick Peyton



“A world at prayer is a world at peace.”

– Venerable Patrick Peyton





“The family is the greatest treasure the earth possesses. God is the greatest treasure of Heaven. The Rosary is the link of steel that has the power to unite them both together for time and eternity.”

Venerable Patrick Peyton



www.PrayTogetherNow.com

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